# Murrieta Valley Unified School District Board Policy 5141.21(a)

## ADMINISTERING MEDICATION AND MONITORING HEALTH CONDITIONS

The Governing Board recognizes that students may need to take prescribed medication during the school day in order to be able to attend school without jeopardizing their health.

When the district has received written statements from the student's physician and parent/guardian, designated personnel shall assist the student in taking the medication. In addition, upon written request, designated personnel may assist the student in monitoring, testing or other treatment of an existing medical condition. (Education Code 49423)

Upon written request by the parent/guardian and with the approval of the student's physician, a student with an existing medical condition that requires frequent monitoring, testing or treatment may be allowed to self administer this service. The student shall observe universal precautions in the handling of blood and bodily fluids.

## **Anaphylactic Injections**

The Board recognizes that some students have allergies of such severity that they may require an emergency anaphylactic injection during the course of the school day. Parents/guardians who are aware of this foreseeable need may ask the district to provide such injections in accordance with administrative regulations.

School staff who may be required to administer anaphylactic injections shall receive training from qualified medical personnel. They will be authorized to administer the injections in accordance with administrative regulations and will be afforded appropriate liability protection.

# Administrative Regulation 5141.21(a)

## ADMINISTERING MEDICATION AND MONITORING HEALTH CONDITIONS

Before a designated employee assists in the administration of any prescribed medication to any student during school hours, the District shall have: (Education Code 49423)

- 1. A written statement from the student's physician detailing the method, amount and time schedules by which the medication is to be taken.
- 2. A written statement from the student's parent/guardian requesting the District to assist the student in taking the medication as prescribed by the physician.
- 3. Parents/guardians shall be asked to provide a properly labeled pharmacy bottle containing the name and telephone number of the pharmacy, the student's identification, name of the physician, and dosage of the medication to be given. Students may not hand carry medication to school.
- Parents/guardians are responsible for maintaining an ample supply of medications at the school.

The designated employee shall:

- 1. Be responsible for the medication at school and administer it in accordance with the physician's indicated instructions.
- 2. Maintain a list of students needing medication during school hours, including the type of medication, times, and dosage.
- 3. Maintain a log recording the student's name and the time and date when medications were given.
- 4. Keep all medication in a locked drawer or cabinet <u>and properly dispose of unused/outdated</u> medicines.

5. Be trained in District policies and procedures by the school nurse for medication administration.

#### **Notifications**

The Superintendent or designee shall inform all parents/guardians of the following requirements:

- 1. The parent/guardian of a student on a continuing medication regimen from anonepisodic condition shall inform the school nurse or other designated certificated employee of the medication being taken, the current dosage and the name of the supervising physician.
- With the parent/guardian's consent, the school nurse may communicate with the student's physician regarding the medication and its effects and may counsel school personnel regarding the possible effects of the drug on the student's physical, intellectual and social behavior, as well as possible behavioral signs and symptoms of adverse side effects, omission or overdose.

## **Anaphylactic Injections**

- 1. Parents/guardians of students who may require emergency anaphylactic injections shall provide written permission for authorized staff to administer these injections.
- 2 Each school site shall maintain two epinephrine auto-injectors (or equivalent) for use by trained personnel when a student or staff member without a prior known history of allergic susceptibility, and accordingly lacks prior written consent, experiences a potentially lifethreatening anaphylactic reaction.
- 3. Each year, school employees designated by the principal shall receive training in administering anaphylactic injections. Qualified medical personnel shall provide this training.
- 4. The principal or designee shall schedule inservice meetings to:
  - a. Familiarize authorized staff with the prescribed medications and their location
  - b. Ensure that authorized staff are competent to administer anaphylactic injections
  - Train <u>appropriate</u> school personnel to recognize the symptoms of anaphylactic reactions

Physicians and parents/guardians of students who may require anaphylactic injections may be invited to attend these meetings.

- 5. The principal or designee shall prepare a list naming the students who may need emergency anaphylactic injections. This list shall be given to all concerned staff and updated annually.
- 6. All medication for injections shall be labeled with the student's name, type of medicine, and expiration date.
- 7. The parents/guardians of students who carry their own kits for the purpose of anaphylactic injections shall so inform the principal or designee, who shall prepare a list naming these students, give it to concerned staff and update the list annually.
- 8. The principal or designee shall post in the school health office a list of symptoms usually associated with anaphylactic reactions and a clear, specific procedure for administering injections in case of emergency. If authorized staff are not available at the time of an emergency, this written procedure will be followed by anyone who must administer the injection in order to save a life.