

Dear Parents,

We have several students in our school that have food allergies, food sensitivities or dietary restrictions. **Food allergies can trigger reactions that range from very mild to life threatening (anaphylaxis).**

As a result, there are several procedures we must follow to prevent exposure and reduce the risk of anaphylaxis and help keep all of our students safe:

1. Any food or snack that may be provided to be shared in class **MUST** have pre-approval or prior notification to all parents so that they can make alternate choices. This letter is notification that at least two French Culture projects will be done this school year during French class that involve sharing French food that is either purchased or prepared by the students at home and brought to class.
2. All food items provided by the students for these French culture projects
 - must be pre-packaged with the ingredient label displayed,
 - or**
 - the food ingredients must be provided. For our French culture projects, please remind the student to bring the recipe, including the list of ingredients, to class along with the dish that was prepared for the class to share.
3. Our classroom should be a peanut/tree nut/food allergy aware space. This document will inform the teacher if any French students have ANY food allergies, food sensitivities or dietary restrictions. **If** this issue arises, parents will be advised that classroom projects or assignments should NOT include the use of peanut butter/nuts or other food items where serious allergies are concerned.
4. Students may bring their own food choices to eat in lieu of eating the French dishes brought to class. This **ONLY** applies to food shared or used as a class project. As a general rule, students are not permitted to eat during class time.

If your student has a food allergy, please make sure you contact/inform the Health Office. You may want to speak to the School Nurse if the allergy requires medication or other interventions.

Thank you for your support and cooperation. We want to make our classrooms safe for all students!

Student's Name: _____ **Classroom Teacher:** Mme. Marsolais

Food Allergies, Food Sensitivities or Dietary Restrictions:

Please initial the plan that is appropriate for your student:

_____ Student **may participate** in French culture projects involving food **and eat** French food provided by other students.

_____ Student **may participate** in French culture projects involving food **but alternate food** will be provided by parent

_____ Student **may NOT participate** in French culture projects involving food **and MAY NOT EAT** French food provided by other students.

Parent Signature: _____ **Date:** _____