

Ventral Muscle O.I.A

NAME _____
 PER _____ DATE _____

	Origin	Insertion	Action
Superficial Muscles			
Pectoantebrachialis			
Pectoralis major			
Pectoralis minor			
Xiphohumeralis			
Abdominal Muscles			
Rectus abdominus			
External oblique			
Internal oblique			
Transversus abdominis			
Deep Muscles			
Serratus ventralis			
Transverse costarum			
Scalenus dorsalis Scalenus medialis Scalenus ventralis			
Subscapularis			
Levator scapulae			
External Intercostals			