

**STEROIDS**

The Governing Board recognizes that the use of steroids and other performance-enhancing supplements presents a serious health and safety hazard. As part of the district's drug prevention and intervention efforts, the Superintendent or designee and staff shall make every effort to ensure that students do not begin or continue the use of steroids or other performance-enhancing supplements.

*(cf. 5131.6 – Alcohol and Other Drugs)*  
*(cf. 6142.8 – Comprehensive Health Education)*

Students participating in interscholastic athletics are prohibited from using steroids or any other performance-enhancing supplement.

*(cf. 6145.2 – Interscholastic Competition)*

Before participating in interscholastic athletics, a student athlete and his/her parent/guardian shall sign an agreement that the student athlete shall not use steroids, unless the student has a written prescription from a fully licensed physician, as recognized by the American Medical Association, to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.

*(cf. 5144 – Discipline)*  
*(cf. 5144.1 – Suspension and Expulsion/Due Process)*  
*(cf. 6145 – Extracurricular and Cocurricular Activities)*

Coaches shall educate students about the district's prohibition and the dangers of using steroids and other performance-enhancing supplements.

*(cf. 4127/4227/4327 – Temporary Athletic Team Coaches)*

The Superintendent or designee shall ensure that district schools do not accept sponsorships or donations from supplement manufacturers that offer muscle-building supplements to students.

*(cf. 1325 – Advertising and Promotion)*

## STEROIDS

*Legal Reference:*

EDUCATION CODE

49030-49034 Performance-enhancing supplements

51260-51269 Drug education

51262 Use of anabolic steroids; legislative findings and declaration

CIVIL CODE

1812.97 Warning statement; posting in athletic facilities

HEALTH AND SAFETY CODE

110423.2 Dietary supplements

*Management Resources:*

CALIFORNIA INTERSCHOLASTIC FEDERATION BYLAWS

California Interscholastic Federation Constitution and Bylaws 2005-06

U.S. ANTI-DOPING AGENCY PUBLICATIONS

Guide to Prohibited Substances and Prohibited Methods of Doping

WEB SITES

California Interscholastic Federation: <http://www.cifstate.org>

California Department of Education: <http://www.cde.ca.gov>

National Center for Drug Free Sport: <http://www.drugfreesport.com>

National Institute on Drug Abuse: <http://www.nida.nih.gov>

U.S. Anti-Doping Agency: <http://www.usantidoping.org>

California School Boards Association: <http://www.csba.org>

Policy  
adopted: February 13, 1997  
revised: February 9, 2006

**MURRIETA VALLEY USD**  
Murrieta, California