**Diabetes Management at School - Health Office Role and Student Expectations**

Hello from your health team at MVHS**!** We are here to help manage and assist you with your diabetes while you are at school. We know Diabetes is a condition that doesn’t go away. We work with you and your doctor. Your doctor will tell us how much supervision you need while you are at school in your medical orders for Diabetes Management at School. **Students with Diabetes will need to bring in a copy of your school orders from the doctor at the start of the school year and bring updated orders to us if your diabetes management plan changes during the school year.**

You will need supplies in the health office for low and high blood sugar. For emergency situations, if you are lacking supplies, we have glucose tabs in the health office to treat a low blood sugar.

You and your parents need to provide and maintain diabetic supplies at school for your personal needs. We provide an easily accessible, secure location for you to keep your items here in the Health Office.

 **We suggest the following supplies be kept in our school Health Office:**

 **\_Glucagon Injection Kit (required) \_Insulin vial or pen (we can refrigerate)**

 **\_Juice boxes/pouches, Glucose Tabs \_Ketostix**

 **\_Snacks you use for lows \_Extra needles/syringes/lancets/testing strips**

 **\_Water bottles \_Extra Pump infusion set and CGM**

 **\* *An extra meter to keep here would be helpful if you tend to forget to bring one with you.***

When your supplies run low, we will send an email home to remind you and your parents to replenish them.

Even if your medical orders state that you manage your diabetesindependently, you should still have back up supplies here in our office and emergency medicine such as Glucagon. Feel free to come into the Health Office anytime during your day for supplies or assistance.

Your medical orders may state that your blood testing and insulin dosing are to be **supervised by trained personnel.** This means that you a required to come to the Health Office at lunchtime, and possibly break, to test and calculate your insulin dosage with the nurse or trained assistant. ***If your doctor states you need supervision and do not come at lunch, we will call you out of your next class, as it is our responsibility to supervise you***. **Please help us help you by being responsible.** You may also come on your own at any other time during the day that you feel you need assistance with your diabetes management.

Our goal is to keep you healthy and productive in school.