

No Fry French Fries

- vegetable cooking spray
- 3 large baking potatoes
- 1 Tbsp. vegetable oil
- 2 teaspoon garlic powder
- 1 tsp salt
- 1/4 tsp ground black pepper

1. Heat oven to 450 degrees.
3. Coat pan generously with vegetable cooking spray.
4. Scrub potatoes; pat dry.
5. Cut each lengthwise into 1/2 inch thick slices, then into 1/2 inch wide strips.
6. Toss potatoes on baking sheet with oil, garlic, salt and pepper until well coated.
7. Bake 40-45 minutes, turning once or twice with spatula, until potatoes are crisp and golden.