

**ASTHMA MANAGEMENT**

**Identification of Students with Asthma**

When registering their child for school and annually thereafter, parents/guardians are requested to provide the school with medical information regarding their student, including any health conditions that might impact them while at school, including asthma. Parents/guardians shall provide authorization for the limited release of medical information related to their child's health records in order for the district to provide support services or to respond in an emergency and inform those staff who have a need to know.

*(cf. 5125 - Student Records; Confidentiality)*

Any student who needs to take prescribed medication during the school day may be assisted by a school nurse or designated school personnel or allowed to carry and self-administer inhaled asthma medication provided that the district receives written statements from the student's authorized health care provider and parent/guardian in accordance with Education Code 49423.1 and BP/AR 5141.21 – Administering Medication and Monitoring Health Conditions.

*(cf. 5141.21 - Administering Medication and Monitoring Health Conditions)*

Students shall be encouraged to notify their teacher, coach, or other staff when they are experiencing symptoms and/or need to alter their physical activity level.

*(cf. 6142.7 - Physical Education)*

*(cf. 6145 - Extracurricular and Co-curricular Activities)*

*(cf. 6145.2 - Interscholastic Competition)*

**Emergency Response**

In case of emergency, staff shall call 911 and assist in administration of quick-relief medication as authorized by the student's health care provider. Staff shall also continue to supervise the student and contact his/her parent/guardian or other person identified as an emergency contact.

The Superintendent or designee shall provide each school site with information regarding emergency management of asthma to post in easily accessible locations.

## **ASTHMA MANAGEMENT** (continued)

### **Professional Development**

Staff shall be provided professional development which includes information about symptoms and common triggers of asthma, ways to reduce acute symptoms, and emergency response procedures. The professional development shall be provided by a school nurse or other qualified health professional or educator who has received related training.

*(cf. 4131/4231/4331 - Staff Development)*

### **Environmental Assessment**

The Superintendent or designee shall periodically conduct an environmental assessment to identify and reduce common asthma triggers in the school environment, including, but not limited to, pesticides, chemical pollutants, mold, and animal and dust mite allergens.

The Superintendent or designee shall communicate with each school principal when local health advisories are issued for high ozone days or poor outdoor air quality so that outdoor physical activities may be curtailed as necessary.

*(cf. 3513.3 - Tobacco-Free Schools)*  
*(cf. 3514 - Environmental Safety)*  
*(cf. 3514.2 - Integrated Pest Management)*  
*(cf. 3517 - Facilities Inspection)*  
*(cf. 3530 - Risk Management/Insurance)*  
*(cf. 6163.2 - Animals at School)*