

Coffee with the Counselors



Great Grandma Grabner

Benld, IL

1956

Substance Abuse Prevention

Substance Abuse is an on-going problem among middle school aged students.

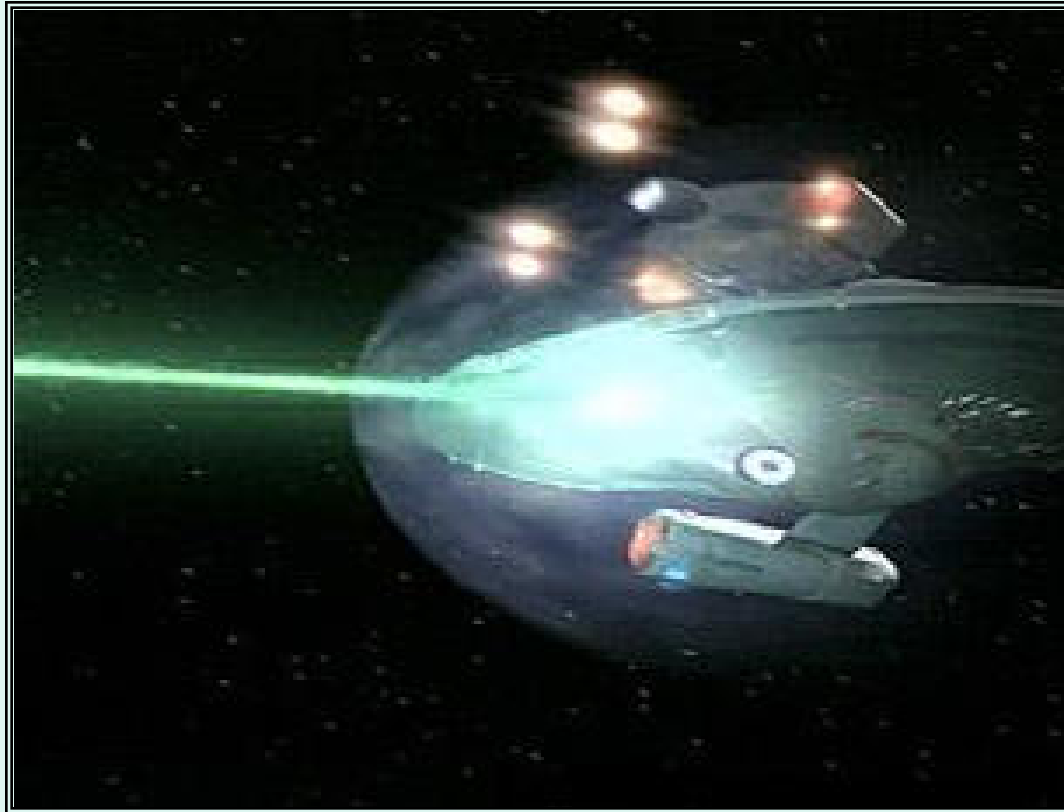
Join a professional in the field of adolescent substance abuse to discuss:

- warning signs
- new dangers
- how to talk to your children about this often difficult topic

AND

- Prevention, Protective factors, Risk Factors

Substance Abuse Prevention



Protective Factors

Substance Abuse Prevention



Substance Abuse Prevention



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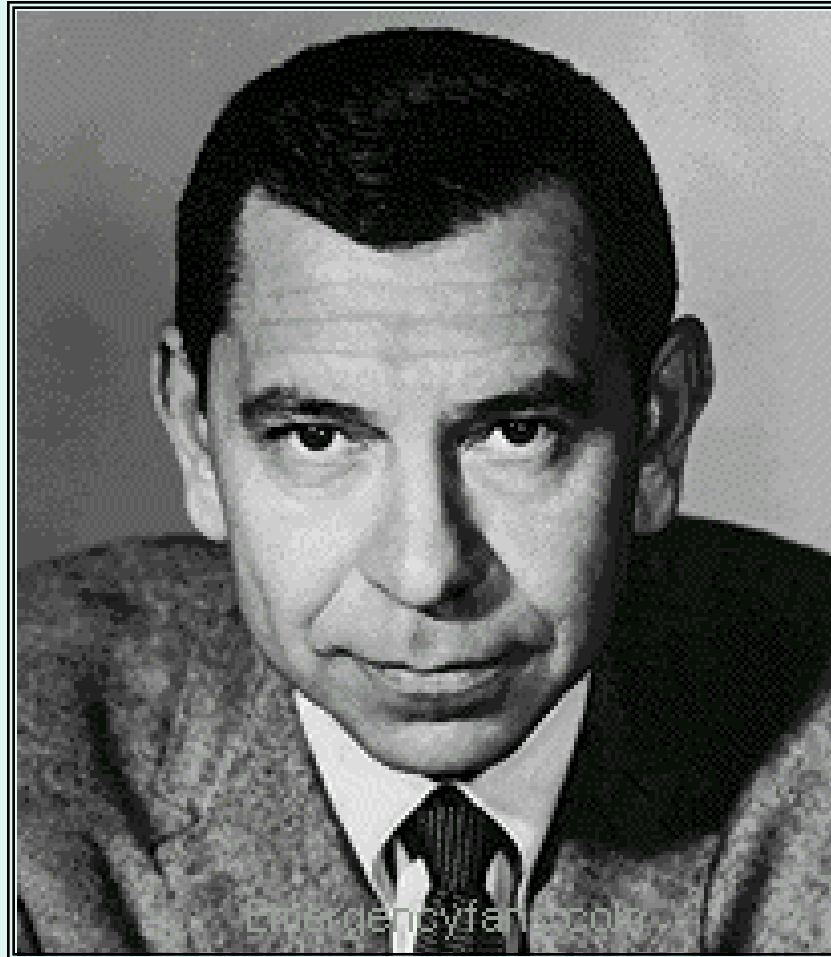
Substance Abuse Prevention



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Substance Abuse Prevention

Top 5

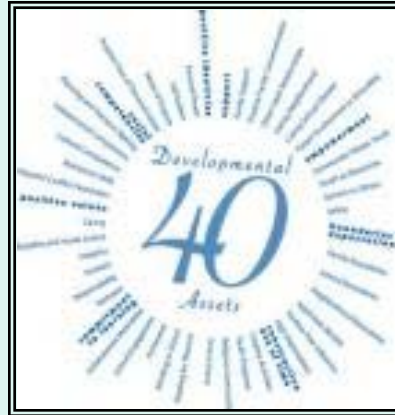
Family Support (85%)

Family Boundaries (85%)

High Expectations (85%)

Adult Role Models (81%)

Safety (78%)



Bottom 5

Reading for Pleasure (22%)

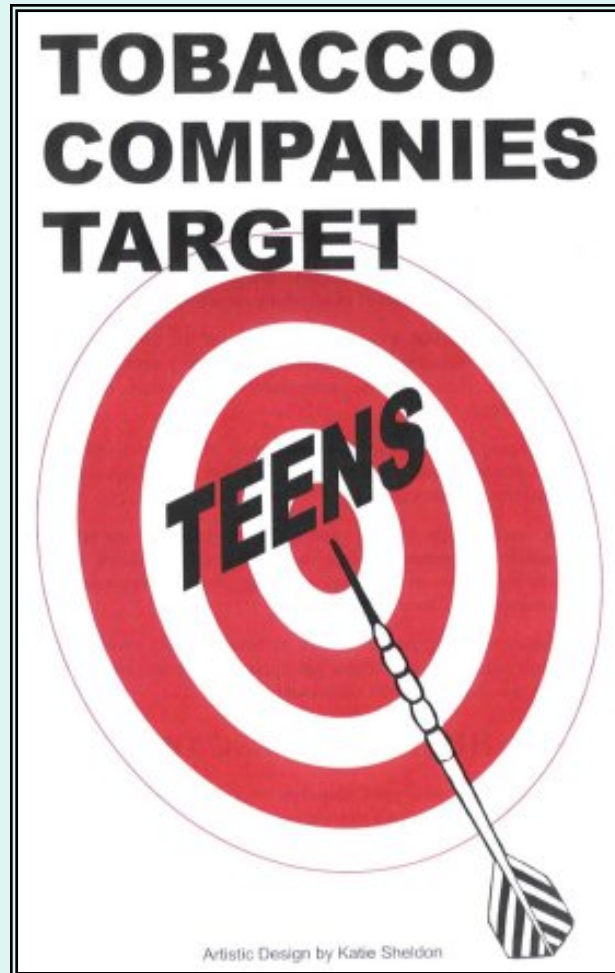
School Engagement (22%)

Neighborhood Boundaries (22%)

Youth as Resources (11%)

Service to Others (11%)

Substance Abuse Prevention



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Warning Signs



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Personal Habits and Activities

Personality

Physical Appearance

Legal Issues

Substance Abuse Prevention



Substance Abuse Prevention

Talking Points

- Begin Early
- Values and Beliefs
- Hard Facts
- Positive role model
- Firm limits
- Communication w/o condemnation