

**SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION**

The Governing Board recognizes that the purpose of the district's sexual health and HIV/AIDS prevention instruction is to provide students with the knowledge and skills necessary to protect them from unintended pregnancy and sexually transmitted diseases; to encourage students to develop healthy attitudes concerning adolescent growth and development, body image, gender roles, sexual orientation, dating, marriage, and family; and to promote understanding of sexuality as a normal part of human development. The Board therefore desires to provide a well-planned, integrated sequence of medically accurate and inclusive instruction on comprehensive sexual health and HIV/AIDS prevention.

*(cf. 5030 – Student Wellness)*  
*(cf. 6142.8 – Comprehensive Health Education)*

The district's curriculum shall be aligned with the state's content standards, based on medically accurate and factual information, and designed to teach students to make healthy choices and reduce high-risk behaviors. The district's program shall comply with the requirements of law, board policy, and administrative regulation and shall respect the rights of parents/guardians to supervise their children's education on these subjects and to impart values regarding human sexuality to their children.

*(cf. 5141.22 – Infectious Diseases)*  
*(cf. 5146 – Married/Pregnant/Parenting Students)*  
*(cf. 6143 – Courses of Study)*

**Parent/Guardian Consent**

A parent/guardian may request in writing that his/her child be excused from participating in HIV/AIDS prevention or sexual health education. Students so excused by their parents/guardians shall be given an alternative educational assignment/activity. (Education Code 51240, 51939)

*(cf. 5022 – Student and Family Privacy Rights)*

A student shall not be subject to disciplinary action, academic penalty, or other sanction if the student's parent/guardian declines to permit the student to receive the instruction. (Education Code 51939)

## SEXUAL HEALTH AND HIV/AIDS PREVENTION INSTRUCTION (continued)

### Legal Reference:

#### EDUCATION CODE

220 Prohibition of discrimination

48980 Notice at beginning of term

51202 Instruction in personal and public health and safety

51210.8 Health education curriculum

51240 Excuse from instruction due to religious beliefs

51513 Materials containing questions about beliefs or practices

51930-51939 Comprehensive Sexual Health and HIV/AIDS Prevention Education Act

#### HEALTH AND SAFETY CODE

1255.7 Parents surrendering physical custody of a baby

#### PENAL CODE

243.4 Sexual battery

261.5 Unlawful sexual intercourse

271.5 Parents voluntarily surrendering custody of a baby

#### UNITED STATES CODE, TITLE 20

1232h Protection of student rights

7906 Sex education

### Management Resources:

#### CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS

Health Education Content Standards for California Public Schools, Kindergarten through Grade 12, 2008

Health Framework for California Public Schools: Kindergarten through Grade 12, 2003

#### WEB SITES

American Academy of Pediatrics: <http://www.aap.org>

American College of Obstetricians and Gynecologists: <http://www.acog.org>

American Public Health Association: <http://www.apha.org>

California Department of Education, Sex Education and HIV/STD Instruction:

<http://www.cde.ca.gov/ls/helse>

California Healthy Kids Resource Center: <http://www.californiahealthykids.org>

California Safe Schools Coalition: <http://www.casafeschools.org>

Centers for Disease Control and Prevention: <http://www.cdc.gov>

National Academy of Sciences: <http://www.nationalacademies.org>

U.S. Department of Health and Human Services, Office of the Surgeon General:

<http://www.surgeongeneral.gov>

U.S. Food and Drug Administration: <http://www.fda.gov>

CSBA: <http://www.csba.org>

Policy

adopted: May 9, 1990

revised: September 10, 2009

revised: December 11, 2018

**MURRIETA VALLEY USD**

Murrieta, California