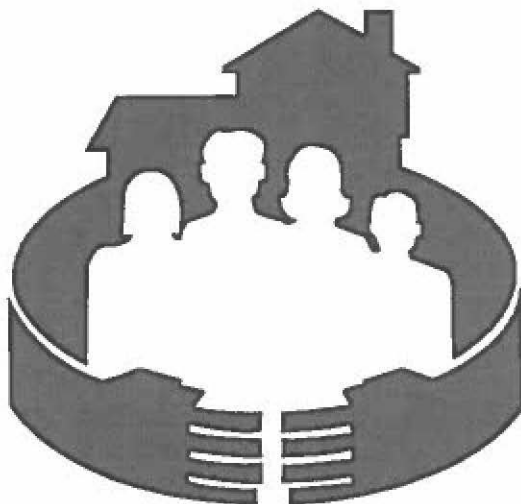




Parent Center

Presents



2016/2017 Community Resources and Referrals

03/20/2017

LOCATION

The Parent Center is located at the Child Development Center on the Avaxat Elementary School, 24300 Las Brisas Road North, Murrieta, California, 92562, upper parking lot, room 1.

The Parent Center is open Monday through Friday,
9:00 a.m. to 4:00 p.m.

MISSION

The mission of the Parent Center is to provide high quality educational and personal support services to parents and educators living and working in Southwest Riverside County.

THE GOALS

The Parent Center will:

- Provide a variety of high quality, low cost, parent education classes that meet the cultural needs of the community;
- Collaborate with local agencies to provide high quality specialty workshops;
- Collaborate with local groups and agencies to provide support groups and activities;
- Collaborate with the school district and other community agencies to provide programs for parents and the community that insure every child is ready to learn;
- Provide high quality workshops and support to early childhood educators.

HISTORY

In 1992, the Murrieta School Board had the opportunity to visit a program in Long Beach Unified School District called a Parent Center. They were impressed by the services that could be offered to parents and families, then upon their return they assigned the Murrieta Council PTA Parent Involvement Committee with the task of investigating the possibilities of a program for Murrieta and to make recommendations to the Board. The committee made recommendations for program design, staffing and facilities, staff development, funding, materials and equipment. The Board approved committee's recommendations and committed 50% of the budget up to \$40,000 from the District General Fund to support the program.

In March of 1994, the Parent Center opened in vacant classroom space at Murrieta Valley High School. Since then the Parent Center operated at Shivela Middle, Creekside High School and finally coming to its permanent location at Avaxat Elementary.

Since 1994, over 9,000 parents and professionals have attended parent education programs offered through the Parent Center. Those attending support sessions through the Parent Center has exceeded 6,000. Parent Center staff has provided quality childcare services for over 14,000 children while their parent(s) attended a parenting series, one night seminar, English as a Second Language, other adult education classes, or support groups.

CONTRIBUTORS

MVUSD'S financial commitment to the program gave the program the impetus it needed to get started. As the program was being implemented local, private, and public agencies provided necessary funds and equipment. American Industrial Manufacturing Services, Inc. was the first private business to support the Parent Center, contributing \$10,000 a year for the first three years. Riverside County Office of Education, Children's Services Unit and High Aircraft, San Diego contributed surplus furniture.

The Parent Center has received public and private grant awards; they include:

American Industrial Manufacturing Services, Inc.,

Murrieta

Guidant, Temecula

GTE, Inland Empire

Riverside County Economic Development

City of Murrieta Economic Development

City of Temecula Economic Development

City of Temecula Community Services

County of Riverside Probation

County of Riverside Department of Social Services

First Five Riverside (Prop 10)

Murrieta Council PTA



REFERRAL AND RESOURCES

The Parent Center presents this resource and referral booklet for staff members of our district and members of the community in hopes of expanding services to provide support for our families. The programs and organizations listed are not endorsed by the Parent Center or Murrieta Valley Unified School District. Although the numbers are annually verified, they may change. Please contact us if there are any updates or additions.

Abuse

Victim/Witness Assistance...*Murrieta*...951-304-5500 or...951-955-5450

Victims of Crime Resource Center...800-842-8467

California Victim Compensation Program...800-777-9229

Domestic Violence

Alternatives to Domestic Violence/24-hour Crisis Line... 951-683-0829

Community Connect (Alternative Sentencing) ... *Murrieta* 951-600-6340

Domestic Violence Legal Services Inland Valley ... 800-226-4257 or
800-977-4257 or 888-805-6455

Family Justice Center ... *Murrieta* ... 951-304-5680

National Domestic Violence Hotline...800-799-SAFE (7233)

Riverside County Department of Public Social Services (child and adult protective services)... 951-922-7550

Riverside County Department of Public Social Services (Cal Works Family Stabilization) ... 951-600-6500

Safe Alternatives For Everyone... *Temecula*... 951-587-3900

Safe at Home (confidential address program)...877-322-5227

Shelter from the Storm (hotline and shelter)... 760-328-7233

Elder Abuse

APS Elder Abuse Reporting (7:30-5:30 M-F)... Hemet...800-331-6742
Bureau of Medi-Cal Fraud and Elder Abuse...800-722-0432
Community Connect-Long Term Care Ombudsman... Hemet ...
951-929-0196 Hot Line ... 877-430-4433
The Concern Outreach Program ... Menifee ... 951-679-2374
Elder Fraud, Information and Referral... 800-510-2020
Riverside Co Dept. of Public Social Services-Adult Protective Services ...
951-245-3050
Riverside Co Dept. of Public Social Services- C.A.R.E. Program-Adult
Protective Services ...800-476-7506
Riverside Co Office of Aging-Long Term Care Ombudsman ...
Hemet...951-922-0196 ...Hot Line... 800-231-4024
Riverside County Regional Medical Center- Elder and Dependent Adult
Assessment Services... 951-486-4346

Sexual Abuse

Center Against Sexual Assault of Southwest Riverside County ...
...Hemet ...951-952-8300
Community Center for Healthy Minds-Child Abuse Program (52 weeks)
... 951-656-6969
Mental Health Hotline ...Murrieta/Temecula ... 951-600-6355
Parents United/Daughters and Sons United ... 951-358-4840
Rancho Damacitas ... Temecula ... 951-302-2317
Riverside Area Rape Crisis Center... 866-686-RAPE (7273)
Rape, Abuse & Incest National Network...800-656-4673
STD – Sexually Transmitted Diseases...800-227-8922

Child Abuse

Aurora Family Counseling Center ... Murrieta... 951-677-1470
Child Help USA – Hotline...800-422-4453
HOPE-Family Services Association of Western Riverside ...951-369-8036
Kids of the Block-Assistance League of Temecula Valley ...951-694-8018
Olive Crest Treatment Centers ... Riverside ... 951-686-8500

Parents United/Daughters and Sons United ... 951-358-4840
 Riverside Co Department of Public Social Services Child Protective Services
 ...(to report abuse)... Hot Line... 800-442-4918
 Riverside Co Department of Public Social Services Child Protective Services ...
Riverside... 951-358-3700
 Riverside Co Department of Public Social Services Child Protective Services ...
Temecula... 951- 600-6600
 Riverside Co Department of Public Social Services Child Protective Services ...
 Lake Elsinore ... 951-245-3060
 Safe Alternatives for Everyone (SAFE)... *Temecula* ...951-587-3900
 Valley Restart Shelter-Emergency Shelter ... 951-766-7476

Missing Children

National Center for Missing Children...800-843-5678
 Polly Klaas Foundation ... 800-587-4357
 Child Recovery Unit...*Riverside*...951-955-5659

Adult Day Care

Basic Occupation Training Center...*Perris*...951-657-8028
 Cole Vocational Services...*Riverside*... 951-785-4373
 Easter Seals of Southern California Adult Day Center...*Riverside*... 951-248-4873
 Westview Field Adult Development Center... *Temecula*... 951-699-0047

Child Care/Preschools

I=Infant, P=Preschool, SA=School Age, MI= Mildly Ill, \$=Subsidized

ABC Child Care Center-Solana...I...P...MI...SA... *Temecula*... 951-699-5251
 ABC Child Care Center-Village...I...P...MI...SA... *Temecula*... 951-491-0940
 Adventure Island P SA ...*Murrieta*... 951-600-4577
 All Aboard Preschool...P... *Wildomar*... 951-674-9381
 Ann Sullivan Preschool and Kindergarten...P... *Wildomar*... 951-678-3557
 Boys and Girls Club of Temecula SA... *Temecula*...951-699-1526

Boys and Girls Club...SA ...*Murrieta*...951-698-4540

Bundy Canyon Christian Preschool...P... *Wildomar*... 951-399-0426

Callie Kirkpatrick Child Development Center...P...*Menifee* ..951-723-8864

Calvary Murrieta Preschool... P...*Murrieta*... 951-834-9190

Crayon Ranch Preschool...I...P... SA ...*Murrieta* ...951-677-3303

Children's Lighthouse...I...P...SA...*Murrieta*... 951-690-9395

Child Time Child Care Center...I...P...SA ... *Temecula* ... 951-693-4843

Discovery Isle Child Development Center.I.P.SA *Murrieta*.951-304-3033

Discovery Isle Child Development Center.I.P.SA*Temecula*.951-303-3055

Early Works Child Development Center...P ... *Temecula* ... 951-694-5132

Freedom Crest Child Development Center...SA ...*Menifee* 951-679-6103

Hope Children's Center...P... *Temecula* ... 951-694-3607

Kid's World Preschool...P... *Temecula* ... 951-699-9777

Kiddie Academy...I...P...SA ... *Murrieta*... 951-566-0060

Kindercare Learning Center...I...P...SA ...*Murrieta*.... 951-696-0825

Kindercare Learning Center...I...P...SA ...*Temecula*... 951-296-0403

LEUSD State Preschool Donald Graham P \$..*Lake Elsinore* 951-678-8450

LEUSD Head Start Earl Warren ...P... \$... *Lake Elsinore* ... 951-253-7810

LEUSD Head Start Jeanette Ellis..P... \$...*Lake Elsinore* ... 951-245-4794

LEUSD Head Start Machado HSS..P... \$...*Lake Elsinore* ... 951-245-6795

LEUSD Head Start Railroad Canyon...P \$... *Lake Elsinore*.. 951-674-3153

LEUSD Child Care...P...\$... *Lake Elsinore* ... 951-253-7000

LEUSD HS Lakeland Village...P... \$... *Lake Elsinore* ... 951-253-7000

LEUSD School Age Care...SA ... *Lake Elsinore* ... 951-253-7055

Lakeland Children's Center...I...P...SA ...*Lake Elsinore*...951-678-0130

Learning Tree Preschool...P... *Sun City* ... 951-679-3010

Menifee Child Development Center...P ... *Menifee* ... 951-928-4000

Menifee Union School District Preschool...P...\$...*Menifee*...951-672-6478

Murrieta Ranch Preschool & Kindergarten...P ...*Murrieta* 951-677-0207

Murrieta Valley USD-Family Service...P...SA \$...*Murrieta*.951-304-1623

Murrieta University Preschool...I... P.....*Murrieta*... 951-698-5480



Oak Meadows Child Development Center...P... *Murrieta* ... 951-672-3355
 OCS St. Frances of Rome State Preschool...P...\$... *Wildomar* ... 951-674-6881
 Ortega Trails Youth Center...SA...\$... *Wildomar* ... 951-678-5240
 Promise Christian Preschool...I...P...SA...*Murrieta*... 951-600-8201
 Quail Valley Child Development Center...SA... *Menifee* 408-556-7300
 Ready Set Grow (parent co/op)...P... *Murrieta* ... 951-696-2759
 Right At School at Chester Morrison Elementary...SA... *Menifee* ... 951-679-7076
 Right At School at Evans Ranch Elementary...SA... *Menifee* ... 951-246-7690
 Right At School at Herk Bouris Elementary...SA... *Lake Elsinore* ... 951-244-7657
 Right At School at Ridgemoor Elementary...SA... *Sun City* ... 951-672-6450
 Riverside County Office of Education Head Start...P...\$...*Murrieta*... 951- 600-5684
 Riverside County Office of Education Head Start...P...\$...*Temecula*...951-506-4105
 Romoland S D Boulder Ridge Preschool...P...\$... *Menifee* ... 951-723-8931
 San Jacinto College Child Development Center...P...\$... *Menifee* ... 951-639-5605
 Shepherd's Flock Presbyterian Preschool...P... *Wildomar*... 951-674-7241
 Southshore Child Development Center...P...SA... *Menifee* ... 679-6401
 St. Thomas Episcopal Preschool...P... *Temecula* ... 951-302-8498
 Stepping Stones...P... *Murrieta*... 951-526-2850
 Stepping Stones...P... *Lake Elsinore* ... 951-674-5520
 Storybook Preschool...P... *Lake Elsinore* ... 951-387-5895
 Temecula Play and Learn Preschool...P ... *Temecula* ... 951-693-0381
 TVUSD Before and After School Child Care...SA... *Temecula* ... 951-50-7061
 Trinity Lutheran Preschool...P... *Temecula* ... 951-676-1492
 Wild Roots Holistic Preschool...I...P... *Temecula* ... 951-676-8300

Referrals for Childcare

Riverside County Department of Social Services Community Care Licensing...
 ...951-782-4200

Children Services Unit (Riverside County Office of Education)...951-826-6626
 Resource and Referral...800-442-4927

Financial Assistance for Childcare

Children Services Unit (Riverside County Office of Education)... 951- 826-6626
 Murrieta Valley Unified School District; Family Services ... 951-304-1623

City & County Offices

Animal Friends of the Valley...(Animal control/licensing)... 951-674-0618

California Highway Patrol ... 951-506-2000

California Department of Motor Vehicles... *Temecula* ...800-777-0133

Federal Government....800-688-9889 (recording)

Riverside County Government...800-237-1286

Riverside County Southwest Juvenile Hall... 951-600-6750

Riverside County Department of Public Social Services... 951-358-3000

Riverside County Office of Education... 951-826-6530

Riverside County Clerk's Office...Birth Certificates... 951-486-7000

Canyon Lake

Canyon Lake City Offices ... 951-244-2955

Canyon Lake Chamber of Commerce... 951-244-6124

Canyon Lake Police (non-emergency) ... 766-1099 ext. 5

Canyon Lake Fire (non-emergency) ... 244-0584

Lake Elsinore

Lake Elsinore City Offices ... 951-674-3124

Lake Elsinore Chamber of Commerce... 951-245-8848

Lake Elsinore Police (non-emergency) ... 951-245-3300

Lake Elsinore Fire (non-emergency)... 951-674-3124

Murrieta

Murrieta City Offices ... 951-698-1040

Murrieta Chamber of Commerce... 951-676-5090

Murrieta Police (non-emergency)... 951-696-3000

Murrieta Fire (non-emergency)... 951-304-3473

Temecula

Temecula City Offices... 951-694-6444

Temecula Chamber of Commerce... 951-676-5090

Temecula Police (non-emergency) ...951-696-3000

Temecula Fire (non-emergency) ...951-694-6405

Community Services... 951-694-6480

We-Tip Drugs...800-473-7847
Crime...800-782-7463

Community

Community Associations Institute (information, education for community association homeowners, board members & managers) ... 951-784-8613

Center for Community Action and Environmental Justice (issues related to environmental justice, social justice and economic develop)... 951-360-8451

Riverside Community Health Agency (application assistance) ... 951-686-7273

SCORE (free counseling, workshops and seminars for small business owners) ...
...951-652-4390

Big Brothers Big Sisters of Los Angeles and the Inland Empire ... 951- 781-7100

Disaster Assistance

American Red Cross ... 951-656-4218

FEMA (Federal Emergency Management) ... 800- 462-9029

Educational Services

Libraries

Canyon Lake... 951-244-9181

Hemet ... 951-765-2440

Lake Elsinore... 951-674-4517

Murrieta... 951-304-2665

Perris... 951-657-2358

Sun City... 951-679-3534

Temecula... 951-693-8900

Wildomar... 951-471-3855



Private Schools

Adolescent Academy, Inc. 5-12 ... *Menifee* ... 951-972-744
Big Springs School K-8 ... *Temecula* ... 951-719-3738
Bundy Canyon Christian School K-8... *Wildomar*...951-674-1254
California Lutheran High School 9-12 ... *Wildomar* ... 951-678-7000
Calvary Murrieta Christian School K-12... *Murrieta*... 951- 834-9190
Concord Lutheran Academy K-8 ... *Temecula* ...951-699-8463
Cornerstone Christian School K-12....*Wildomar*... 951-674-9381
Faith Baptist Academy K-12 ... *Wildomar* ...951-245-8748
Hope Learning Academy 7-12 ... *Canyon Lake* ... 951-244-5038
Idyllwild Arts Academy...*Idyllwild*... 951-659-2171
Linfield Christian School K-12...*Temecula*... 951-676-8111
Millennial Heritage Academy K-12 ... *Temecula* ...951-303-4624
Morningstar Christian Academy K-12 ... *Temecula* ... 951-551-1658
Murrieta Springs Adventist School K-8 ... *Murrieta* ...951-461-2243
Oak Grove Center for Education Treatment and the Arts K-12...
...*Murrieta*...951-677-5599
Rancho Christian School K-12 ... *Temecula* ... 951-303-1408
Revival Christian Academy K-12 ...*Menifee* ... 951-246-5657
Saint Jeanne de Lestonnac K-9 ... *Temecula* ... 951-587-2505
Sierra Spring Christian School 1-12 ... *Murrieta* ... 951-698-0877
Temecula Montessori Academy K-2...*Temecula*... 951-676-6464
University of America 12 ... *Murrieta* ... 951-239-6186
Van Avery Prep Elementary K-8 ...*Temecula*... 951-506-3123

Public Schools

David Long Regional Center Alternative Education ... 951-249-8700
Riverside County Office of Education... 951-826-6530 / 800-442-4927
Lake Elsinore Unified School District K-12 ... 951-253-7000
Menifee Union School District K-8 ... 951-672-1851
Murrieta Valley Unified School District K-12 ... 951-696-1600
Perris Elementary School District K-8 ... 951-657-3118
Perris Union High School District 9-12 ... 951-943-6369

Charter

Eagles Peak Charter School (Home school enrichment)... 951-308-2722
River Springs Charter School K-12 ... *Temecula*... 951-252-8800
Santa Rosa Academy K-12 ... *Menifee* ... 951-672-2400
Sycamore Academy of Science and Cultural Arts K-8 ... 951-678-5217
Temecula Preparatory K-12 ... *Temecula* ... 951-926-6776
Temecula Valley Charter School K-8 ... Winchester ... 951-294-6775

Vocational

AUMT- The Phlebotomy School ... *Temecula* ... 951-695-5045
Contractors State Licensing School ... *Temecula* ... 951-587-2259
Esthetiques Cosmetology Institute ... *Temecula* ... 951-694-4323
Jack Black Casino Dealer School ... *Temecula* ... 909-825-3325
Paul Mitchell School ... *Temecula* ... 951-694-4323
Planet Youth- California Family Life Center ... 951-471-8415
Professional Golfers Career College ... *Murrieta* ... 800-877-4380
Riverside County Office of Education Regional Occupational Program...
951-826- 6797 or 800-606-4001
Royale College of Beauty... *Temecula*...951- 676-0833
Temecula Valley Nursing School ... *Temecula* ... 951-296-2588

Colleges

Azusa Pacific University Extension... *Murrieta* ... 951-304-3400
Cal Baptist University Extension ... *Temecula* ...951-719-3347
Cal State San Marco Extension ... *Temecula* ... 951-676-9254
Concordia University Extension... *Temecula* ... 951-308-1490
Mt. San Jacinto Community College...*Menifee*...951-639-5255
Mt San Jacinto Community College *San Jacinto*.... 951-487-3255
National University Academy ... *Murrieta* ... 951-445-4678
Palomar Community College... *Palomar* ... 760-744-1150
University of Phoenix Extension ... *Murrieta* ... 951-677-0883
University of Redlands Extension ... *Temecula* ... 951-296-2067
San Joaquin Valley College ... *Temecula* ... 951-296-6015

Tutoring

Club Z In-Home Tutoring ... *Temecula* ... 951-228-0007
Kuman Math and Reading Center ... *Murrieta* ... 951-387-3535
Leading Edge Learning Center ... *Temecula* ... 951-378-8017
Lighthouse Tutoring ... *Temecula* ... 951-302-4433
Mathnasium of Murrieta ... *Murrieta* ... 951-401-4770
Mathnasium of Temecula ... *Temecula* ... 951-303-6284
Step Ahead Tutoring ... *Murrieta* ... 951-440-4440
Sylvan Learning Center ... *Temecula* ... 951-506-0300
The Tutoring Center ... *Temecula* ... 951-302-3047
Tutor Time Learning Center ... *Murrieta* ... 951-461-7900
Tutor Doctor of Temecula Valley ... *Temecula* ... 951-309-8443
Yamei Tutoring ... *Murrieta* ... 951-696-0080



Literacy

Literacy Services ... 951-685-6901

Employment

California Family Life Ctr. Youth Develop. (Job Training) 951-765-9671
Center for Employment Training ... *Temecula* ... 951-699-8180
Conservation Corp (youth 18-23)...800-952-5627
Job Corp... 909-887-6305
Riverside County Personnel... 951-955-3500
Riverside County Office of Education... 800-0606-4001
Workforce Development Centers of Riverside...*Murrieta* ... 951-304-5900
Hotline 951-955-3100

Food and Clothing

American Red Cross (victims of small/large disasters) ... 951-656-4218
Assistance League... 951-694-8018
Bridge Church Community Care ... *Murrieta* ... 951-600-9112 ext. 125
Catholic Charities ... *Murrieta* ... 951-691-8203
Community Pantry...*San Jacinto*... 951-929-1101
Community Assistance for Moreno Valley Residents...951-485-7792
Community Outreach Ministries...951-698-7650
Community Settlement Association (food, clothing, parenting)... 951-686-6266
Corona/Norco Settlement House...*Corona*...951-737-3504
Dept. of Social Services (food stamps, medical, aid)...*Temecula*...951-600-6500
Department of Social Services (food stamps, medical, aid)...*Lake Elsinore*...
...951-245-3100
Fellowship in the Pass Church Food Pantry... *Murrieta* ... 951-245-7510
Greater Works Church ... *Murrieta* ... 951-595-2288
Lighthouse Christian Center Food Pantry ... *Murrieta* ... 951-698-7633
Murrieta United Methodist Church Food Pantry... *Murrieta* ... 951-677-6174
Menifee Valley Community Cupboard ... *Menifee* ... 951-301-4414
The Salvation Army...*Temecula*... 951-693-9615
The Salvation Army...*Murrieta*...951-677-1324
Seventh Day Adventist Community Services... 951-682-9810
St Catherine's Church...*Temecula*...951-676-4403
St. Martha's Community Food Pantry...*Murrieta* ... 951- 677-6347
People Helping People...*Temecula*...951-757-5212
Western Eagle Foundation... *Temecula*... 951-995-7206
WIC... *Temecula* ... 1-800-455-4942



Health Services

Clinics /Immunizations

California Children's Services... 951-358-5401

Child Health and Disability Prevention...800-346-6520

Healthy Families (low cost insurance or Medi-Cal)...800-880-5305

Hemet Family Care Center...951-766-2450

HIV Early Intervention Services ... 800-243-7275

Hepatitis Help line...800-390-1202

Lake Elsinore Family Care Center...951-471-4200

Morongo Health Clinic (for Native Americans only)...800-732-8805

NAMI – National Alliance for the Mentally Ill...800-950-NAMI (6264)

Pechanga Health Clinic... 951-676-6810

Perris Family Care Center... 951-940-6700

Riverside County Childhood Lead Poisoning Prevention Program (testing of children for lead poisoning) ... 800-346-6520

Riverside County Department of Public Health (free immunizations for children)...888-246-1215 or (951) 358-5000

Kaiser Cares for Kids (low cost insurance)...800-255-5053

Riverside County Health Services Agency...800-794-4814

Riverside County Regional Medical Center... 951-486-4000

Riverside County Health Department...800-243-7275

Riverside County Department of Public Health. *Temecula*.. 951-600-6300

Riverside Life Services (mother and child) ...951-784-2422

Stop Smoking hotline 800-No-Butts

STD (Sexually Transmitted Diseases) Nat'l Hotline 800-227-8922

(8 AM-11PM EST)

Hospitals

Inland Valley Medical Center ... *Wildomar* ...951-677-1111

Loma Linda University Medical Center ... *Murrieta* ... 951-290-4000

Menifee Valley Medical Center ... *Menifee* ... 951-679-8888

Rancho Springs Medical Center ... *Murrieta* ...951-696-6000

Temecula Valley Hospital... *Temecula* ...951-331-2200



Specialty Services

Alzheimer's Association...24/7...800-272-3900

American Cancer Society ... 951-683-6415 or 800-227-2345

American Diabetes Association... 800-342-2383

American Heart Association... 888-406-7487

Autism Society of America...800-3-AUTISM (288476)

Autism Society Inland Empire... 951-220-6922

Blindness Support Services ... *Riverside* ...951-341-9244

Braille Institute... 714-821-5000

California Association for Health Services at Home (CAHSAH)... 916-641-5795

California School for the Deaf...*Riverside*...951-2487700

Cancer Information Services...800-422-6237

Center on Deafness ... *Riverside* ... 951-275-5000... Hot Line ... 951-801-5674

Cystic Fibrosis ... 714-938-1393

Deaf Community Alliance Network ... 951 275-5000

Easter Seals...*Riverside*...951-2484873

Juvenile Diabetes Foundation ...*Riverside*...951-784-4156

Lupus Foundation... 800-558-0121

Michelle's Place: Women's Breast Cancer...951-304-1280

National Breast Cancer Hotline 800-221-2141 Española 800-986-9505

National Information Center for Children & Youth with Disabilities 800-695-0285

National Stuttering Project ... 800-364-1677

Littlefield Physical Therapy... 951-676-7693

Brain Injury Association of America Family Helpline...800-444-6443

G.R.A.S.P. (Giving Real Advantage to Special Preschoolers)...951-8267100

Infant Circle (early intervention for infants with special needs)...951-826-7100

Sickle Cell Organization (support, group, testing, follow-up) ...909-743-5226

Early Start Family Resource Network (referrals and support groups for infants and toddlers with disabilities)...*Lake Elsinore/Murrieta/Temecula*...800-974-5553

Stuttering Foundation of America ... 800-992-9392

Teen Helpline...310-8554-573

REINS (Therapy for disable children through horseback riding)...760-731-9168



Dental

Community Health Systems, Inc. ...*Moreno Valley* ... 951-571-2365

Dental Referral Services...800-422-8338

Lestonnac Free Clinic ... *Perris* ... 951-695-8204

Project KIND... *Riverside* ...951-686-1976

Project Smile-Assistance League ... *Temecula* ... 951-694-8018

Well-One Health, Inc.... *Perris* ... 951-777-8225



Hospice

California Hospice Foundation... 916-925-3770

Hemet Hospice Volunteers ... 951-766-9629

Hospice Education Institute....800-331-1620

Hospice of the Valley... *Murrieta* ... 951-672-1666

Inland Empire Home Hospice ... *Sun City* ... 951-672-4829

Ramona VNA... 951-658-9288 or (800) LUV-RVNA

Visiting Nurses Assoc. of Inland Counties ... *Murrieta* ...951-413-1200

Vitas Hospice...800-938-4827

Medical Emergency- 911

Hemet Valley Medical... 951-652-2811

Inland Valley Medical... 951-677-1111

Loma Linda Medical...951-290-4000

Menifee Valley Medical... 951-679-8888

Moreno Valley Medical... 951-243-0811

Poison Control Center...800-876-4766

Rancho Springs Medical Center... 951-696-6000

Temecula Valley Medical...951-331-2200

Pregnancy/Family Planning

24 Hour Hotline... 800-848-5683

Birth Choice of Temecula ... *Temecula* ... 951-837-1721

Elsinore Valley Pregnancy Resource Center.*Lake Elsinore* .951-245-9995

Heartline Ministries ... 951-682-2400

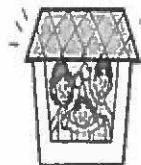
Loving Support Breast Feeding Helpline... 888-451-2499
 Maternal Child & Adolescent Health Branch (Prenatal Care
 Guidance and Outreach)... *Referral Line* ... 800-794-4814
 Neighborhood Healthcare ... *Temecula* ... 951-225-6477
 Planned Parenthood... 888-989-7802
 Riverside Clinic... 888-743-PLAN (7526)
 Riverside County Office of Education-Cal Safe ... 951-826-6699
 Riverside Life Services & Community Clinic... 951-784-2422
 Riverside University Health System Family Care Center and Teen Care ...
Lake Elsinore ... 800-720-9553



Housing & Utilities

Housing

American Red Cross (housing for victims)...951-656-4218
 Catholic Charities ... *Murrieta* ... 951-691-8203
 Circle of Hope: A Shelter for Families... 951-278-2215
 Fair Housing Program of Riverside County ... 951-682-6581 or 800-655-1812
 Habitat for Humanity... 951-296-3362
 Inland Counties Legal Services(hotline for eviction, housing issues).888-455-4257
 Project Touch Transitional Housing ... *Menifee* ... 951-677-9661
 Riverside County Department of Social Services- Eviction Prevention for CalWorks
 ...Recipient800-952-5253
 Riverside County Department of Social Services- Housing Support for Cal Works
 Recipient ... 800-952-5253
 The Salvation Army... *Temecula*... 951-693-9615
 The Salvation Army...*Murrieta*...951-677-1324
 Settlement House 951-737-3504
 Shared Housing (housing alternatives for seniors and others) ...
 ...Hemet...951-652-3591
 Society of St. Vincent DePaul Emergency Assistance ... 951-715-4858
 Valley Restart-Emergency Shelter ... 951-766-7476



Emergency Shelters

Information and Referrals to Shelters...800-464-1123

Interfaith... 760-489-6380 (shelter open in winter only)

Operation Safe House ...*Riverside*...951-351-4418

Project ACHIEVE ...*Riverside*...951-462-9822

Rachel's Women Center... 619-696-0873

Riverside County Housing Authority of Riverside... 951-351-0700

S.A.F.E.(runaways, homeless & youth in crisis age 12-17) 951-351-4418

The Salvation Army - Circle of Hope...*Corona*... 951-278-2215

Valley Restart Transitional...*Hemet*...951-766-7476

Utilities

CARE (Cal. Alternate Rates 4 Energy) 20% off electric bill 800-447-6620

Community Action Partnership of Riverside County Home Energy...

...Assistance and Weatherization ... 800-999-5584

Riverside County Utility Assistance... 951-955-6448

Latino Services

Inland Empire Latino Lawyers Legal Aid ... (951) 369-3009

Law Makers

Governor Jerry Brown ... 916-445-2841

State Assemblywoman Melissa Melendez ...951-864-1232

State Senator Richard Roth ... 951-681-6750

US Congressman Ken Calvert ... 951-277-0042

US Senator Barbara Boxer ... 213-894-5000

US Senator Diane Feinstein ... 619-231-9712

Riverside County 1st District ... Kevin Jeffries ...951-955-1010

Riverside County 2nd District ... John Tavaglione ...951-955-1020

Riverside County 3rd District ... Chuck Washington ...951-955-1030

Riverside County 4th District ...John Benoit... 951-955-1040

Riverside County 5th District ... Marion Ashley ... 951-955-1050

Legal Assistance

Attorneys

Community Connect Alternative Sentencing Program ... *Murrieta* ... 951-600-6340

Hot Line 951-329-4709

A Guardianship Program (services to non-parent caregivers in Riverside County)

909-889-7328 or 866-889-7328

Inland County Legal Services (low income and senior citizen)...*Riverside*...

951-368-2555

Inland Empire Latino Lawyers (low income or teen parents)... 951-369-3009

Lawyer Referral Service... 951-682-7520

Public Service Law Corp (referrals) 951- 682-7968

Riverside County Parole Division...*Moreno Valley* ... 951-571-4040

Riverside County Bar Association (referrals)... 951-682-7520

Riverside County Code Enforcement... 951-696-1606 Hot Line 951-955-2004

Riverside County District Attorney Child Support Services... 866-901-3212

Riverside County District Attorney Victim Services ...951-304-5400

Riverside County Mental Health Court ...951-696-3049 Hot Line 951-328-2283

Riverside County Superior Court ... *Murrieta* ...951-222-0384

Hot Line 951-704-7634

San Diego County Department of Child Support Services...866-904-3212

Southwest Justice Center - Family Law Center... *Murrieta* ... 951-304-5680

Immigration

Immigration Legal Services... 909-888-1800

Mi Familia Vota ...*Riverside* ... 909-272-4275

Mental Health

Murrieta Valley USD Breakthrough...*Murrieta*...951-696-1600 x 1219

Aurora Family Counseling Center ... *Murrieta*... 951-677-1470

Cabarcas Counseling Services...951-894-5044

Center for Mental Health Services (children's mental health services referrals) ...

800-789-2647

Help Line of Riverside (crisis intervention and suicide prevention)...951-686-4357



Hill Alcohol and Drug Treatment...951-676-8241
Loma Linda University Behavior Medical Center- Intensive Outpatient ...
Murrieta ...951-290-6530 Hot Line 909-558-9275
Novell & Novell Counseling Services.... 951-694-0695
Pacific Grove Psychiatric Hospital...*Riverside*... 951-275-8400
Positive Solutions-Anger Management ... *Murrieta*...951-796-4178
Riverside County Department of Public Social Services... 951-245-3100
Riverside County Mental Health 951-358-4500 or 800-706-7500
Southwest Crisis Response Team-Trauma Intervention Program (TIP)...
...951-698-2453
Temecula Mental Health ...951-600-6355

Marriage, Child, Family, Individual Counseling and Anger Management

MFI Recovery... *Murrieta*... 951-698-8558
Murrieta Counseling... 951-304-0882
National Boys and Girls Town...800-448-3000
Riverside County Mental Health Dept.... 951-358-4500 or 800-706-7500
Temecula Mental Health... 951-600-6355
Youth Service Center...*Riverside*... 951-683-5193

Grief Counseling

First Candle SIDS Alliance...24 hour...800-221-SIDS (7437)
Christian Counseling International Grief Support Group ... 951-354-7090
Grief Crisis Line and Resource Help... 951-686-4357
Hospice of Sun City (bereavement support groups) ... 951-672-1666
In Touch Moments...951-704-0285

Parenting

Adoption

Adolescent Family life Program, Dept. of Public Health...
Temecula .951-600-6323 *Lake Elsinore*...951-471-4276 or 888-743-7526
International Christian Adoptions ... *Temecula* ...951-695-3336
Riverside County Dept. Pubic Social Services Adoptions... 951-358-3555

Foster Care

California Dept. of Social Services Foster Care Ombudsman ... 877-846-1602
California Department of Social Services Warmline ... 800-303-0001
Family Services Association of Riverside County-Kinship Program ... 951-686-3706
Foster Parent Recruiting Line... 800-665-5437
Foster Family Agency (Ca Family Life Center)... 951-654-2352
Institute for Black Parenting ... 877-367-8858
Riverside Office of Aging-Grandparents Raising Grandchildren... 800-510-2020
Walden Family Services... 951-788-5905



Hotlines

Child Help USA ... 800-422-4453
Community Connect Helpline (Suicide/Crisis Intervention)... 951-686-4357
HELP line... suicide/intervention... 951-686-HELP (4357)
Inland Counties Legal Services Hotline (eviction issues) ... 888-455-4257
Missing Children... 800-the- LOST. Call with information about missing kids
Pregnancy Helpline... 800-395-4357
The Rape Hotline ... 800-656-4673
Riverside Area Rape Crisis Center (24 hour) ... 951-686-7273

Parent Education

Murrieta Probation Office-Parent Project ... *Murrieta* ... 951-443-2267
Murrieta Valley USD Parent Center... *Murrieta*... 951-304-1623
National Parenting Institute... *Temecula*... 951-694-8910
Perris Valley Family Resource Center... *Perris* ... 951-443-1158
Riverside University Health System-Behavioral Health... *Murrieta* ... 951-358-5862
Safe Alternatives for Everyone-Parent Project ... *Temecula* ... 951-587-3900
Single Mothers United in Rewarding Fellowship SMURF (single parenting) ...
951-541-8574

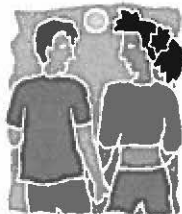


Support Groups

Alzheimer's Family Support Group... 951-360-1616
ALS Support Group (Lou Gehrig's disease) ... 909-558-2128
Better Breathers Club (American Lung Association)... 909-884-5864
Breast Cancer Support Group ... 310-537-8227
Caregiver Support and Alzheimer's Day Care ... 951- 72-9536
Community Outreach Ministry (incarcerated parents)...951-698-7650
Diabetes Support Group ... 800-879-1020
Foster Grandparent Program ... 951-929-0423
Grandparents Raising Grandchildren "Warmline" (referrals and assistance)...800-303-0001
Hill Alcohol & Drug Treatment... 951-676-8241
Kin Care (relative caregivers of children)... 951-791-3557
Loma Linda Support Group for ALS, Parkinson's, MS, Alzheimer's & Stroke...909-558-2128
Leukemia & Lymphoma Society of America ...888-535-9300
Overeaters Anonymous ... 951-715-2080
Pet Behavior Help Line ... 951-688-4340 Ext. 3
Riverside County Office of Aging Care Pathway Programs 951-867-3800

Recreation and Sports

Lake Elsinore Community Services ... 951-694-6480
Menifee Community Services ... 951-723-3880
Murrieta Community Services ... 951-304-7275
Riverside County Parks ... 800-234-7275
Santa Rosa Plateau ... *Murrieta* ... 951-677-6951
Temecula Community Services ...951-694-6480



There are many organizations in the valley providing sports and recreation Google for information.

Social Services

Deluz Community Services...*Murrieta*... 951-696-0600

Gods' Fan Club... *Murrieta*... 951-677-9661

United Way... *Murrieta* ... 951-600-1671

Substance Abuse



California Smokers Helpline...800-NO-BUTTS (662-8887)

Hill Alcohol & Drug Treatment (Referrals & Assistance)... 951- 676-8241

Prevention and Treatment (SAMSA) 877-729-6686

Riverside County Substance Abuse (24 hour referral line)... 951-955-2100

Smoking Helpline....English...800-766-2888 or Espanola....800-456-6386

State Department of Alcohol and Drug Program Resource Center (referrals in California)...800-879-2772

Substance Abuse Detox Hotline...800-499-3008

Treatment Referral...800-662-4357

Youth Service Center... 951-683-5193

Rehabilitation

Drug and Alcohol Abuse Program... 951-955-2105

Focus on Recovery...800-333-2294

Hill Counseling... *Temecula*... 951-676-3571

La Vista - Alcohol/Drug Recovery Center of *San Jacinto*... 951-925-8450

MFI Recovery Center... *Riverside*... 951-683-6596

Pacific Grove Hospital ... *Riverside*... 951-275-8400

Riverside County Substance Abuse Program (Mom's adolescent and adult outpatient programs)...*Riverside*... 951-955-2105

Temecula Mental Health (outpatient and support groups for teens and adults)...
...951-600-6355

Teen Challenge (Christian-based—Men 18 and older)... 951-683-4241

Support Groups for Substance Abuse

Al-Anon and Ala-teen 24 hour ... 909-824-1516

Alcoholics Anonymous... 909-825-4700

Cocaine Anonymous... 951-359-3895

Cocaine Hotline... 800-252-6465

National Alcohol/Drug Abuse Hotline... 800- 252-6465

Teen Help

Murrieta Valley USD Breakthrough Counseling...*Murrieta*...951-696-1600 x1219

Oak Grove Institute (private residential treatment facility or day program for

children ages 8 to 18)... *Murrieta*... 951-677-5599

Juvenile Probation Department...*Temecula*... 951-600-6282

Runaway Services and Hotlines

California Youth Crisis 24 hour...800-843-5200

Circle of Hope: A Shelter for Families...951 493-2091

Oak Grove...951-677-5599

Operation Safe House (shelter and counseling – Ages 12-17)... 951-351-4418

Runaway Hotline... 800-621-4000

Teen Hotline (6-10 pm)...800-TLC-TEEN

Support groups

Ala-teen... 909-824-1516

Teen Health/Pregnancy/Parenting

Planned Parenthood... (888) 743-PLAN (7526)

Pregnant and Parenting Teen Shelters

Circle of Hope...Corona... 951-278-2215

Martha's Village...760-347-4741

St. Anne's (group maternity home) ... 213-381-2931

Salvation Army Door of Hope... 858-279-1100



Casa de Amparo...Oceanside... 760- 754-5500

TLP (Transitional program for 18-21 year olds) ... (951 369-4921

Operation Safe House (14 day, age 17) ... (951-351-4418

Baby Safe Surrender – If you live in California, you have until your baby is three days old (72 hours) to safely surrender him or her. Take the baby to an emergency room or fire station and hand the baby to someone. Tell him or her "This is a Baby Safe surrender infant." Then leave. No charge.

Transportation

Riverside Transit Agency (bus route information)... 800-800-7821

Dial-A-Ride (Seniors and disabled only)...800-795-7887

Veterans Services

A Better Tomorrow- Veterans Services ... *Murrieta* ... 951-837-2400

Hot Line 951-481-0087

Riverside County Veterans Service (for veterans, dependents and survivors) ... (951) 955-6050

Temecula Veterans Center ... *Temecula* ... 951-302-4849 ...Hotline 877-927-8387

PARENT CENTER ASSURANCES

Discrimination: It is the policy of the MVUSD Parent Center that enrollment into the program shall be granted without discrimination with regard to sex, race, color, creed religion, disability, sexual orientation or national origin.

It is the policy of MVUSD Parent Center shall accept families in compliance with the American Disabilities Act (ADA), its implementing regulations, and any other applicable federal, state or local laws pertaining to the provision of services to those with disabilities. The Parent Center strives to meet reasonable accommodations for children and families with special needs.

Confidentiality: Staff will not discuss other families or staff with you; that would be a breach of confidentiality. Staff will not share your information with other parents or children. Staff will not share any personal information such as addresses and phone numbers. For any concerns regarding other children or staff, your questions need to be directed to the Director of Family services.

Child Abuse Mandated Reporters: All Parent Center staff and facilitators are child abuse mandated reporters. If a member of the Parent Center staff has a reasonable suspicion that child abuse (physical, emotional, sexual, or neglect) has occurred, they are mandated by law to report it to local authorities.

Multicultural Awareness and Sensitivity: Parent Center staff take every opportunity to gain knowledge and experience to better understand cultural difference. Programs and materials are periodically reviewed for culturally sensitive views. Staff will seek guidance from specialist in the field should an unknown issue arise.

Free of Political and Religious Activity: Parent Center activities do not require client participation in political or religious activities to receive services.



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