



# Weekly News



Inspiring every student to think, learn, to achieve & to care with PRIDE

## Panther Families,

Happy Week 8, Panthers! The school year is almost done, and we are so proud of the hard work each student, parent, and teacher has put into distance learning and their mental health. As we are nearing the close of the school year, it is important to not give up, and to finish well. Keep up the great work, Panthers!

- MVUSD has added an Assist Line to provide support for families, students, and staff. Click the picture for more details.
- Check out our [Shivela Website](#) for COVID-19 Counseling Resources.



### Important information for this week:

- 8<sup>th</sup> graders! We want to celebrate you! Just in case you missed Mr. Marble's email, here are the [details](#) for the 8<sup>th</sup> grade check out and celebration and the [school map](#).
- 6<sup>th</sup> and 7<sup>th</sup> graders, Here are the [details](#) for your end of the year check out and [map](#).

### Weekly Theme: Grief and Loss

The COVID-19 pandemic has created a new reality marked by grief and loss along with an array of strong emotions. The disruptions in our day to day lives contribute to the uneasiness and sadness that we are feeling. Not only are we mourning the loss of thousands of lives, but we are also mourning the loss of normalcy, seeing our loved ones to the potential loss of a traditional promotion ceremony for our 8<sup>th</sup> graders. Each of us experience grief in our own way. Also, there is no right or wrong way to grieve! **Here is a link to a [video](#) and a [worksheet](#) that can help you identify and cope with losses and grief resulting from the COVID-19 pandemic.**

WEEK 8: May 18-22nd

### Connect with Your Counselors!

- **Mrs. Edmisten (6<sup>th</sup> grade and ELL)**  
Office Hours M/W/F 9-12 T/TH 12-3  
Office Phone number 951-304-1614 (Temporary number for COVID 19)  
[Pedmisten@murrieta.k12.ca.us](mailto:Pedmisten@murrieta.k12.ca.us)
- **Mr. English (7<sup>th</sup> Grade)**  
Office Hours M/W/F 9-12 T/TH 12-3  
Office Phone number 951-304-1637 (Temporary number for COVID 19)  
[Lenglish@murrieta.k12.ca.us](mailto:Lenglish@murrieta.k12.ca.us)
- **Mrs. Tucker (8<sup>th</sup> Grade and AVID)**  
Office Hours M/W/F 9-12 T/TH 12-3  
Office Phone number 951-304-1605 (Temporary number for COVID 19)  
[Stucker@murrieta.k12.ca.us](mailto:Stucker@murrieta.k12.ca.us)

### Quote of the Week

