Digestion and Respiration

> MMHS Anatomy Chitraroff

Definitions

- Catabolism: Breakdown reaction of large to small molecules. (=digestion)
 → releases energy (ATP created)
- Anabolic : Synthesis reaction (=creation)
 → requires energy (ATP used)
- Metabolism : Sum reactions of <u>catabolism</u>
 & <u>anabolism</u>.

Digestion and Respiration



Respiration Reaction (=Burning the Food)

Glucose + Oxygen (Reactants)

(Reaction) ----->

CO2 + H2O + Heat (Products)

ATP is Ubiquitous!

- ATP surplus can be used for cellular activities like...
- 1. Active Transport of materials
- 2. Muscle Contraction
- 3. Waste Removal
- 4. Thought / Brain Activity
- 5. Maintaining Homeostasis