Aztec



by Troy

The Aztecs' main food source was maize, a type of corn. The Aztecs also ate avocadoes, tomatoes, atole (which is a kind of porridge), tortillas made from maize, and tamales. The Aztecs ate twice a day. They ate the meal when it was the hottest part of the day.

All the Aztec women wore the same thing. They wore a skirt wrapped around their hips and waist. The Aztec men wore loincloths, often wearing a sleeveless poncho that was slung over their shoulder. They used it to carry coca leaves that were like tobacco leaves. They were also carried for good luck.

The Aztecs' houses were like the ones they have in Mexico villages today. They were made of mud on stretched poles and branches and twigs.

The Aztecs lived on an island called Aztlan once. When the civil war was happening, they started to travel as far as they could. When it was over, they were in the valley of Mexico.