



Riverside County Special Education Local Plan Area (SELPA)

Community Advisory Committee (CAC)

WINTER 2017 & 2018



What is SELPA?

In 1977, all school districts and county office of education were mandated to form consortiums in geographical regions of sufficient size and scope to provide for all special education service needs of children residing within their boundaries. These regions became known as a SELPA (Special Education Local Plan Area). Each SELPA has a local plan describing how it provides special education services across and within its Local Education Agency (LEA) members.

There are 131 SELPAs in California. The Riverside County SELPA is the largest multi-district SELPA in the state, with over 34,000 active students in special education served each year. There are **twenty-six LEA** members of the Riverside County SELPA.

What is the CAC?

The Community Advisory Committee is a team of parents and other individuals with a personal or professional interest in securing appropriate services for students with special needs. The CAC membership represents the geographic, ethnic, and socioeconomic makeup of the community it serves.

The mission of our CAC is to involve interested parents, students, teachers, education specialists, and consultants in establishing a networking system between the school and the community and encourage parents to actively participate in becoming knowledgeable, empowered, and effective partners in the development and implementation of learning experiences for students with exceptional needs.



Stop The Bullying

It is important to teach kids how to identify bullying and how to stand up to it safely. When adults respond quickly and consistently to bullying behavior they send the message that it is not acceptable. Research shows this can stop bullying behavior over time.

There are many warning signs that may indicate that someone is affected by bullying—either being bullied or bullying others. Recognizing the warning signs is an important first step in taking action against bullying. Not all children who are bullied or are bullying others ask for help.

It is important to talk with children who show signs of being bullied or bullying others. These warning signs can also point to other issues or problems, such as depression or substance abuse. Talking to the child can help identify the root of the problem.

For more information, visit: <https://www.stopbullying.gov/> and <https://standforthesilent.org/for-parents/warning-signs/>



Tips for a Successful Return to School After Break

“Inspired, in part, by an article by San Diego Family Magazine”

While it was nice having the time off, many times mid-winter and early spring is a time for a lot of serious work getting done in our kids’ classrooms. With good preparation, the transition after break can be smoother and easier.

Get Your Rest

For both yourself as a parent and your child, getting your rest makes everything more doable.

Eat Breakfast

Make sure your child goes to school fed. A full belly means better regulation and increased learning.

Get Organized

Take inventory of your child’s school supplies and replace anything needed.

Read. . . .

Make sure you get back into good reading habits, but also make sure to read any flyers and information coming in from the schools. This will help you be prepared for events and activities coming up well in advance.

Check In

Keep the lines of communication open with your child’s teachers.

Back to Homework

Get back into the habit of regular and predictable homework routines.

INVITING NEW VISITORS!

Did you know SELPA CAC meetings are open to all? We welcome all members of our special education community including parents, educators, providers and administrators to our bimonthly business meetings.





Tour De Palm Springs

February 10, 2018 ~ see ucpie.org for more information

Upcoming Events

MARDI GRAS FOR AUTISM 2018

Fullerton Cares AUTISM COALITION
Awareness • Acceptance • Action

VENDOR AND VOLUNTEER INFORMATION:
WWW.FULLERTONCARES.COM

SATURDAY APRIL 7, 2018 11 AM - 4 PM
FAMILY FRIENDLY - SENSORY ORIENTED ATTRACTIONS - RESOURCE FAIR
FULLERTON TRAIN DEPOT CENTER 110 E. COMMONWEALTH FULLERTON, CA 92632

Mardi Gras for Autism

April 1, 2018 ~ Fullerton Train Depot

AUTISM SPEAKS WALK powered by love™
SPONSORED BY ALPHA XI DELTA

Enhancing lives today

Register for your local walk at AutismSpeaksWalk.org

Walk Now for Autism

April 28, 2018 \$10 Registration on site ~
Pasadena Rose Bowl

Social Emotional Supports Fair
Wednesday, Feb 7th 2018

Agencies Participating

- Riverside University Health Services
- Loma Linda Behavioral Health Center
- Victor Espinoza Support Services (Loma Linda)
- Vallejo Community Support Services (Delta)
- Alternative to Benzene (Delta)
- BB Recovery Center
- SMI Alternatives for Business
- Special and Special Learning Services (Loma Linda)
- Loma Linda Family Support
- REDS Therapeutic Relationship Program
- Big Brothers and Big Sisters of the Inland Empire
- Inland Empire Autism
- SVBC (Delta)
- Project 99 (Delta)
- Autism Solutions

6pm to 8pm
Shivela Middle School
24535 Lincoln Ave., Murrieta, CA 92562

All Murrieta Valley Unified School District students and families welcome!

Meet local agencies and vendors supporting the social and emotional well-being of children, teens, and young adults.

Get good information while having fun with your family!

Family Fun: Photo Booth, Games, Food & Face Painting

For more info: Xochitl Perez, MVUSD mental health xperez@murrieta.k12.ca.us

Second Annual Social Emotional Supports Fair

February 7th, 2018 ~ 6-8 p.m. at
Shivela MS, Murrieta, 92562

AMC Sensory Friendly Films

AMC Sensory Friendly Films

An event offering viewings of popular movies out now in an inclusive environment. See amc.com for more information

Ongoing Events

Awesome Adults

Social outings by Autism Society of America ~ twice a month ~
<https://facebook.com/AwesomeAdults>



Autism Parents Support Group

6:00 p.m. ~ 7:30 p.m. third Thursday of the month ~
Loma Linda University Medical Center East Campus ~
POSSIBILITIES OFFICE ~ For more information e-mail
redlandsautismparents@gmail.com

Sensory Friendly Read with Dogs

7:00 p.m. second Wednesday of the month ~
Fullerton Public Library

My Play Club

The Arc
arcriverside.org | 951-688-5141

My Play Club ~ Arc of Riverside

Fairmont Park of Riverside ~ 10:30—1:00 on the
third Saturday of the Months of February through
October

FULLERTON PUBLIC LIBRARY FOR KIDS

Fullerton Cares

Present

Sensory Friendly

READ WITH THE DOGS

FULLERTON PUBLIC LIBRARY

Every Second Wednesday 7-7:15pm



Spotlight on: Lilly

Lilly, a student in the Murrieta Valley Unified School District, is our featured student profile. She is a fun-loving seven-year-old who works hard in school and brings joy with her into the community. She recently met her favorite character ELMO at Sea World San Diego. A bright and energetic little one, she loves swimming, especially in her nearby lake. Mom, Julia Rogoff, is frequently involved alongside Lilly in her local community including running an online forum called “Go Bananas” for local families to connect and share resources.

She is also involved in a local farm, hiring and training people with disabilities in Murrieta called “Cultivating Inclusion”. Says Mom of Lilly, “She is perfect, autism and all.”

CAC Meetings

01/17/18 ~ 6:00-8:00 PM

- Access to Curriculum: A look at
- Alternative Curriculum presentation
- Business Meeting to follow presentation

Meetings held at two locations:

Riverside County SELPA ~ 2935 Indian Avenue ~ Perris, 92571 ~ (951) 490-0375

03/14/18 ~ 6:00-8:00 PM

- Transition presentation.
- Business Meeting to follow presentation

Desert Sands USD ~ 47-950 Dune Palms Road ~ La Quinta, 92253 ~ (760) 832-4699

05/09/18 ~ 6:00-7:00 PM

- Business Meeting Only: Executive Board Elections

(District Education Center: Technology Department Conference Room)

05/16/18 ~ 6:00-7:30 PM

- 11th Annual CAC Recognition Event

Spring Workshop

- Talking to Your Child About Personal Boundaries (Times and Date TBD)

CAC Executive Board Members

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