



Virtual Parent Training Series

Understanding Behavioral Needs

Aggression? Noncompliance? School refusal? Withdrawal? Behavior outbursts?

MVUSD parent trainings are free and designed as a series with each workshop complementing the other. Registration is required. Each workshop will begin with a group lesson then will be divided into smaller breakout rooms for individualization and parent discussion. All trainings are facilitated by the Murrieta Valley USD Behavioral Health Team.

TO REGISTER, SCAN THE QR CODE OR VISIT [MVUSD.TICKETLEAP.COM\BEHAVIOR](https://mvusd.ticketleap.com/behavior)



MAKING CONNECTIONS

Learn ways to connect with your child through intentional interactions, active listening and open communication.

FEB 17 11a-12pm
OR 5p-6p

MAR 10 11a-12pm
OR 5p-6p

EXAMINING BEHAVIOR

Take a closer look at the behaviors you would like to change, including defining the behavior and identifying the frequency and intensity.

REINFORCING POSITIVE BEHAVIOR

Learn strategies for reinforcing the behaviors you want to see, including use of reinforcement systems, verbal praise and token economy.

APR 7 11a-12pm
OR 5p-6p

APR 28 11a-12pm
OR 5p-6p

DETERMINING REASONS

Take a closer look at when the behavior is happening and explore possible reasons the behavior is occurring.

TEACHING NEW SKILLS

Learn strategies for teaching the skills you want to see your child use in a proactive and systematic way.

MAY 19 11a-12pm
OR 5p-6p

FOR QUESTIONS OR ASSISTANCE, PLEASE EMAIL TLOCKHART@MURRIETA.K12.CA.US