



The Blazer Post

Jennifer Randel, Principal

Jim Curtis, Assistant Principal



May 2015



School Office Hours

Mon - Fri

7:30am - 3:45pm

Stay up to date -
Check out our School
Website
www.murrieta.k12.ca.us/buchanan

Upcoming Friday Spirit

Assemblies

May 1

May 15

at 8:30am

In the amphitheater



School Notes

Dear Buchanan Families,

May is a very busy month for Buchanan! We have many exciting things happening from student assessments of CAASPP for grades 3 - 5, Kindergarten Here I Come, PTA movie night and much more. This edition of the monthly Blazer Post will provide you with an insight on many of the activities planned for our Buchanan community.

Did you know.....

- All of our grade levels are able to go on Field trips due to the generous donations through our Jog -a-thon program and other various fundraiser activities such as Donors Choose and PTA.
- All library books need to be returned to the library by Friday, May 29, 2015
- Any 5th grade student owing materials will not be able to register at Warm Springs/Thompson/McElhinney/Shivela without clearance from the school library and office. Notices of outstanding materials will be sent home via student and email.

Good things are happening at Buchanan Elementary!

Jennifer Randel and Jim Curtis

Testing Schedule

April 27 – May 8th

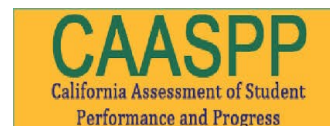
3rd grade – English Language Arts only

4th grade – English Language Arts and Math

May 11 – 22nd

3rd grade – Math only

5th grade – English Language Arts, Math and Science



Memorial Day Holiday - No School May 25th



Challenges are what make life interesting. Overcoming them is what makes life meaningful. —Joshua J. Marine

Items to leave at home

Just a reminder the following items should NOT be brought to school: toys, (this includes kendamas), electronic devices, games or CD players. Please keep them at home, safe and unbroken.



TOYS & GAMES

Upcoming Spirit Days—Brought to You by the Student Ambassadors



Friday May 1st – Dress as your favorite movie character

Friday May 22nd – Dress in your favorite sports team uniform/t-shirt

Reading Incentives Program

The Reading Incentive Program is nearing its final count. Will Buchanan make their goal of 1,200,000 minutes? The final reveal and book bag drawing will take place during Friday's Spirit Assembly scheduled for the end of this month.



Be sure to turn in your final reading log the first week of May. Happy Reading!



Imagination Machine Assembly

The following students had their stories acted out at our assembly on April 22nd by the very talented Imagination Machine group. The school enjoyed watching written stories from the students below come to life.

1st Grade - Jazmine Zakhar and Mrs. Cato's Class

2nd Grade - Kalila Mitchell

3rd Grade - Kaila De Los Reyes

4th Grade - Lucia Woolery-Martinez

5th Grade - Adam Acosta, Destiny Garcia and Caroline Miller

Kinder Here I Come for Incoming/New TK and Kinders

Welcome, incoming TK and Kinder parents! Ease the transition to kindergarten for your child.

Join us for a fun-filled afternoon of education and activities on Monday, May 11th from

2:30 - 4:00 p.m. Learn about school readiness activities, tour the kindergarten classrooms,

and meet the kindergarten teachers. You will spend a few minutes in each classroom participating in a school readiness activity with your child. Please arrive a few minutes early to register. We look forward to seeing you!



Now is the Time to Enroll for Kindergarten in Fall

If your child will be 5 years old by Sept 1, 2015, now is the time to enroll them for Kindergarten for the Fall.

Complete the online enrollment for your student at www.murrieta.k12.ca.us and once completed, bring the confirmation page with the required documents listed to the school office during the hours of 9:00-11:30am or 1:00-2:00pm to complete the enrollment. Classes are forming soon, so please enroll now. Computers are available in the school office if needed. If your child will be 5 years old between Sept 2, 2015 and Dec 2, 2015, then they are eligible to enroll in Transitional Kindergarten.

A Message from the Health Office

Health Alert-Food Allergies/Sensitivities

We have several students in our school that may have food allergies, food sensitivities or dietary restrictions. Food allergies can trigger reactions that range from very mild to life threatening (anaphylaxis). Generally, an individual must ingest a food allergen to have a reaction, but for some, even being exposed to it or ingesting a very small amount can cause a life threatening reaction. As a result, there are several procedures that will help to prevent exposure and reduce the risk of anaphylaxis and help keep all of our students safe:

1. Students should be encouraged to wash their hands upon arrival to the classroom and again before and after lunch. This not only is good for food allergies, but helps reduce disease transmission.
2. The classrooms should be peanut/tree nut/food allergy *aware* spaces. Classroom projects or assignments should NOT include the use of peanut butter/nuts or other food items. Any exception to this rule would require pre-approval and prior notification to parents.
3. Any food or snack that may be provided/shared must have pre-approval and prior notification must be provided to all parents prior so they can make alternate choices. Additionally, all food items provided should be pre-packaged and food ingredients must be known or labeled. ***Suggestions for class sharing (birthday parties, etc.) may be providing or donating a book for the classroom or other non-food items.***

If your student has a food allergy, please make sure you contact/inform the Health Office. You may want to speak to the School Nurse if the allergy requires medication or other interventions. Students with food allergies may be entitled to accommodations or plans to address their needs. We look forward to working collaboratively with you to provide all of our students with a safe learning environment. We appreciate your care and support of our students and school.

PTA Movie Night

Join us for Buchanan Family Movie Night sponsored by the PTA on Friday May 1st. Students voted and the movie Big Hero 6 won. Gates open at 7pm, movie starts at dusk.



Student Lunches and Cafeteria Meals

Due to parent concerns and health/food allergies, students and parents should not share lunches with other students. Parents who join their student during lunch time will eat with their student at the tables under the blue canvas cover.

Student Meal Prices:	Breakfast - Full Pay \$1.50	Reduced price \$.30
	Lunch - Full Pay \$2.50	Reduced price \$.40
	Milk or Juice - \$.50	Bottled Water - \$.75



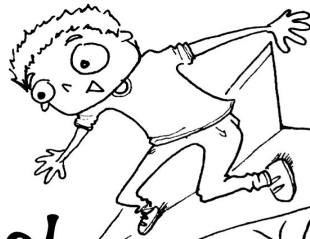
Free and reduced lunch applications are to be completed online at www.fma.murrieta.k12.ca.us
Parents can make payments to lunch accounts at www.myschoolbucks.com

Tardy Bell Reminder and Procedures



Please remember to get up each morning with enough time to make it to the school before the Tardy Bell rings. School starts at 8:20am for Early Bird Kindergarten and 8:25am for 1st thru 5th grade. Each morning when the **8:25am TARDY BELL rings**, staff members will be at each entry gate to give out tardy slips and teachers will send any student not in class or on their line for a tardy slip. So get here early to enjoy breakfast or have some play time on the playground. Gates open at 8:00am.

Passport to Summer Success!



Fill up your Passport and win a FREE Book!

Food will be available for purchase.

YOU ARE INVITED TO MVUSD'S

Free

Passport to Summer Success

- Math and Language Arts Make-It, Take-It booths!
- Kitchen Science Demonstrations, STEM Activities!
- Reading and Math Resources: Barnes & Noble, Murrieta Public Library, the Lexile Lady, the Quantile Queen, and Think Central Information!
- Community Resources: Ideas for Local, Educational, and Inexpensive Field Trips and Stay-cation Ideas!
- Family Resources: Dental, Healthy Eating, and Fitness Fun with VMHS football players!

**Goodie Bags for All
plus Raffle Prizes**

**WEDNESDAY, MAY 27TH, 5-7PM
AT RAIL RANCH ELEMENTARY SCHOOL
25030 VIA SANTEE, MURRIETA**



Please return this portion to your school's office by May 22 if you plan to attend!

Child's name(s) & grade level(s): _____

Parent's Name(s): _____

Number of people attending the event: _____ Home School: _____

Counselor's Corner and Positive Behavioral Supports Moment



Helpful Tips for Parents During Times of Loss

Loss in a family, whether it be from a death or divorce affect children in various ways. Some children may act out aggressively, while others become withdrawn. The following tips can help guide you through this difficult time.

Let your child's teacher know that there has been a significant event in your child's life.

If you are not comfortable sharing the details, of what has happened, it's okay to let the teacher know that the event is impacting your child a great deal. This will help the teacher understand differences in your child's work or behavior.

Get support for yourself. As a grieving parent, it may at times, be difficult to remain strong. You may not know how to respond to your child's questions or behavior. Family counseling, individual counseling and support groups can provide helpful information and assistance during this challenging time.

Pay attention to changes in your child's behavior and seek help if necessary. Although you may be occupied with adjusting to the new situation, it's important to watch for signs of distress in your child. You may see:

- Changes in behavior, such as withdrawal or aggression
- Insomnia, bad dreams, or bed-wetting
- Overeating or loss of appetite
- Change in friendships, academics or interests
- Self-harming behavior

Model appropriate coping behaviors. Your child is looking at you to learn how to deal with sadness and loss. It is not necessary to hide your grief. Sharing sad feelings is realistic and helpful. However, modeling healthy strategies, such as exercising, eating healthy, and getting a good night sleep will be comforting to your child.

Maintain the same routines as much as possible. If your child participates in extra-curricular activities, keep them going. Sleepovers with good friends and other play dates can remind your child that life can still be fun. These activities can be a welcome break from the sadness.

Do not overload your child with the "gory" details. It is not necessary to share adult problems with your children. Although they may be inquisitive, it is important to set limits on what you share. Discussing your ex-spouse's inappropriate behavior with your child can be a tremendous burden. Financial changes can be explained with solutions instead of panic. For example, instead of saying, "I don't know how we are going to pay this high rent." you can say, "Because the rent for this house is very high, we will be moving to another house."

Reassure your child that although everyone is sad now, things will get better. Discuss some of the fun things that are coming up in the future. Your child may feel confused when he has the ability to laugh and have fun during such a sad time, but fluctuating feelings are perfectly normal.

*Dr. Rieger and Ms. Dewey, the school counselors, run support groups at Buchanan for children who are grieving due to divorce or death. Murrieta Valley School District also provides support for families through the Breakthrough Program. Contact Dr. Rieger, Ms. Dewey or Ms. Sharp, the school psychologist, for additional information.

First Grade Field Trip

Moooo...First Grade is going on a fun field trip to the DeJong Dairy on Tuesday, May 5th. The students will go on a tour of the dairy, observe and feed the animals in the petting zoo, and get to drink some of the dairy's famous chocolate milk. It will be a fun and educational experience.



**Ask your First Grader to read you a story on RAZ Kids. You will be impressed—we are!



MILITARY CORNER

Please contact Melissa Mendoza at momamendoza@yahoo.com for resources available to our military families. Tutor.com is free to Military Families. For more info go to www.tutor.com/military

Hey BLAZERS! Get your YEARBOOK

Order now before they are gone. Price is \$25, and CASH ONLY. A limited number of yearbooks have been ordered for print, so get yours before they're sold out!



Buchanan's Talent Show

If you have star power and would like to showcase your talent be a part of the Buchanan Talent Show! Make sure to return the bottom part of the interest form that was sent home to reserve an audition spot! Return the form to your teacher or Mrs. Hern (E-21) no later than Wednesday, May 6nd. You will be contacted with a *specific time to audition* along with a *Permission Slip* that you must bring with you to auditions or you cannot try-out. There are a limited number of performance spots available and judges will determine which acts will be a part of the show.

- ★ Auditions are Tuesday, May 12th and Wednesday, May 13th from 3:00 -5:00 p.m. in the MPR
- ★ Acts must be 3 minutes or less.
- ★ We will need a copy of your music on a CD, clearly marked with your name and song. We will also need the *lyrics printed out*. (No Ipods)
- ★ Make sure your act is appropriate for elementary school kids. (G-rated, no inappropriate language etc.)
- ★ If you are chosen, a rehearsal will be on Thursday, June 4nd from 3:00 – 5:00p.m. in the MPR
- ★ Performances will be on Friday, June 5th. Each act will perform for the school at either a 9:00 a.m. or 1:00 p.m. show.
- ★ Performances for parents will be on Friday, June 5th from 6:00-7:30p.m.
- ★ You will need to bring your own keyboard if you are playing the piano

So, come prepared to WOW us with your amazing talent and let your star quality shine!!!

5th Grade DARE Graduation

Each year, the 5th grade students participate in the DARE program. DARE is taught once a week for approximately 8 weeks by an officer from the Murrieta Police Department. For the past 9 years, Buchanan has been fortunate to have Detective Therien as our teacher. Detective Therien comes to every 5th grade class and educates our students about decision making skills, ways to say "NO", and ways to stay healthy. The students look forward to Detective Therien's classes. The students develop a positive relationship with a police officer and learn skills needed to lead a healthy, productive life. The fifth graders who have completed the program will participate in DARE graduation on May 15th at BES in the amphitheater.



2ND GRADE PATRIOTIC PERFORMANCES

Each year every second grade class participates in a patriotic performance called "Hooray for the Red, White, and Blue". In this performance, students share what they have learned about the history of our great country and its symbols, while paying tribute to our nation's flag. Students have individual speaking parts and together we sing some of our country's most patriotic songs. This performance is a chance for students to be up on stage and share their learning about America with family and friends in a fun and unique way.



Crossing Guards... they could save your child's life so please pay attention to them.

Buchanan's Birthday Book Club

Many students have celebrated their birthdays by donating a book to our library. We would like to honor those who so graciously gave to our library with a Birthday Book Club Celebration on May 29th. If you would like to be a part of this celebration, please make your donation by May 22nd to Mrs. Nelson in our school library. Invitations will be sent to all recipients of this celebration later this month.



Invention Convention

This year was our third annual invention convention. Fifth grade students who did not want to participate in the science fair had the opportunity to use their imagination and create a unique invention. One thing that was added this year was called Shark Tank. The top five finalists were chosen from the invention convention to give their pitch in front of a panel of judges. After this the judges met together and chose whose invention, pitch and presentation they felt was the best. It was not an easy choice but this year's winner was Riley Meserve with her invention, "The Snack Buddy"





Buchanan Elementary SSC Meeting May 12, 2015 Agenda



I. Call Meeting to Order

II. Approval of Minutes and Agenda

Minutes of March 10, 2015

Agenda of May 12, 2015

III. Action Items

Review of 2015 - 2016 Supplementary Budget plan

IV. New Business

Elections of New Members

Certificated 1

Parent 1

Next Meeting date October 2015

V. Adjourn

BUCHANAN ELEMENTARY SCHOOL
School Site Council Openings for Parents
2015 – 2017 School Year



We have **ONE** parent opening for our School Site Council. SSC members serve a two year term. Meetings are every other month from 3 – 4pm. If you would like to be on the ballot, please fill out this form and return it to the school office by May 15, 2015. The SSC ballots will be sent home on Friday, May 29th with all students and need to be returned by Tuesday, June 2nd 2015. Thank you to all parents who volunteer for this position.



Parent Name _____

Phone: _____

Yes, I would like to volunteer to be on the School Site Council ballot for the 2015 - 2017 school years.



Buchanan Elementary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 8:30 Spirit Assembly Sprit Day—Dress as your favorite movie character 5th Grade Band PTA Movie Night	2
3	4 Early Release	5 1st Grade Field Trip 5th Grade Panoramic Picture	6 5th Grade Band	7	8 5th Grade Band	9
10 	11 Early Release Kinder Here I Come 2:30-4pm	12 Talent Show Tryouts Site Council Meeting	13 5th Grade Band Talent Show Tryouts	14	15 8:30 Spirit Assembly 9:30am DARE Graduation 5th Grade Band	16
17	18 Early Release	19	20 5th Grade Band	21	22 5th Grade Band Spirit Day—dress up in your favorite sports uniform or team	23
24/31	25 Holiday—No School 	26 2nd Grade Class Performances	27 5th Grade Band 2nd Grade Class Performances	28 2nd Grade Class Performances	29 5th Grade Band—Last Day	30

PTA School Appreciation Week



HOMeWORK
HOTLINE
HARVEY MUDD COLLEGE

CALL 1.877.8ASKHMC
(827.5462)

FREE
over-the-phone mathematics
and science tutoring
Grades 4–12

askhmc.org

6–9 p.m.
Sunday–Thursday

This online tutoring program (Program) was developed by Rose-Hulman Institute of Technology (RHIT). Harvey Mudd College is licensed by RHIT to use the Program, but all rights, titles and interests in and to the Program, including intellectual property rights, are owned by RHIT. Marilyn and James Simons and Harvey Mudd College sponsor the Homework Hotline at Harvey Mudd College. This is not a district-sponsored activity, and this material was not prepared at district expense.

HARVEY
MUDD
COLLEGE