

# SHAWNEE

by Julian



The Shawnee lived in Ohio and Cumberland River valleys in prehistoric times. In the 1600's, the Shawnee were living in South Carolina, Georgia, and throughout southern states.

The Shawnee ate dried pumpkin, corn, sour breads, berries, nuts, squash, buffalo, deer, and turkey. They also traded the fur from the animals for European items.

The women wore skirts and leggings. Leggings are pant legs that cover their legs. The men wore breech clouts and leggings. Breech clouts are a piece of buckskin that you put between your legs.

The Shawnee had two important ceremonies that I know of. The green corn festival was one of them. It happened in fall. Warriors circled a cooking fire carrying corn stalks. These first ears were boiled. The next one occurred in April and was called bread dance. When the first green corn shoots showed, they played a ball game between the men and women.

They lived in wigwams which were made out of strong tree branches.

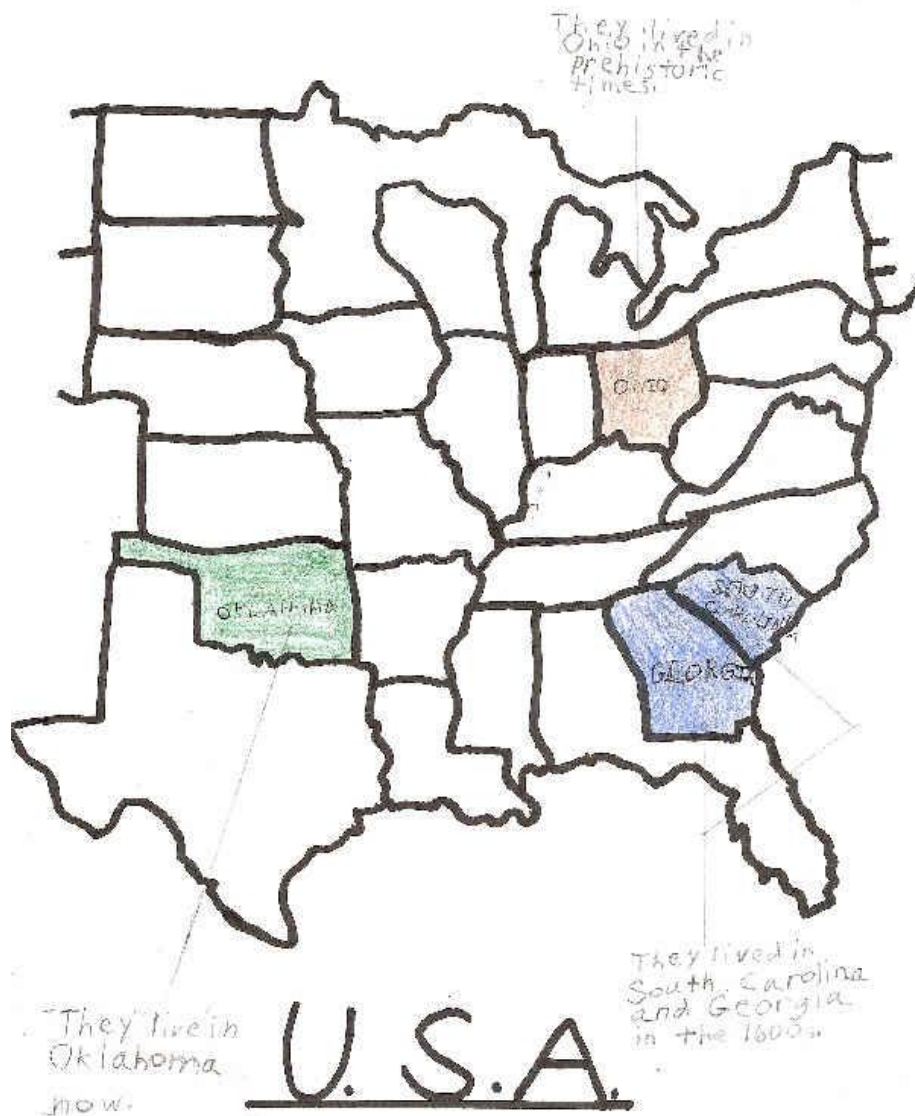
The Shawnee hunters used bows and arrows.

The Shawnee tribe is known for their beadwork, pottery, and wood carving.

In the past, Shawnee leaders had to be men. Women weren't allowed to be leaders. Now, Shawnee women are allowed to be leaders.

The Shawnee people live in Oklahoma because US government moved them.

The Shawnees can follow their culture. They are US citizens and must obey the law.



### Sassafrass Cherry Tea recipe:

#### Ingredients

- 2 quarts of water
- 4 grated sassafrass roots (around 3 cups)
- 2 cups crushed cherries (You may also use apples or berries.)
- 1 cup honey

#### Directions

1. Put first 3 ingredients into pot, bring to a boil. Boil for 10 minutes, take off heat and strain.
2. Add honey.
3. Serve warm or cold.