R.E.A.C.H.

<u>ResourcesExpandingAccesstoCommunityHelp</u>

Serving South Riverside County and surrounding cities: Corona & Moreno Valley & Hemet & Perris & Sun City & Lake Elsinore Menifee & Wildomar & Murrieta & Temecula & Fallbrook



Acknowledgements

About the Guide...

The information that has been included in this community guide comes from countless sources across the South Riverside County area, gathered by graduate students enrolled in EDCO 528, *Community, Family, and School Collaboration*. Offered through the Murrieta branch of Azusa Pacific University (APU), this course is part of the Masters of Arts in Education: Educational Counseling and Pupil Personnel Services Credential.

South Riverside County is a rapidly growing area and as educators focused on the needs of students and families within this community, we were charged with the important task of bringing free and low-cost resources from the South Riverside County area together into one comprehensive guide.

Thank You...

We would like to thank every community member who fielded questions and offered information, which eventually resulted in this publication.

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Resource Area Map

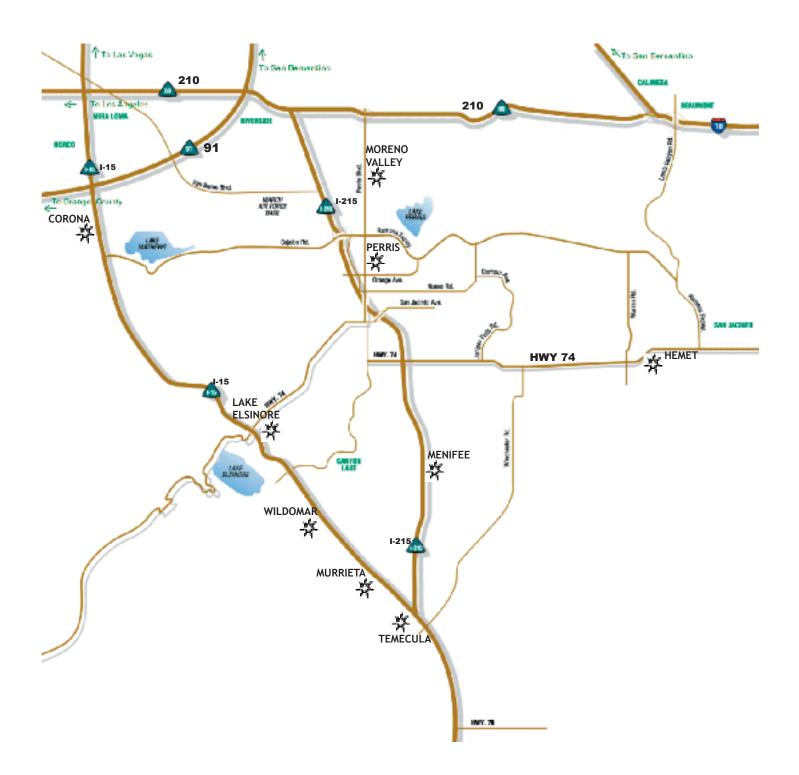


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Hotline Help Numbers

Abuse Issues

Alternative to Domestic Violence 1-800-339-7233

Cocaine Hotline: 1-800-252-6465

National Alcohol/drug abuse Hotline: 1-800-252-6465

ASAP Family Treatment: 1-800-367-2727

Substance abuse Helpline: 1-800-662-4357

Medical Issues and Mental Health

Stop Smoking Hotline: 1-800-No-Butts

Child abuse: 1-800-442-4918

Hepatitis Help Line: 1-800-390-1202

STD (Sexually Transmitted Diseases) National Hot Line 1-800-227-8922 (8:00 AM to 11:00 PM Eastern Standard Time)

National Information Center for Children and Youth with Disabilities: 1-800-695-0285

Teen Helpline: 1-800-400-0900 National Breast Cancer Hotline: 1-800-221-2141 Espanol: 800-986-9505

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Southwest Healthcare Systems

Mission Statement

The mission of Southwest Healthcare System is to deliver high quality, cost-effective, coordinated health care services to the communities we serve. We accomplish this mission by providing unsurpassed skill and service excellence to each patient, physician, co-worker and visitor.

Inland Valley Medical Center

36485 Inland Valley Drive Wildomar, CA 92595 (951) 677-1111

Rancho Springs Medical Center

25500 Medical Center Drive Murrieta, CA 92562 (951) 696-6000

www.ivrmc-rsmc.com

Services Provided:	
Blood Bank	
Cardiopulmonary	

Diabetes Management

Obstetrics/Gynecology

Gastroenterology

Physician Referral

Maternity

Orthopedics

Pharmacy

Radiology

Surgery Urology Transfusion-Free (Bloodless) Medicine Case Management Emergency Medicine Laboratory Services Nuclear Medicine MRI Otolaryngology (Ear, Nose, Throat) Physical Therapy Podiatry Speech Therapy Trauma Care

Languages Spoken: English, Spanish, Tagalong, Interpreter services available

Cost/Fees: Major Insurances Accepted, Medicare, Medi-Cal, Cash

Summary

Southwest Healthcare System serves the entire community with their professional staff that includes the Medical Staff, Nursing Staff, Pastoral Services, Dietitians, Housekeepers, Volunteers and Other Personnel (technicians, technologists, and therapists, accountants, engineers, medical record specialists, secretaries, food service workers, and others). Along with the medical services provided at Southwest Healthcare Systems, the hospitals also provided interactive internet programs to lose weight, exercise, eat healthy, quit smoking, manage diabetes and manage stress. To obtain this information visit their website.



Valley Health System

Menifee Valley Medical Center 28400 McCall Blvd. Sun City, CA 92586 (951) 679-8888 http://www.valleyhealthsystem.com/menmain.htm Hemet Valley Medical Center

1117 E. Devonshire Ave. Hemet, CA 92543 951) 652-2811 http://www.valleyhealthsystem.com/hemmain.htm

Moreno Valley Community Hospital

27300 Iris Ave. Moreno Valley, CA 92586 (951) 243-0811

http://www.valleyhealthsystem.com/mormain.htm

Mission Statement: Valley Health system is committed to improving the health and quality of life in our communities with care, compassion and respect.

Services:	
Blood Bank	Transfusion-Free (Bloodless) Medicine
Cardiopulmonary	Case Management
Diabetes Management	Emergency Medicine
Gastroenterology	Laboratory Services
Maternity	Nuclear Medicine
Obstetrics/Gynecology	MRI
Orthopedics	Otolaryngology (Ear, Nose, Throat)
Pharmacy	Physical Therapy
Physician Referral	Podiatry
Radiology	Speech Therapy
Surgery	Trauma Care
Urology	

Languages Spoken: English, Spanish, Interpreter services available

Cost/Fees: Major Insurances Accepted, Medicare, Medi-Cal, Cash **Summary:** Valley Health System serves the entire community with their professional staff that includes the Medical Staff, Nursing Staff, Pastoral Services, Dietitians, Housekeepers, Volunteers and Other Personnel (technicians, technologists, and therapists, accountants, engineers, medical record specialists, secretaries, food service workers, and others). Visit website for further information.





Fallbrook Hospital 624 E. Elder St. Fallbrook, Ca 760-728-1911 www.fallbrookhospital.com

Mission Statement: We are dedicated to providing personalized, caring, and efficient service to patients, with total satisfaction as a top priority.

Professional Contact: Human Resources

Services Provided: 24-Hour Emergency Room

- Cardiac Rehabilitation
- Home Health/Hospice
- Industrial Medicine
- Intensive Care Unit
- Mammography
- Medical/Surgical
- MRI
- Nuclear Medicine
- Obstetrics
- Occupational Therapy
- Outpatient Surgery
- Physical Therapy
- Skilled Nursing Facility
- Ultrasound
- Women's Center

Languages Spoken: English, Spanish Days/Hours of Operation: 24 hours Cost/Fees: accept private insurance, Medi-cal, Medi-caid, and cash.

Summary: At Fallbrook Hospital, we strive to provide the best in quality care. In addition to physicians and nurses, our staff is complete with patient representatives, mental and physical health specialists and an integrated network of volunteers to offer additional attention and support. Our staff shares a common goal: to make your visit to Fallbrook Hospital as comfortable as possible.



Hemet Hospice

890 West Stetson Ave. suite B Hemet, Ca 92543 951-766-9629 www.hemethospice.com

Mission Statement: At **Hemet Hospice**, we care about our patient's health, and their heart ~ how they feel, and their feelings. We believe that each and every member of a hospice patient's family be provided the emotional, spiritual and financial support needed to meet the many challenges they will be facing throughout the changes in their loved one's journey.

Professional Contact: None Services Provided: Emotional support, Spiritual support, Financial support, Warming and caring hospice care Languages Spoken: English and Spanish Days/Hours of Operation: Monday thru Saturday 9:00am-4:00pm Cost/Fees: Sliding Scale

Summary: Hemet Hospice was founded in 1979 by a group of compassionate community leaders motivated by a common concern for terminally ill patients and their families. Their focus was on providing hospice patients with the emotional and spiritual support needed during their illness.



Hospice of the Valley

28127 Bradley Road Sun City, CA 92586 Toll Free (888) 665-0624 Local (951) 672-1666 www.hovsc.org

Mission Statement: To provide an ongoing educational program for professionals and the lay public on the methods most effective in providing help to terminally ill patients and their families. To provide a program of home care and in-patient service conducted by a team of individuals skilled in working with terminal patients and their families at all stages of the terminal illness, as well as a program of support for survivors.

Professional Contact: Denise Devincenzo

Services Provided: *HOSPICE OF THE VALLEYS* provides services wherever and whenever needed. Our goal is to keep patients in secure and familiar surroundings, whether that is a family residence, assisted living facility or skilled nursing facility. When we cannot control symptoms in these residential settings, we provide inpatient care until symptoms are well managed.

Languages Spoken: English

Days/Hours of Operation: Monday-Friday 9:00am-5:00pm

Cost/Fees: Hospice care is covered under Medicare, Medi-Cal, most private insurance plans, HMOs and other managed care organizations.

Summary: The specific purpose of *HOSPICE OF THE VALLEYS* is to provide educational, psychological, emotional, and medical assistance to terminally ill patients. Our staff consistently strives to provide information on our work to all who might benefit from our services as well as those who might want to support it.

Ramona VNA & Hospice

Ramona VNA & Hospice 890 West Stetson, Suite A Hemet, CA 92543 Phone: (951) 658-9288 or (800) LUV-RVNA Fax: (951) 765-6229

www.ramonavna.org

Days/Hours of Operation: 24 hours a day

Services Provided:

Home Health services include:

Skilled Nursing:

Home Health Aide Physical Therapy Occupational Therapy Speech Therapy Medical Social Work Registered Dietitian

Hospice:

Hospice care is a special program for patients whose illness cannot be cured. Patients who request Hospice care no longer wish to continue treatment for their illness, but elect to receive comfort (palliative) care. Ramona VNA & Hospice provides these services to patients in their homes or places of residence.

Languages Spoken: English and Spanish

Cost/Fees: Varies, Medicare does pay for home health and hospice

Summary:

Ramona VNA & Hospice's experienced, highly trained home care and hospice staff services provides high-quality care for patients in the comfort of their own home. Their experienced, highly trained home care and hospice staff services the Hemet, Sun City and Temecula Valleys in Riverside County, California.



Inland AIDS Project

28125 Bradley Road, Suite 295, Sun City, California 92586

951-246-7659 www.inlandaidsproject.org

Mission Statement: IAP will continue to be a leader in the Inland Empire area of Southern California in providing services for persons living with HIV/AIDS, as well as families and friends affected by HIV/AIDS. IAP is committed to continuous quality improvement in its service design and delivery.

Professional Contact: None Services Provided: Case Management, Mental and Behavioral Health Treatment, Substance Abuse Counseling, Housing Opportunities and Assistance, Home Care, Transportation, Education Languages Spoken: English and Spanish Days/Hours of Operation: Wednesday and Thursday only Cost/Fees: Sliding Scale

Summary: IAP will advocate for the rights and needs of individuals with HIV/AIDS, IAP will also continue its outreach to the area, encouraging HIV testing for all residents at risk for exposure, and offering prompt treatment and support for those found seropositive. IAP is further dedicated to reducing stigma - a major barrier to accessing services, especially for communities of color - and to outreach by educating the general public as to the causes, effects, and treatment of HIV/AIDS through work with schools, health agencies, and other organizations. Additionally, the agency will work aggressively to build greater awareness of the availability of programs and services for persons living with HIV/AIDS.



Baby Safe Surrender Locations: Any Hospital or Fire Station

Hours: 24 Hours a Day

Cost/Fees: FREE

Summary: If you live in California, you have until your baby is three days old (72 hours) to safely surrender him or her. Take the baby to an emergency room or fire station and hand the baby to someone. Tell him or her "This is a Baby Safe surrender infant." Then leave. No charge

Planned Parenthood

Mission Statement

The mission of Planned Parenthood of San Diego & Riverside Counties is to ensure broad public access to reproductive healthcare through direct service, education, and advocacy. Planned Parenthood believes in the fundamental right of each individual to manage his or her fertility, regardless of the individual's income, marital status, race, ethnicity, sexual orientation, age, national origin, or residence. We believe that respect and value for diversity in all aspects of our organization are essential to our well-being. We believe that reproductive self-determination must be voluntary and preserve the individual's right to privacy. We further believe that such self-determination will enhance the quality of life, family relations, and population stability.

Riverside Clinic

3772 Tibbetts Riverside, CA 92506 1-888-743-PLAN (7526) http://www.plannedparenthood.org/

Days/Hours:

 Monday
 8:00 am--5:00 pm

 Tuesday
 8:00 am--7:30 pm

 Wednesday
 8:00 am--4:00 pm

 Thursday
 8:00 am--7:30 pm

 Friday
 8:00 am--5:00 pm

 Saturday
 8:00 am--4:00 pm

Service Offered:

Birth Control Colposcopy Cryotherapy Emergency Contraception GYN Exams Hepatitis B Vaccinations HIV Testing & Counseling LEEP Male Services Medical Abortion Menopausal Services Pregnancy Testing & Counseling STI Testing & Treatment Surgical Abortion Vasectomy

Moreno Valley Clinic

12900 Fredrick Street Suite C Moreno Valley, Ca 92553 1-888-743-PLAN (7526) http://www.plannedparenthood.org/

Days/Hours:

Monday	8:30 am5:00 pm	
Tuesday	11:00 am7:30 pm	
Wednesday	8:30 am4:00 pm	
Thursday	11:00 am7:30 pm	
Friday	8:30 am5:00 pm	
Saturday	8:30 am4:00 pm	
Service Offered:		

Birth Control Colposcopy Cryotherapy Emergency Contraception GYN Exams Hepatitis B Vaccinations HIV Testing & Counseling Male Services Pregnancy Testing & Counseling Menopausal Services STI Testing & Treatment

Languages Spoken: English, Spanish

Cost/Fees: Various, Insurance accepted (varies)

Summary:Planned Parenthoods provides individuals with confidential, comprehensive, highquality medical services as well as comprehensive education and advocacy programs from a staff of medical professionals in clean, comfortable settings.



Birth Choice of Temecula

27488 Enterprise Cir. West #4 Temecula, Ca. 92590 Phone: (951) 699-9808 Fax: (951)699-7268 24 Hour Hotline: (800) 848-5683 www.birthchoicetemecula.com

Days/Hours of Operation: Monday- Thursday 10am to 4pm

Mission Statement: The mission of Birth Choice of Temecula is to foster a Christ-like view of human life and sexuality by offering hope and compassionate help, thus enabling positive, life-affirming choices by: Saving the lives of unborn children, Providing physical, emotional, practical and spiritual help for women and men with unplanned pregnancies, Offering support and healing to victims of past abortions, Preventing crisis pregnancies through abstinence education, Providing education to the community on issues regarding the Sanctity of Human Life.

Services Provided:

Free pregnancy tests	Information on abortion
Information on programs available to help support mothers and babies	
Information on WIC	Personal consultations
Maternity home referrals	Medical referrals
Adoption referrals	Post Abortion Healing support
Childbirth & Parenting Instruction Clothes for children up to 2 year old	S
Parenting information	Childbirth info information
Abstinence Education	STD Education
Community Speaking and Events	

Languages Spoken: English and Spanish

Cost/Fees: Free

Summary: Birth Choice of Temecula provides services to individuals regardless of denomination, race, or gender. Birth Choice provides trained counselors to assist the needs of the individual.



Healthy Families:

1-800-880-5305 Call to find a Certified Application Assistant (CAA) in your area: 1-888-747-1222 http://www.healthyfamilies.ca.gov

 Mission: Affordable Health Care for Children
 Professional Contact: Send questions by e-mail to: <u>Healthyfamilies@maximus.com</u>
 Services Provided: Medical, Dental and Vision care for children
 Languages Spoken: English, Spanish, Chinese, Korean, Vietnamese, Hmong, Farsi, Kmer, Russian, Armenian
 Days/Hours of Operation: Monday – Friday 8am to 8 pm, Saturday 8 am – 5pm
 Cost/Fees: varies by income and number of dependants and is available

Summary: Healthy Families is low cost insurance for children and teens. It provides health, dental and vision coverage to children who do not have insurance and do not qualify for free Medi-Cal. This program is sponsored by the State of California.

The Foundation for Community and Family Health

815 West Sixth Street, Suite 110 Corona, California 92882 Phone: (951) 270-0536 Fax: (951) 270-0511 http://www.communityandfamily.org

Mission Statement: Generating resources and financial assets in order to fund health-related services and enhance the health and well-being for children and families in the Corona and Norco Communities.

Professional Contact: Annie Bradberry, Executive Director

Services Provided: Free immunizations, parenting support groups, safe baby-sitting classes, parenting classes, senior health screenings, diabetes education, referrals for health and social services.

Languages Spoken: English and Spanish

Days/Hours of Operation: Monday - Friday / 8am - 5pm

Cost/Fees: Free

Summary: The Foundation for Community and Family Health is a private nonprofit organization that serves children, youth, seniors and families in the Corona, Norco and surrounding Riverside areas. It is focused on funding public programs and services that address the unmet needs in the community. The purpose behind all our programs is to help our community stay healthy and informed. The organization is funded by various grants and private donations. The organization is governed by the Board of Directors and staffed by limited number of employees and volunteers. Referrals are made by members of the medical community, local school districts, collaborative partners, community health fairs, and the Children's Center. The services and resources would be suitable for all ages and social groups of low income status with a need for these specific services. The referral source for this organization was from the 2-1-1 Riverside County Volunteer Center.



Michelle's Place: Women's Breast Cancer Resource Center 41785 Elm Street, #305, Murrieta, Ca 92562 (951) 304-1280 www.michellesplace.org

Mission Statement: Offering Information and support services about breast cancer and breast health.
 Professional Contact: Kim Goodnough
 Services Provided: Emotional comfort, a listening ear, self-help and stress management classes, prothesis and wigs, low-cost or free mammograms for those eligible, and survivor network.
 Languages Spoken: English and Spanish
 Days/Hours of Operation: Monday through Friday, 9:00 a.m. - 3:30 p.m.
 Cost/Fees: Free

Summary: Michelle's Place offers a safe and caring place where women can get the support they need when dealing with this disease. The staff and volunteers are very dedicated to helping women and their families cope and get the resources they need to make it through with support.

Riverside County Community Health Agency – Department of Public Health

Health Administration Building 4065 County Circle Drive, Riverside, CA 92503 Phone: (951) 358-5000 Fax: (951) 358-4529 TDD: (951) 358-5124 http://www.rivcoph.org

Mission Statement: The Riverside County Department of Public Health promotes and protects the health of all County residents and visitors in service of the well-being of the community. **Professional Contact**: Susan D. Harrington, M.S., R.D., Director

Services Provided: offers an array of public services to those who qualify. The following service include;

Bioterrorism Preparedness & Response Children's Medical Services Disease Control Emergency Preparedness and Response Family Care Centers Health Promotion & Professional Development HIV/AIDS Program	Child Health & Disability Prevention Community Outreach (Health Care Services) Emergency Medical Services Epidemiology & Program Evaluation Family Planning Healthy Families Injury Prevention
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Maternal, Child & Adolescent Health	Medi-Cal
Medical Marijuana Program	Nutrition/Women Infant & Children (WIC)
Other Services: Industrial Hygiene, Public Health La	boratory, Public Health Nursing, & Vital Records



Languages Spoken: English and Spanish Days/Hours of Operation: Monday – Friday / 8am – 5pm Cost/Fees: Free, sliding scale, insurance

Summary: The goal of RCDPPH is to deliver public health and medical services within a responsive and effective system.

Riverside County Family Care Centers

Corona Family Care Center

505 S. Buena Vista, Suite 101 Corona Ca, 92882 Clinic: (951) 272-5445 Days/Hours: Mon-Fri 7:30am-5pm

Hemet Family Care Center 880 N. State Street Hemet, Ca 92543

Clinic: (951) 766-2450 Days/Hours: Mon-Fri 7:30am-5pm

Lake Elsinore Family Care Center

2499 E. Lakeshore Drive Lake Elsinore, Ca 92530 Days/Hours: Mon-Fri 7:30am-5pm Clinic: (951) 471-4200

Perris Family Care Center

273 North D Street Perris, Ca 92570 Days/Hours: Mon-Fri 7:30am-5pm Clinic: (951) 940-6700

Temecula Neighborhood Healthcare

41002 County Center Drive, Building B Temecula, Ca 92591 Days/Hours: Mon-Wed: 7 am to 7:30 pm Thur-Fri: 7 am to 4:30 pm Clinic: (951) 600-6300

Appointments: 1-800-720-9553

Mission Statement:

The Riverside County Department of Public Health promotes and protects the health of all County residents and visitors in service of the well-being of the community.

Languages Spoken:

English Spanish Services: Primary caref family planning pregnancy testing and counseling comprehensive perinatal care cancer screening sexually transmitted disease adult and pediatric immunizations tuberculosis clinic, tuberculosis skin testing well child care nutrition emergency contraception Costs/Fees:

Healthy Families, Various Insurance Plans, Medi-Cal, Medicare, MISP, Presumptive Eligibility, Private Pay

Summary: The Physicians and Practitioner Riverside County Family Care Centers of team up with medical assistants and office staff to provide professional affordable healthcare to the neighboring communities. Riverside County Family Care Centers provides free teen clinics (designated times).

Fallbrook Family Health Center Community Health Systems, Inc.

Fallbrook, CA 92028 Phone: Medical: (760) 728-3816 Dental: (760) 451-2912 Women's Health Center: (760) 728-4561 http://www.chsica.org

Mission Statement: To provide efficient, low cost, discounted, cost effective, high quality health and dental care to the surrounding community, especially to those who otherwise could not afford healthcare services.

Summary: Fallbrook Family Health Center serves the community of Fallbrook with a Medical, Dental, Women's Health, Optometric, and Mental Health. It is part of a larger non-profit 501 (c) (3) organization, Community Health Systems, Inc. Established from the roots of Inland Empire Community Health Center in Bloomington, CHSI has grown with community health centers in the counties of Riverside, San Bernardino, and San Diego. Services are offered to the neediest in each community - the un-insured and under-insured, the working poor, those with limited ability to pay, the homeless, and the indigent.

Professional Contact: Jennifer Phillips, Director of Operations (951) 588-0861

Services Provided: Medical, Dental, and Women's Health Clinic. Other services include Optometric and Mental Health.

Languages Spoken: English and Spanish

Cost/Fees: discounted (sliding fee scale) rates for those who qualify.

Medical Clinic 617 East Alvarado Street Fallbrook, CA 92028 Monday-Friday 8am to 5:30pm Saturday 8am to 12:30 noon

Dental Clinic

593 E. Elder, Ste. B Fallbrook, CA 92028 Monday-Friday 8am to 5:30pm

Women's Health Center

325 North Brandon Road, Suite D Fallbrook, CA 92028 Monday-Friday 8am to 5:30pm



Littlefield Physical Therapy

27525 Enterprise Cir W 101c Temecula, CA 92590 951-676-7693 http://www.littlefieldphysicaltherapy.com/ email: littlefieldpt@msn.com

Mission Statement:

We aspire to inspire! Knowing that a child's work is play - our therapy focuses on meaningful activities that are developmentally appropriate, motivating and success oriented to promote independence, increase

participation, enhance learning opportunities and ease care giving.

Professional Contact: Melissa or Peter Littlefield

Services Provided: Physical Therapy: Specialize in Pediatric Physical Therapy and children with special needs.

Languages Spoken: English and Spanish.

Days/Hours of Operation: M-F 8:00am – 8:00pm

Cost/Fees: varies per need and insurance coverage

Summary: Littlefield Physical Therapy is a 100% physical therapy owned, and are dedicated to maximizing development by utilizing skilled therapists that value a family's lifelong goals and needs. They provide comprehensive, quality home-based and community-based therapeutic interventions for children, adolescents and young adults with musculoskeletal, neurological and developmental issues. They utilize evidence based medicine to enhance motor function such as neurodevelopmental techniques, motor leaning, motor control, manual techniques, strengthening and range of motion activities, sensory integration, functional training, Hippotherapy (physical therapy with the use of a horse), aquatic therapy, promotion of health and wellness and caregiver education and support. They can also help families to navigate the complex system of government and privately sponsored programs as well as work with many insurance companies to assist in funding services.

Care-Rite Vocational service

40880 County Center Dr. Suite M Temecula, CA 92591 951-719-3377 web-site: N/A

Mission Statement: Care-Rite is a small, Family owned, caring company whose goal is to accurately assess each individual's capabilities, potential and needs by pursing a challenging plan of action that will help each individual increase their level of independence. We believe that all individuals should be treated with respect, positive interaction and individuality.

Professional Contact: Kathy or Bradley Gilpin Services Provided: Personal Management Job Re

Job Readiness

Work skills Social Development Household Management Academic skills Self thinking skills Languages Spoken: English Days/Hours of Operation: Mon-Fri 8:00am-4:00pm Cost/Fees: Free

Summary: Care-rite offers skill training to help enable individuals in their pursuit of independence. Care-Rite is a community-based program. For a referral to Care-Rite please contact your county regional center service coordinator or social worker.



Reins 4461 S. Mission Rd. Fallbrook, Ca 92028 760-731-9168 www.reinsprogram.org

Mission Statement: The mission of REINS is to provide physical, mental, and emotional therapy to a wide range of disabled children and adults through the use of carefully supervised horseback riding.

Professional Contact: None **Services Provided**: They provide riding lessons for children with disabilities, they also provide games and social events.

Languages Spoken: English Days/Hours of Operation: open seven days a week Cost/Fees: monthly fee of \$80

Summary: Riding Emphasizing Individual Needs and Strengths (**REINS**) provides physical, mental, and emotional therapy to a wide range of disabled children and adults through the use of carefully supervised horseback riding. Our therapeutic horsemanship program serves disabled children and adults from San Diego, Orange, and Riverside counties. The rhythmic motion and warmth of the horse stimulates and exercises the rider's muscles increasing mobility the pelvis, hip, and spine. The rider experiences weight shift and trunk mobility as if he were walking on his own. As the horse and rider progresses through their different gaits, the rider experiences a wide range of sensory input. At a walk, the rider benefits from the calming effort of the rhythmic, three-dimensional movement. As the horse moves to a trot, the rider's alertness is increased, his posture aligned, and he becomes more aware of his own body. Riders respond to this movement. During the lesson, activities and exercises take place to encourage speech, identify objects, and sequence multiple tasks. Students also participate in games and socialize with other students.

Career Services

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Regional Occupational Program (ROP)

Riverside County Office of Education 3939 Thirteenth Street Riverside, California 92501 Phone: (800) 606-4001 (951) 826-6450



http://www.rcoe.k12.ca.us/divisions/sps/programs/ropindex.html

Mission Statement: The mission of the Riverside County Regional Occupational Program is to prepare a diverse population, 16 years of age and older, for further education, employment and occupational changes.

Services Provided: ROP can help you get the experience needed to get a job of your choice, or help you upgrade your skills, or to train in a completely new field. Student Services Representatives (SSR) provide career guidance, aptitude and interests testing and educational and occupational information. High school students may contact the SSR at the local high school campus. Adults may contact the Career Resource Center at (800) 606-4001.

Courses Offered: Not all courses are offered at every site or during every semester. Please see current schedule on the website. Several of the health related courses require applicants to complete a general skills assessment. Please call the ROP office for availability of exams.

Agribusiness

Landscape Design and Construction Plant and Soil Science **Arts & Communications Digital Imaging and Design** Graphics Technology/Printing Occupations Television/Video Production **Business & Marketing** Banking and Financial Services Floral Design Small Business Management and Ownership/ **Career Preparation & Development** Career Training for Transition **Consumer & Human Services Animal Health Occupations Child Care Occupations** Cosmetology **Fire Service Occupations** Hospitality Occupations Law Enforcement

R.E.A.C.H.

Continued...

Restaurant Occupations Retail Fashion Merchandising R etail Sales/Marketing Sign Language Health & Medical Hospital Community Health Services **Dental Assisting Dental Assisting Registered** Dentrix Dental X-Ray Technician **Emergency Medical Technician (EMT)** Medical Assisting – Clinical Medical Assisting – Administrative Front Office Medical Billing Medical Terminology Nurse Assistant Sports Therapy and Fitness Industry & Technology Air Conditioning/Heating Auto Collision & Refinishing Automotive Technology I Automotive Technology II Construction/Cabinet Making Construction Technology Landscape Design & Construction Manufacturing Technology/Machine Shop **Masonry Occupations** Welding Certification Welding Occupations Information Technology Certified Internet Webmaster **Cisco Network Training Computer Information Systems Office Occupations/Word Processing** Science & Technology Computer Aided Drafting Computer Repair

Days/Hours of Operation: Office Hours Monday-Friday 8 AM –4 PM. Courses are offered at a variety of times and locations. Please refer to the most current list on the website.

Cost/Fees: There is no tuition fee for high school students. Unless exempt, adults pay a \$20.00 registration fee. Students may incur some costs for books, uniforms, protective equipment, supplies, medical/legal clearances, and state certification exams as required by the specific courses of study.

Summary: The Riverside County ROP is an accredited publicly funded career/technical-training program. Each year, the program serves more than 21,807 high school students and adults in more than 553 class sections in 43 career areas and more than 2,000 local businesses, hospitals, offices, restaurants, day-care centers and other places of employment. Classes are open to all students, 16 years of age or older, regardless of sex, race, creed, marital status, or physical handicap. Priority is given to high school seniors, then juniors, followed by persons 16 years of age or older, and adults. Some classes have special requirements and/or age prerequisites. **Public High School Students:** Contact the Guidance Department on your high school campus to register for classes.

Employment Development Department: Riverside Workforce Development

http://www.edd.ca.gov/eddhome.htm http://www.rivcojobs.com/default.asp

Riverside

1161 Spruce Street Jobseekers: 951 955-2200 Employer: 951 955-2200 Employers Fax: 951 955-2220 **Corona** 237 W. River Road Jobseekers: 951 340-4036 Employers: 951 340-4036 Employers Fax: 951 734-5783 **Hemet** 1025 North State Street Jobseekers: 951 791-3500 Employers: 951 791-3543

Temecula

41002 County Center Drive, Suite 205 Main Number: 951 600-6000 Fax: 951 600-6005

Mission Statement: The Employment Development Department promotes California's economic growth by providing services to keep employers, employees, and job seekers competitive.

Services Provided:

The EDD Job Service provides employers with:

- · re-employment services for dislocated workers;
- labor market information for planning business expansion, relocation, and future hiring;
- focused recruitment for new business ventures or facilities needing a large number of specialized workers in a hurry;
- locally coordinated work force preparation services.

The EDD Job Service also provides job seekers with:

• job search training workshops that teach the skills needed to find and keep a job;



referral to partner agencies that provide other employment related services, including training.

Languages Spoken: English and Spanish are spoken at the Riverside, Corona, Hemet and Temecula offices.

Days/Hours of Operation: Monday-Friday 8 AM -5 PM

Cost/Fees: Services and workshops are free

Summary: The EDD offices provide job seekers with workshops to create resumes, improve interviewing skills and to build computer competency, etc. The EDD offices also provide computers, telephones, typewriters, and fax machines free of charge to those using the equipment for job seeking endeavors. The EDD offices also provide a direct link to job placement and referrals, unemployment insurance, disability insurance, employment and training, labor market information, payroll taxes, and more! Much of the information can be found on the website if client has access to the web.

Planet Youth: A Workforce Development Center

400 Graham, Lake Elsinore, CA 92530 951 471-8415

Professional Contact: Mary Jo Ramirez, Program Director
Services Provided: job training, college prep, GED prep courses, tutoring, internships, etc.
Languages Spoken: English and Spanish
Days/Hours of Operation: M, F 8-5; T, W, Th 8-7; Saturdays (varying hours)
Cost/Fees: No cost for most services

Summary: Planet Youth is able to provide services for students ages 14-21 through partnerships with the California Family Life Center, the City of Lake Elsinore, Riverside County Library Literacy Program, Lake Elsinore School District, Temecula Valley Unified School District, MSJC and other businesses. Planet Youth provides students with access to jobs and internships. They help to prepare students to be productive members of society through community service. Planet Youth gives students a place to study as well.

Empower Youth: A Workforce Development Center

930 N. State Street, Hemet, CA 92543 951 765-0917

Professional Contact: Mary Jo Ramirez, Program Director
Services Provided: job training, college prep, GED prep courses, tutoring, internships, etc. Students must live in Hemet, San Jacinto, Banning, Beaumont, or Quail Valley to qualify for services from this center
Languages Spoken: English and Spanish
Days/Hours of Operation: Monday-Saturday 8 AM –8 PM
Cost/Fees: Programs and services are free of charge in most instances

Summary: This program is funded and supported by the federal, state and local governments through organizations like the Employment Development Department (EDD), RCOE, MSJC, United Way, etc; public and private grants, local businesses, local school districts, and community organizations. The services are free to the participants who must meet specific criteria. In order to qualify for services, students must be 16-21 years of age and be either a high school dropout or graduate. Students must also fall into one the following categories to be considered: low income, receive food stamps, be/been in the foster care/group home system or have a current IEP. During the summer, there are programs for students who are still in school, but they must qualify in one of the previous categories.

The Oasis: A Workforce Development Center

351 Wilkerson Ave. Suite F, Perris, CA 92570 909 657-7105

Professional Contact: Rosa Penaloza, Director
Services Provided: job training, college prep, GED prep courses, tutoring, internships, computer technology classes, arts and crafts, etc.
Languages Spoken: English and Spanish
Days/Hours of Operation: M, T 8:30 AM- 7:00 PM; W, Th, F 8:30-5:30; 3rd
Suaturday of the month 9 AM –1 PM
Cost/Fees: Most services are free or at a reduced cost

Summary: Partnering with the Arbor Education and Training, Riverside Community College District, Mt. San Jacinto Community College, Perris Unified School District and other local business, the Oasis in Perris provides a safe place for students to learn about the steps they need to take to advance their education and their educational opportunities. Students are encouraged to take advantage of the comprehensive guidance and counseling services offered. Supportive services like childcare, transportation, and clothing are also provided.



Youth Trust: A Workforce Development Center

24551 Dracaea Ave., Moreno Valley, CA 92553 951 571-4816 e-mail: yoc@mv.adminasst@verizon.net

> Professional Contact: Karla Noonan, Program Director Services Provided: career counseling and training, community services opportunities Languages Spoken: English and Spanish Days/Hours of Operation: Hours vary by season Cost/Fees: free and low cost services

Summary: Youth Trust provides services for 14-21 year old students. The majority of the services deal with job skills and employment opportunities. The center desires to focus on students that are concerned about their future and want to make positive choices.

Temporary Job Agencies by Cities

San Bernadino:

Inland Empire Job Corp Center 3173 Kerry Street San Bernardino, CA 92405 Tel: (909) 887-6305 Fax: (909) 887-8635 1-800-733-JOBS

Riverside:

Riverside Personnel Services Inc 3590 Central Avenue Suite 200 (951) 788-7900 www.riversidepersonnel.com

Manpower 7344 Magnolia Ave, Suite 275 (951) 710-1192 HYPERLINK "http://www.manpower-rv.com"www.manpower-rv.com

Corona:

Manpower 1101 California Ave. Suite 209 (951) 736-6671 HYPERLINK "http://www.manpower-rv.com"www.manpower-rv.com

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Moreno Valley:

Labor Ready 22700 Alessandro Blvd # J (951) 656-3656 www.laborready.com

Select Personnel Services 23623 Sunnymead Blvd (951) 601-9792 www.selectpersonnel.com

Hemet:

American Labor Pool Inc. 704 W Florida Ave (951) 296-2455

Labor Ready 263 E Stetson Ave (951) 658-4221 www.laborready.com

Manpower 3659 West Florida Ave (951) 658-4645 HYPERLINK "http://www. manpower-rv.com"www.manpower-rv.com

Smart Workforce Solutions 3659 W Florida Ave (951) 658-4645

Perris:

Labor Finders 4164 N Perris Blvd # C (951) 657-0700 www.laborfindersca.com

Kelly Services 1688 N Perris Blvd (951) 587-9061 www.kellyservices.com

Lake Elsinore:

East West Staffing 31796 Casino Dr (951) 674-4757

Temecula:

Apple One 26580 Ynez Rd (951) 296-5430 www.appleone.com

Go-Staff 41790 Winchester Rd (951) 296-9840 www.go-staff.com

Cutting Edge Staffing 41750 Winchester Rd # L (951) 587-0550 www.ce-staffing.com

Kelley Services

27270 Madison Ave # 300 (951) 587-9061 www.kellyservices.com

Manpower 41915 Motor Car Parkway, Ste G (951)308-2686 www.manpower-rv.com

Aerotek 27919 Jefferson Ave Ste 106 (951) 587-8620 www.aerotek.com

Select Personnel Services 26479 Ynez #D (951) 699-8376 www.selectpersonnel.com

Labor Finders 27715 Jefferson Ave #107 (951) 587- 6007 www.laborfindersca.com





Smart Workforce Solutions 41915 Car Parkway (951) 308-2686 www.smartworkforce.com

Tristaff Group 27548 Ynez Rd (951) 699-2899 www.tristaff.com

Kimco Staffing Services Inc 27450 Ynez Rd # 109 (951) 676-0586 www.kimco.com

Job Corp:

Inland Empire Job Corp Center 3173 Kerry Street San Bernardino, CA 92405 Tel: (909) 887-6305 Fax: (909) 887-8635 1-800-733-JOBS

Mission: As a national, primarily residential training program, Job Corps' meaningful jobs or further education mission is to attract eligible young adults, teach them the skills they need to become employable and independent, and place them in meaningful jobs or further education.

Services Provided: Vocational Offerings; Business Clerical, Facilities Maintenance, Tile Setter, Landscape Technician, Culinary Arts, Electronics Assembly, Surveyor Assistant I, Welder, Carpenter, Off-Center Programs.

Languages Spoken: English, Spanish

Days/Hours of Operation: Monday - Friday 8am to 5pm

Cost/Fees: no financial cost for those eligible

Summary: Job Corps is a no-cost education and vocational training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 get a better job, make more money, and take control of their lives As a national, primarily residential training program, Job Corps' mission is to attract eligible young adults, teach them the skills they need to become employable and independent, and place them in meaningful jobs or further education.

Riverside Personnel Services Inc

3590 Central Avenue Suite 200, Riverside, CA 92506 (951) 788-7900 www.riversidepersonnel.com

> **Services Provided:** Riverside Personnel Services provides temporary and temp to hire jobs. Regular full-time opportunities are available in the following areas: Staff Accountant, Accounting Clerk, Full Charge Bookkeeper, AP/AR Clerk, Payroll Clerk, Credit Collections, Data Entry / 10-key, Inside Sales / Order Desk, Network/System Administrator, Office Manager, Loan Processor, Legal Secretary, Sales Secretary, Word Processor, General Office, Receptionist, and Administrative Assistant.

Language Spoken: English

Days/Hours of Operation: Monday-Friday 8:00 AM to 5:00 PM Wednesday 8:00 AM. to 5:30 PM.

Cost/Fees: Our client firms pay all the fees. There is never a fee to the applicant.

Summary: For more than 27 years, the Inland Empire's top employers have turned to Riverside Personnel Services (RPS) to find the area's most qualified office talent. The staff is professional and well trained, and they work together to find the best opportunities for their candidates. Their goal is to save their applicants from much of the frustration and rejection that comes with knocking on doors and answering ads. One application and one interview with RPS can open the door to more than 200 of the Inland Empire's finest employers — those that value their employees.

Manpower

Offices in Riverside, Corona, Hemet, and Temecula www.manpower-rv.com



Mission Statement: We lead in the creation and delivery of services that enable our clients to win in the changing world of work.

Services Provided: Manpower seeks to link employers with both temporary and permanent employees. Manpower has client firms worldwide.

Languages Spoken: English, French, Spanish

Days/Hours of Operation: Monday-Friday 8:00 AM to 5:00 PM

Cost/Fees: Our client firms pay all the fees. There is never a fee to the applicant.

Summary: Manpower Inc. is a world leader in the employment services industry. Their global network of over 4,400 offices in 73 countries and territories allows them to meet the needs of their clients in all industry segments, whether they are global, multi-national or local companies. By offering a complete



range of services, we can help any company – no matter where they are in their business evolution – raise productivity through improved strategy, quality, efficiency and cost reduction. Manpower and its subsidiaries provide a comprehensive service offering built around the employment lifecycle. At Manpower, they help people, companies and governments make the right choices regarding employment, benefiting from what's happening now and understanding what's coming next in the changing world of work.

Labor Ready

Offices in Moreno Valley, and Hemet www.laborready.com

Mission Statement: Labor Ready is a leading multinational source of dependable labor for companies in a variety of industries. We put people to work—and in the process; enable our customers to achieve greater business success.

Services Provided: Placement in temporary/ part-time positions in the following fields: freight handling, unskilled construction, janitorial, light industrial, assembly, demolition, food processing, catering, waste hauling, fixture installation, clean up, maintenance, and warehousing

Languages Spoken: English

Days/Hours of Operation: Monday – Friday 8:00 AM to 5:00 PM

Summary: Each year, Labor Ready dispatches approximately 600,000 temporary employees to jobs in construction, manufacturing, hospitality services, landscaping, warehousing, retail and more. More than 300,000 businesses of all sizes throughout the United States, Canada and the United Kingdom use Labor Ready when they need a dependable source of labor. By fueling both individual and business growth, Labor Ready delivers a win-win: temporary employment gives customers the flexibility to quickly add reliable help on short notice and provides an honest day's pay for an honest day's work to dependable employees seeking income. Labor Ready provides temporary employees with a wide range of skills through our Labor Ready, Workforce, Spartan Staffing and CLP Resources brands.

Select Personnel Services: Moreno Valley

Offices in Moreno Valley and Temecula www.selectpersonnel.com

Services Provided: Select Staffing is known for its extra-mile service.

Employees can receive job coaching and employers are connected with employees who have the skills they are seeking.

Languages Spoken: English and Spanish

Days/Hours of Operation: Monday-Friday 8:00 AM to 5:00 PM; Applications accepted Monday through Thursday only.

Cost/Fees: All services for job seekers are free.

Summary: Founded in Santa Barbara in 1985, Select Staffing has offices nationwide and is California's largest independent staffing company. Select Staffing is also part of The Select Family of Staffing Companies, a top 10-industry leader. At Select Staffing, they believe that they "get" people. Understanding people helps them recruit

and select the right people. Understanding their clients enables them to find smart solutions for each client individually, including our industry-leading expertise in on-site services, risk management, human resources, training, and employment law. By delivering intelligent solutions and a willingness to always go the extra mile, Select Staffing puts over 50,000 people on assignment every week at over 10,000 client companies.

Kelly Services Offices in Perris and Temecula www.kellyservices.us



Mission Statement: To serve our customers, employees, shareholders and society by providing a broad range of staffing services and products.

Services Provided: The Kelly Career Network[™] provides opportunities in more than 40 industries, from the office, to the tech site, to the law firm and beyond. Clients may go into a center or sign up for an automated email agent that will notify the client when the perfect job is found.

Languages Spoken: English

Days/Hours of Operation: Monday - Friday 8:00 AM to 5:00 PM

Cost/Fees: Services are free for job seekers.

Summary: Kelly Services, Inc. is a Fortune 500 company headquartered in Troy, Michigan, offering staffing solutions that include temporary staffing services, outsourcing, vendor on-site and full-time placement. Kelly operates in 33 countries and territories. Kelly provides employment to more than 750,000 employees annually, with skills including office services, accounting, engineering, information technology, law, science, marketing, creative services, light industrial, education, and health care.

Apple One Temporary & Fulltime: Employment Services

- Office in Temecula
- www.appleone.com



Services Provided: Potential employees can search through thousands of currently available jobs, and apply right online. They may also post a resume so that all of the companies Appleone represents can have access to their information. A newsletter is published to keep the lines of communication open and provide job-seeking skills. For employers or potential employers, Appleone has a resource center.

Languages Spoken: English and Spanish

Days/Hours of Operation: Monday-Friday 8:00 AM to 5:00 PM

Cost/Fees: All services for job seekers are free.

Summary: AppleOne was founded in 1964 and built on the policy of helping quality individuals achieve their employment goals. Over time, AppleOne has grown to become one of the largest employment specialists in North



America AppleOne has established offices and affiliates throughout the United States and Canada, to ensure there will be an office conveniently located for their clients. As a privately-held business, Appleone grows through the development of each company-owned location. Appleone's employment services range from temporary assignments to direct hire positions. The company specializes in finding the great jobs that fulfill the personal and professional goals of career seekers. They capitalize upon decades of human resources experience and excellent service to help their valued associates achieve their career objectives.

Go-Staff

Office in Temecula (951) 296-9840 www.go-staff.com

Mission Statement: Go-Staff, Inc. is a family-owned and operated full service (white-blue collar) staffing service. Go-Staff provides executive level direct placement to temporary daily construction helpers. Go-Staff offers competitive rates, quality employees and superior customer service.

Services Provided: Go-Staff provides a variety of services, which includes dependable staff to help in the following categories: temporary, temp to hire, long term temporary, direct placement and payroll services.

Languages Spoken: English and Spanish Days/Hours of Operation: Monday - Friday 8:00 AM to 5:00 PM Cost/Fees: Services are free for all job seekers

Summary: Go-Staff has experience in delivering employees with the exact skills that businesses need. From entry-level to senior-level professionals, they offer qualified employees in a full range of skills for the staffing needs of all local companies seeking employees.

Cutting Edge Staffing

Office in Temecula (951) 587-0550 www.ce-staffing.com

Services Provided: Cutting Edge excels in servicing the following industries: gaming, hotel/entertainment, finance and accounting, technology, healthcare, human resources, manufacturing, sales and marketing, engineering, administrative, warehouse and general labor.

Languages Spoken: English and Spanish Days/Hours of Operation: Monday - Friday 8:00 AM to 5:00 PM Cost/Fees: Services are free for job seekers.

Summary: Cutting Edge Staffing is an executive search and staffing firm that specializes in recruiting top candidates for local businesses. Their recruiters work exclusively to identify, evaluate and attract qualified candidates in all areas of employment. Each of their recruiters possesses a special knowledge of particular industries and functions, which is used to capitalize on the quality and effectiveness of the search assignment on which they work. Each recruiter uses a variety of techniques to penetrate every appropriate market and industry. All candidates are prescreened.

R.E.A.C.H.

Aerotek - Temecula Staffing Location

Office in Temecula (951)587-8620 www.aerotek.com



Mission Statement: Aerotek is a leading provider of technical, professional and industrial recruiting and staffing services. Aerotek has a long history of customized recruiting and placement solutions that continually place the best candidates at all levels of skill and expertise.

Services Provided: Aerotek offers three types of employment services: Contract Placement, Contract-to-Hire Placement, and Direct Placement. **Languages Spoken:** English

Days/Hours of Operation: Monday - Friday 8:00 AM to 5:00 PM **Cost/Fees:** All our employment services are free to job seekers.

Summary: Aerotek offers a direct line to an impressive roster of Fortune 1000 client companies. With Aerotek, clients have access to opportunities that might not otherwise be known. There are many advantages to their employment services. Aerotek recruiters work directly with the client, discussing talents, job criteria and career goals. They take the same amount of time to understand the companies they work with so they're able to pair the client with the optimal match.

Tristaff Group

Office in Temecula (951) 699-2899 www.tristaff.com

Mission Statement: To provide effective staffing solutions to our customers with expedient quality service: the first time, on time, all the time.

Services Provided: Tristaff offers temporary, temp-to-hire and direct hire positions with a wide variety of employers ranging from successful start-up companies to Fortune 500 firms. They have jobs in all areas: biotech, construction, high-tech, e-commerce, customer service, healthcare, legal services, publishing, retail, and manufacturing. The jobs range from entry level administrative all the way to the executive level.

Languages Spoken: English and Spanish

Days/Hours of Operation: Monday - Friday 8:00 AM to 5:00 PM

Cost/Fees: All our employment services are free to job seekers

Summary: Since 1983 Aerotek has been providing the highest quality technical and professional personnel to a wide range of industries and clients, including 95% of the Fortune 500. Aerotek is a part of Allegis Group, the second largest staffing company in the United States, and sixth largest staffing company in the world. They serve a wide range of technical, professional and industrial staffing markets in the U.S., Canada and Puerto Rico. With a national network of hundreds of offices and global network of affiliates, clients can rely on the expertise of their experienced team of professional recruiters.

Kimco Staffing Services Inc.

Office in Temecula (951) 676-0586 www.kimco.com

Mission Statement: We are a world-class provider of staffing solutions, committed to dynamic and enduring partnerships with clients and associates. We accomplish this while upholding exemplary standards of integrity, service, innovation, and social responsibility.

Services Provided: Kimco connects employees to a tremendous range of local options and opportunities, all with the support and resources of a world-class organization. They find jobs for thousands of job seekers every year.
 Languages Spoken: English
 Days/Hours of Operation: Monday - Friday 8:00 AM to 5:00 PM

Cost/Fees: All our employment services are free to job seekers.

Summary: Kimco has been connecting thousands of high-quality candidates with world-class companies for over 20 years. Their professionally trained and dedicated Recruiting Specialists are experts in the industries they represent. Their innovative recruiting practices, commitment to technology, and in-depth quality screening and testing ensure candidate skills and experience fit the job. At Kimco, they are so passionate about satisfying their clients; they even guarantee their work! It's this powerful combination of exceptional quality and assurance that delivers what their clients and associates need.

Riverside Community College

www.rcc.edu

Job Placement Center Locations, Contact Information and Hours:

Riverside City Campus

4800 Magnolia Ave Riverside, CA 92506-1299 Tech A, Room 104 Monday - Friday, 8 am - 4:30 pm (951) 222-8480

Moreno Valley Campus

16130 Lasselle Street Moreno Valley, CA 92551-2045 Student Services Building, Room 209 Monday, Wednesday 8:30 am - 12:30 pm Tuesday, 8:30 am - 4:30 pm Thursday, 1 pm - 5 pm (951) 571-6414



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Norco Campus 2001 Third Street Norco, CA 92860-2600 Student Services Building, 2nd Floor Monday - Wednesday, 8 am - 4 pm Thursday, 8 am - 6 pm Friday, 8 am - 1 pm (951) 372-7043

Mission Statement: The Riverside Community College District is accessible and comprehensive, committed to providing an affordable post-secondary education, including student services and community services, to a diverse student body. The District provides transfer programs paralleling the first two years of university offerings, pre-professional, career preparation, and occupational and technical programs leading to the associate of arts degree, the associate of science degree, and a variety of certificates. Consistent with its responsibility to assist those who can benefit from post-secondary education, the District provides pre-college, tutorial and supplemental instruction for under-prepared students. The District serves Western Riverside County from three interrelated colleges in the cities of Riverside, Norco and Corona, and Moreno Valley.

Services Offered: The job placement center helps students or former students through job leads, referrals, job bulletins, off-campus employment, resume writing interviewing techniques, mock interviews, job counseling. There is also a lab available for students to use.

Certificates Offered: Please see the following website for a list of available certificate programs: http://www.rcc.edu/programs/index.cfm.

Cost/Fees: The current enrollment fee for California residents is set at \$20 per unit. Fees are subject to change based on pending legislation. Out-of-state residents are required to pay a nonresident tuition fee of \$173 a unit plus the \$20 per unit enrollment fee.

Summary: Serving more than 19,000 students each semester, Riverside City College provides students with a wide range of choices including associate's degree programs, transfer to a four-year college or university, or career certificates that prepare them to enter the workforce. Riverside City College is home to strong programs in liberal arts, science, performing arts, the School of Nursing and athletics. Students may work to transfer to a four-year university, receive an Associate's of arts or science degree, or complete a certificate program.

Mt. San Jacinto College

www.msjc.edu

San Jacinto Campus (SJC)

Counseling Center 1499 N. State Street San Jacinto, CA 92583 Phone: (951) 487-3255 FAX: (951) 654-3945 Monday: 8:00 AM - 7:00 PM Tuesday: 8:00 AM - 5:00 PM Wednesday: 8:00 AM - 5:00 PM Thursday: 8:00 AM - 7:00 PM



Continued...

Friday: 8:00 AM - 12:00 PM

Menifee Valley Campus (MVC)

Counseling Center 28237 La Piedra Rd. Menifee, CA 92584 Phone: (951) 639-5255 FAX: (951) 672-9368 Monday: 8:00 AM - 7:00 PM Tuesday: 8:00 AM - 5:00 PM Wednesday: 8:00 AM - 5:00 PM Thursday: 8:00 AM - 7:00 PM Friday: 8:00 AM - 12:00 PM

Temecula Valley Center (TVC)

Counseling Center 27645 Jefferson Ave., #108 Temecula, CA 92592 Phone: (951) 308-1059 FAX: (951) 693-5309 Monday: 12:00 PM - 7:00 PM Tuesday: 12:00 PM - 7:00 PM Wednesday: 12:00 PM - 7:00 PM Thursday: 8:00 AM - 4:00 PM Friday: 8:00 AM - 12:00 PM

Mission Statement: The mission of the Mt. San Jacinto College Counseling Center is to provide a strong commitment to facilitate students' intellectual, ethical, and social development. The Counseling Center promotes student success by providing quality professional counseling services that are responsive to students' individual needs including academic, career, transfer, personal, and crisis counseling.

Services Provided: The counseling services include: assistance to adults returning to school, interpretation of aptitude and career interest assessments, information and guidance for transfer to four-year institutions, information and guidance for the completion of MSJC certificates and associate degrees, crisis counseling and new student orientation.

Certificates Offered: Please see the following website for a list of available **Certificate programs:** http://www.msjc.edu/programs.htm

Costs/Fees: The current fee is twenty dollars a unit plus books and supplies.

Summary: Mt. San Jacinto College offers comprehensive counseling services to assist students in meeting educational, vocational and personal goals.



Social Services

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Parenting and Childcare45

Covenant House

1-800-999-9999 www.nineline.org

Services Provided: health care, education, vocational preparation, drug abuse treatment, legal services, mother/child programs, street outreach, etc.
 Days/Hours of Operation: 24 hours a day, 7 days a week

Settlement House

507 S. Vicentia Ave. Corona 92882 (951) 737-3504 www.settlementhouse.net

Mission Statement: The **Corona-Norco Settlement House** is a non-profit provider of assistance to individuals and families in crisis or with temporary financial needs in the Corona-Norco area.

Professional Contact: Sally Carlson Services Provided: Clothing, food, shelter and referrals Languages Spoken: English, Spanish Days/Hours of Operation: 10:00 AM - 5:30 PM - Monday through Friday Cost/Fees: No cost

Summary: The main forms of assistance include food, shelter, clothing, rent and referrals to other appropriate agencies. Settlement House is funded through individual and company donations, private, Federal & City of Corona grants and the United Way.

Circle of Hope: A Shelter for Families

420 Harrison St. Corona, CA 92880
(951) 278-2215
www.cohfs.org
Mission Statement: To advocate for homeless families and assist them by providing temporary shelter, case management, collaboration with the City of Corona and other service providers. Our intent is to develop mutual respect with clients and encourage each adult towards achieving self sufficiency.
Professional Contact: Jody White

Services Provided: Meal, showers, clothing vouchers, referral services, emergency shelter, 9-month transitional shelter program.
 Languages Spoken: English, Spanish
 Days/Hours of Operation: 24 hours a day, 7 days a week
 Cost/Fees: 15% of clients income, for transitional program only.

Summary: Paid staff is trained to help clients at the shelter. Volunteers man God's Kitchen, which is located within the shelter.

Catholic Charities San Bernardino

1450 North D StreetSan Bernardino, CA 92405(909) 388-1239Catholic Charities Inland Valley - Moreno Valley(951) 784-5020www.catholiccharitiesusa.org

Mission: Catholic Charities USA provides strong leadership and support to enhance the work of the local agencies in their efforts to reduce poverty, support families, and empower communities.

Professional Contact: Services Provided: Food, Shelter, Clothing, Financial assistance, Immigrant services
Languages Spoken: English, Spanish
Days/Hours of Operation: Monday – Friday 8:30 am to 4:30 pm,
Cost/Fees: none

Summary: Serving people of all faiths, Catholic Charities across the nation provide a wide array of assistance to those in need — housing, emergency services, health care, child care, adoption, and other critical services.

Community Action Partnership

2038 Iowa Avenue Suite B102, Riverside, CA 92507 P.O. Box 5760, Riverside, CA 92517 (951) 955-4900, 1-800-511-1100

Community Action Weatherization 951-955-6418 Community Action Utility Assistance 951-955-6448

www.communityaction.riversidedpss.org

Mission: The vision of the Community Action Partnership is to address the root causes of poverty and eliminate the conditions through a range of well-planned programs and services. The goal is to move families out of poverty with dignity and self sufficiency.

Professional Contact: Services Provided: Utility Assistance, Summer Heat Relief, Residential Weatherization, Utility Payment Clinics, and Resources Languages Spoken: English, Spanish

Days/Hours of Operation: Monday – Friday 8am to 5 pm;

Cost/Fees: none, must prove eligibility



Dorcas

Seventh Day Adventist Church 27025 Girard, Hemet, CA 92546 *Physical Location: Girard & Stetson Avenue* (951) 929-0895

Mission: They are supported by the Seventh Day Adventist Church and their intent is to provide essential services to families, adults, and children who lack basic resources of food and clothing within our community.

Professional Contact: Pastor Mike

Services Provided:

Emergency Food/Soup Kitchen, Clothing, Furniture and household supplies, Quilts and blankets, Referrals & Support, Community Service Program, Volunteer Program

Languages Spoken: English

Days/Hours of Operation: Tuesday Mornings 9 am to 1 pm

Cost/Fees: Non-Profit Organization

Summary: Seventh Day Adventist church supports the Dorcas Society. The main services provided are food, clothing and household products.

Valley Restart Shelter

P.O. Box 1715, Hemet, CA 92546 Physical Location: Menlo & State Street (951) 766-7476 Fax: (951) 925-0566 restart@valleyrestart.org

Mission Statement: Our mission is to provide essential services to families, adults, and children who lack basic resources to sustain themselves within our community.

Services Provided:

Emergency ShelterEmergency FoClothing vouchersPrice ParentingAnger AwarenessCase ManagerReferrals & SupportVolunteer ProgLife SkillsTough LovePre Employment ProgramTransitional FaCommunity Service ProgramNA and AA ProgStable Horizons Permanent Supportive Housing

Emergency Food/Soup Kitchen Price Parenting Classes Case Management Volunteer Program Tough Love Transitional Family Program NA and AA Program ortive Housing

Languages Spoken: English

Days/Hours of Operation: 24/7

Cost/Fees: none; this is a Non-Profit Organization

Summary:

Valley Restart exists to assist those in need of services to become self sufficient contributing members of our community. The goal is to provide emergency services to help the homeless and low-income families avoid homelessness, restart lives, and to break the cycle of homelessness. Primarily walk-in services are provided.

Menifee Valley Community Cupboard

26808 Cherry Hills Blvd. in Sun City, CA 92586 (951) 301-4414 www.mvcupboard.org

Mission Statement:

Services Provided: Emergency food, vouchers for clothing from thrift shop
Languages Spoken: English
Days/Hours of Operation: Office hours: 8AM-5PM
Cost/Fees: No cost if you are a resident of and living within the following ZIP code areas:
92584, 92585, 92586 and the Quail Valley and Cottonwood Canyon portions of 92587

Summary: The Menifee Valley CommunityCupboard is operated by volunteers, who collect donations of food from markets, organizations and individuals for redistribution to those in need. Only residents of the zip codes listed above are eligible for help, and they can only receive help 10 times a year, with at least 7 days between visits.

Community Outreach Ministries

23905 Clinton Keith Suite #114/116 Wildomar, CA 92595 (951) 698-7650 http://p2.hostingprod.com/@communityoutreachministry.org

Mission Statement: Connecting and engaging prisoners' kids and at risk youngsters to become responsible and successful citizens instead of society's costly failures of tomorrow.

Services Provided: Clothes; food to needy; summer camp scholarships;

emergency referrals; resources, services.

Languages Spoken: English and Spanish

Days/Hours of Operation: Monday-Friday, 9AM-4PM **Cost/Fees:** None

Summary: Referrals to Community Outreach Ministries come from other churches, agencies and schools. It is run by volunteers and church officials.

St. Martha's Food Pantry:

40365 Murrieta Hot Springs Road Murrieta, California 92562

(951) 677-6347

Mission: to provide canned food and non-perishable foods for families

Professional Contact: Catherine Mailliard **Services Provided:** Food and staples **Languages Spoken:** English

Days/Hours of Operation: Thrift Store: Monday, Tuesday and Friday 9am -3pm;

Wednesday-Thursday 9 am -11pm; Saturday 11am – 2pm ;*Food Pantry:* Wednesday 12:00 pm to 2: 00 pm; Thursday 9am to 11pm

Summary: St. Martha's Second Hand Treasures, sponsored by the St. Martha Catholic Parish, raises most of the money for the food bank, which is in the back of the second hand store on Murrieta Hot Springs Road.





Foundation Western Eagle Foundation

28075 Diaz Rd., Temecula 92590 (951) 995-7206 www.western-eagle.com

Mission Statement: Western Eagle Foundation is dedicated to feeding the hungry and offers a helping hand to those that are in dire need.

Languages Spoken: English, Spanish

Days/Hours of Operation: Monday-Friday, 9AM-4AM and Saturday, 8:30AM-3:00PM **Cost/Fees:** \$20 for a box of food which will feed a family of four for about a week.

Summary: Western Eagle acts as a clearing house, supplying food for thousands of shelters and soup kitchens. As many as 30 volunteers work daily to help feed the needy. A thrift shop is located on the property which generates income for the foundation.



assistance league Assistance League

28720 Via Montezuma, Temecula 92590-2510 (951) 694-8018 www.temeculavalley.assistanceleague.org

Mission Statement: Assistance League is a national nonprofit organization that puts caring and commitment into action through community-based philanthropic programs.

Professional Contact: Connie Longway Services Provided: Clothing for needy children Languages Spoken: English Days/Hours of Operation: Tuesday, 2-7, Wed.-Fri., 10-3 & Saturday, 11-2 Cost/Fees: Low or no cost to referred children

Summary: School health clerks refer needy children and their families to the Cast Away thrift shop, where the children are provided clothing. The thrift shop also helps to fund other charitable endeavors of the Assistance League, which serves Lake Elsinore, Temecula and Murrieta. The shop is staffed entirely by volunteers.

People Helping People

Temecula Valley People Helping People 40147 Holden Circle Temecula, CA 92591 (951)757-5212 www.tvphp.org

Professional Contact: Denny and Maryann Mighell
Services Provided: various needs; food, shelter, financial assistance, gifts and support
Languages Spoken: English
Days/Hours of Operation: Monday – Friday 8am to 5 pm;

Cost/Fees: non-profit; None

Summary: PHP helps children, families and seniors with special medical needs, and victims of tragedies. PHP works with 40 other organizations to provide service within the community.

Society of St. Vincent De Paul

Temecula, CA (951) 587-6752 http://svdpusa.org/

Mission: The Society collaborates with other people of good will in relieving need and addressing its causes.

Services Provided: Food programs, Emergency financial assistance, Emergency transportation, Disaster relief and victim services, Rent/mortgage assistance, Low-cost housing, Shelters for the homeless, Shelters for the abused, Assistance for victims of AIDS, substance abuse, and crime, Thrift Stores, Free pharmacy services, Employment services, Job training, Counseling/Information, Referral service, Education programs (GED), Homemaker services, Budget counseling, Nutritional education, Youth programs, Camp programs, Social justice programs, Advocacy, Twinning, foreign and domestic, Prison Ministry, Halfway houses for ex-offenders, Burial of the indigent, Embracing the lonely, forgotten, and alienated, Service to anyone in need

Languages Spoken: English Days/Hours of Operation: Monday - Friday Cost/Fees: none; religiously based

Summary: St. Vincent De Paul shares items like food, clothing, furniture, or special services: repair skills or legal, pharmaceutical, medical or healthcare assistance.

Habitat for Humanity

27475 Ynez Rd. Temecula, CA 92591 (951) 296-3362 www.habitat4inlandvalley.org

Mission Statement: "The mission of Habitat for Humanity Inland Valley, in partnership with God, is to facilitate the dream of homeownership as well as improve living conditions for those in the community."

Services Provided: Home ownership for people with low incomes.
 Languages Spoken: English, Spanish
 Days/Hours of Operation: Monday-Friday, 8-5
 Cost/Fees: No cost to apply; families have to assume low-cost mortgage upon home completion.

Summary: Staff members help families apply and qualify for the ownership of a home. The families help pay for the home by putting in "sweat equity." That is, they actually help build the home along with many volunteers from the community. Families can visit the website to keep track of home-building projects.



Fallbrook Food Pantry

1042 S. Mission Fallbrook (760) 728-7608 www.fallbrookfoodpantry.org

Mission Statement: to aid those in the community in need of food and clothing, to refer those in need of shelter and medical care, to appropriate agencies to equip clients to be self sufficient and productive members of society.

Services Provided: food and clothing and referrals for shelter/medical care Languages Spoken: English, Spanish Days/Hours of Operation: Monday-Friday, 9:30-12:30 Cost/Fees: None

Summary: Referral is by word-of-mouth and some advertising. A staff of 60 volunteers and one parttime paid employee work in many different capacities. Food assistance is given to those who qualify according to Federal guidelines for poverty level income.

Oak Grove

24275 Jefferson Avenue Murrieta, CA 92562 (951) 677-5599 www.oakgroveinstitute.com

Professional Contact: Info@oak-grove.org
Services Provided: Therapy, residential services, partial hospitalization, special education for children on IEPs.
Languages Spoken: English
Days/Hours of Operation: 24 hours a day, 7 days a week.
Cost/Fees: Varies, according to the program

Summary: Highly qualified educational and psychological professionals provide help for students with many concerns. Some children just receive therapeutic services, others board there and are schooled within the Murrieta school district, still others spend their entire day at the school, receiving therapy along with the regular school curriculum.

Troubled Teens of America

(801) 414-2465 www.troubledteensofamerica.org

Mission Statement: Troubled Teens of America is a non-profit organization formed in January of 2006, dedicated to helping parents and teens find the best-suited solutions to difficult family, educational, and behavioral issues and situations.

Services Provided: Information and help for troubled teens and their parents dealing with a myriad of problems: ADD, mental issues, teen pregnancy, etc.

Days/Hours of Operation: Website always "open"

Lifelines Family Services

(877) 723-3767 www.teenlifelines.com

Mission Statement: "Embracing the highest standards of excellence, we guide families in crisis to the finest programs for their struggling teen, offering immediate, professional and compassionate service" **Services Provided:** No-cost assessments, recommendations and

placements for troubled teens. Days/Hours of Operation: Website always "open" Cost/Fees: Varies, according to residential placement



Adolescent Family life program, Dept of public health

Corona Family Care Center (951) 272-5457 or 5470 Hemet FCC - (951) 766-2464 Moreno Valley Office - (951) 413-5364 or 5366

Perris Office - (951) 943-9561

Lake Elsinore FCC - (951) 471-4276

Temecula FCC - (951) 600-6323

http://www.rivcoph.org/mcah/mcah.htm

Mission Statement: To improve the health status of all women, infants, children and adolescents, by assuring access to quality services, particularly those services that reduce the incidence of low birth weight and premature delivery, reduce maternal and infant mortality, and reduce the incidence of preventable diseases and disabling conditions among children

Professional Contact: Shelly LeMaster/ Linda Gort supervisor case managers, (951) 354-1458

Services Provided:

- o Comprehensive assessment including domestic violence and substance abuse screening.
- o Establishment of an individual service plan (ISP).
- o Referrals for medical care, job training, education, financial assistance, legal advice, counseling, food, housing, parenting classes, childbirth preparation, family planning, and child care
- o Advocacy.
- o On-going case monitoring by case manager through monthly home and office visitation **Languages Spoken:** Bilingual services are available.

Days/Hours of Operation: vary by location

Cost/Fees: Funded by the State. No client fees

Summary:

Provides management for pregnant & parenting teens who are non-Cal Works recipients, counseling & referral to needed services, advocacy & follow-up. Assists teens who have a need for the services and who voluntarily elect to participate. Teen mothers must be under age 19 at enrollment and, if pregnant, must have decided to carry the pregnancy to term. Teen fathers may also enroll in the program. Self referrals and referrals from the community can be made by calling (951) 354-1458

Riverside County Office of Education Child Services Unit

(800) 442-4927 http://www.rcoe.k12.ca.us/divisions/cfs/programs/csoverview.html

Mission Statement: The Children's Services Unit offers federal, state and locally funded programs that help parents locate quality, accessible child care in Riverside County; provides support for child development centers; helps low income families obtain child care; provides child care while families are attending court functions; and, provides child care for children in the mental health system.

Professional Contact: any staff available Services Provided: Child Care Resource and Referral & others Languages Spoken: English & Spanish Days/Hours of Operation: M-F 8:30-4:30 Cost/Fees: no fee

Summary: This state and federally funded program assists parents in Riverside County to find quality child care near their home, work, or child's school. Child care referrals are given to any parent who lives in Riverside County from a computerized, geographically base program. The referrals are confidential and based on the parent's request: location, type of care, hours needed, ages of the children, special needs, etc. The parent is also given a brochure on Choosing Quality Child Care and a checklist on what to look for and questions to ask.

Riverside County Family Child Care Association Post Office Box 7434, Riverside, CA 92513 (951) 715-4866 * main directory



Mission Statement: The purpose is to promote community welfare through organization and education of family Child Care Providers and to assist parents seeking child care in a family child care home setting.

Professional Contact: Sherry Smith Temecula/Murrieta (951) 678-0100 Services Provided: Childcare referral service Languages Spoken: English/Spanish Days/Hours of Operation: vary Cost/Fees: free service

Summary: This is a referral organization that provides member referrals to families seeking licensed child care in a family home setting.

MVUSD Parent Center

Avaxat Elementary School Campus 24300 Las Brisas Road North, Murrieta, CA 92562 (951) 304-1623 http://www.murrieta.k12.ca.us/html/parentCenter.html

Mission Statement: The Murrieta Valley Unified School District Parent Center provides low cost parenting programs. The Parent Center was developed to provide high quality educational support services to parents, professionals, and community members living and working in Southwest Riverside County.

Services Provided: Support Groups & Parenting classes -Co-Parenting with P.R.I.C.E. Los Ninos Bien Educados, Parenting with P.R.I.C.E., Parent and Me Classes, Parent Project, Incredible Years, S.T.E.P. (Early Childhood and Teen Education), Child Health & Safety Training, Loving Solutions, First Aid and CPR
 Languages Spoken: English & Spanish Days/Hours of Operation: M-F: 9-4 closed between 12-1 daily Cost/Fees: vary
 Summary: Support groups, parenting classes, and other resources available.

National Parenting Institute

P.O. Box 1252 Temecula, CA 92593 951-694-8910 or toll free: 1-877-814-0510 http://www.teachparents.com



Mission Statement: The primary goal of NPI is to help parents learn skills that will make raising children more rewarding and successful.

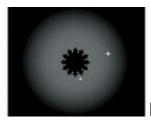
Professional Contact: Barbara Tooker Services Provided: Parenting Classes & Curriculum Languages Spoken: English (materials available in Spanish as well) Days/Hours of Operation: vary Cost/Fees: \$75 per course, scholarships are available

Summary: The institute provides classes, seminars, individual coaching, and programs that enhance parent effectiveness. Average class size is between 12-24 parents per instructor. Information on curriculum is available from AccentonParenting.com. In addition, the institute can provide knowledgeable speakers and workshop leaders. NPI's Research & Development Division keeps a constant eye on the body of work about parenting skills and provides timely information to our speakers and workshop facilitators. The Division also prepares pamphlets, special reports, and products that are made available to the public.

Mental Health Services

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Perris	51
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Lake Elsinore	52
Murrieta 5	53
Temecula	54
Fallbrook 5	57



Perkins Center for Counseling

1175 W. Grand Blvd., Ste 100, Corona, CA 92882 951-737-2142 www.perkinscenter.net

> Professional Contact: Byron R. Perkins, Psy.D. Services Provided: Individual and family therapy Languages Spoken: English Days/Hours of Operation: Monday-Saturday; 8:30am-7pm Cost/Fees: \$90/hr - \$135/hr

Summary: Perkins Center for Counseling provides counseling services for depression, trauma, individual and family therapy. Center has licensed therapists on the premises.



Koalacare of California

131 Corona Mall, Corona, CA 92879 951-817-5674

> Services Provided: Substance abuse treatment Languages Spoken: English and Spanish Days/Hours of Operation: Monday-Friday; 9am-6pm Cost/Fees: Sliding fee scale based on income and other factors

Summary: Koalacare provides services to persons with co-occurring mental and substance abuse disorders. Counselors on-site are alcohol and drug certified and there are also licensed therapists on the premises.



California Recovery Clinics of Corona

109 East 11th Street, Corona, CA 92978 951-549-8888

> Services Provided: Substance abuse treatment Languages Spoken: English and Spanish Days/Hours of Operation: Monday- Friday; 9am-6pm Cost/Fees: Sliding fee scale based on income and other factors

.**Summary:** Provide services with co-occurring mental and substance abuse disorders, senior/older adults, pregnant/post partum women, and criminal justice clients. Counselors are drug and alcohol certified and there are also licensed therapists on the premises. This resource is suitable for bicultural individuals.

County Regional Center

26520 Cactus Dr, Moreno Valley, CA 92557 951-486-4000

> Professional Contact: Marissa Lopez Services Provided: Examination to determine Child abuse Languages Spoken: English and Spanish Days/Hours of Operation: Call for an appointment Cost/Fees: No Charge

Summary: Examination to determine Child abuse, sexual assault, neglect or elder abuse. Referrals for Child Protective Services or law enforcement

Family Service Association

21250 Box Springs Rd., Moreno, CA 92557 951-686-3706

Professional Contact: Maria Murillo
Services Provided: Child Abuse Intervention/Prevention Service
Languages Spoken: English and Spanish
Days/Hours of Operation: Call for an appointment
Cost/Fees: sliding scale

Summary: Counseling for victims of child abuse and their families. When calling, a short history will be taken. Services will be provided within one week. Specialized programs for child abuse and family anger management. They also offer Parent Anonymous Support Group/Single Parent Support Group.

Our House:

41040 Acacia Ave., Hemet, CA 92544 951-766-7969

Professional Contact: Kasondra Prictchard
Services Provided: Substance abuse interventions for women and children
Languages Spoken: English and Spanish
Days/Hours of Operation: 24 hours a day, 7 days a week
Cost/Fees: sliding scale

Summary: A program especially for women and children to receive help for substance abuse problems

VIP tots

41915 Acacia Ave., Hemet, CA 951-652-7611

> Professional Contact: Kathy Bateman Services Provided: Child Development Program Languages Spoken: English and Spanish Days/Hours of Operation: Mon-Fri 6AM-8PM, Sat 8AM-4PM Cost/Fees: No Charge

Summary: Early Intervention for children with disabilities, child care and child development program, in-homehome evaluation for children at age 3, IEP placement, and positive behavior support.

Valley Resource Center:

2050 Trumble Rd. Perris, CA 92571 951-957-0609

> Professional Contact: Kim Lamti Services Provided: Counseling Languages Spoken: English Days/Hours of Operation: Mon- Fri 8AM - 5PM Cost/Fees: Sliding scale

Summary: Counseling for vocational, living skills and job placement for mentally and physically disabled. Patients may be referred by Inland Regional Center and Department of Rehabilitation.



HOPE: Help Our People Excel 27981 Bradley Road, Suite 220/230 Sun City, CA 92586 (951) 454-8475 http://helpourpeopleexcel.org

Mission Statement: The mission of Help Our People Excel Social Services is to restore, redirect and improve the lives of children, youth and families struggling in all facets of life by intervening in the home and social setting.

Professional Contact: Shawanda Long-McGuire
 Services Provided: Anger management workshops, domestic violence counseling, education advocacy, health education workshops, low income rental referrals, youth skill development, mentor/tutoring, financial counseling, mediation and P.R.I.D.E. training
 Languages Spoken: English and Spanish
 Cost/Fees: All services are offered on a sliding scale or are free.

Summary: HOPE's programs are designed to assist children and families in every aspect of life and help them restructure their current situation in order for them to achieve success in their lives. HOPE's programs are offered to everyone from all walks of life. HOPE has a board of directors spread throughout different arenas as well as a Foster Family Agency including social workers, therapists and counselors.

Department of Public Social Services

575 Chaney St., Lake Elsinore, CA 92530 951-245-3100 www.dpss.co.riverside.ca.us/dpss

Mission Statement: Our goal is to protect and improve the well-being of the individuals and families who reside in Riverside County--especially those who cannot protect themselves. We accomplish this by providing many different forms of public assistance from pre-natal Medi-Cal services for low income women to subsidized in-home care for vulnerable seniors and disabled adults.

Professional Contact: Receptionist

Services Provided: Child and adult protective services, foster care, kinship care, in-home supportive services, adoption services, curtailing abuse related to the elderly, and financial abuse and consumer fraud protection.

Languages Spoken: English and Spanish

Days/Hours of Operation: Mon-Thur 7am – 5:30pm, Fri 8am – 5pm

Summary: Temporary financial assistance, employment services, Food Stamps, and Medi-Cal are programs administered by DPSS that help individuals and families meet their needs for shelter, food, and medical care during a time of financial hardship. Our internationally recognized welfare-to-work program provides superior employment services that have helped tens of thousands of families reach self-sufficiency through employment.

Cabarcas Counseling Services:

26359 Jefferson Ave., Murrieta, CA 902562 951-894-5044 www.cabarcas.org

Basic Information:

Professional Contact: Araceli Cabarcas Services Provided: Counseling Languages Spoken: English and Spanish Days/Hours of Operation: Monday-Friday; 7am - 6pm Cost/Fees: \$80/hr-\$120/hr

Summary: Cabarcas Counseling Services provides Christian counseling, anger and domestic abuse issues, addictions (gambling, sexual, drugs and alcohol), individual counseling, sexual abuse and survivor issues, adolescent issues and depression. Counseling services are provided by licensed therapists. Cabarcas counseling services is appropriate for all ethnical backgrounds.



In Touch Moments:

41410 Juniper St. Ste 1722, Murrieta, CA 92563 951-704-0285 www.intouchmoments.com



Mission Statement: Helping you honor the memory of your lost loved one and embrace the future with courage and dignity.

Professional Contact: Sally R. Krueger Services Provided: Grieving Process Languages Spoken: English Days/Hours of Operation: Monday- Friday; 9am-7pm Cost/Fees: \$180 2 hour minimum up to 8 people

Summary: In Touch Moments assists in the transition of the loss of a loved one in the comfort of your own home. A facilitator will explain the grieving process in detail and how every person mourns differently. Families will have the opportunity to ask difficult questions and learn to give and receive support. Facilitators have an education background in counseling and drug and alcohol studies. In Touch Moments is appropriate for individuals of all races and cultures.

Hill Alcohol and Drug Treatment

42145 Lyndie Lane, Suite 108 Temecula, CA 92591 (951) 676-8241 www.hillrecovery.com

Professional Contact: Charles "Rocky" Hill, MA, NCACII
Services Provided: Relapse prevention, psychiatric/medical supervision, drug/alcohol screening, intervention and education programs.
Languages Spoken: English
Days/Hours of Operation: Monday-Thursday 6:30-9:30pm
Cost/Fees: Inpatient treatment (usually 28 days) typically costs between \$15,000 and \$30,000. Intensive outpatient treatment (6-12 months) typically costs between \$5,000 and \$8,000. All fees are subject to change dependent upon the patient's insurance.

Summary: Hill Alcohol and Drug Treatment offers two phases of care. In Primary Care, the patient attends education/group therapy sessions three times a week. The patients also attend counseling, are drug tested, receive a workbook of assignments and are seen by the physician. In After Care, patients attend weekly group therapy sessions designed to continue the changes initiated in Primary Care. The staff at Hill Alcohol and Drug Treatment are trained professionals (from medical staff to counseling



staff), but they are all also in recovery themselves from addiction. This personal knowledge allows them to have unique insight into this disease and offer real hope.

Mental Health Clinic of Temecula 41002 County Center Drive, Ste 320 Temecula, CA 92590 (951) 600-6355 http://mentalhealth.co.riverside.ca.us



Mission Statement: Riverside County Department of Mental Health exists to provide, effective, efficient, and culturally sensitive community-based services to severely mentally disabled adults and older adults, children at risk of mental disability, substance abusers, and individuals on conservatorship that enable them to achieve and maintain their optimal level of healthy personal and social functioning.

Professional Contact: Cheryl Pfent, Psy. D. Services Provided: provide intake assessments, crisis response and crisis resolution, medications management, case management, socialization services, individual, group and family therapy. Substance abuse treatment and referrals. Languages Spoken: English and Spanish

Days/Hours of Operation: Monday-Friday 8:00am-5:00pm

Summary: The Riverside County Department of Mental Health has established a code of conduct, "Commitment to Integrity", which each employee and contractor must adhere to as a condition of employment or contractual arrangement. Although the mental health clinic focuses primarily on mentally disabled children and adults, they also have a very strong substance abuse program which offers programs such as: a 16-week outpatient treatment as well as narcotic treatment, with individual counseling and random drug testing, Mom's Perinatal Day treatment which offers relapse prevention and education on parenting. They also offer an adolescent program which includes group sessions, individual counseling and random drug testing, an aftercare program as well as a program offered in Spanish.





Novell & Novell Counseling Services

42145 Lyndie Lane, Ste. 108 Temecula, CA 92591 (951) 694-0695 www.novellcounseling.org

Professional Contact: Ben Novell and Jen Novell

Services Provided: Individual counseling, family counseling, marital couples counseling, coparenting counseling, play therapy, child abuse offender program, anger management groups for adult and adolescent males, critical incident stress debriefing, services for family law, criminal and juvenile courts, victims of physical and sexual abuse, victims of domestic violence, group therapy and parenting education.

Languages Spoken: English and Spanish

Days/Hours of Operation: Mon-Thurs 9am-9pm, Fri 9am-6pm and Sat 9am-3pm **Cost/Fees:** \$110-119 per visit with a sliding scale offered.

Summary: Novell and Novell Counseling is a full service counseling agency providing services for adults, children, and families. The staff includes both male and female licensed therapists. The services offered at Novell and Novell Counseling are numerous and applicable to students of different cultural backgrounds.

Southwest Family Counseling

27715 Jefferson Avenue, Suite 113B Temecula, CA 92590 (951) 699-3644

Services Provided: Individual and family counseling, drug and alcohol counseling, drug and alcohol abuse treatment, relapse prevention and assessment.
 Languages Spoken: English and Spanish
 Days/Hours of Operation: Monday-Thursday 9am-5pm
 Cost/Fees: sliding scale based on income and other factors.

Summary: Southwest Family Counseling offers marriage, family and individual state certified and court approved programs for drug and alcohol abuse as well as spousal/child abuse. Their counselors and staff are trained and licensed. Southwest Family Counseling would be appropriate for adults, adolescents and children. They offer their programs in both English and Spanish.

Addiction Recovery:

ADDICTION RECOVERY 31300 Rancho Community Way Temecula, CA 92590 (951) 676-3571 (951) 676-2293 FAX http://www.rainbowaddiction.com

> Professional Contact: Rancho Community Church Services Provided: Group counseling and support for addictions Languages Spoken: English, Spanish Days/Hours of Operation: Monday – Friday 8am to 5pm Meetings – Monday & Wednesday

Cost/Fees: non-profit

Summary: Christ-centered 12-Step recovery program. Support groups for all types of problems & addictions, including: food, sex, or relationship addictions, co-dependency and chemical dependency.

Sandra Graves LMFT

593 East Elder Street Fallbrook, CA 92028 (760) 723-0048

Professional Contact: Sandra Graves LMFT
Services Provided: Individual, family, marriage, child, adolescent, and adult counseling, anger management, depression, domestic violence, sexual abuse and support groups, art and play therapy, cognitive therapy, couples and group therapy, child abuse and neglect, child victims and adult survivors.
Languages Spoken: English
Days/Hours of Operation: Tues-Thurs 8:30am-8:30pm, Fri 8:30am-5:30pm, Sat 9:00am-5:

00pm

Cost/Fees: sliding scale

Summary: Sandra Graves is a licensed marriage and family counselor. The services are nondenominational and multicultural and she specializes in serving neglected and abused children. Sandra Graves offers assistance in a wide variety of areas regarding mental health.

Academics

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Northwestern Preparatory School

P.O. Box 61060 Santa Barbara, CA 93160 (800) 367-8839 Phone <u>http://www.northwesternprep.com</u> <u>PrepNWP@aol.com</u>

> **Contact:** Suzanne Durbeck, Director **Services:** A live in, civilian, preparatory school devoted to equipping potential military academy candidates with the academic, physical and personal skills necessary for success in a challenging service academy program. **Language spoken:** English

Office hours: Monday - Friday; In-house program runs August through December You may visit the facility by appointment only. This should be arranged through our office at least two weeks in advance. Our facility is used year round and drop-in visitation is not possible.

Cost/Fees: Tuition, Room, Board - \$6950.00

Summary: Our recommended two-part program is for recent high school graduates. From late August through December, students concentrate on the academic areas of English, math, and science, along with study skills and interpersonal relations. By early January, our students' Academy application packages are complete and the respective Academy Admissions Offices begin offering appointments. The second part of the program requires students to return to their home towns to attend a local Community College for a semester.

Oak Grove Institute

24275 Jefferson Avenue Murrieta, CA 92562 (951) 677-5599 Phone (951) 698-0461 Fax www.oakgroveinstitute.com

Contact: Bev Hooks, Director of Oak Grove's Day Program

Services: A 24-hour educational and residential treatment center that serves 76 children (plus an additional 80-90 day students) with a variety of psychological, social, emotional, behavioral, medical and neurological problems with concurrent behavioral difficulties, school problems, family dysfunction and alcohol or substance abuse. Many of the children have suffered physical and or sexual abuse or other traumas.

Languages spoken: English

Office Hours: Monday – Friday; 24-hour residential program **Cost/Fees:** Cost is covered by public funds



Continued...

Summary: A 24-hour therapeutic program which includes the modalities of individual therapy, process and specialized groups, family therapy, psychiatric evaluation, nursing services, medication monitoring, special education, recreational therapy and milieu therapy. The program consists of a team of clinicians comprised of psychiatrists and licensed independent practitioners (MFT, LCSW, Psy. D), as well as our nursing staff, behavior intervention specialists, teachers, milieu and activities staff that together make up the Treatment Team. A broad therapeutic repertoire of interventions, including cognitive, dynamic, behavioral, pharmacologic, family-oriented and solution-focused brief therapy are utilized. The specific interventions are based on the needs of the child, his/her clinical status, and developmental level. This allows for treatment of more psychiatrically disturbed children and adolescents.

Oak Grove is now affiliated with **Olive Crest**, a home for abused children. <u>OliveCrest.org</u>



Idyllwild Arts Academy P.O. Box 38 52500 Temecula Rd Idyllwild, CA 92549 (951) 659-2171 ext. 2223 http://www.idyllwildarts.org

Mission Statement: A high school designed to promote and advance artistic and cultural development through education in a beautiful, natural environment conducive to positive personal growth.high school.

Professional Contact: Tara Dutton

Services Provided: Idyllwild offers a disciplined, college preparatory program for grades 9-12 and post-graduates—along with world-class training in creative writing, dance, film & video, interdisciplinary arts, music, theatre, and visual arts.

Languages Spoken: English

Office Hours: Monday – Friday 9:00 a.m. - 4:00 p.m.

Cost/Fees: For 2007-2008 school year, boarding student tuition is \$42,500 (includes room and board) and day student tuition is \$27,500 (includes lunch).

Financial aid is available.

Summary: Idyllwild Arts Academy is the only art-based boarding school on the west coast. IAA belongs to, and is accredited by the California Association of Independent Schools. IAA provides pre-professional training in the arts and a comprehensive college-preparatory curriculum to a diverse student body of gifted young artists from all over the world.

Villanova Preparatory School

12096 North Ventura Avenue Ojai, CA 93023 (805) 646-1464 (phone) (805) 646-4430 (FAX) http://www.villanovaprep.org



Mission Statement: To graduate mature young adults of diverse backgrounds who express to the world the qualities of love, truth, and community.

Professional Contact: Sarah Angell, admissions
Services Provided: A coeducational preparatory school that offers both boarding and day programs for grades 9 – 12 and a sheltered English only program for English as a Second Language students.
Languages Spoken: English, English as a Second Language program
Office Hours: Monday - Friday
Cost/Fees: Boarding students \$36,200 for 2007-2008 school year.

English Immersion with support program (EIS) \$1,000 - 5,000.

Summary: Founded in 1924, Villanova is the only Augustinian co-ed boarding school in the United States. Villanova Prep employs 51 faculty, support staff, and administration to provide an outstanding community-based education for its students. Of the faculty and administration, 85% possess an advanced degree or California credential. The student-teacher ratio is 11:1, with an average class size of 15. The 2007-2008 total enrollment is 320, with approximately 30% boarding. Boarding students represent 10 countries. Villanova is located in the Ojai Valley, 80 miles north of Los Angeles and 30 miles south of Santa Barbara.

Eagles Peak Charter School 981 Vale Terrace Drive Vista, CA 92084 (866) 806-3200 (phone) http://www.eaglespeak.org

Eagles Peak - Inland Empire 43466 Business Park Drive Temecula, CA 92590 TEL 951-252-8800 TOLL FREE: 877-438-4451 FAX 951-252-8801 http://www.eaglespeakie.org





Continued...

Mission Statement: Our mission is to foster the innate curiosity of our students, empower their parents, and promote optimum learning by collaboratively developing a personalized learning program for each student.

Services Provided: To provide a place where students learn and grow in an environment of their choosing supported by a personalized curriculum tailored to their specific needs and learning style **Languages Spoken**: English and Spanish

Office Hours: Monday – Friday (could vary, please call first) **Cost/Fees:** Public school operating with public educational funds

Summary: Eagles Peak is a fully WASC Accredited Public Charter School that operates within Imperial, Orange, Riverside, and San Diego County. We currently enroll 2,100 students. Our program's philosophy is built on three aspects: direct parent involvement, abundant learning programs and opportunities, an individualized curriculum approach to learning. Eagles Peak offers a wide range of learning opportunities and programs designed to help your child aspire to his or her highest potential. Eagles Peak is a public school paid for by tax dollars. In addition, educational resource funds are allotted to an account managed by your Educational Specialist on behalf of your child. Together, you and your E.S. determine how best to use these funds for your child's education. These funds may be used to provide curriculum, computers, and other learning tools for use while attending our school. They may also be used to facilitate a variety of educational alternatives for your child.

River Springs Charter School (formerly Eagles Peak) 43466 Business Park Drive Temecula, CA 92590 (951) 252-8800

River Springs Charter School (formerly Eagles Peak) 105 North Girard Hemet, CA 92544 Beth Harper (951) 791-1061

River Springs Charter School (formerly Eagles Peak) 21465 Palomar Street, Suite 7 Wildomar, CA 92595 Jeff Lyall (951) 678-3350

Mission Statement: Our mission is to foster the innate curiosity of our students, empower theirparents, and promote optimum learning by collaboratively developing a personalized learning program for each student.

Services Provided: Eagles Peak strives to uphold parent rights and choice in education. Through choice of curriculum, teachers, and program options, parents can monitor materials

that affect their children's attitudes, values and beliefs.
Languages Spoken: English
Office Hours: Vary – please call school/center
Cost/Fees: Public school operating under public funds.

Summary: River Springs Charter School (formerly known as Eagles Peak Inland Empire) is a free, public charter school. Our philosophy centers around parent choice in education. Whether in a learning center, online, or at home, River Springs Charter School offers a wide range of learning opportunities and programs to help your child achieve his or her highest potential.

Julian Charter School (main office)

P.O. Box 2470 1704 Cape Horn Ave Julian, CA 92036 (866) 853-0003 (phone) (760) 765-3849 (Fax)

JCS Resource Center and Meeting Place

26396 Beckman Court Suite A and B Murrieta, CA 92562 (951) 677-4229 (Resource Center phone) (951) 677-9699 (Resource Centre Fax) (951) 304-3056 (Meeting Center Fax) (951) 304-3051 (Meeting Center phone) www.juliancharterschool.org

Mission Statement: Julian Charter School's mission is to provide an exemplary personalized learning program in a resource-rich environment. We are dedicated to nurturing passionate lifelong learners

Professional Contact: Sheryl McKay, site-based program director
(619) 358-9408 (phone)
Services Provided: To provide a place where students learn and grow in an environment of their choosing supported by a personalized curriculum tailored to their specific needs and learning style
Languages Spoken: English
Days/Hours of Operation: Monday - Friday

Cost/Fees: Public school operating with public educational funds

Summary: JCS is a WASC accredited public school. The school teachers are state-credentialed educators who work with parents and students to design an individual instruction plan that fits the students' learning style and educational goals. Student instructional programs may be designed to prepare the student to enter the work force or continue their education at a college of their choice. This school is publicly funded and fully credentialed to confer high school diplomas by the State of California and the Julian School District. We serve students in San Diego, Orange and Riverside Counties.



University of California, Riverside

900 University Avenue Riverside, CA 92521 951.827.1012 http://www.ucr.edu/

Mission Statement: "University of California, Riverside is a research university committed to the creation and transmission of knowledge at the highest level, and to the translation of that knowledge for the public good. Our comprehensive programs and services, excellent faculty and staff, and vibrant and attractive physical environment are designed to: provide a high quality learning environment for undergraduate and graduate students; advance human knowledge and accomplishment through research and scholarship; enhance the public good through community service and initiatives; seek preeminence among U.S. research universities, recognizing UCR's quality in every area."

Professional Contact: Robert D. Grey, Acting Chancellor

Services Provided: UCR offers bachelor degree programs in 78 majors, 50 master's degree programs, 38 Ph.D. programs and 17 state teaching credentials. The Division of Biomedical Sciences partners with UCLA to offer a path to a medical degree. University Extension offers continuing education to the community as well as English instruction to thousands of international students each year.

Languages Spoken: English

Days/Hours of Operation: Varies; admissions office hours are 8 AM to 5 PM, Monday through Friday

Cost/Fees: Varies; determined by program; estimated cost for 2006-2007 is \$ 7,317 and includes registration, undergraduate student health insurance Plan, and campus fees. Nonresident undergraduate students pay an additional \$516 in fees and \$18,168 in non-resident tuition. These figures are only an estimate and subject to change. The cost does not include fees for room / board, books/supplies, transportation, and personal expenses.

Summary: The University of California, Riverside is part of the UC system and takes pride in its numerous programs, innovative faculty members and alumni who have earned national and international recognition for their teaching and research, research opportunities, and the various extracurricular and social opportunities. Qualifications of faculty vary, but instructors are required to have a master's degree and/or PhD. Students must meet admission requirements to apply for UCR. This resource is suitable for a bicultural student and it offers some services to international students.

Riverside City College

Multiple locations; see below **Riverside City Campus** 4800 Magnolia Ave Riverside, CA 92506-1299 Tel (951) 222-8000

Norco Campus

2001 Third Street Norco, CA 92860-2600 Tel (951) 372-7000

Moreno Valley Campus

16130 Lasselle Street Moreno Valley, CA 92551-2045 Tel (951) 571-6100 http://rcc.edu/district/index.cfm

Mission Statement: "Riverside City College empowers a diverse community of learners toward individual achievement, success and lifelong learning by providing comprehensive services and innovative educational opportunities."

Professional Contact: Dr. Linda Lacy, Interim President

Services Provided: RCC offers associate degree programs and certificate programs, including vocational and technical programs as well as not-for-credit community development and personal enrichment classes for life-long learning. RCC offers courses and programs that satisfy the transfer requirements of four-year colleges and universities. Courses and programs vary by campus.

Languages Spoken: English, but some support services offered in Spanish

Days/Hours of Operation: Varies by campus; RCC (Riverside) Admissions and Records hours are Monday, Wednesday & Thursday 8 AM-6PM, Tuesday 8 AM-7PM, and Friday 8 AM-12 PM

Cost/Fees: As of summer 2007, \$20 enrollment fee per unit for California residents; non-resident tuition and enrollment fee is \$173 + \$20 per unit

Summary: Riverside City College is proud of its numerous academic programs and course offerings, student services, and student organizations, activities, and athletic programs. Riverside City College is home to strong programs in liberal arts, science, performing arts, the School of Nursing and athletics. Faculty qualifications vary by department, but for academic disciplines, a master's and/or above is required, and for vocational disciplines, an associate's and/or bachelor's or higher is required. Students must meet admission requirements to apply for RCC. This resource is suitable for a bicultural student and has some resources for English language learners.

Chapman University College

22620 Goldencrest Dr. Suite 105 Moreno Valley, CA 92553 (951) 697-0111 http://www1.chapman.edu/morenovalley/

Mission Statement: "The mission of Chapman University is to provide a personalized education of distinction that leads to inquiring, ethical and productive lives as global citizens."

Professional Contact: James L. Doti, President Services Provided: Chapman University in Moreno Valley offers an associate degree program, bachelor's degree programs, master's degree programs, credential, and certificate programs Languages Spoken: English

Days/Hours of Operation: Varies; office hours are Monday- Thursday 9 – 6, Fri. 8 - 4:30 **Cost/Fees:** Varies; depends on full or part-time status and program

Summary: Chapman is a private university that boasts about its high quality education standards, first-class faculty, small class sizes, convenient class times and locations, saying it is an exceptional educational value. Qualifications of faculty vary, but most full-time faculty members hold a Ph.D .or other terminal degree. Students must meet admission requirements to apply for Chapman. This resource is suitable for a bicultural student.

Mount San Jacinto College

San Jacinto Campus

1499 N. State St. San Jacinto, CA 92583 (951) 487-MSJC (6752)

Menifee Valley Campus

28237 La Piedra Rd. Menifee, CA 92584 (951) 672-MSJC (6752)

Temecula Valley Center

27645 Jefferson Ave., #108 Temecula, CA 92592 (951) 308-1059 http://msjc.edu/

Mission Statement: "The mission of Mt. San Jacinto College is to provide quality, educationally enriching experiences, programs and opportunities designed to empower students to serve as productive citizens in a dynamic and complex world."

Professional Contact: Jon Tyler, Interim Superintendent/President **Services Provided:** MSJC offers associate degree programs and certificate programs, including vocational and technical programs as well as not-for-credit community development and personal enrichment classes for life-long learning. MSJC offers courses and programs that satisfy the transfer requirements of four-year colleges and universities. Courses and programs vary by campus. Languages Spoken: English, but offers English as a Second Language training programs Days/Hours of Operation: Varies; enrollment services hours: Monday and Thursday 8 AM-7 PM, Tuesday and Wednesday 8 AM-5 PM & Friday 8 AM-12 PM Cost/Fees: \$20 enrollment fee per unit for California residents; \$193 enrollment fee per unit for non-residents

Summary: MSJC takes pride in its numerous programs and class offerings, committed faculty, and excellent student services. Faculty qualifications vary by department, but for academic disciplines, a master's degree and/or above is required, and for vocational disciplines, an associate's and/or bachelor's or higher is required. Students must meet admission requirements to apply for MSJC. This resource is suitable for a bicultural student and has resources for English language learners.

Azusa Pacific University Murrieta Regional Center

39573 Los Alamos Rd. Murrieta, CA 92563-5032 (877) 210-8841, (626) 815-2176, or (951) 304-3400 http://www.apu.edu/

Mission Statement: "Azusa Pacific University is an evangelical Christian community of disciples and scholars who seek to advance the work of God in the world through academic excellence in liberal arts and professional programs of higher education that encourage students to develop a Christian perspective of truth and life."

Professional Contact: Jon R. Wallace, DBA President/CEO **Services Provided:** The Murrieta Regional Center of Azusa Pacific University offers accelerated bachelor's and master's degree programs, graduate programs for master's degrees, a CLAD certificate program, education credential programs, and combined programs through which students can earn a MA.Ed.

Languages Spoken: English

Days/Hours of Operation: Office hours: Monday-Thursday, 10 AM to 8 PM, and Friday from 9 AM to 1PM

Cost/Fees: Varies; determined by program

Summary: Azusa Pacific University is a private, Christian university that takes pride in its numerous quality academic programs, excellent faculty, small classes, and has been ranked among the nation's best colleges. Qualifications of faculty vary, but most faculty members have a doctorate, first professional, or terminal degree. Students must meet admission requirements to apply for Azusa Pacific University. This resource is suitable for a bicultural student, but may not be appropriate for those who are not of Christian faith.

Concordia University

28270 Single Oak Dr Temecula, CA 92590 951-308-1485 http://www.cui.edu/

Mission Statement: "Concordia University, guided by the Great Commission of Christ Jesus and the Lutheran Confessions, empowers students through the liberal arts and professional studies for lives of learning, service and leadership."

Professional Contact: Rev. Jacob A.O. Preus, S.T.M., Th.D., President

Services Provided: Concordia University offers an accelerated bachelor's degree program, certificate programs, graduate, undergraduate programs, and an online program Languages Spoken: English Days/Hours of Operation: Monday through Friday 8:30 AM-5PM Cost/Fees: Varies by program, but as of summer 2007, for a full-time (12-18 units) undergraduate student, tuition is \$22,080.00/Annual (\$11,040.00/semester); the cost does not

includes fees for room/board, books/supplies, transportation, and personal expenses.

Summary: Concordia University is a Christian based university that boasts about its small classes, student-centered faculty and exciting majors. Faculty qualifications may vary by program, but most instructors have a terminal degree in the field in which they are teaching. Students must meet admission requirements to apply for Concordia University. This resource is suitable for a bicultural student, but may not be appropriate for those who are not of Christian faith.

Palomar Community College

1140 West Mission Road, San Marcos, CA 92069 760-744-1150 http://www.palomar.edu/

Mission Statement: "Palomar College is an educational leader committed to quality learning. We provide our community the knowledge, information, skills, and aesthetic appreciation necessary to live responsibly, effectively, and creatively in an interdependent and changing world."

Professional Contact: Robert P. Deegan, Superintendent/President **Services Provided:** Palomar College offers more than 250 associate's degrees and certificate programs, including vocational and technical programs, as well as not-for-credit community development and personal enrichment classes for life-long learning. Palomar offers courses and programs that satisfy the transfer requirements of four-year colleges and universities. **Languages Spoken:** English, but some support services are available in Spanish **Days/Hours of Operation:** Varies; admission office is open Monday through Thursday 7:30 AM-7PM

Cost/Fees: As of summer 2007, California residents pay an enrollment fee of only \$26 per credit. Out-of-state residents pay the enrollment fee plus tuition fees of \$151 per credit.

Summary: Palomar Community College is one of 108 colleges in the California Community Colleges system and eight in San Diego County. It has nine locations and has academic programs in five

divisions: Arts, Media, Business and Computer Systems; Career, Technical and Extended Education; Languages and Literature; Mathematics and The Natural and Health Sciences; and Social and Behavioral Sciences. Qualifications of faculty vary, but most instructors have at least a bachelor's degree, and some have a master's degree and/or PhD. Students must meet admission requirements to apply for Palomar Community College. This resource is suitable for a bicultural student and offers some support services to Spanish speaking students.

California State University San Marcos

333 S. Twin Oaks Valley Rd San Marcos, CA 92096 760-750-4000 http://www.csusm.edu/

Mission Statement: "California State University San Marcos focuses on the student as an active participant in the learning process." It has a vision to "become a distinctive public university known for academic excellence, service to the community, and improving learning through creative uses of technology." It is also dedicated to the values of intellectual engagement, community, integrity, innovation, and inclusiveness.

Professional Contact: Karen S. Haynes, President

Services Provided: CSUSM offers graduate, undergraduate, and credential programs. Through the Office of Extended Studies, it also offers credit and non-credit courses, certificate programs, and a program for international students.

Languages Spoken: English

Days/Hours of Operation: Varies; Office of Admissions hours Monday through Friday 8 AM-5PM

Cost/Fees: Varies; determined by number of units & program

Summary: CSUSM is part of the CSU system and takes pride in its small class sizes, student access to faculty, classes that are taught by faculty members (not teaching assistants), the writing requirement in every class, second language requirement, assignments that develop team-building skills, projects that take students into the community, and that through the academic programs, students learn to master technology. CSUSM offers a variety of majors and minors that are housed in four colleges: Colleges of Arts & Sciences, College of Business Administration, College of Education, and the School of Nursing. Qualifications of faculty vary, but instructors are required to have a master's degree and/or PhD. Students must meet admission requirements to apply for CSUSM. This resource is suitable for a bicultural student and has a program for international students.



Corona-Norco Unified School District

2820 Clarc Ave Norco, Ca 92860 951-736-5000 http://www.cnusd.k12.ca.us/

Mission Statement:

PROVIDE a quality education for all students within a secure and supportive environment. PROMOTE in all students academic excellence, social growth, and responsible decision making. PREPARE all students to lead productive lives in a diverse global community. Our Mission will be accomplished by a well trained professional staff, utilizing shared decision making, and parent and community involvement.

Professional Contact: Lee V. Pollard Superintendent Services Provided: K-12 and adult Education Languages Spoken: English and Spanish Days/Hours of Operation: 8:00-4:30 M-F Cost/Fees: None for K-12, Adult classes fee varies

Summary: Corona-Norco Unified School District has the guiding principles that the student needs are priority one, that the whole community is involved in student learning, all students can learn and be successful, and that high expectations generate high success. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.

Moreno Valley Unified School District



25634 Alessandro Blvd Moreno Valley, Ca 92553 951-571-7500 http://www.mvusd.k12.ca.us/

Mission Statement:

Moreno Valley Unified School District's mission is to prepare all students academically and socially to become productive members of society.

Professional Contact: Rowena Lagrosa Superintendent Services Provided: K-12 and alternative Education Languages Spoken: English and Spanish Days/Hours of Operation: 7:30-4:30 M-F Cost/Fees: None for K-12, Adult classes fee varies

Summary: Moreno Valley Unified School District is proud of their long history of outstanding staff that assist student achievement. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.

Hemet Unified School District

2350 W. Latham Ave Hemet, Ca 92545 951-765-5100 http://www.hemetusd.k12.ca.us/index.html

Mission Statement: The mission of Educational Services is to work as a team providing services to all schools in the Hemet Unified School District. Staff will provide leadership, coordination and support regarding curriculum, assessment, staff development, special projects and all programs within the division. Continued and on-going improvement of services is a major goal of Educational Services. "Support for Successful Learning".



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Professional Contact: Dr. Phil Pendley Superintendent Services Provided: Preschool, K-12 and alternative Education Languages Spoken: English and Spanish Days/Hours of Operation: 8:00-5:30 M-F Cost/Fees: None for K-12, Adult classes fee varies

Summary: Hemet Unified School District is proud of their growth and academic achievement. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.

Perris Elementary School District



143 East First St

Perris, Ca 92570 951-657-3118 http://www.perris.k12.ca.us/

Mission Statement:

District staff, parents and community members work together to create a strong educational program within a caring, supportive environment. They strive to enable students to become capable, fulfilled, successful and contributing members of society.

Professional Contact: Edward Agundez Superintendent

Services Provided: K-6 Education

Languages Spoken: English and Spanish

Days/Hours of Operation: 8:00-4:00 M-F

Cost/Fees: None

Summary: Perris Elementary School District is committed to preparing for future growth while maintaining an intellectually challenging and developmentally appropriate instructional program for each and every child. They are equally committed to providing an educational environment that welcomes the community into the schools. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.

Perris Union High School District



155 East Fourth St Perris, Ca 92570

951-943-6369 http://www.puhsd.org/home.aspx

Mission Statement:

The mission of the Perris Union High School District is to provide quality educational programs and meaningful opportunities which encompass the intellectual, social, emotional, and physical aspects of all students within the district and which will enable them to become productive members of society.

Professional Contact: Jonathan L. Greenberg Superintendent Services Provided: 7-12 Education Languages Spoken: English and Spanish Days/Hours of Operation: 8:00-4:30 M-Th 8:00-3:30 F Cost/Fees: None

Summary: Perris Union High School District's goal is to support each child's development intellectually, socially, emotionally, physically and morally to produce a school full of achievers as well as good and productive human beings. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.



Lake Elsinore Unified School District



545 Chaney St. Lake Elsinore, Ca 92530

951-253-7000 http://www.leusd.k12.ca.us/default.asp

Mission Statement:

Our mission is to provide equitable, world-class, educational opportunities for our diverse population of students in a safe, healthy and effective learning environment through a collaborative commitment of students, family, school district staff, and community.

Professional Contact: Dr. Frank W. Passarella Superintendent Services Provided: K-12 and adult Education Languages Spoken: English and Spanish Days/Hours of Operation: 7:30-4:30 M-F Cost/Fees: None for K-12 Adult classes fee varies

Summary: Lake Elsinore Unified School District boasts of their growth both of their community and of the Academic Performance Index scores. They also offer "magnet" schools for experiences in visual & performing arts, physical education & health, science, math & technology, and constructivism. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.

Menifee Union School District



30205 Menifee Rd Menifee, Ca 92584

951-672-1851 http://www.menifeeusd.k12.ca.us/

Mission Statement:

The Mission of the Menifee Union School District in partnership with students, families, and the changing, diverse Menifee Valley communities is to develop lifelong learners with the skills, knowledge, and desire to be respectful, compassionate, responsible, and contributing citizens by providing a highquality education in a nurturing, challenging learning environment in which all children are empowered to reach their full potential.

Professional Contact: Linda Callaway Superintendent Services Provided: K-8 Education Languages Spoken: English and Spanish Days/Hours of Operation: 7:30-4:30 M-F Cost/Fees: None

Summary: Menifee Union School District states that their goal is to educate "the whole child" including academic fitness, physical fitness, and emotional health and well-being. They are a quickly growing community and strive to stay on the cutting edge of instructional techniques and strategies. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.



Murrieta Valley Unified School District



41870 McAlby Court Murrieta, Ca 92562 951-696-1600 http://www.murrieta.k12.ca.us/index.html

Mission Statement: Our mission is to inspire every student to think, to learn, to achieve, to care.

Professional Contact: Dr. Stan Scheer Superintendent Services Provided: K-12 and adult Education Languages Spoken: English and Spanish Days/Hours of Operation: 7:30-4:30 M-F Cost/Fees: None for K-12 Adult classes fee varies

Summary: Murrieta Valley Unified School District feels they build strong and lasting relationships among students, staff, families and the community. They boast of their student-centered education, Internet and computers in every classroom, and extensive staff development opportunities. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.

Temecula Valley Unified School District



31350 Rancho Vista Rd Temecula, Ca 92592

951-676-2661 http://www.tvusd.k12.ca.us/

Mission Statement: Kids first, last, always.

Professional Contact: Carol Leighty Superintendent Services Provided: K-12 and Adult Education Languages Spoken: English and Spanish Days/Hours of Operation: 8:00-5:00 M-F Cost/Fees: None for K-12 Adult classes fee varies

Summary: Temecula Valley Unified School District is proud of their enthusiasm for learning within the district. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.



Fallbrook Union Elementary School District



Fallbrook Union Elementary School District

321 North Iowa St Fallbrook, CA 92028 760-723-7000 http://www.fuesd.k12.ca.us/

Mission Statement:

The Fallbrook Union Elementary School District is dedicated to providing opportunities for all students to achieve academic excellence and develop positive self-esteem, thus enabling them to be life long learners and contributing members in an ever-changing society.

Professional Contact: Janice Schultz Superintendent Services Provided: K-8 Education Languages Spoken: English and Spanish Days/Hours of Operation: 7:30-4:00 M-F Cost/Fees: None

Summary: Fallbrook Union Elementary School District boasts of their efforts to keep the community involved, their drive to increase performance in reading, math and visual and performing arts, staying technologically current, and their highly qualified staff. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.



2234 South Stage Coach Lane Fallbrook, CA 92088

760-723-6332 http://www.fuhsd.net/

Mission Statement:

The Fallbrook Union High School District, in partnership with the community, provides an environment which offers all students a fundamentally sound education enabling them to function effectively as citizens, parents, life-long learners, consumers, and workers in a global society.

Professional Contact: Thomas R. Anthony Superintendent Services Provided: 9-12 Education Languages Spoken: English and Spanish Days/Hours of Operation: 7:30-4:00 M-F Cost/Fees: None

Summary: Fallbrook Union High School District brags of their rigorous academics, their athletic programs, maintenance of budget, and high standards for staff and students alike. The district requires that all teaching staff be California credentialed with multiple or single subject credentials and the submission of fingerprints, resume, and letters of recommendation. All classified staff are also required to submit fingerprints as well as a resume and letters of recommendation. All staff are interviewed and carefully considered before hiring the best candidates possible to fit available positions. A student may attend the schools in this district if they live in the area or if they are accepted for district transfer. The area in which a person lives determines which school within the district the student will attend. This district is suitable and encourages the attendance of students of all cultures.



Huntington Learning Centers

Multiple locations; see below

Temecula 30520 Rancho California Road Suite 108 Temecula, CA 92591 951-695-5585

Lake Elsinore

Lake Elsinore Town Center 32275 Mission Trail, Ste M1 Lake Elsinore, CA 92530 (951) 674-8680

1-800-226-5327; see location information above for specific centers http://www.huntingtonlearning.com/web-site

Mission Statement: "To give every student the best education possible." Services Provided: Tutoring for students ages 5-17 in reading, writing, spelling, phonics, math, study skills, state testing and SAT/ACT test preparation.

Languages Spoken: English Days/Hours of Operation: Temecula center: Monday - 9:00 am to 6:30 pm Tuesday - 9:00 am to 7:30 pm Wednesday - 9:00 am to 6:30 pm Thursday - 9:00 am to 7:30 pm Friday - Closed Saturday - 9:00 am to 1:00 pm Sunday - Closed

Cost/Fees: Varies; is determined by number of subjects and tutoring services required

Summary: Huntington Learning Centers offer tutoring services provided by certified teachers. They claim that the most rewarding thing about their program is the way parents and students say it helps them develop a positive self-image, get motivated, and improve their self-esteem and confidence. Parents voluntarily enroll their children in the program. This resource is suitable for a bicultural student, but may not be appropriate for English language learners.

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Kumon

Multiple locations; see below Riverside 1051 Alessandro Blvd Riverside, CA 92508 951-653-5545

Moreno Valley 23470 Olivewood Plaza Dr. #210 Moreno Valley, CA 92553 951-485-8758

Murrieta 39525 A Los Alamos Rd Murrieta, CA 92563 909-229-9222

Temecula 27536 Ynez Rd # F-9 Temecula, CA 92591 951-695-9411

Fallbrook 1075 S Mission Rd Fallbrook, CA 760-723-8700

1-877-586-6673 http://www.kumon.com/default.asp?language=USA

Mission Statement: "Every child possesses untapped abilities and the potential to excel. The Kumon Method was developed to unlock the potential in every child."

Services Provided: Tutoring for pre-K-12 students in math, reading, and SAT preparation **Languages Spoken:** English

Days/Hours of Operation: Murrieta Center: Monday 12 PM-6:30 PM & Thursday 12 PM-6:30 PM; as Center open hours may vary, please call the center to confirm.

Cost/Fees: Varies; \$80-\$100 a month per subject at most Kumon Centers

Summary: Kumon Centers, started 50 years ago, offer tutoring services for pre-K-12 students based on a method that facilitates self-acquisition of the skills and study habits needed to improve academic performance. Kumon instructors are trained and certified through a comprehensive system which ensures that they offer the best in Kumon instruction to each student. Parents voluntarily enroll their children in the program. This resource is suitable for a bicultural student and English language learners.



Sylvan Learning Center

Multiple locations; see below Moreno Valley 12125 Day Street # M-407 Moreno Valley, California 92557 (951) 684-6591

Hemet 1505 W. Florida Ave.Ste. A Hemet, California 92543 (951) 765-1171

Temecula 26475 Ynez Road Suite 3A Temecula, California 92591 (951) 296-0850

1-888-EDUCATE (338-2283)

http://tutoring.sylvanlearning.com/index.cfm

Services Provided: Tutoring for pre-K-12 students in math, writing and reading, and homework help and guidance with study skills, including state test preparation and SAT/ACT test preparation.

Languages Spoken: English; does provide tutoring to English language learners Days/Hours of Operation:

Temecula center hours Monday, Tuesday, Wednesday, Thursday 9 AM-7PM & Friday 3:30 PM-6:30 PM

Call center for hours as it may vary

Cost/Fees: Sylvan's average hourly rates for in-center or online tutoring can vary by geography and the needs of the child. Because some Sylvan Learning Centers are locally owned and operated, you should contact the specific center you are interested in to get the most accurate information about pricing possible. For some programs, when choosing the financing option, monthly payments for in-center or online tutoring can be as low as \$88 a month.

Summary: Sylvan Learning was founded in 1979 and claims to be North America's leading provider of private tutoring for children in grades pre-K-12. Today there are more than 1,100 Sylvans conveniently located across the United States and Canada delivering personalized tutoring by credentialed teachers to students — of all ages and skills levels — in every academic subject and test preparation. Parents voluntarily enroll their children in the program. This resource is suitable for a bicultural student and English language learners.



Multiple locations; see below Corona 387 Magnolia Ave #105 Corona, CA 92879 951-270-2703

> **Temecula** 27625 Jefferson Ave Temecula, CA 92590 951-506-1125

See location information above http://www.tutorwhizusa.com/

Mission Statement: "For your child's educational enrichment"

Services Provided: Personalized instruction for pre-K -12 students in math, including algebra I & II, geometry, calculus, trigonometry, English language, comprehension, phonics, grammar, reading, writing, social studies, biology, chemistry, physics, PSAT/SAT, and CAT6 preparation Languages Spoken: English and other languages depending on available tutors Days/Hours of Operation: Monday through Thursday 12:00-8:00 & Saturday 8-1:00 Call center for hours as it may vary

Cost/Fees: Varies; determined by grade level, term, subject, and tutoring needs

Summary: TutorWhiz was formed in 1999 and provides tutoring for pre-K -12 students in many subjects. TutorWhiz takes pride in its collaboration with teachers and parents, caring and professional tutors, and affordable rates and incentive program. Tutor training varies, but all tutors are 18 or older, and are required to pass a proficiency test for the subject they are tutoring. Parents voluntarily enroll their children in the program. This resource is suitable for a bicultural student and English language learners.

Moreno Valley City Library

25480 Allesandro Blvd 951.413.3880 http://www.moreno-valley.ca.us/resident_services/library/index_library.shtml

Mission Statement: The Library and its literacy programs play an important role in the City of Moreno Valley. All Moreno Valley residents can use the library, and obtain a library card to check out materials and to use public computers.

Services Provided: Check out books, literacy program, word processors available, and online catalogue

Languages Spoken: English and Spanish

Days/Hours of Operation: Monday – Thursday: 9 AM – 8 PM Friday – Saturday: 9AM – 6 PM Sunday: 1PM – 5 PM

Cost/Fees: Library cards are free to all Riverside and San Bernardino County residents. A library card may be used to borrow materials from the Moreno Valley Public Library and other libraries in the Riverside and San Bernardino County systems.

Summary: Moreno Valley Library contributes to the purchase of books, equipment and materials, sponsoring cultural and educational programs for people of all ages, donating countless hours of volunteer time, underwriting children's summer reading programs, and constant networking with other community groups to aid the library. They also have a membership form and an Adopt-a-Book program.

Corona Public Library

650 S. Main Street Corona, California 92882 951.736.2381 http://www.coronapubliclibrary.org/

Services Provided: Check out books, CD's or DVD's, passports, children's room, study area for teens and word processors available
Languages Spoken: English and Spanish
Days/Hours of Operation: Monday – Thursday: 10 AM – 9 PM Friday: 1 PM – 5 PM Saturday: 10 AM – 5 PM Sunday: 1PM – 5 PM
Cost/Fees: Library cards are free to all Corona residents.

Summary: Corona Public Library sponsors many programs like Get a Clue @ Your Library for children through grade 6, YNK @ Your Library for grades 7 - 12 and Summer Sleuthing @ Your Library for adults. It has a section specifically for children with story time and homework help and a section designated specifically for teens with an Anime club, a study area, homework help, music, games, and college and job links.

Norco Public Library

3954 Old Hamner Rd. Norco, CA 92860 951.735.5329 http://www.riverside.lib.ca.us/artman2/publish/branches/norco.shtml

Services Provided: Check out books, CD's, DVD's, and word processors available **Languages Spoken:** English and Spanish

Days/Hours of Operation: Monday – Thursday: 10 a.m. – 8 p.m. Friday: Closed Saturday: 10 a.m. – 4 p.m. Sunday: Closed

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Norco Public Library and other libraries in the Riverside County systems.

Summary: Norco Public Library has a variety of activities to offer youth like story time and karaoke night. Library cards are free and can be used to check out library materials like books, CD's and DVD's. Other materials are available in the library like magazine and journal articles to peruse while in the library building.

Perris Public Library

163 E. San JacintoPerris, CA 92570951.657.2358http://www.riverside.lib.ca.us/artman2/publish/branches/perris.shtml

Services Provided: Check out books, CD's, DVD's, and word processors available **Languages Spoken:** English and Spanish

Days/Hours of Operation: Monday: 10 a.m. – 6 p.m. Tuesday – Wednesday 10 a.m. – 8 p.m. Thursday – Saturday 10 a.m. – 6 p.m. Sunday: 1 p.m. – 5 p.m.

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Perris Public Library and other libraries in the Riverside County systems.

Summary: Perris Public Library has a variety of activities to offer youth like story time and exploring the wonders of wildlife. Library cards are free and can be used to check out library materials like books, CD's and DVD's. Other materials are available in the library like magazine and journal articles to peruse while in the library building.



Hemet Public Library

300 E Latham Ave Hemet, CA 92543 951.765-2440, TDD: (951) 765-2447 http://www.cityofhemet.org/library/

Mission: Provide the community with the materials and services necessary for self-education, informed decision making, and recreation. Whether you're in our library in-person or online, the Hemet Public Library is "The Place to Be".

Services Provided: Check out books, CD's, DVD's, Adult literacy programs, and word processors available

Languages Spoken: English and Spanish

Days/Hours of Operation: Monday: 10 a.m. – 6 p.m. Tuesday – Wednesday 10 a.m. – 8 p.m. Thursday – Saturday 10 a.m. – 6 p.m. Sunday: Closed

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Hemet Public Library and other libraries in the Riverside County systems.

Summary: Hemet Public Library has a variety of activities to offer youth like story time and Teen Advisory Groups. Library cards are free and can be used to check out library materials like books, CD's and DVD's. Other materials are available in the library like magazine and journal articles to peruse while in the library building.

Lake Elsinore Public Library

600 West Graham Ave Lake Elsinore, CA 92530 951.674-4517 http://www.lelibraryfriends.org/

Services Provided: Check out books, CD's, DVD's, and word processors available
Languages Spoken: English and Spanish
Days/Hours of Operation: Monday, Thursday, Friday11AM to 6PM Tuesday and Wednesday 1PM to 8PM Saturday 10AM to 3PM Sunday Closed
Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Hemet Public Library and other libraries in the Riverside County systems.

Summary: Lake Elsinore Public Library has a variety of activities to offer youth like story time and reading Anime graphic novels. Library cards are free and can be used to check out library materials like books, CD's and DVD's. Other materials are available in the library like magazine and journal articles to peruse while in the library building.

Wildomar Public Library

Mission Trail Library 34303 Mission Trail Blvd. Wildomar Ca. 92595 951.471.3855 http://www.wildomarcity.com/library.html

Services Provided: Check out books, CD's, DVD's, and word processors available Languages Spoken: English and Spanish

Days/Hours of Operation: Monday 12-8, Tuesday 10-6, Wednesday 10-6, Thursday 10-5, Friday Closed, Saturday 10-2, Sunday Closed

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Mission Trail Library and other libraries in the Riverside County systems.

Summary: Mission Trail Library has a variety of activities to offer youth like story time and reading Anime graphic novels. Library cards are free and can be used to check out library materials like books, CD's and DVD's. Other materials are available in the library like magazine and journal articles to peruse while in the library building.

Sun City Public Library

26982 Cherry Hills Boulevard Sun City, CA 92586 951.679.3534 http://www.librarytechnology.org/lwc-displaylibrary.pl?RC=11470

Services Provided: Check out books, CD's, DVD's, and word processors available Languages Spoken: English and Spanish

Days/Hours of Operation: Monday- Wednesday 9 a.m – 5 p.m., Thursday 11 a.m. – 7 p.m. Friday Closed, Saturday 9 a.m.- 3 p.m., Sunday 11 a.m. – 4 p.m.

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Hemet Public Library and other libraries in the Riverside County systems.

Summary: Sun City Public Library offers library cards which are free and can be used to check out library materials like books, CD's and DVD's. Other materials are available in the library like magazine and journal articles to peruse while in the library building.



Murrieta Public Library

Eight Town Square Murrieta, CA 92562 951.304.BOOK

Services Provided: Check out books, CD's, DVD's, and word processors available **Languages Spoken:** English and Spanish

Days/Hours of Operation: Monday & Tuesday 12-8pm, Wed. & Thursday 10am-6pm, Friday and Saturday 10am-5pm

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Hemet Public Library and other libraries in the Riverside County systems.

Summary: The Murrieta Public Library provides library services to the residents of Murrieta. Primary services are acquisition and circulation of new materials and reference assistance in their use. Access to the Internet is available from public workstations.

Grace Mellman Community Library in Temecula

41000 County Center Dr. Temecula, CA 92591 951.600.6270 http://www.cityoftemecula.org/temecula/residents/libraries/temeculacountylibrary/

Services Provided: Check out books, CD's, DVD's, and word processors available Languages Spoken: English and Spanish Days/Hours of Operation: Monday 12 pm - 9 pm, Tuesday, Wednesday 10 am - 6 pm, Thursday, Friday 12-pm - 5pm, Saturday 10 am - 3 pm, Sunday closed

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Hemet Public Library and other libraries in the Riverside County systems.

Summary: The Grace Mellman Community Library is a full-service library offering a wide range of materials, programs, and services for all ages. The library's collection of over 80,000 items supports the needs of customers seeking in-depth information, leisure reading, children's books, videos, DVDs, magazines, and many other types of materials. Grace Mellman Community Library is a member of the Riverside County Library System, allowing customers access to over two million items located in county and neighboring libraries. A reference staff is on duty at all times to assist patrons, and the library offers Internet access on multiple workstations.

Temecula Public Library

30600 Pauba Rd. Temecula, CA 92592 (951)693-8900 http://www.temeculalibrary.org/

Services Provided: Check out books, CD's, DVD's, and word processors available Languages Spoken: English and Spanish Days/Hours of Operation: Monday: 10am-9pm, Tuesday: 10am-9pm, Wednesday: 10am-9pm, Thursday: 10am-9pm, Friday: 10am-6pm, Saturday: 10am-5pm, Sunday: 1pm-5pm

Cost/Fees: Library cards are free to all Riverside County residents. A library card may be used to borrow materials from the Hemet Public Library and other libraries in the Riverside County systems.

Summary: The new Temecula Public Library is located on Pauba Road overlooking the Rancho California Sports Park and adjacent to Fire Station 84. The library encompasses over 34,000 square feet. One of the many highlights of this building's design is the incorporation of a technology homework center. This space will allow for 24 workstations configured with high-speed Internet access as well as software necessary to complete various homework related tasks. In addition to this area, the Temecula Public Library has a large community room with over 2,000 square feet. This space accommodates over 200 people and will allow for special events, programs and large civic meetings. The Community Room is equipped with video conferencing capabilities to enhance educational, cultural and commerce goals well into the 21st century.

Fallbrook San Diego County Public Library

124 S. Mission Rd Fallbrook, CA 92028 (760) 728-2373 http://daphne.palomar.edu/lt100/lt197/Doug/

Services Provided: Check out books, CD's, DVD's, and word processors available Languages Spoken: English and Spanish Days/Hours of Operation: Monday 10-6, Tuesday 10-8, Wednesday 10-6, Thursday 10-8, Friday 10-5, Saturday 10-5, Sunday 1-5

Cost/Fees: Library cards are free to all San Diego County residents. A library card may be used to borrow materials from the Fallbrook Public Library and other libraries in the San Diego County systems.

Summary: The Fallbrook Library: opened in 1913 was the FIRST branch of the San Diego County Public Library system has more than 25,000 library cardholders (nearly half of all local residents) circulates over 200,000 items per year (650 items per day) has one of the highest public utilization rates in the county.

We Interpret.net

P. O. Box 250 Libertytown, MD 21762 1-877-788-8454 https://www.weinterpret.net/default.asp email: win@weinterpret.net

Mission Statement:

Our goal is to provide the best interpreting services possible. WIN is proud to be one of the most successful private agencies in the market - one customers rely on and interpreters want to work for. While we offer hundreds of experienced, certified interpreters, you'll find the responsive service and personal touch of a smaller business. And our innovative online program that allows clients and interpreters to schedule and manage their accounts is setting the standard in the industry!

Professional Contact: David Stephenson or win@weinterpret.net

Services Provided: Interpreting

Languages Spoken: Afrikaans, American Sign Language, Arabic, Armenian, Brazilian Portuguese, Bulgarian, Catalan, Chinese (Simplified), Chinese (Traditional), Croatian, Cued Speech, Czech, Danish, Dutch, Estonian, Finnish, French, French Canadian, German, Greek, Gujraei, Hebrew, Hindi, Hungarian, Indonesian, Italian, Japanese, Korean, Latvian, Lithuanian, Malay, Maraehi, Norwegian, Polish, Portuguese, Punjabi, Romanian, Russian, Serbian, Slovak, Slovenian, South American, Spanish, Swahili, Swedish, Tagala, Thai, Turkish, Ukranian, and Vietnamese.

Days/Hours of Operation: M-F 9:00 – 5:00 and some interpreters are on call for emergencies after hours

Cost/Fees: about \$75 per hour depending on location and needs

Summary: WIN has more than 300 professional interpreters available for more than 50 languages, and they specialize in American Sign Language. Their interpreters have extensive experience, including in specialized areas such as medicine, law, government and education. Each individual is rated and matched to your request as closely as possible. All of our interpreters are licensed and insured, and they have passed a background check. Most WIN associates are certified through the <u>Registry of Interpreters for the Deaf</u>, and *ALL* are bound by the <u>RID Code of Ethics</u>, which ensures confidentiality for all assignment related information.

On the Spot Professional Interpreters and Translators

PO Box 23526 Santa Barbara, Ca 93121 1-800-717-3616 <u>http://www.professionalinterpreters.com/index2.html</u> email: interpreting@otspi.com

Mission Statement:

At On-The-Spot Professional Interpreters & Translators, our mission is to provide you with accurate, reliable, and cost-effective professional interpretation and translation services -- Anytime, Anywhere, and On-The-Spot!

Professional Contact: interpreting@otspi.com Services Provided: Interpreting and/or translations for medical, legal, conferencing or other needs. Languages Spoken: American Sign Language, Armenian, Chinese (Cantonese and Mandarin), Dutch, Farsi, French, German, Greek, Hindi, Italian, Korean, Japanese, Norwegian, Portuguese, Russian, Spanish, Swedish, Vietnamese, and more. Days/Hours of Operation: Sunday-Saturday 24 hours Cost/Fees: \$95 per hour with a 2 -hour minimum

Summary: Their interpreters are specialized areas such as medical, law, technical and scientific, to name a few. If your project calls for a certain expertise, they have a network of interpreters and translators who are intimate with legal jargon and specialized medical terminology, and who have a first-hand knowledge of field-specific procedures, data, materials and forums. All interpreters are licensed and have passed a background check. On-The-Spot Professional Interpreters & Translators has been serving its clients' needs since 1989 with the mission to provide clients with cost-effective, accurate, and reliable professional interpretation and translation services. They are proud to offer their clients a diverse and encompassing, multilingual and international network of talented, professional, native-language interpreters and translators - one that can effectively serve your special needs

Sports Program Contact Numbers by City and Sport

Corona/Norco

All Sports: Parks and Community Services (951) 736-2241 http://www.ci.corona.ca.us/depts/ parks/sports.cfm

Moreno Valley

Baseball/ Softball:	Girls (5-14) 951.782.2971 Boys (5-18) 951.486.9828
Basketball:	951.413.3280 \Peewee 951.413.3280
Football:	Pop Warner (7-14) 951.924.0778 Junior All American (8-14) 951.312.9400 Flag Football (6-18) 951.413.3280
Roller Hockey:	(6-18) 951.656.1550
Soccer:	American Youth (5-18) 951.242.2976 Heat Soccer Club 951.485.6334
Track:	(6-19) 951.247.6384

http://www.moreno-valley.ca.us/resident_services/park_rec/sports_youth.shtml

Hemet

All Sports: Valley-Wide Recreation and Park District (951) 487-9234 http://www.valleywiderecre ation.org/sjcyspt.htm

Lake Elsinore

Baseball/ Softball:	Girls (5-16) 951.674.0211 Boys (4-16) 951.805.6460
Football/Cheer:	Cheer (5-14) 951.609.3691
	Boys (7-14) 951.609.3691

Boys and Girls (4-18) 951.454.7000

Swim: Boys and Girls (4-18) 951.461.6603

http://www.lake-elsinore.org/recreation.asp?cat=17&scat=0

Wildomar

Soccer:

Baseball: 951.375.1570

Soccer: 951.245.5811

http://www.wildomarwin.org/resources.htm

Murrieta

- Baseball/ Softball: Girls 951.764.6650 Boys Little League 951.696.2937 Boys Pony 951.677.7055
- Basketball: 951.461.2508
- Football: Pop Warner 951.304.2404

Junior All American 951.775-5858

Soccer: AYSO 951.304.7972

MYSL 951.677.9945

R.E.A.C.H.

Continued...

Special Olympics: 951.696.2448

Swim: Inland Gold 951.600.4598 MESA 951.461.6603

Volleyball: 888.988.7985

Water Polo: 951.600.9571

http://www.murrieta.org/services/rec/youthleagues.asp

Temecula

Baseball/Softball:	American Little League 951-302-1936 National Little League 951-694-6852 Central Little League 951-303-0693 Little League Softball 951-694-9666 PONY 951-541-0994 French Valley Softball 951-532-1603
Basketball:	Southwest Elite 951-551-8768 Temecula Youth 951-302-0925
Football:	Pop Warner 951-302-3304
Soccer:	AYSO 951-304-7972 Southwest 951-699-7972 Temecula/Murrieta 951-296-3022 TV Youth 951-676-5425
Golf:	951-506-4766
Hockey:	In-line 951-302-5827
Lacrosse:	951-678-5628
Swim:	Inland Gold 951-600-4598
	Swim and Water Polo 951-699-5526

Track/ Field: 951-894-6362

Volleyball: 951-699-9952

Wrestling: 951-302-3453

YMCA: 951-677-9622

http://www.ourtemeculaonline.com/youthsports.html