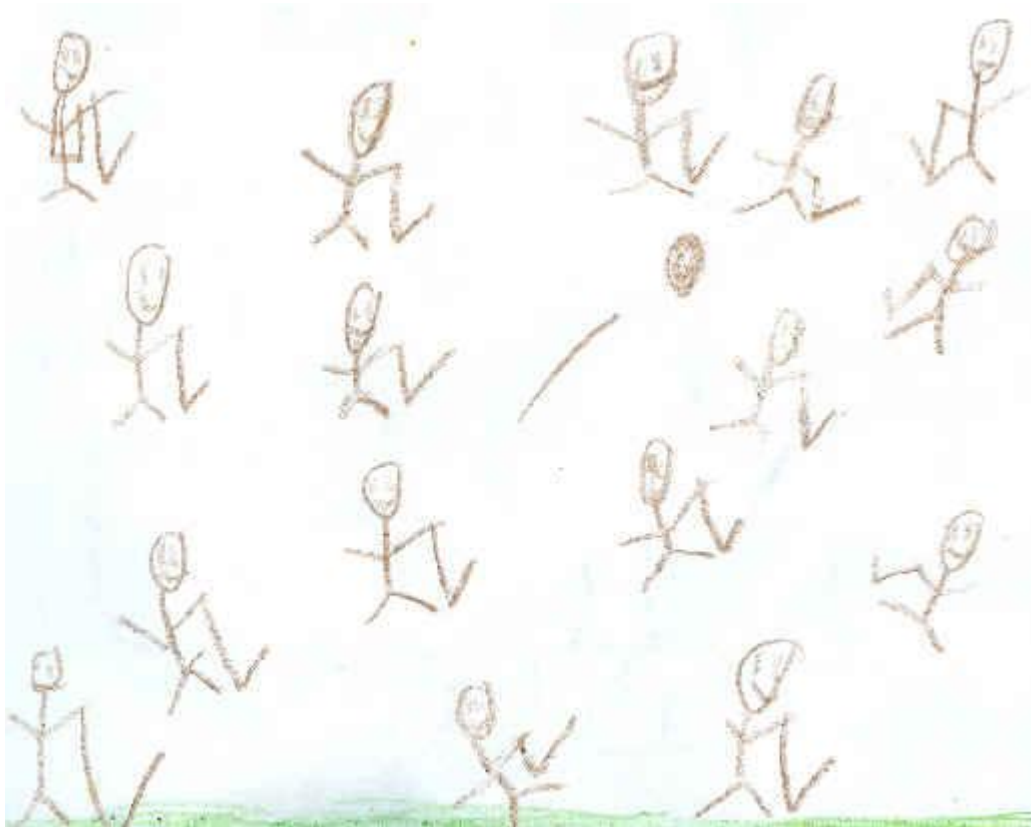


Maya

by Nico



The Mayan Ball Game

This game was part of their Mayan religion. It took place on a court. Two teams would play against each other. They would hit a rubbery ball to each other, using only their hips, elbows, arms, legs. No hands or feet. The losing team became sacrificed.



Clothing

Mayan men wore an ex (pronounced eesh), a sort of cotton loincloth. Sometimes they wore a square of cotton around their shoulders called a “pati,” sandals with two thongs which passed between the toes and protected their feet.

Mayan women wore a dress called a huipil (wee-peel), a simple straight dress with beautiful woven designs. They wore an underskirt called a “pic.” Women were barefoot except on special occasions.



Food

The Mayans did not eat many different foods. They mostly ate what they grew, like malzci, sweet potatoes, beans, and chilis. When they hunted, they ate deer and wild boars.



