Instant Words

These are the most common words in English, ranked in frequency order. The first 25 make up about a third of all printed material. The first hundred make up about half of all written material, and the first three hundred make up about 65 percent of all written material. These words are also called "sight words" because fluent reading depends on the ability to recognize them instantly, on sight. Make sure your students know the first hundred words before teaching the second hundred. Teach only a few at a time to keep the students' success rate high. Use these words for flash cards, games, spelling lessons, or just reading down the column.

The first hundred words should be mastered by the end of first grade. The second hundred and third hundred words should be mastered by the end of second grade. After mastering the first three hundred words, students should continue to practice reading them until they are able to read all 1,000 words fluently.



The First Hundred Instant Words

Column 1	Column 2	Column 3	Column 4
Words 1-25	Words 26-50	Words 51-75	Words 76-100
the	or	will	number
of	one	up	no
and	had	other	way
α	by	about	could
to	words	out	people
in	but	many	my
is	not	then	than
you	what	them	first
that	all	these	water
it	were	SO	been
he	we	some	called
was	when	her	who
for	your	would	oil
on	can	make	sit
are	said	like	now
as	there	him	find
with	use	into	long
his	an	time	down
they	each	has	day
I	which	look	did
at	she	two	get
be	do	more	come
this	how	write	made
have	their	go	may
from	if	see	part

The Second Hundred Words

Column 5 Words 101-125	Column 6 Words 126-150	Column 7 Words 151-175	Column 8 Words 176-200
over	say	set	try
new	great	put	kind
sound	where	end	hand
take	help	does	picture
only	through	another	again
little	much	well	change
work	before	large	off
know	line	must	play
place	right	big	spell
years	too	even	air
live	means	such	away
me	old	because	animals
back	any	turned	house
give	same	here	point
most	tell	why	page
very	boy	asked	letters
after	following	went	mother
things	came	men	answer
our	want	read	found
just	show	need	study
name	also	land	still
good	around	different	learn
sentence	form	home	should
man	three	us	American*
think	small	move	world

^{*}Proper Noun

The Third Hundred Words

Column 5	Column 6	Column 7	Column 8
Words 101-125	Words 126-150	Words 151-175	Words 176-200
1 · 1		*	. •
high	saw	important	miss
every	left	until	idea
near	don't	children	enough
add	few	side	eat
food	while	feet	face
between	along	car	watch
own	might	miles	far
below	close	night	indians
country	something	walked	really
plants	seemed	white	almost
last	next	sea	let
school	hard	began	above
father	open	grow	girl
keep	example	took	sometimes
trees	beginning	river	mountains
never	life	four	cut
started	always	carry	young
city	those	state	talk
earth	both	once	soon
eyes	paper	book	list
light	together	hear	song
thought	got	stop	being
head	group	without	leave
under	often	second	family
story	run	later	it's

The Fourth Hundred Words

Column 13	Column 14	Column 15	Column 16
Words 301-325	Words 326-350	Words 351-375	Words 376-300
body	order	listen	farm
music	red	wind	pulled
color	door	rock	draw
stand	sure	space	voice
sun	become	covered	seen
questions	top	fast	cold
fish	ship	several	cried
area	across	hold	plan
mark	today	himself	notice
dog	during	toward	south
horse	short	five	sing
birds	better	step	war
problem	best	morning	ground
complete	however	passed	fall
room	low	vowel	king
knew	hours	true	town
since	black	hundred	I'll
ever	products	against	unit
piece	happened	pattern	figure
told	whole	numeral	certain
usually	measure	table	field
didn't	remember	north	travel
friends	early	slowly	wood
easy	waves	money	fire
heard	reached	map	upon

The Fifth Hundred Words

Column 17	Column 18	Column 19	Column 20
Words 401-425	Words 426-450	Words 451-475	Words 476-500
done	decided	plane	filled
English	contain	system	heat
road	course	behind	full
halt	surface	ran	hot
ten	produce	round	check
fly	building	boat	object
gave	ocean	game	am
box	class	force	rule
finally	note	brought	among
wait	nothing	understand	noun
correct	rest	warm	power
oh	carefully	common	cannot
quickly	scientists	bring	able
person	inside	explain	six
became	wheels	dry	size
shown	stay	though	dark
minutes	green	language	ball
strong	known	shape	material
verb	island	deep	special
stars	week	thousands	heavy
front	less	yes	fine
feel	machine	clear	pair
fact	base	equation	circle
inches	ago	yet	include
street	stood	government	built

The Sixth Hundred Words

Column 21 Words 501-525	Column 22 Words 526-550	Column 23 Words 551-575	Column 24 Words 576-600
can't	picked	legs	beside
matter	simple	sat	gone
square	cells	main	sky
syllables	paint	winter	glass
perhaps	mind	wide	million
bill	love	written	
felt			west
•	cause	length	lay
suddenly	rain	reason	weather
test	exercise	kept	root
direction	eggs	interest	instruments
center	train	arms	meet
farmers	blue	brother	third
ready	wish	race	months
anything	drop	present	paragraph
divided	developed	beautiful	raised
general	window	store	represent
energy	difference	job	soft
subject	distance	edge	whether
Europe	heart	past	clothes
moon	sit	sign	flowers
region	sum	record	shall
return	summer	finished	teacher
believe	wall	discovered	held
dance	forest	wild	describe
members	probably	happy	drive

The Seventh Hundred Words

Column 25	Column 26	Column 27	Column 28
Words 601-625	Words 626-650	Words 651-675	Words 676-700
cross	already	hair	rolled
speak	instead	age	bear
solve	phrase	amount	wonder
appear	soil	scale	smiled
metal	bed	pounds	angle
son	сору	although	fraction
either	free	per	Africa
ice	hope	broken	killed
sleep	spring	moment	melody
village	case	tiny	bottom
factors	laughed	possible	trip
result	nation	gold	hole
jumped	quite	milk	poor
snow	type	quiet	let's
ride	themselves	natural	fight
care	temperature	lot	surprise
floor	bright	stone	French
hill	lead	act	died
pushed	everyone	build	beat
baby	method	middle	exactly
buy	section	speed	remain
century	lake	count	dress
outside	consonant	cat	iron
everything	within	someone	couldn't
tall	dictionary	sail	fingers

The Eighth Hundred Words

Column 29	Column 30	Column 31	Column 32
Words 701-725	Words 726-750	Words 751-775	Words 776-800
row	president	yourself	caught
least	brown	control	fell
catch	trouble	practice	team
climbed	cool	report	God
wrote	cloud	straight	captain
shouted	lost	rise	direct
continued	sent	statement	ring
itself	symbols	stick	serve
else	wear	party	child
plains	bad	seeds	desert
gas	save	suppose	increase
England	experiment	woman	history
burning	engine	coast	cost
design	alone	bank	maybe
joined	drawing	period	business
foot	east	wire	separate
law	pay	choose	break
ears	single	clean	uncle
grass	touch	visit	hunting
you're	information	bit	flow
grew	express	whose	lady
skin	mouth	received	students
valley	yard	garden	human
cents	equal	please	art
key	decimal	strange	feeling

The Ninth Hundred Words

Column 33	Column 34	Column 35	Column 36
<u>Words 801-825</u>	Words 826-850	Words 851-875	Words 876-900
supply	guess	thick	major
corner	silent	blood	observe
electric	trade	lie	tube
insects	rather	spot	necessary
crops	compare	bell	weight
tone	crowd	fun	meat
hit	poem	loud	lifted
sand	enjoy	consider	process
doctor	elements	suggested	army
provide	indicate	thin	hat
thus	except	position	property
won't	expect	entered	particular
cook	flat	fruit	swim
bones	seven	tied	terms
tail	interesting	rich	current
board	sense	dollars	park
modern	string	send	sell
compound	blow	sight	shoulder
mine	famous	chief	industry
wasn't	value	Japanese	wash
fit	wings	stream	block
addition	movement	planets	spread
belong	pole	rhythm	cattle
safe	exciting	eight	wife
soldiers	branches	science	sharp

The LAST Hundred Instant Words

Column 37	Column 38	Column 39	Column 40
Words 901-925	Words 926-950	Words 951-975	Words 976-1000
repeated column western church	adjective	match	division
	fig	win	effect
	office	doesn't	underline
	huge	steel	view
	9-	- · · · · · ·	

From Dr. Edward Fry's 1000 Instant Words. Phone number 1-800-557-6241