MURRIETA VALLEY HIGH SCHOOL



Keeping our families connected

MAY 2021

Letter From Our Principal









Dear Parents and Students:

The week of April 27th we began a four day a week hybrid option and we will continue this throughout the remainder of the school year. All hybrid in-person students may attend in-person four days per week, Tuesday-Friday using their current schedule. Virtual students will remain virtual. If the expanded learning time on campus does not meet your family's needs, please contact our school counselors or administration to discuss and modify to the extent possible. We are cautious to keep hybrid classes at a capacity to stay consistent with CDC guidelines. Currently about half of our students attend school in hybrid mode and half in virtual.

This has been a challenging year for many of our students We do have summer school options for students to recover credits. We encourage students/parents to contact a school counselor if a student needs these supports. Currently about 150 students have signed up for summer school.

During the month of May we have four weeks of school followed by final exam week the first week of June. Senior finals will be the week of May 24-28th, with graduation in our stadium on June 3rd. The last day of school for Freshmen, Sophomores and Juniors is June 4th. Seniors, please be sure and check our Class of 2021 Senior Events schedule for all senior activities.

Many of our athletic teams will continue deeper into the school year than normal. We are required to have limited attendance at athletic contests and are required to follow all CDC guidelines. The CIF playoffs for several sports will continue into June and some after the school year ends.

Some of our academic competitions have continued competing virtually. Despite having to perform virtually, our Virtual Enterprise, Cheerleading and Robotics teams have earned National recognition this year. Several of our video production students earned County recognition for videography.

The plan for the 21-22 school year is to return in traditional mode.

We are in this together. Together We Soar! Doing it the R.I.T.E. Way (Respect, Integrity, Teamwork, & Excellence),

Dr. Mark Pettengill, Principal Murrieta Valley High School

THE RIGHT HAWK ROUNDUP

May 2021

MORE UPCOMING DATES TO REMEMBER

- MAY TH CAP & GOWN DELIVERY & BLOOD DRIVEM
- MAY TH UNDERCLASSMEN AWARDS AM & SENIOR NIGHTHAWK AWARS PM
- MAY TH POST SIGNING DAY-HOSTED BY ASB
- MAY MR. NIGHTHAWK
- MAY SENIOR RALLY
- MAY BLOOD DRIVE
- MAY MEMORIAL DAY- NO SCHOOL

WELCOME BACK NIGHTHAWKS!!!

Nighthawk Shout Outs!!!

*MV Cheer team took 4th place in the Nation last weekend at the 2021 National High School Cheerleading Championship!!! Congrats!!!

*Congratulations to our April Student of the Month Devin Valverde!

*Congratulations to Addie Alvarez who won the California Association Student Leadership State Board Member—as our new Southern Director. Way to go, we are so proud of you!

*Congratulations to Mr. Bradley and his Robotics team! They earned their spot into the VEX World Championships May 17-29! Way to go Nighthawks!

*Congratulations to Virtual Enterprise-National Business Plan Competition -



Don't forget your parking permits!:) They are free and issued through the Student Support Center.



GO NIGHTHAWKS!

NEW LIBRARY HOURS! DAILY 7:00-3:30PM





GO TEAM!

May 2021

HTTPS //WWW.MURRIETAVALLEYNIGHTHAWKS.COM/

- Visit athletic website through the link above
- SAT May 8th & August 28th
- ACT June 12h & July 17th
- May 27th Signing Day

♦ CollegeBoard

Want to play your sport while you continue your education?
Start here by following the link above to search schools that host your sport AND what you'd like to study.

Our MV Cheer team took 4th place in the Nation last weekend at the 2021 National High School Cheerleading Championship!!! View here https://youtu.be/FUx0Y6sMIf4



NIGHTHAWK HIGHLIGHTS!!!

Let's go Nighthawks! May

- Summer camp and tryout information to be posted on the Athletics website on May 20th! Go team! *Link above.
- Be prepared and know you will need your physicals done.
- Clearance paperwork will also be on the website.
- May 27th is Signing Day! If your Senior student will be continuing their sport and education in college next year please contact Ms. Karee Mason in our athletic department so your athlete doesn't miss the opportunity to be a part of this awesome day! kmason@murrieta.k12.ca.us

GO NIGHTHAWKS!

CLASS OF 2021 SCHOOL SENIOR EVENTS

Date	Time	Event
May 4	11 a.m 12 p.m.	Cap-n-Gown Delivery and Pick-Up
May 17	5 p.m.	Senior Nighthawk Awards in Stadium
May 19	12 p.m.	Post High School Signing Day
May 20	5 p.m.	Mr. Nighthawk in the Stadium
May 21	11:30 a.m 12:30 p.m.	Senior Farewell Rally in the Stadium
June 2	12 - 2 p.m.	Graduation Practice
June 2	6-8 p.m.	Senior Sunset
June 3	3:30 p.m.	Senior Parade down Washington
June 3	6 p.m.	Graduation in the Stadium* 4 tickets per graduate *Ceremony will be live-streamed

Details for each date will be emailed to senior families as the date approaches. All public health mandates for outdoor events and graduations will be implemented for each date, including the use of face masks and maximum capacity limits



Congratulations IB Diploma Seniors on your College Acceptances! So proud of you!!!





















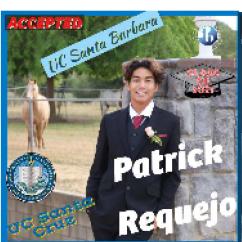


























I hope your dreams take you...
to the corners of your smiles,
to the highest of your hopes,
to the windows of your opportunities,
and to the most special places
your heart has ever known."

Mrs. Anderson, Mrs. Barr, Mr. Bunch, Mr. Diephouse, Mrs. Erbel, Mrs. Fields, Mr. Gallegos, s. Gordon, Mr. Guerrero, Ms. Inouse, Mr. Jones, Mr. Lev

Mrs. Gordon, Mr. Guerrero, Ms. Inouye, Mr. Jones, Mr. Levin, Mme. Marsolais-Johnson, Mrs. Mendoza-Montoya, Mr. Mitchell, Mrs. Nylander, Mr. Pulverenti, Mrs. Thornburg, Mr. Thornburg



ASB PRESIDENT- ADDIE ALVAREZ ASB UP-CIERRA IRWIN ASB SECRETARY-SOPHIE LOPEZ SECRETARY OF SENATE- KATE DEIGAN LINK CREW PRESIDENT- SYDNEY HIGGINSON LINK CREW UP- ALYSSA ARCE PLUS CAPTAIN-ANDON LIEU & SAM ARREGUIN **NIGHTHAWK PRIDE PRESIDENT- ANDI FRYER NIGHTHAWK PRIDE UP-ROSIE FINNEGAN COMMISONER OF PUBLICITY- JASMINE GONZALES** COMMISONER OF CLUBS & FUNDS- HANNAH BUTLER



CLASS OF 2022- VP- James Dockery

Secretary- Langley Smith

President- Noah Benavides

CLASS OF 2023- VP- Kaiya Archard

Secretary- Riley Demary

President-Izzy Dadalt CLASS OF 2024- VP- Brooke Weaver Secretary- Chavonne Velasquez

INTRO TO WELDING WORKSHOP

LEARN TO WELD: STICK, MIG AND TIG

SATURDAY MAY 15th - 8 AM TO 4:30 PM

ONLY \$399 - INCLUDES YOUR OWN WELDING GEAR PACKAGE AND LUNCH!

 Includes: ESAB Savage helmet, welding hat, welding mask, welding gloves, welding jacket, safety glasses, earplugs.

Register at:

http://www.socalwelding.com/introwelding.html



32081 Corydon St. Lake Elsinore, CA (951) 536-3809

LEARN TO WELD



An expert hand to hold

Connecting students with providers that treat mental health & substance use disorders in minutes.



Get Help

- Online therapy
- Hospitalization
- Residential inpatient treatment
- Outpatient treatment
- Detox centers
- Family Counseling

The Care Concierge team is standing by 24/7.

- Phone
- Emoil
- Video chat

✓ WeServe@CareSolace.org **888-515-0595**

Una mano experta para sostener

Conectando estudiantes con proveedores que tratan Trastornos de salud mental y abuso de sustancias en minutos.



Consigue Ayuda

- Terapia en Linea
- Hospitalización
- · Tratamiento residencial para pacientes hospitalizados
- Tratamiento Ambulatorio
- Centros de Desintoxicación
- · Consejeria Familiar

El equipo de conserjes está esperando las 24 horas al días los 7 días de la semana.

- Teléfono
- E-mail
- Video chat

✓ WeServe@CareSolace.org **888-515-0595**

MVHS HEALTH SERVICES

HEALTH ANNOUNCEMENTS FOR STUDENTS



Student Immunization Records

You can access your student's school immunization record in your Aeries Portal during the school year, and print a copy for yourself. The school record contains immunizations required for school in California. A copy of your child's immunization record may be needed if you move out of the area or transfer to another school. Graduating seniors may need a printed record to take with them to college.

We are back to school hybrid! Looking forward to a normal schedule in the near future!

Let's all be prepared and make sure your records are up to date.

FYI

Access for Wheelchair and Crutches

There are two elevators on campus. One is located in front of the gym for access to lower-level PE areas and locker rooms. The other is located in the two-story foreign language building. Both elevators require a key to operate, and keys can be checked out in the Student Services Office room 14.

Please visit our Health Services page by clicking here!

Or call us we are here to help!

in the Health Office between :00AM - 2:00PM during the week. 51- -140 ext. 525 , or 52 2 for the school Nurse.



COMMUNITY BLOOD DRIVE

Village Walk Plaza Shopping Center

Tuesday, May 4, 2021 10:00 am to 3:00 pm

Parking Lot 24422 Village Walk Place, Murrieta 92562

Appointment required sandiegobloodbank.org/donate | (619)400-8251

If you are a donor from Murrieta Valley High School please give your group code (MURH) when you check in so your school gets credit.

All donors will receive a Limited 'Future' Edition SDBB 70th Anniversary t-shirt. (sizes subject to availability and while supplies last)

Photo ID required. Arrive hydrated.





COMMUNITY BLOOD DRIVE

Barons Market - Wildomar Monday, May 24, 2021 1:00 pm to 6:00 pm

Parking Lot 32310 Clinton Keith Rd, Wildomar 92595

Appointment required sandiegobloodbank.org/donate | (619)400-8251

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Photo ID required. Arrive hydrated.





High School Senior

Welcome Amazing New MSJC Eagles!

This three-day program offers live workshops via Zoom during morning and afternoon sessions. Learn how to apply to MSJC and hear from various departments on campus, including, Financial Aid, Counseling and the First Year Experience Program. Join us as we conclude with our resource programs such as, the Accommodations Service Center (ASC), Extended Opportunities Programs & Services (EOPS), Student Government and more. Attend them all for great information!

AGENDA

Tuesday, May 11th | Application Workshop

Session 1 | 11:00am

Session 2 | 3:00pm

Wednesday, May 12th | Financial Aid & The First Year Experience Program

Session 1 I 11:00am

Session 2 | 3:00pm

Thursday, May 13th | Counseling

Session 1 | 11:00am

Session 2 | 3:00pm

Thursday, May 13th | Resource Program Informational Sessions

Accommodations Services Center (formerly DSPS) | 12:00 pm - 12:10 pm

Veterans Resource Center (VRC) | 12:10 pm - 12:20 pm

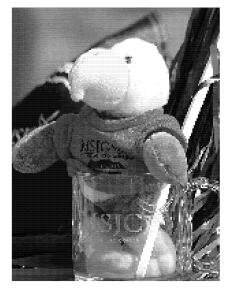
Learning Resource Center (LRC) | 12:20 pm - 12:30 pm

Extended Opportunities Programs & Services (EOPS), CARE, Guiding Light Foster Youth Program &

DREAMers | 12:30 pm - 12:40 pm

Career Education and 2+2 Business Pathway | 12:40pm - 12:50pm

Student Government Association & Clubs | 12:50pm - 1:00pm



REGISTER TODAY!

http://bit.ly/msjchsseniordays2021

Please email outreach@msjc.edu with any questions

What's Next!! Courseling Corner



Become a RCC Tiger!

Step 1: Apply- Complete RCC Online Application

Step 2: Once your online application is submitted, you'll receive information about the Online Orientation. If this is your first time applying to RCC, within one business day you will receive an official welcome email with your MyPortal information. Sign In (recd edu)

Step 3: You're now ready to register for classes. Log in through MyPortal and

- See your Abbreviated Educational Plan/Trailhead and Placement
- View your suggested first-term courses
- Find registration dates and deadlines (very important)
- Need help registering for classes? View our tutorial video on registering on MyPortal here: https://woutu.be/SPTk7P.0ur4
- For help, view the tutorial here: https://youtu.be/l.iwASaYu-lc For hands-on support, visit our Welcome Center (virtual open office hours



ACT/SAT Testing Dates

ACT:

SAT:

June 12 & July 17 May 8th & Aug. 28 Info/registration: Info/registration:

ACT.org

College Board

Resources Revolution Prep Webinars

Test prep and much more!

PALOMAR COLLEGE

Learning for Success

Still Need Help?? Contact us! We are happy to help! Mrs.Silvia Osorio, FAFSA/Sub Courselor at sosorio@murrieta.k2.ca.us

book a Virtual Meeting here. Jasmine Elizalde, Cal-Soap Coach at jelizalde@rcoe.us (909) 492-0732

The Mountains are Calling -**Study in Colorado!**

Monday, May 3, 4:30 - p.m. (MDT) The Mountains are Calling -Study in Colorado!

Palomar Preview Days

April 19 - 23, 2021 3:00 - :00 PM RSVP:

www.palomar.edu/outreach/preview



Click here to visit our library website!

NEW HOURS!

Do you need a textbook for your spring semester classes?

Or need a device to finish the year off strong?

Library is open on Mondays through
Friday from 7:00am-3:30pm
Please bring your signed agreement if
you are picking up a device.

Contact Mrs. Gaines email: kgaines@murrieta.k12.ca.us



MURRIETA VALLEY HIGH SCHOOL NIGHTHAWK NEWS



Keeping our families connected

From Our Principal continued...







Dr. P's Trivia Questions

- What are the only prime numbers that end in 2 or 5? 1.
- How many seconds are in a day? 2.
- 3. What is the most common letter used in English, French, German and Spanish?
- 4. What is the most common last name in the world?
- 5. How many different flavors of Fruit Loops are there?
- 6. What is Sonic the Hedgehog's real name?
- What is the longest palindrome (word spelled the same frontwards 7. and backwards) in the English language?
- What is the top selling pizza chain in the United States? 8.
- Which state in the US has the fewest people? 9.
- 10. How many elements are on the periodic table?

Answers on next page...

MURRIETA VALLEY HIGH SCHOOL **NIGHTHAWK NEWS**



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MAY2021

From Our Principal continued...









Answers

١.	Just the numbers 2 and five
2.	86,400
3.	E
4.	Lee or Li
5.	One, they have different colors, but all have the same flavor
6.	Ogilvie Maurice Hedgehog
7.	Redivider (nine letters)
8.	1. Pizza Hut 2. Domino's 3. Papa John's
9.	Wyoming, 577,737 people
10.	118

CONTACT US:

PRINCIPAL - <u>DR. MARK PETTENGILL</u>

<u>AP - STEPHEN DIEPHOUSE</u>

<u>AP - AMY IRWIN</u>

AP - RYAN TUKUA

COUNSELING:

RICK LOCKWOOD: A-D (SDC COORD)

JIM VANDENBURGH: E-L (NCAA/CTE COORD)

JULIE THORNBURG: M-Q (IB COORD)
NICOLE CASTRO: R-Z (AP COORD)

DINORA MENDOZA-MONTOYA: AVID, 504, EL

<u>BETTY VELASQUEZ</u> (GUID. TECH): A-K <u>VALERIE YOUNG</u> (GUID. TECH): L-Z

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KAREE MASON (SECRETARY)

ACTIVITIES:

GENIEL MOON, ACTIVITIES DIRECTOR
CINDY MUZIC (ACTIVITIES SECRETARY)

BOOKKEEPING:

KATHY LEFIELL

KAREN LAWRENCE

HEALTH OFFICE (NURSE):

LUCY CARDENAS (NURSE)

CRIS GORRIA (HEALTH TECH)

NATALIE RIDDLE (SITE SECRETARY)

LORIE PINCHOT (AP SECRETARY)

VERONICA RUIZ (AP SECRETARY)

Go to our website for more info