

# Murrieta Valley Unified School District California Healthy Youth Act a.k.a Comprehensive Sex Ed **FACTS**

**What is the California Healthy Youth Act (CHYA)?** A State law enacted on January 1, 2016 requiring all public schools, including charters to provide students with integrated, medically accurate, comprehensive sexual health and HIV prevention.

What grades are taught comprehensive Sex Ed in Murrieta Valley USD?

8<sup>th</sup>



9<sup>th</sup>

Is it taught in elementary schools?

**NO!**

What topics are discussed in comprehensive Sex Ed?

- ✓ Puberty and Stages of Development
- ✓ Reproductive Systems & health
- ✓ Abstinence & Pregnancy Prevention
- ✓ Healthy Relationships & Attitudes
- ✓ STD, AIDS and HIV Prevention
- ✓ On-line Safety & Sex Trafficking

All lessons encourage students to talk to their parents about each topic

Are parents/guardians notified in advance?

**YES**

Per State law, a letter notification is sent to all parents/guardians at least two weeks to a month in advance of the lessons.

Can parents/guardians opt their child out of (AB 329) Comprehensive Sex Ed?

**YES**

The law makes it clear that parents can opt their children out of the California Healthy Youth Act, **comprehensive sex education** lessons by providing the school district with written notification.

Where can someone read the law?

[www.cde.ca.gov/ls/he/se](http://www.cde.ca.gov/ls/he/se)  
[www.murrieta.k12.ca.us](http://www.murrieta.k12.ca.us)

Can parents/guardians view the curriculum?

**YES**

CALL MVUSD at, 951-696-1600 ext.1018

MVUSD is respectful of the differences in all of our students and is committed to ensuring all of our classrooms are welcoming and courteous to all.

We are obligated and follow the law and regulations established by the State and Federal Legislature.