



Ramblings

Murrieta Mesa High School

May 2022

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Domain/2117](http://www.murrieta.k12.ca.us/Domain/2117)

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A Message from

Mr. Richards—MMHS Principal



Dear Ram Parents and Students,

I can't believe we are already in May! May is full of extracurricular year-end events, playoffs for Spring sports, senior activities, academic reviews and finals, and so much more! Please take a moment and look through this month's Ramblings for additional information!

We will be graduating our seniors in about five weeks. I am so excited they get a traditional ceremony with family and friends in attendance. With prom, Senior Sunset, Grad Night, College Signing Day, and graduation, this month will be sure to create lots of long-lasting memories for our seniors. This is an incredibly exciting time as well as being extremely busy. Please encourage your students to get involved in different opportunities while continuing to take care of business in the classroom.

Please log into your parent portal account to see your student(s) posted 12-week grades. Please be advised that viewing the progress report is different from looking at the grade book summary. When you go to your parent portal, simply click on the "grades" tab, and choose "grades" from the drop-down menu.

Many of our students, specifically our seniors, will be participating in several events as noted above. Please take the time to discuss with them the importance of safe driving and the hazards of using their phones while driving. Let's work together to keep them safe!

Information regarding the next school year and the registration dates will be coming soon. As sent out in previous Sunday messages, SB 326 and Ed. Code 46148 will require high schools to start no earlier than 8:30am this upcoming school year.

As always, thank you for all you do in supporting Mesa!

Scott Richards Jr.

Principal

Go Rams!!!



Activities

21/22 Yearbooks

Get yours **NOW!**

Available for purchase @ **Ram Shack**
online

\$90/\$85 with USB

Prices increase May 20th

\$95/ \$90 with USB

Please follow Yearbook on
Instagram

@officialmesayearbook

You need a
yearbook!
(just sayin'...)



2022

JUNIOR/SENIOR PROM

SAN DIEGO HORNBLOWER

MAY 21ST

\$100 w/USB \$105 w/out USB

(May 1– May 13)

Guest \$110

LAST DAY TO PURCHASE is

May 13th

No exceptions will be made!

Permission Slips available at Student Services, Ram Shack, and Library

PROM BUS—\$45

Available to the
first 55 seats
purchased.



F | T FRIAR TUX PROM '22

BY C PHOTOGRAPHY

GOWNS BY
WINDSOR

SAVE
25%

ON ALL FRIAR TUX
RENTALS + PURCHASES

SUIT/TUX	
RENTALS	PURCHASES
FROM	FROM
\$78.71	\$149.96

Shop at Friar Tux and Windsor
to earn cash back for
Murrieta Mesa High School

MMHS000111

Friar Tux Temecula
40705 Winchester Rd Ste A105 | 951.296.3086
FRIARTUXDANCE.COM

Windsor Fashions Temecula
40820 Winchester Rd Ste 2150 | 951.297.7481
WINDSORSTORE.COM

Prices include discount. Rental price includes coat, pants, shirt and tie. Purchase price includes coat and pants. When placing your order with Friar Tux, use your code to save 25% and earn \$10 cash back for your group for every order over \$78.71. A \$10 Garment Handling Fee applies to all rentals. Earn \$5.00 cash back for your group for every \$500.00 spent in-store at the Windsor location listed on this flyer. Cannot be combined with any other offer or discount. Expires 6.30.22.

High School Fundraiser

Morning Tutoring Opportunity:

	B Days ONLY
Staff Member	Mr. Ray
Subject(s)	Math
Room	M304
Time	7:00-7:25am

Spring Tutoring Schedule

Afternoon Tutoring Opportunities in the Classroom:

	Tuesday	Wednesday	Thursday
Staff Member	Ms. Jarvie	Ms. Trillo	Ms. Stone
Subject(s)	Math	Math	All Writing/English
Room	M302	M320	H255
Time	2:45-3:45pm	2:45-3:45pm	2:45-3:45pm

** College Tutors may be present

Afternoon Tutoring Opportunities in the Library:

	Monday	Tuesday	Wednesday	Thursday
Staff Member	Ms. Lynn	Mr. Blount	Mr. Wadlington and Mr. Grant	Mr. Hedge
Subject(s)	All	All	All	All
Room	Library	Library	Library	Library
Time	2:45-3:45pm	2:45-3:45pm	2:45-3:45pm	2:45-3:45pm

** College and NHS Tutors are present

No Go List?

You can clear them by going to detentions
or Sat. school.

LAST Saturday School

May 7th @ 8am - 12:15pm

Detentions

T/W/TH 2:24pm—3:45pm

Wed. 7:15am—8:15am

in the Ram's Den

(Sign up with Mrs. Blancato in Student Services).



All Seniors! Cap & Gown

Distribution!

Monday May 16th at
lunch in the Quad

Countdown to textbook/
device return is coming
soon!

Do you know where your
textbooks are? Keep an eye
out for emails sent through
Outlook.

Please see Mrs. Falcon or
Mrs. Nelson in the library if
you have any questions

**CAASPP
Score Incentives**

**CAASPP testing
has concluded. As
you await your
scores this summer
keep in mind the
incentives offered
by ELA, math and
science.**

mmhs < CAASPP incentives >	
MATHEMATICS	
1	Standard Met: 1 grade bump - 1 bump for 1 semester (Math I, II, or III)
2	Standard Exceeded: 2 grade bumps - 1 bump for 2 semesters OR - 2 bumps for 1 semester (Math I, II, or III)
3	For Adv Math III or higher Standard Exceeded: 1 grade bump - 1 bump for 1 semester (Adv Math I, II, or III)
ENGLISH LANGUAGE ARTS	
	1 bump for 1 semester - Standard Exceeded (up to an A): - Standard Met (up to a B): - Growth from Did Not Met (1) to Nearly Met (2) in 8th gr. (up to a C) :
SCIENCE	
	Bio, Chem & Physics Standard Exceeded (up to an A): - 1 bump for 2 semesters Standard Met: - 1 bump for 1 semester (Does not apply to AP or Adv courses)

**Closed on
May 26th**

Bookkeeper

- **Athletics Summer camps - Cash Only at bookkeeper window or can purchase with card online.**
- **Don't forget to pay your Fees and Fines
(Seniors must be completed to check out)**
- **Last day to purchase Prom tickets - May 13th**
- **Friendly reminder- Mesa does not accept checks.**
- **Graduation tickets available. (You can purchase up to 10)**

CLUB MEETING DAYS AND LOCATIONS

Day	Club	Location
Monday	Model United Nations Nami Rams Red Cross Club	Lunch in room 255 Lunch in room 265 Lunch in room 154
Tuesday	Art Club Better Self Club Body Building Club Class of 2022 Debate Club Key Club Mesa Chess Club Mesa Rocks MOB Club Ohana Ha'aheo The Paranormal Shakespeare Club	Lunch with Mr. Rench Lunch in room 301 Lunch in room 202 Lunch in room 154 (every other week) Lunch in room 255 Lunch in room 263 Lunch in room 168 Lunch (2 nd & 4 th week in front of Liberty) Lunch in room 460 (1 st Tues. of month) 3-4pm in the Quad Lunch in room 357 Lunch in room 254
Wednesday	Audio Recording Techniques Class of 2023 Class of 2025 Drama Club Dungeons and Dragons Esports Club Hopeful Club Mountain Bike Club Ohana Ha'aheo Rocky the Ram Rotary Interact Club Smash Bros. Student Venture	Lunch at 1230 in the Gpac Foyer Lunch 12 1230 in room 172 Lunch in room 374 8am in Drama Room Lunch in room 352 Lunch in room 457 Lunch in room 167 Lunch in room 164 3-4pm in the Quad Lunch in Ram Shack Lunch in room 166 2:45pm in Choir room Lunch in room 356
Thursday	Ballet Folkloric Black Student Union Cal Hosa – Future Health Professionals Fashion Photography Club Gender-Sexuality Alliance Geopolitics Club Hip Hop Congress Improv Club Kids VS Cancer Latino Community Union Mesa Chess Club MMHS Virtual Reality Club Rock Climbing Club Speedball Woman's Health Club Youth united	330-430 at Shivela Lunch in room 168 Lunch in room 355 Lunch in room 366 (every other Thurs.) Lunch in room 262 Lunch in room 263 Lunch in room 204 Lunch in room 303(every other Thurs.) Lunch in room 457 Lunch in Ovation Court Lunch in room 168 Lunch in room 100 Lunch in room 267 Lunch in Ovation Court Lunch in room 264 Lunch in room 266
Friday	A.C.E. (Academic Community of Excellence) Astronomy/ Astrophysics Club Book Club Class of 2024 Environmental Club Mesa Student Journal Club Rooted in Christ	Lunch in room 303 Lunch in room 168 Lunch in room 264 Lunch in room 158 (every other Fri.) Lunch in room 166 Lunch in room 168 Lunch in room 155

Counselor News

Community Service will be required once again in the future graduating classes. Please check out the community services board in student services and watch for opportunities to start earning your hours that will be required for graduation in the future classes.

Summer School Sign ups!

Click [here](#) to sign up for summer school. If you have questions regarding which classes you may need to retake, please see your counselor.

Advanced Placement Exam Schedule

AM Exams: Plan on reporting by 7:15 AM.

PM Exams: You will be released from class by 11:30.

Mon, 5/2	Tues, 5/3	Wed, 5/4	Thurs, 5/5	Fri, 5/6
AM: AP Gov, Library	AM: AP Env Sci, Library	AM: AP Hum Geo, Library	AM: AP Hum Geo, Library	AM: AP Euro, Library
		AM: AP Macro, Small Gym	AM: AP Macro, Small Gym	AM: AP USH, Big Gym
PM: AP Chem, Small Gym	PM: AP Psych, Small Gym	PM: AP Sem, Library	PM: AP Sem, Library	
PM: AP Span Lit, Library		PM: AP Stats, Small Gym	PM: AP Stats, Small Gym	

Mon, 5/9	Tues, 5/10	Wed, 5/11	Thurs, 5/12	Fri, 5/13
AM: AP Calc AB & BC, Big Gym	AM: AP Eng Lang, Big Gym	AM: AP Chinese, A115	AM: AP French, Library	
		AM: AP Span Lang, Library	AP World History, Small Gym	
PM: AP Comp Sci Princ, Small Gym		PM: AP Bio, Small Gym	PM: AP Physics I, Small Gym	





Athletics

CIF ROUND 1

THURS. MAY 5TH @3:15

@ HOME

A vs. 

Congratulations to our Varsity Softball for being League Champions! Come support and cheer them on at their first CIF game

May 5th at HOME!

2022/23 Athletes

Athletics clearance is May 14th. This is where all athletes can get athletically cleared for summer camp and the whole 22/23 school year.

Boys Sports 9am-12pm

Girls Sports 12pm-3pm

More information provided by clicking on this link:

<https://www.murrietamesaathletics.com/>

[clearance](#)



**INCOMING
FRESHMAN
MURRIETA MESA**



BASEBALL

SUMMER CAMP

JUNE 7, 8, 9

9AM-12PM

COST \$190

ADDITIONAL INFORMATION WILL BE AVAILABLE ON THE MURRIETA MESA BASEBALL WEBSITE

HTTPS://

WWW.MURRIETAMESAATHLETICS.COM/

RAMSBASEBALL



Congratulations to Girls LAX for also being League Champions! Come cheer and support them at home on May 5th at 7PM for the first CIF game!



Athletics



Congrats to Mesa Swim!

On Friday April 29th Mesa Swim attended the 2022 Southwestern League Finals hosted by Vista Murrieta at Temecula Valley High School. It was a great day for the Rams Swimmers as the **Boys won the title outright for the 2022**

SWL Champs and the **girls placed third** (highest placing for the girls in league to date). This was the first time in 22 years Murrieta Valley High School Boys did not win or tie for first place in swim!

Also Mesa Swim program walked away with two new **League Records**: Senior **Justin Schneider** in the **50 Free** and the boys **200 Freestyle Relay** (Senior **Eryk Elizondo**, Senior **Max Dillon**, Sophomore **Ty Schneider** and Senior **Justin Schneider**).

Summer Camps!

Summer camp is on our website! Please check out all the summer camp activities going on at Mesa. Must be athletically cleared!

Here's the link: <https://www.murrietamesaathletics.com/camps>

Seniors – Class of 2022

Seniors—How are you going to follow your Passion after High School?

Please email Mrs. Walsh at jwalsh@murrieta.k12.ca.us to let us know your plans. We want your picture and information on our College and Career Center TV.

ALL SENIORS MUST COMPLETE THE SENIOR SURVEY PRIOR TO THEIR CHECK OUT. MUST BE COMPLETED BEFORE COUNSELOR WILL SIGN OFF ON YOUR CHECK OUT CARD.



Announcing ~ **AUCTION of RESERVED SEATS** for **Graduation 2022**
Please see the flyer below for more information. Click on this link to bid.
Bidding closes May 13th at 11:59PM.

[Press Box Link](#)

ALL DONATIONS BENEFIT MMHS Scholarship Fund

Purchase a banner to celebrate your senior's future plans! Whether your student is joining the military, going to a trade school, or headed to a college or university, these banners are a great way to honor your student's hard work! Each banner is 18" X 24", is made of heavy-duty vinyl, and costs \$20. Banners can be ordered through May 13th. (Example of banner is seen below.) Please follow both steps below as banners cannot be ordered until both steps are completed.

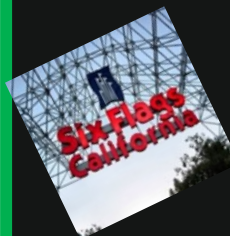
- Step 1: Complete the online order form by using this link (https://forms.office.com/Pages/ResponsePage.aspx?id=47bwIPBFG0aN8rSLBRCnfvUW9BxCe_5MqIAukaVLLwNUNktGQkxKVzFUUkMOUigySzg3MUxWTzczWS4u)
- Step 2: Head to the Ram Shack Online (Murrieta Mesa High School in Murrieta, CA | Online School Store (activenetwork.com)) to pay \$20.

Please contact Mrs. Amstutz with any questions: lamstutz@murrieta.k12.ca.us



Important Dates!

- **Press Box Auction ends - May 13**
- **Cap & Gown Pick Up at Lunch - 5/16**
- **PRIDE Awards - 5/16**
(Invite Only)
- **Senior Sunset - 5/17**
- **Decision Day Breakfast - 5/18**
- **Powder Puff Game - 5/19**
- **Senior Farewell Rally - 5/20**
- **Prom - 5/21**
- **Senior Finals - 5/24-5/26**
- **Grad Night - 5/26-5/27**
- **Grad Walks at Elementary - 5/31**
- **Graduation Practice - 5/31 & 6/1**
- **Graduation - 6/2 arrive by 4:45PM**



GRAD NITE

SIX FLAGS MAGIC MTN

MAY 26TH

Hurry before it Sells Out!

Permission slips in the Ram Shack, Student Services, or Library.

\$150 with USB \$165 w/o USB

All students MUST ride bus to and from Magic Mtn. No Season passes accepted. Check in is at 4:30pm Mesa, buses leave at 5:15pm. Buses return May 27th at 4am

*Permission slip will clear students for Friday during school hours so they may recover from being up all night.

*The Six Flags Magic Mountain Grad Pass is a season pass that allows students to come back to the park for the rest of 2022 with only block out dates during Fright Fest.

* Limited number available.

MMHS Graduation Class of 2022
Stadium Press Box Reserved Seat Auction!
You can bid through May 13th

**** Attention all MMHS Ram Grad Families ****

Announcing ~ **AUCTION of RESERVED SEATS** for **Graduation 2022**
in Ram Stadium Press Boxes high above the field ~
Feel the breeze, enjoy shade, listen to speakers, hear music,
enjoy cool beverages, show up later...
...and enjoy the beautiful view with family members!

ALL DONATIONS BENEFIT MMHS Scholarship Fund

OPEN BIDS 3 AREAS:

- Three press boxes each with seating for 4-6.

For details, please come to the Reception Desk or contact Mrs. Vollmar (x6434) or Mrs. Ruhmke (x6435).

HOW TO BID:

MINIMUM BID ON PRESS BOX WITH SEATING FOR 4 IS \$100

Bid in \$25 increments

- **You may bid as many times you wish ~ but you could be the winner of multiple bids and have multiple boxes!**
 - No call-in or email bids will be accepted
- Auction closes Friday, May 13th at 11:59pm - Winners will be contacted by phone Monday May 16th. Payment due to Bookkeeper by Tuesday, May 31st (Cash, major credit cards/ATMs only (5% fee) – Sorry no checks)

Come on Ram families ~

Let this great view be part of your 2022 Graduation memories!

Get in on the bidding process!
Congratulations ahead of time to all the winners!
MMHS appreciates your donation!

Additional Information:

- **Unlimited bids are allowed – but we request you only bid on what you are willing to pay**
- Auctioned seating is in addition to the 5 seats allocated to each senior family
- Graduation ceremonies will take place on the 50 yard line
- Small press boxes seats 4; no air-conditioning, but large open windows and doors allowing natural breezes and are located between the 40 yard-lines
- A list of auction runner-up bidders will be kept and notified in case winners forfeit
- **Graduation is on June 2nd @ 6:00pm. Doors open at 5:00pm.** Please look for the gate that says Handicap/VIP check in when you come for graduation. There will be a staff member to check you in and escort you to the press box. ***All guests must be present to enter.***



WELLNEWS

A MONTHLY WELLNESS NEWSLETTER

MAY 2022 • ISSUE 1 • VOLUME 10

Mental Health Awareness

Every month should be a month we are paying attention to our mental health, right? But with May as **Mental Health Month**, we have a special focus on getting the word out about what you can do to take action for your mental health and for everyone in our school and community!

More than half of all Americans will experience a mental illness or disorder in their lifetime. And just about all of us have times when we feel stressed out, anxious, or down. When that happens to you or a loved one, do you know what to do?

Checking in with yourself regularly, and checking in with others to see if they may need help is the first step, then you can take action to get support if it's needed.



Join us and people across California in taking the Take Action for Mental Health Pledge. This is a way to commit to ourselves and the people around us that mental health is a priority and that we will do what we can to support each other.

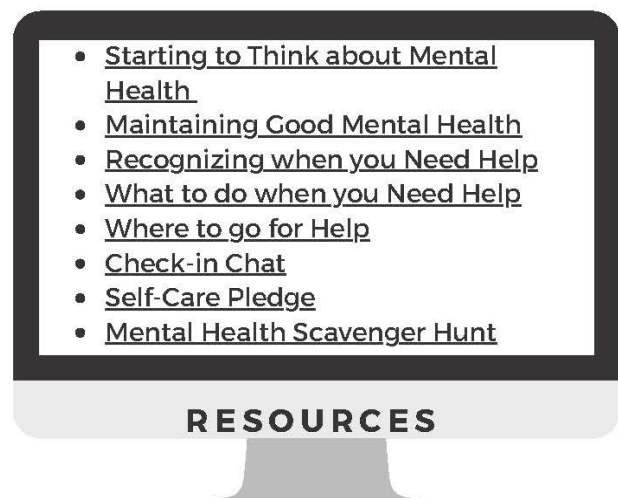
The Take Action for Mental Health Pledge says:

I Pledge to Take Action for Mental Health

- I will check-in with myself to identify my mental health needs.
- I will learn more about mental health.
- I will get support for my own mental health and support the mental health of others.
- I will share this pledge with others to help them take action too!



APP



- [Starting to Think about Mental Health](#)
- [Maintaining Good Mental Health](#)
- [Recognizing when you Need Help](#)
- [What to do when you Need Help](#)
- [Where to go for Help](#)
- [Check-in Chat](#)
- [Self-Care Pledge](#)
- [Mental Health Scavenger Hunt](#)

RESOURCES

Spring Dance Production

\$8.00
Adults &
General
admission

\$5.00
Mesa
students
& Seniors



May 12
& 13

7:00

MESA RAMS

DANCE TEAM

2022-2023



AUDITIONS

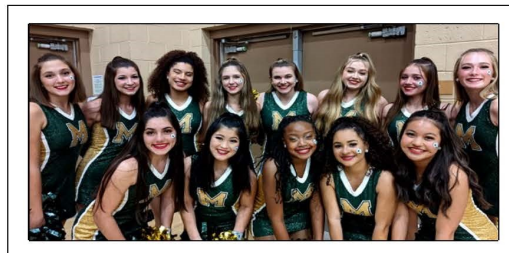


Clinics: May 16, 17, 18, 3:30-5:45
Audition: May 19, 3:30-Finished!



- Represent your school
- Add to your college application
- Make new friends
- Be a part of something fun
- Improve your technique
- Perform!!!!!!!

*Team information &
Application available April
18th*



Meet with an MSJC College Representative,
May 3, 2022



MSJC
Mt. San Jacinto College

**Apply to MSJC
& learn how to
register for fall
2022 classes!**

COLLEGE VISIT

MSJC is coming to **Murrieta Mesa High School!** Get help completing MSJC steps to enrollment and gain early MSJC registration.

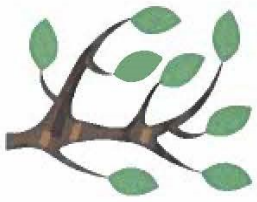
Date: **May 3, 2022**

Time: **9:28 AM and 11:24 AM**

Where: **MMHS Career Center**

For more information email;

Outreach@msjc.edu



Summer Reading & Writing Skills

Programs for Preschoolers
Through Entering 11th Graders



Designed and taught by instructors from
the Institute of Reading Development

Offered in partnership with
UC San Diego Extension

UC San Diego
EXTENSION

Phonics

Fluency

Comprehension

Love of Reading

Program for 4-Year-Olds and Entering Kindergartners

In this fun summer program, your child will learn to read. Children learn letter recognition, beginning phonics, and easy sight words. Your child will learn to read simple words and short sentences and will get excited about books and reading.

Program for Entering 1st Graders

In this fun summer program, your child will learn to read independently. Children learn phonics and sight words and build comprehension skills. Your child will develop a love of books and reading and get off to a great start in first grade.

Program for Entering 2nd Graders

In this fun summer program, your child will become a confident fluent reader. Children build solid phonics and word-attack skills and develop reading fluency and strong comprehension. Your child will develop a love of books and reading and get off to a great start in second grade.

Program for Entering 3rd Graders

In this fun summer program, your child will become a strong, enthusiastic reader. Children improve reading fluency and develop excellent comprehension. They build long-word decoding skills and expand their vocabulary. Your child will gain confidence, develop a lifelong love of books and reading, and get off to a great start in third grade.

Comprehension

Writing

Textbook Skills

Vocabulary

Reading Speed

Programs for Entering 4th and 5th Graders

In these fun and effective programs, your child will become a skilled, enthusiastic reader and a better writer. Students develop strong comprehension skills in fiction, nonfiction, and textbooks. They expand their vocabulary and learn to read more fluently and rapidly.

Students learn effective techniques that improve writing skills and build confidence. Your child will complete homework and writing assignments more quickly and easily, get better grades, and enjoy reading more.

Programs for Entering 6th, 7th, 8th, 9th, 10th, and 11th Graders

In these effective and enjoyable programs, your son or daughter will make substantial gains in comprehension in fiction and nonfiction, learn to read twice as fast, and become a better writer. Students expand their vocabulary and learn the best way to take notes and study for tests.

Students learn effective techniques that improve writing skills and build confidence. Your child will complete homework and writing assignments more quickly and easily, get better grades, and enjoy reading more.



FOR MORE INFORMATION OR TO REGISTER

Call the Institute of Reading Development at

1-800-715-1498

Mon.-Fri. 5am-6pm, Sat. 5am-4pm, and Sun. 7am-3pm

Source Code: 100-12-61753

The great books, inspiring teachers, and effective live online instruction your child needs to become a strong reader!



These programs are offered in partnership with UC San Diego Extension. Programs are designed and taught by instructors from the Institute of Reading Development. Tuition varies by program level. Please ask about our family discount.



“My daughter is sounding out words on her own, and she is so excited about reading to us! She loved this program, and I was very impressed with the books and materials.”

– Parent of kindergartner

“Thanks to this program, my son is now reading independently and his confidence is through the roof. I cannot express enough how grateful I am for this program.”

– Parent of 1st grader

“Online teaching is a special set of skills, and your teachers are spot on!”

– Parent of 2nd grader

“Allison loved doing the long-word decoding lessons. Her reading skills have improved tremendously, and she is reading more challenging chapter books.”

– Parent of 3rd grader

“The teacher was phenomenal! She kept students engaged and participating, and my child was more excited about reading as the weeks went on.”

– Parent of 4th grader

“Patrick’s comprehension has really improved, and he loved the books. I’ve recommended this to other parents.”

– Parent of 5th grader

“The lessons were fun and easy to follow. It is much easier for me to study and take notes now. I don’t put off studying until the last day because I know I can get through it fast.”

– 7th-grade student

“I liked tracking my reading speed and seeing it go up from week to week. I used to not like to read because it was too time-consuming, but now it’s easier to finish.”

– 9th-grade student

Weekend and weekday schedules available!



UC San Diego
EXTENSION

FOR MORE INFORMATION OR TO REGISTER

Call the Institute of Reading Development at

1-800-715-1498

Mon.-Fri. 5am–6pm, Sat. 5am–4pm, and Sun. 7am–3pm

INQUIRE EARLY! CLASS SIZE IS LIMITED.





NCAA INFORMATION NIGHT

**JOIN US FOR OUR NCAA ELIGIBILITY
INFORMATION MEETING.**

TUESDAY MAY 3RD, 2022

**Murrieta Mesa High School
GPAC**

Time: 6:00-7:00pm

**PRESENTED BY
MESA COUNSELING DEPARTMENT**

**COACH OSCAR MCBRIDE
MESA HEAD FOOTBALL COACH**

**DR. JENNIFER BURLESON
ATHLETIC COUNSELOR AND STUDENT-ATHLETE SUPPORT PROGRAM
COORDINATOR**