

A Note from Our School Nurse and Grade Level Team Concerning Food and Allergies

August 15, 2018

Dear Parents,

We have several students in our school that have food allergies, food sensitivities or dietary restrictions. **Food allergies can trigger reactions that range from very mild to life threatening (anaphylaxis).**

As a result, there are several procedures we must follow to prevent exposure and reduce the risk of anaphylaxis and help keep all of our students safe:

1. Any food or snack that may be provided/shared MUST have pre-approval and/or prior notification to all parents so they can make alternate choices. We cannot share/provide food items unless a parent approves. Additionally, all food items provided should be pre-packaged with the ingredient label displayed or the food ingredients must be known or labeled. Suggestions for class sharing (birthday parties, etc.) may be providing or donating a book for the classroom or other non-food items.
2. Our classrooms should be peanut/tree nut/food allergy aware spaces. Classroom projects or assignments should NOT include the use of peanut butter/nuts or other food items. Any exception to this rule would require pre-approval and prior notification to parents.
3. Students can bring their own food choices to eat, this only applies to food provided/shared or used as a class project.

If your student has a food allergy, please make sure you contact/inform the Health Office and your child's teacher. You may want to speak to the School Nurse if the allergy requires medication or other interventions.

We will be having a Halloween Party, Christmas Party, and an End-of Year Class Party. Sometimes students are given rewards for great behavior or by making great progress on their Reading or Math Inventory lexiles where we will be having food for the students. If you do NOT wish for your child to participate/have (food item), please notify the teacher (sign below). Please write your child's name clearly.

The planned food item choices are:

Pepperoni and Cheese Pizzas	Lumpia or Egg Rolls	Pasta with Sauce	Pretzels
Fruit Tray	Vegetable Tray	Cheese and Crackers	Licorice
Cup Cakes	Frosted Cookies	Root Beer Floats	Bite Size Candy
Water, Juice Boxes	Krusteaz Pancakes	Maple Syrup & Butter	

Thank you for your support and understanding. We want to make our classrooms safe for all students!

Student's Name: _____ Classroom Teacher: Mrs. Kemble, MVES 5th Grade

Parent Signature: _____ Date: _____

Food allergy: _____

Plan : _____ Alternate food provided by parent

_____ Student should not eat/participate in project

We don't celebrate for religious reasons and ask that our child

_____ Do an alternative assignment within the class

_____ Work in an alternative environment while the party is going on,

_____ We will make other arrangements for our child