## **Heart Sounds Lab**

Objective: To identify the four heart sounds including, pulmonic, aortic sounds and the semilunar sounds. Students will also understand the landmarks associated with these sounds based off the anatomy of the heart

## **Materials**

Stethoscope Notebooks Pen/ Pencil

## Procedure:

- Land marks
  - Aortic Sounds: 2nd intercostal space on right side of sternum
  - Pulmonic Sounds: 2nd intercostal space on left side chest
  - Tricuspid Sounds: Tip of sternum
  - Bicuspid Sounds: 5th intercostal space at Nipple line
  - Lungs: check lungs on back (example in class)
- 1. Using the land marks provided first attempt to listen to the Aortic sounds then listen to the Pulmonic sounds. Listen to each sound for 30-60 seconds. Note how the sounds may be different from each other. Try to describe in your own words how the sound can be described. Please write the descriptions in your data
- 2. Using the land marks provided first attempt to listen to the Bicuspid sounds then listen to the Tricuspid sounds. Listen to each sound for 30-60 seconds. Note how the sounds may be different from each other. Try to describe in your own words how the sound can be described. Please write the descriptions in your data
- 3.Compare both sets of heart sounds based on the information you listed in your notebook to describe the 2 sets of sounds. Look for similarities or lack of similarities between. Please write the descriptions in your data.
- 4. Listen to the following body parts: Describe the sound you hear.
  - A) Stomach
  - B) Throat (swallow

Area	Location	
Aortic	2 <sup>nd</sup> ICS R sternal border	FINAL PROPERTY OF THE PROPERTY
Pulmonic	2 <sup>nd</sup> ICS L sternal border	
Tricuspid	L lower sternal border	FINAL PROPERTY OF THE PROPERTY
Mitral	5 <sup>th</sup> ICS	FINAL PROPERTY OF THE PROPERTY