



September 2015



### *School Office Hours*

*Mon - Fri*

*7:30am - 3:45pm*

### **Labor Day Holiday**

**No School**

**September 7th**

*Stay up to date -  
Check out our School  
Website  
[www.murrieta.k12.ca.us/buchanan](http://www.murrieta.k12.ca.us/buchanan)*

### **Upcoming Friday Spirit Assemblies**

**September 4**

**September 18**

**at 8:30am**

**In the amphitheater**



## School Notes

Buchanan Families,

We have had a smooth transition to our 2015-2016 school year. Our four (4) Back to School Nights provided teachers a chance to share what the academic year ahead looks like for your child. Parents also had an opportunity to meet their teacher and learn all about the technology programs that are available to support your child's academic progression this year. Please take a moment to visit our web site at [www.murrieta.k12.ca.us/buchanan](http://www.murrieta.k12.ca.us/buchanan) and click on parents to view the Buchanan Technology supports available.

One of the best gifts you can give your child is a gift of a good education. September is National Attendance Awareness Month. Studies show that a student's attendance in school directly correlates to their academic performance. We encourage all students to be on time each and every day to insure they receive the instruction they deserve on their path towards College and Career Readiness.

This month our PTA will be hosting the following activities:

- Internet Safety Night on Tuesday, September 22nd. We invite parents to come and learn more about the safety and concerns of the internet.
- Our annual Watch D.O.G.S. kick-off event is Thursday, September 24th. Please plan to attend and become more involved with your child's education by volunteering your time a day or two this year.


Communication is very important to us so our monthly newsletter, Sunday reminder calls and our new electronic marquee will assist in keeping you informed of what is happening at Buchanan.

Did you know.....

- 2014-2015 CAASPP scores for our current 4th and 5th graders will be mailed directly from the district this month.
- Our first Spirit Day is Friday, September 18th - Wear your favorite sports jersey.

Good things are happening at Buchanan Elementary!

Jennifer Randel and Jim Curtis



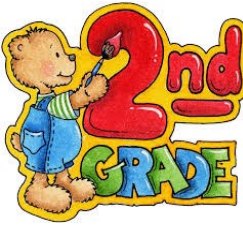
our busy curricula. Thank you Early Bird parents for either dropping your child off at the gate or exiting the playground as soon as the whistle blows. Thank you Late Bird parents for picking your students up promptly after school. Your cooperation in both situations is greatly appreciated! "Good, Better, Best - - I'll never let it rest, 'til my good is better and my better's best!"

## First Grade News



ABCD - School is where we want to be! The amazing first grade students have had a few weeks to adjust to the longer school day. They learned many new rules and procedures of the classroom and are enjoying the "big" playground! They are finding their independence around the campus and learning what it means to be respectful, responsible, and safe. It is exciting to hear them using buzz words such as persevere, I can't "YET", and other Growth Mindset ideas. Way to go, First Graders!

## Second Grade News



Welcome to a brand new school year! The second grade team is excited, motivated, and ready to start this new educational journey. As we begin second grade we will be working on getting to know one another, setting goals, and forming our classroom communities. The big focus will be on Growth Mindset; students will start to discover how the brain works, along with the power of a positive attitude and perseverance. This year's 2nd grade motto is TEAM, which stands for Together, Everyone, Achieves, More! 2nd Grade Rocks!!

## Third Grade News



Wow! Buchanan's 3<sup>rd</sup> graders are off to great start. We are working hard on developing a Growth Mindset with lessons in our class that focus on perseverance and not giving up. Our 3<sup>rd</sup> graders have started P.E. and will need to wear their comfy tennis shoes on Mondays and Thursdays. Learning new routines can be very overwhelming, but our third graders are doing a fantastic job and really demonstrating that Growth Mindset and "Can Do" attitude. Thank you for attending your child's Back To School Night.

## Fourth Grade News



Thank you parents for attending our Back to School Night! It was a great to meet so many of you and an excellent way to start the year! We continue to work on developing procedures and routines in the classroom and will focus on fostering Growth Mindset in our students. We appreciate



their teachers and classmates. The students have been participating in a variety of Growth Mindset lessons as well as jumping into SOAR math problems and STEM activities.



## Educational Specialists

As Educational Specialists, we are here to support our students and our teachers in a variety of ways. Our team has an abundance of knowledge when it comes to accommodations, supports and services that can be utilized on our school campus. Our team of specialist includes: Specialized Academic instructors K-5, Speech and Language Pathologists, Occupational Therapists, Adaptive Physical Education, Deaf and Hard of hearing, Physical Therapists and many other services. We have an incredible pre-school program as well. We are here to answer any questions parents may have about supports or services at Buchanan. Services will be starting and this year is off to a great start.

## Drama Club

Come be a part of an exciting Fairytale journey and audition for "Into the Woods, Jr."

**When:** Wednesday, September 30 - Grades K-3

Thursday, October 1 - Grades 4-5

**Where:** Buchanan Elementary MPR

**Time:** 3 p.m. - approx. 5 p.m. (your child may leave after they audition)

Please come prepared with a 30 second song, monolog, poem or dance. All auditions are done 'a capella' (no music). You **MUST** bring the Permission Slip (a copy is at the end of the newsletter) with you to the audition or you will not be admitted. This is **YOUR** time to shine so no buddy auditions. We are looking for outgoing, confident people with sparkling personalities ....so show us what you've got!



Everyone who auditions will receive a part in the play either as a speaker or in the ensemble chorus! Rehearsals begin Thursday, October 8 and will be from 3-4:30 for the speakers and from 3-4:00 for the ensemble chorus and will be every Thursday each week. There will be more rehearsal days added as we get closer to the production. The tentative date for the production is Saturday, March 12.

**We look forward to our journey with you "Into the Woods."**

## Celebration Policy

Per MVUSD policy regarding food allergies, any food brought on campus to be shared with other students needs to have prior approval from school personnel.

As an alternative suggestion to food for student celebrations (i.e. birthdays), you may donate a book to the classroom or school library honoring your student. Another idea is to bring in a goody bag (**with no food items**) or a **non-food treat** for each student in the class.

We have several students in our school that may have food allergies, food sensitivities or dietary restrictions. Food allergies can trigger reactions that range from very mild to life threatening (anaphylaxis). Generally, an individual must ingest a food allergen to have a reaction, but for some, even being exposed to it or ingesting a very small amount can cause a life threatening reaction. As a result, there are several procedures that will help to prevent exposure and reduce the risk of anaphylaxis and help keep all of our students safe:

1. Students should be encouraged to wash their hands upon arrival to the classroom and again before and after lunch. This not only is good for food allergies, but helps reduce disease transmission.
2. The classrooms should be peanut/tree nut/food allergy *aware* spaces. Classroom projects or assignments should NOT include the use of peanut butter/nuts or other food items. Any exception to this rule would require pre-approval and prior notification to parents.
3. Any food or snack that may be provided/shared must have pre-approval and prior notification must be provided to all parents prior so they can make alternate choices. Additionally, all food items provided should be pre-packaged and food ingredients must be known or labeled. ***Suggestions for class sharing (birthday parties, etc.) may be providing or donating a book for the classroom or other non-food items.***

If your student has a food allergy, please make sure you contact/inform the Health Office. You may want to speak to the School Nurse if the allergy requires medication or other interventions. Students with food allergies may be entitled to accommodations or plans to address their needs. We look forward to working collaboratively with you to provide all of our students with a safe learning environment. We appreciate your care and support of our students and school.

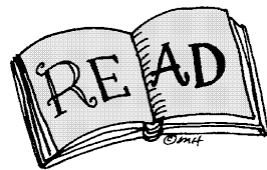
## Student Lunches and Cafeteria Meals

*Due to parent concerns and health/food allergies, students and parents should not share lunches with other students. Parents who join their student during lunch time will eat with their student at the tables under the blue canvas cover.*

Student Meal Prices:	Breakfast - Full Pay \$1.50	Reduced price \$.30
	Lunch - Full Pay \$2.50	Reduced price \$.40
	Milk or Juice - \$.50	Bottled Water - \$.75



Free and reduced lunch applications are to be completed online at [www.fma.murrieta.k12.ca.us](http://www.fma.murrieta.k12.ca.us) or you can pick up an application in the school office. Parents can make payments to lunch accounts at [www.myschoolbucks.com](http://www.myschoolbucks.com)



## Buchanan's Reading Round-Up School Wide Incentive Program Returns!!

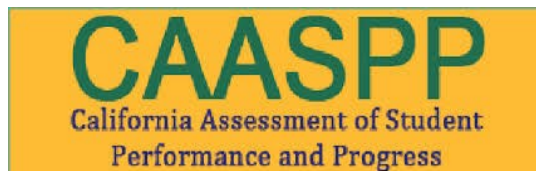
We had so many achievements to celebrate from last year's reading incentive program: 1,469,260 minutes read, Buchanan's first reading garden installed, a beautiful mural painted, and Mrs. Randel's "Happy" bike ride. It is with great enthusiasm that the reading team announces the return of the Buchanan's Reading Round-Up. The 2015/2016 school year reading incentive program will kick off in October. Look for information and the first reading log to go home with your student the last week of September. With a bigger goal and prizes to earn, we are certain that Buchanan will once again persevere.

We tell our students that the 'Blazer Way' means doing the right thing even when no one is looking. Or we might ask a student to do something because it is the right thing to do. The question is, can we expect students to do this without first providing instructions for how to do it? Logically it is not fair to ask someone to do the right thing without first providing some idea of what the right thing is. Therefore, let's start at the beginning of what being responsible looks like at school.

A good place to start is to look at following instructions. Of course, different situations are going to call for different ways of following instructions. The simplest place to begin is what following instructions in the classroom might look like. Below is a simple step by step illustration to read and look at with your student:



Having a good understanding of how to follow instructions is a great place to begin towards being responsible. Following instructions can lead students towards getting their classwork done with their best effort, and can lead students towards safe play on the playground. Let's face it, the ability to follow instructions is just a great tool for the tool box of life.



## CAASPP

Last year, we began a new era in student assessment with students in grades 3-5 took a new online test in English Language Arts and math, the California Assessment of Student Performance and Progress (CAASPP). We are expecting the release of these results sometime this month. Please remember these results are just a starting point and they are only one measure of student progress. The results will provide better information for parents, teachers and administrators to support our students' advancement in learning new standards that will help prepare them for 21st century careers and college.

## Children's Chorus for 3rd-5th Grade

Meets every Wednesday morning from 7:30am to 8:00am

Last day to join is September 23rd





# September 2015



## Out your New 2015-2016 MEAL APPLICATIONS

lish to participate in the free/reduced application. A new meal application **MUST** be every school year to maintain benefits. 16 Applications for Free and Reduced meals are available at your schools office

by online at [www.murrietta.k12.ca.us](http://www.murrietta.k12.ca.us)



**On the go Menu!!**  
 and the QR Reader to your cell in the bar code and zoom you are website. All our nutritional information & menu at your finger tips!



Menu subject to change without notice!!

**Breakfast**  
 Pay \$1.50  
 Reduced Pay \$ .30  
 Staff \$3.75  
 Bottled Water \$.75  
 Milk or Juice \$.50

**Lunch**  
 Full Pay \$2.50  
 Reduced Pay \$ .40  
 Staff \$3.75  
 Bottled Water \$.75  
 Milk or Juice \$.50

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7 No School !!! </p>	<p>1 <b>BREAKFAST</b> Scrambled Eggs Honey Wheat Biscuit <b>LUNCH</b> Orange Chicken w/ Brown Rice</p>	<p>2 <b>BREAKFAST</b> Glazed French Toast <b>LUNCH</b> Bean &amp; Cheese Burrito</p>	<p>3 <b>BREAKFAST</b> Breakfast Sausage Pizza <b>LUNCH</b> Chicken Tacos Choc. Chip Cookie</p>	<p>4 <b>BREAKFAST</b> Bagel w/ Cream cheese <b>LUNCH</b> Chicken Burger on Wheat</p>
<p>8 <b>BREAKFAST</b> Scrambled Eggs Honey Wheat Biscuit <b>LUNCH</b> French Bread Pepperoni Pizza</p>	<p>9 <b>BREAKFAST</b> Glazed French Toast <b>LUNCH</b> Grilled Cheese Sandwich</p>	<p>10 <b>BREAKFAST</b> Breakfast Sausage Pizza <b>LUNCH</b> Chicken Bites Goldfish Crackers</p>	<p>11 <b>BREAKFAST</b> Bagel w/ Cream cheese <b>LUNCH</b> Mac &amp; Cheese Choc. Chip Cookies</p>	<p>18 <b>BREAKFAST</b> Bagel w/ Cream cheese <b>LUNCH</b> Chicken Burger on Wheat</p>
<p>14 <b>BREAKFAST</b> Mini Cinnamon Eggs <b>LUNCH</b> Gelato Cheese Pizza</p>	<p>15 <b>BREAKFAST</b> Scrambled Eggs Honey Wheat Biscuit <b>LUNCH</b> Grilled Drumstick w/ Texas Toast</p>	<p>16 <b>BREAKFAST</b> Glazed French Toast <b>LUNCH</b> Corn Dog</p>	<p>17 <b>BREAKFAST</b> Breakfast Sausage Pizza <b>LUNCH</b> Rotini w/Meat Sauce Texas Toast</p>	<p>25 <b>BREAKFAST</b> Bagel w/ Cream cheese <b>LUNCH</b> Steak Burger</p>
<p>21 <b>BREAKFAST</b> Mini Cinnamon Eggs <b>LUNCH</b> Chicken Bites Goldfish Crackers</p>	<p>22 <b>BREAKFAST</b> Scrambled Eggs Honey Wheat Biscuit <b>LUNCH</b> Pepperoni Pizza Slice</p>	<p>23 <b>BREAKFAST</b> Glazed French Toast <b>LUNCH</b> Teriyaki Chicken Bowl Choc. Chip Cookie</p>	<p>24 <b>BREAKFAST</b> Breakfast Sausage Pizza <b>LUNCH</b> Double Dog</p>	<p>25 <b>BREAKFAST</b> PB &amp; J Snack Pack w/ goldfish crackers &amp; string cheese Turkey &amp; Cheese S Slides Fruit &amp; Solid Bar Fruit Juice, 1% Cold Milk</p>
<p>28 <b>BREAKFAST</b> Mini Cinnamon Eggs <b>LUNCH</b> Turkey Taco Nada</p>	<p>29 <b>BREAKFAST</b> Scrambled Eggs Honey Wheat Biscuit <b>LUNCH</b> Orange Chicken w/ Brown Rice</p>	<p>30 <b>BREAKFAST</b> Glazed French Toast <b>LUNCH</b> Bean &amp; Cheese Burrito</p>	<p><b>BREAKFAST CHOICES OFFERED DAILY</b>            Entrées            Hot Entrée or            Cereal w/ Trix Yogurt (4oz)            Fresh Fruit            Fruit Juice &amp; 1% Cold Milk</p>	<p><b>LUNCH CHOICE OFFERED DAILY</b>            Entrées            PB &amp; J Snack Pack w/ goldfish crackers &amp; string cheese Turkey &amp; Cheese S Slides Fruit &amp; Solid Bar Fruit Juice, 1% Cold Milk</p>

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**Additional Nutrient and Allergen Information**  
 available on our webpage [www.murrietta.k12.ca.us](http://www.murrietta.k12.ca.us)

students use the crosswalk when walking to and from the parking lot. If you are picking up your children in your car, please ask them to wait for you in front of the Multi Purpose Room and not by the kindergarten gate area. Remember to keep moving forward so we can get as many cars as possible into the loop. Please do not leave your car unattended. With your help, we can keep the students safe. Please be patient and take your time when entering and exiting the parking lot. Remember, the loop is a NO cell phone use area. Safety is our top priority.



## Upcoming School Spirit Day

Our first Spirit Day is September 18th

Wear your favorite sports jersey to school!



## Box Top Contest



Our first contest period ends on October 15th. The classroom from each grade that submits the most box tops will get to play a kickball game with Mrs. Randel and Mr. Curtis. Our Mr. Keith will be the referee! Send in those box tops now!!

**Buchanan PTA is proud to sponsor**

## **Internet Safety Night**

**Tuesday, September 22nd — 6:00-7:00pm**

**Help keep your kids safe on the Internet**

**Concerned about your Child's computer safety?**

**Join us in the Buchanan MPR for guidance!**

We are teaming with the Murrieta Valley United School District's Director of Safe Schools, Wayne Sakamoto to bring parents this important information.

Topics to be discussed:

- Internet
- Technology
- Popular Culture
- Risk Factors
- Protective Factors
- Cyber-bullying
- Parent Strategies



## Help Your Child Succeed in School:

### **Build the Habit of Good Attendance Early**

School success goes hand in hand with good attendance!

#### **DID YOU KNOW?**

- Starting in kindergarten, too many absences can cause children to fall behind in school.
- Missing 10 percent (or about 18 days) can make it harder to learn to read.
- Students can still fall behind if they miss just a day or two days every few weeks.
- Being late to school may lead to poor attendance.
- Absences can affect the whole classroom if the teacher has to slow down learning to help children catch up.

**Attending school regularly helps children feel better about school—and themselves. Start building this habit in preschool so they learn right away that going to school on time, every day is important. Good attendance will help children do well in high school, college, and at work.**

#### **WHAT YOU CAN DO**

- Set a regular bed time and morning routine.
- Lay out clothes and pack backpacks the night before.
- Find out what day school starts and make sure your child has the required shots.
- Introduce your child to her teachers and classmates before school starts to help her transition.
- Don't let your child stay home unless she is truly sick. Keep in mind complaints of a stomach ache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school counselors, or other parents for advice on how to make her feel comfortable and excited about learning.
- Develop back-up plans for getting to school if something comes up. Call on a family member, a neighbor, or another parent.
- Avoid medical appointments and extended trips when school is in session.

#### **When Do Absences Become a Problem?**

**CHRONIC ABSENCE** 18 or more days

**WARNING SIGNS** 10 to 17 days

**SATISFACTORY** 9 or fewer absences Note: These numbers assume a 180-day school year.

For more on school readiness, visit [attendanceworks.org](http://attendanceworks.org) and [reachoutandread.org](http://reachoutandread.org) .





MICHAEL A. HESTRIN  
DISTRICT ATTORNEY

THE DISTRICT ATTORNEY  
COUNTY OF RIVERSIDE  
3960 ORANGE STREET  
RIVERSIDE, CALIFORNIA 92501-3643

August 1, 2015

Dear Parent/Guardian:

Welcome to the new school year! As you know, providing your child with the opportunity to receive the best education possible is one of the greatest and most significant gifts a parent can give. A strong educational foundation enables a child to grow into a happy, healthy, and productive adult. To ensure that all children within our community benefit fully from their educational opportunities educators have placed a particular emphasis on school attendance. In recognition of the importance of school attendance, the month of September marks **Attendance Awareness Month**, a nationwide movement focused on raising awareness of the connection between school attendance and academic achievement.

As a father, the first to graduate from college in my family, and your district attorney, I know that often children who do not attend school run the very real risk of either committing crimes or becoming victims of crime. Research has shown that students who do not graduate high school will face more challenges in finding meaningful work and succeeding in life. In addition to the educational benefits that your student will receive from consistent attendance I would like to share with you some important information regarding state law which requires school attendance.

All parents or legal guardians of school-aged children should know that compulsory education is the law in the State of California. Education Code section 48200, requires all children between the ages of 6 and 18 to attend a full-time education program as designated by the governing board of the school district in which the parent or legal guardian resides. The law also provides that students who fail to attend school, are truant and may be detained or arrested during school hours. Education Code section 48260(a), defines a "truant" as a student who, three times during the school year, either misses more than 30 minutes of instruction or is absent from school for three full days, without a valid excuse. (Education Code section 48205 defines when a student may be validly excused from school.) Finally in an effort to control truancy, the law provides that parents of school age students are responsible for ensuring school attendance and can be held accountable with legal sanctions amounting to an infraction and/or a misdemeanor when the case is aggravated.

The school district is aware that truancy can result from many causes and your school district stands ready to assist you in fulfilling your obligations to your child's educational success. Should the issue of truancy arise, your school is available to help you obtain assistance from government and community-based organizations that assist parents in addressing issues associated with truancy. With support and encouragement, your child can thrive and will reap the rewards of their education by developing successful organizational skills, engaging in the arts, sports, and sciences, solidifying strong school-oriented friendships, and appreciating the value of academics, hard work, and studying.

The School District and I are committed to supporting the children of Riverside County by ensuring that they remain in school and receive an education full of individual achievement that will prepare them for a bright future. I wish you and your child a safe and productive school year.

Very truly yours,

MICHAEL A. HESTRIN  
District Attorney



MICHAEL A. HESTRIN  
DISTRICT ATTORNEY

THE DISTRICT ATTORNEY  
COUNTY OF RIVERSIDE  
3960 ORANGE STREET  
RIVERSIDE, CALIFORNIA 92501-3643

August 1, 2015

Estimado Padre/Guardián,

¡Bienvenido a este nuevo año escolar! Como sabe, proveer la oportunidad de recibir la mejor educación posible es el regalo más grande y significativo que un padre puede darle a su menor. Un fuerte fundamento educativo posibilita el crecimiento de un menor a un adulto saludable, feliz y productivo. Para asegurarse de que todos los niños de nuestra comunidad se beneficien por completo de las oportunidades educativas, educadores han puesto un particular énfasis en la asistencia escolar. En reconocimiento de la importancia de la asistencia escolar el mes de septiembre marca el **Mes de Concienciar la Asistencia**, un movimiento nacional enfocado en elevar el conocimiento entre la conexión de la asistencia escolar y el logro académico.

Como padre, el primero en graduarme del colegio en mi familia, y su Fiscal, sé que a menudo niños que no asisten a la escuela corren un riesgo real de cometer crímenes o ser víctimas de crimen. Investigación demuestra que estudiantes que no se gradúan de la preparatoria se enfrentan a desafíos de hallar trabajo significativo y éxito en la vida. En adición a los beneficios educativos que su estudiante recibirá por asistir constantemente, me gustaría compartir con usted información importante en cuanto a leyes estatales que exigen la asistencia escolar.

Todos los padres o tutores legales de niños de edad escolar deben saber que educación obligatoria es la ley en el estado de California. El Código de Educación §48200 exige que todos los niños entre los 6 y 18 años asistan a un programa de educativo a tiempo completo designado por el consejo educativo del distrito escolar donde los padres o tutores legales residen. La ley adicionalmente prevé que estudiantes que fallan en asistir a la escuela, se consideran ausentes y pueden ser detenidos o arrestados durante las horas escolares. El Código de Educación §48260(a) define “ausente” como un estudiante que tres veces durante el año escolar falta 30 minutos de instrucción o falta tres días completos sin una excusa valida. (El Código de Educación §48205 define cuando el estudiante tiene una excusa valida para faltar a la escuela.) Finalmente, en un esfuerzo por controlar la ausencia escolar, la ley prevé que padres con niños de edad escolar son responsables de asegurarse la asistencia escolar y pueden ser responsabilizados con sanciones legales que asciendan a una infracción y/o delito menor cuando el caso sea grave.

El distrito escolar está consciente que las ausencias escolares pueden ser el resultado de muchas causas y su distrito escolar está listo para asistirle en satisfacer sus obligaciones relacionadas con el éxito escolar de su menor. En caso de que se presente el caso de ausencias, su escuela está disponible para ayudarle a obtener asistencia gubernamental o de organizaciones comunitarias para atender las situaciones asociadas con ausencias. Con apoyo y encomio, su menor podrá triunfar y cosechar las recompensas de su educación al desarrollar buenas habilidades organizativas, involucrarse en las artes, deportes, y ciencias, solidarizando amistades fuertes con orientación escolar, y el aprecio por el valor académico, duro trabajo y estudio.

El distrito escolar y yo estamos comprometidos en apoyar a los menores del Condado de Riverside al asegurarnos que se mantengan en la escuela y reciban una educación llena de logro individual que los preparara para un brillante futuro. Le deseo a usted y su menor un seguro y productivo año escolar.

Sinceramente,

MICHAEL A. HESTRIN  
District Attorney

# Enroll. Get Care. Renew.

## Health Coverage All Year Long

### Health Coverage Options

#### Medi-Cal:

- ▶ Children, foster youth, pregnant women, adults, US citizens, and immigrants—including those with DACA status—may be eligible for no- or low-cost Medi-Cal.
- ▶ Medi-Cal covers immunizations, checkups, specialists, vision and dental services, and more for children and youth at no- or low-cost.
- ▶ Medi-Cal enrollment is available year-round.

#### Covered California:

- ▶ Covered California is where legal residents of California can compare quality health plans and choose the one that works best for them.
- ▶ Based on income and family size, many Californians may qualify for financial assistance.
- ▶ Enroll during Open Enrollment or any time you experience a life-changing event, like losing your job or having a baby. You have 60 days from the event to complete enrollment.

**! Undocumented Families** visit: [www.allinforhealth.org/resources#Undocumented](http://www.allinforhealth.org/resources#Undocumented)  
*Immigration status information is kept private, protected, and secure. It will not be used by any immigration agency to enforce immigration laws, but only to determine eligibility for health programs.*

#### You and your family may qualify for financial help:

Household Size	If 2015 household income is less than...		If 2015 household income is between...
	1	\$16,105	\$31,043
2	\$21,708	\$41,842	\$21,709 – \$62,920
3	\$27,311	\$52,642	\$27,312 – \$79,160
4	\$32,913	\$63,441	\$32,914 – \$95,400
5	\$38,516	\$74,241	\$38,517 – \$111,640
6	\$44,119	\$85,041	\$44,120 – \$127,880
▶	Adults may be eligible for <b>Medi-Cal</b>	Children may be eligible for <b>Medi-Cal</b>	May be eligible for financial help to purchase insurance through <b>Covered California</b>

### Enroll.

Three ways to enroll in Medi-Cal and Covered California:

-  [www.coveredca.com](http://www.coveredca.com)
-  1(800) 300-1506
-  Find in-person help: [www.coveredca.com/get-help/local/](http://www.coveredca.com/get-help/local/)

### Get Care.

- ▶ Find a primary care doctor in your network.
- ▶ Schedule an annual checkup for you and your family.
- ▶ Make sure to take your child to the dentist.
- ▶ Pay your monthly premium if your plan requires it.

### Renew.

- ▶ Medi-Cal must be renewed every year. Medi-Cal will mail renewal packet. Complete and return. For help, contact your local Medi-Cal office or call 211.
- ▶ Health plans through Covered California must be renewed every year. Renewal information will be mailed at the end of the year, or contact Covered California at 1 (800) 300-1506.

## Inscríbese. Cuide Su Salud. Renueve Su Cobertura. Cobertura de salud durante todo el año

### Sus Opciones de Cobertura de Salud

#### Medi-Cal:

- ▶ Niños, jóvenes en hogares de crianza, mujeres embarazadas, adultos, ciudadanos de los Estados Unidos, e inmigrantes incluyendo personas con el estatus de Acción Diferida (DACA)—podrían ser elegibles para Medi-Cal gratis o a bajo costo.
- ▶ Medi-Cal proporciona vacunas, visitas al doctor de prevención, especialista, oculista y servicios dentales para niños y jóvenes gratis o a bajo costo.
- ▶ Inscripción al programa de Medi-Cal está disponible todo el año.

#### Covered California:

- ▶ Covered California es donde los residentes legales de California pueden comparar planes de salud de alta calidad y elegir el que les conviene.
- ▶ Dependiendo de los ingresos y el tamaño de la familia, muchos Californianos también podrían calificarán para obtener ayuda financiera.
- ▶ Inscríbese durante la Inscripción Abierta o en cualquier momento durante el año que a tenido un evento calificado de vida, como si perdió su trabajo o tuvo un bebé. Tienen 60 días del evento para inscribirse.

**!** Para familias indocumentadas visten: [www.allinforhealth.org/resources#Undocumented](http://www.allinforhealth.org/resources#Undocumented)  
 Su información de inmigración es confidencial, protegida, y segura. Su información no se usará para fines de control de inmigración. Solo se usará para determinar la elegibilidad para cobertura médica.

#### Usted y su familia podrían calificar para asistencia financiera:

Tamaño de la familia	Si el ingreso familiar en 2015 es menos de...		Si el ingreso familiar en 2015 es entre...
1	\$16,105	\$31,043	\$16,106 – \$46,680
2	\$21,708	\$41,842	\$21,709 – \$62,920
3	\$27,311	\$52,642	\$27,312 – \$79,160
4	\$32,913	\$63,441	\$32,914 – \$95,400
5	\$38,516	\$74,241	\$38,517 – \$111,640
6	\$44,119	\$85,041	\$44,120 – \$127,880
▶	Adultos podrían calificar para Medi-Cal	Niños podrían calificar para Medi-Cal	Podrías calificar para asistencia financiera en la compra de un seguro a través de Covered California

### Inscríbese.

Tres maneras para inscribirse con Medi-Cal y Covered California:

-  [www.coveredca.com/espanol/](http://www.coveredca.com/espanol/)
-  1 (800) 300-0213
-  Ayuda en persona: [www.coveredca.com/espanol/get-help/local/](http://www.coveredca.com/espanol/get-help/local/)

### Cuide Su Salud.

- ▶ Elija su doctor de su red medica.
- ▶ Haga sus citas anuales con su doctor para usted y su familia.
- ▶ Asegúrese de llevar a su hijo(s) al dentista.
- ▶ Si su plan lo requiere, haga su pago mensual.

### Renueve Su Cobertura.

- ▶ El seguro de Medi-Cal debe ser renovado cada año. Medi-Cal le enviará por correo su paquete de renovación. Complete y regrese el paquete. Para ayuda, contacte su oficina de Medi-Cal o marque 211.
- ▶ Los planes de salud a través de Covered California se deben renovar cada año. La información para renovar se le enviara a finales de año o contacte a Covered California al 1 (800) 300-0213.



# SEPTEMBER

## Buchanan Elementary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 7:30am Chorus for 3rd-5th Grade Rehearsal  5th Grade Band Lessons	3	4 Spirit Assembly  PTA Fundraiser Orders & Money Due 5th Gr Band	5
6	7 Holiday— No School	8	9 7:30am Chorus for 3rd-5th Grade Rehearsal  5th Grade Band Lessons	10	11 Picture Make Up Day  5th Gr Band 	12 5pm Military Family Network Meeting
13	14 Early Release Day	15 Running Club	16 7:30am Chorus for 3rd-5th Grade Rehearsal  5th Grade Band Lessons	17 Running Club	18 Spirit Assembly  5th Gr Band	19
20	21 Early Release Day	22 Running Club  6pm PTA Internet Safety Information Night	23 7:30am Chorus for 3rd-5th Grade Rehearsal  5th Grade Band Lessons	24 Running Club  6pm Watch D.O.G.S. Kickoff Event	25  5th Gr Band	26
27	28 Early Release Day	29 Running Club	30 7:30am Chorus for 3rd-5th Grade Rehearsal 5th Grade Band	Oct 1  4th & 5th Grade Auditions for Drama		



Buchanan Elementary  
Military Family and School  
Support Network  
Group

Buchanan Elementary is starting a Military Family Support Group for families who are in the military or have loved ones serving our country.

**We are building community support by offering local resources, connections to other Buchanan military families, planned events, free babysitting, as well as structured lessons designed to help children cope with deployment.**

If you are interested in joining our support group, please join us an information night on September 11th at 5pm in the MPR. You can also email our Military coordinator, Mrs. Simmons at [psimmons@murrieta.k12.ca.us](mailto:psimmons@murrieta.k12.ca.us) or call the office at 951-696-1428



# The PTA Press

## IMPORTANT DATES

**September 4<sup>th</sup>**  
Fall Fundraiser Ends

**September 7<sup>th</sup>**  
No School

**September 15<sup>th</sup>**  
Running Club Starts

**September 24<sup>th</sup>**  
Watch D.O.G.S.  
Kickoff

**October 2<sup>nd</sup>**  
Fall Festival

## President Minute...



Dear Buchanan Families,

Welcome back to school! We hope you had a great summer. We are so excited for the 2015-16 school year and look forward to being a part of the Buchanan Family.

Our Fall Fundraiser started Friday, Aug. 21<sup>st</sup>. The money we raise from the fundraiser will be used to support PTA programs like Reflections, Drama, Fall Festival, Watch D.O.G.S., Running Club, Red Ribbon Week, Movie Night, the Daddy/Daughter Dance, and the Mother/Son Event.

These programs would not be successful without help from our Buchanan family, including parents, friends, teachers, and our surrounding community. We encourage you to get involved. It's FUN! Your contributions, whether it's your time, knowledge, or resources, make a difference.

We are currently looking for a Hospitality Chairperson, and a Spring Book Fair Chairperson. There are always opportunities to help in PTA...preparing for Fall Festival, helping with lunchtime activities during Red Ribbon Week, doing Hand-Tiles, and collecting food for the canned food drive are just a few examples.

On behalf of the PTA Board and all the volunteers, we wish you the best this year and look forward to your continued support.

Please feel free to contact me at [Buchananpta.pres@gmail.com](mailto:Buchananpta.pres@gmail.com) with any questions or suggestions.

Dawn Jones  
PTA President



## Fall Fundraiser

Our fall fundraiser will run from  
Friday, August 21<sup>st</sup> – Friday, September 4<sup>th</sup>!

Thank you for all your support!

**West Coast Fundraising**



The PTA would like  
thank you all for  
making our Fall Book  
Fair a great success!

## Running Club

Starts Tuesday, September 15<sup>th</sup>. It  
will meet every Tuesday and  
Thursday from 8:00-8:20a.m. on the  
grass field.

Permission slips will be coming home  
soon! Please make sure to fill them  
out and return to your teacher.



The theme this year is  
"Let Your Imagination Fly"

Students create original works of art, based on the theme, in the categories of visual arts, photography, literature, music composition, dance choreography, and film production.

Flyers with more information COMING SOON!



Come join us at our Watch D.O.G.S. kick off  
Thursday, September 24<sup>th</sup> at 6:00p.m.

More details coming soon!



Blazers you are doing an AWESOME job!  
Keep turning in those Box Tops!!!

## Yearbook

A yearbook meeting is coming!  
Stay tuned...

For more information  
please contact Cynthia  
[cvaldezkelly@gmail.com](mailto:cvaldezkelly@gmail.com)



## Blazer Gear

Order your Blazer Spirit Gear this September! Look for order forms coming home this month.

Spirit Gear is also available at the Spirit Cart on Spirit Assembly Fridays.



Save The Date  
Friday, October 2nd



If you are interested in setting up a vendor booth at our Fall Festival, please contact Amanda Will at



AND MEDICAL AUTHORIZATION - MINOR

Dear Parent/Guardian:

Kindly complete and return this form to Kim Hern, Jan Cato, Vanessa Prario  
(teacher / person in charge of trip)

I hereby authorize (student's name) \_\_\_\_\_ to participate in the following activity:

Description (e.g.; "Field trip"): Drama Club Auditions, practices, play

Destination: BES MPR

Departure date: 9-29 - 3-12-16 Return date: \_\_\_\_\_

It is extremely important to be aware of any medical condition/problem and/or medications a student is required to take when going on a field trip. Please list any medical conditions and/or medications that we should know about.

Any student who needs to take medication while on a field trip **MUST** have written permission from both the parent and the physician, as well as provide the medication in the original, labeled container. A staff person must keep the medication with them at all times unless previous arrangements have been made (ie: student has written permission on file to carry medication, such as an asthma inhaler).

<b>**Fill out this section <u>ONLY</u> if student needs to take medication during field trip **</b>		
Name of Medication _____	Dose _____	Time(s) of Administration _____
Physician Signature _____	Date _____	Phone Number _____
<p>*If your student already has medication at school that they take on a daily basis, you may contact the Health Office and arrange, <b>prior to the field trip</b>, for their medication, along with the permission forms to be sent on the field trip. If you do not contact the Health Office, it will be assumed they will not be taking their medication unless you make other arrangements.</p>		

In the event of illness or injury, I do hereby consent to whatever x-ray, examination, anesthetic, medical, surgical or dental diagnosis or treatment and hospital care are considered necessary in the best judgement of the attending physician, surgeon, or dentist and performed by or under the supervision of a member of the medical staff of the hospital or facility furnishing medical or dental services.

**As stated in California Education Code Section 35330, I agree to hold Murrieta Valley Unified School District, its officers, agents and employees harmless from any and all liability or claims which may arise out of or in connection with my child's participation in this activity.**

I fully understand that participants are to abide by all rules and regulations governing conduct during the trip. Any violation of these rules and regulations may result in that individual being sent home at the expense of his/her parent/guardian.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_  
Student's Birth date: \_\_\_\_\_

Medical Insurance Carrier: \_\_\_\_\_ Subscriber's ID #: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_