



red tailed hawks news

25030 Via Santee, Murrieta, CA 92563 • 951-696-1404

Principal: Tammy Hunter-Wethers • Assistant Principal: Lynn Nord



Principal Wethers' Message:



The latest update from the California Department of Public Health is to notify all students and staff (per classroom) of when there is an exposure. In the past, we notified the students that sat in close proximity. Please continue to monitor your emails for notifications of exposures. This is a hard time of year with exposures/illnesses. We continue to strive to keep everyone healthy.

At this time of year, we see a spike in behaviors. Students forget the expectations and must be reminded to walk, to not play in the restrooms, watch their language, and my favorite, 5th graders do not date. Our teachers and Mrs. Vergara, our onsite school counselor, provide Second Step social skills lessons to address specific behaviors associated with the various grade levels. We use progressive discipline without forgetting to include empathy. Sometimes we are not aware of what is happening at home and why a child may be acting out. Our goal is to address the whole child. Lots of adults are catching children being good and displaying the various traits of our Compassion, Achievement, Responsibility, and Excellence motto of Red Tailed Hawks Care. We continue to work towards consistent behavior expectations for all our students. In the next couple of weeks, feel free to compliment students for demonstrating great behavior in the various areas around the school and at home!

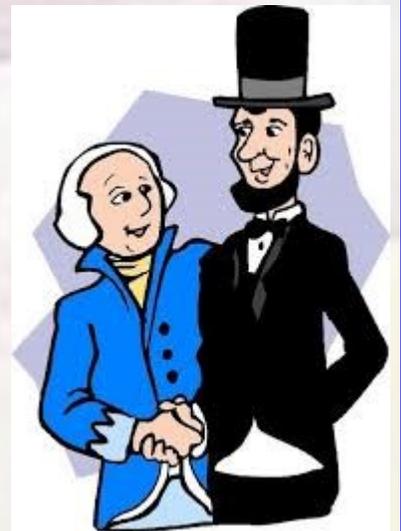
Sincerely,
Mrs. Tammy Hunter - Wethers

Rita's is returning every Friday after school starting 2/4 \$5.00



PRESIDENTS DAY HOLIDAY- NO SCHOOL

FRIDAY, 2/18 & MONDAY, 2/21



Resource Links:

Community Flyers



Rail Ranch School Year Calendar

Parent/Student Handbook



Rail Ranch Website

Lunch Menu



WEDNESDAYS ARE EARLY RELEASE DAYS

K am 8:30-11:50
K pm 10:30-1:50
1st-3rd 8:30-1:45
4th-5th 8:30-1:50



Hawk Happenings



FEBRUARY

2/2-Wednesday- EARLY OUT

2/7-Wednesday- EARLY OUT

2/14- HAPPY VALENTINES DAY!!

2/16- Wednesday- EARLY OUT

2/18 & 2/21- PRESIDENT'S DAY HOLIDAY- NO SCHOOL

2/23- Wednesday- NO EARLY OUT- REGULAR HOURS



RUBIO'S FUNDRAISER NIGHT!

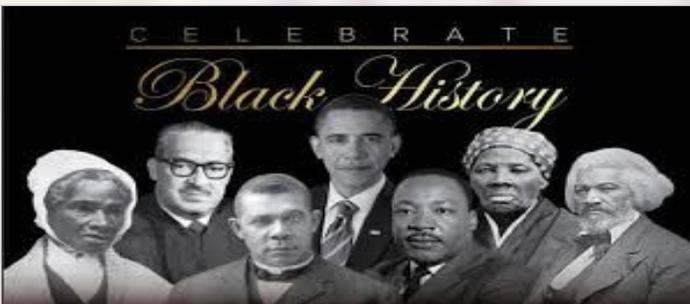
Take a an evening off from cooking and stop by Rubio's !

PICK UP OR DELIVERY!!

DATE: 2/23/22

TIME: 2:00-8:00 PM

LOCATION: 40436 Murrieta Hot Springs Rd. Murrieta, CA



DROPOFF & DISMISSAL

Drop-off

8:15-8:25 am for grades 1-5.
Morning K begins promptly at 8:25am,
Afternoon K begins promptly at 11:10am.

Pick-up

2:40 pm for grades 1-3.
Grades 4- 5 is 2:45 pm.
Afternoon K is 2:40 pm.

Please see the student handbook for Minimum and Early Release (Wednesdays) Day schedules.

No staff is available to watch students before 8:15am and after 3:00pm. Students must be picked up before 3:00pm. (Again, please see the student handbook for Minimum and Early Release (Wednesdays) Day schedules.)

Early drop off or late pickup may result in the police being called so that the student is safe.

Supervision is not available for siblings of students in before and after-school programs. Child care is available on campus for a fee. Please call the district office at 696-1600 for more information if you are interested in before or afterschool child care.

STOP

SAFETY FIRST

SLOW

Safety in the Loop

Please **do not** leave your vehicle unattended in the loops. A huge thank you to everyone for following the rules and keeping our students safe.

MVUSD ELEMENTARY COVID-19 NOTIFICATIONS STUDENT QUARANTINE BEST PRACTICES

SCENARIOS BASED ON EACH STUDENT'S UNIQUE CIRCUMSTANCES

ASYMPTOMATIC (NO SYMPTOMS)



VACCINATED

MAY CONTINUE TO ATTEND SCHOOL

AND

Participate in SEED, co-curriculars and extra-curricular activities

AS LONG AS

Student is symptom free meaning student is not exhibiting COVID-19 symptoms or any signs of illness.



UNVACCINATED

Modified Quarantine recommendations:

CONTINUE TO ATTEND SCHOOL

AS LONG AS

Student is symptom free meaning, they are not showing any signs of illness or of COVID-19

AND

Continues to wear a mask at school

AND

Tests for COVID on day 5 after exposure

AND

Abstains from co-curriculars and activities.

SYMPTOMATIC SHOWING SIGNS OF ILLNESS



VACCINATED & UNVACCINATED

STAY HOME

SELF-ISOLATE - 5 days

TAKE A COVID TEST

IF TEST IS NEGATIVE,
Student may return when symptoms have resolved

AND

Student **has not had** a fever for 24 hours without the use of fever relieving medication

IF TEST IS POSITIVE

Student stay home for 5 days

AND

Test again on Day 5 from the onset of symptoms

IF test is negative student may return to school on day 6.

Email notifications are sent to all students who have a positive COVID-19 case in their class.



STUDENT COVID-19 TESTING

PCR and Antigen Testing is available at each school site. Please visit your school website or newsletter for testing schedule and instructions on how to register.

The State is providing at-home antigen test for each MVUSD student. If you have not picked up your students tests, please contact your students school.

Protocols and testing are based on the CDPH K-12 School Guidance
MVUSD COVID-19 Dashboard: www.murrieta.k12.ca.us/C19Dashboard
COVID-19 hotline 951-304-1578

UPDATED 1-18-22

Counselor's Corner

Mrs. Vergara
nvergara@murrietak12.ca.us
951-696-1404 ext. 2490



♥ *hello* ♥

← FEBRUARY →

Kindness & Empathy

Second Step Classroom Lessons

Your child is learning how empathy and kindness can help them strengthen friendships as well as make new friends. Students are learning the meaning of empathy -- feeling or understanding what someone else is feeling -- and how it can help them be kind in ways their friend will appreciate. Students practice empathy in action by asking questions to learn more about what someone might want or need and then following up with an act of kindness.

Why is this Important? Research shows that children who learn the skills in this unit are more likely to: Build stronger relationships, resolve conflicts more effectively, exhibit positive behaviors, and develop increased empathy!

CARE SOLACE: MENTAL
HEALTH CONCIERGE
[CLICK HERE](#)

CRISIS AND HELPLINE
RESOURCES
[CLICK HERE](#)

LOCAL RESOURCES
(FOOD, CLOTHING,
HOUSING ASSISTANCE)
[CLICK HERE](#)





MVUSD Elementary Counselors

National School Counseling Week February 7th-11th

National School Counseling Week is celebrated each February to focus public attention on the unique contribution of our school counselors within U.S. school systems.

We would like to thank our schools and community for all of their continued support for the Elementary Counseling Program.

BLACK HISTORY MONTH

Black History has been an integral part of American History and in the month of February, we take time to reflect on the past and present accomplishments of African Americans. Black History Week was initiated by Dr. Carter G. Woodson (known for his success as a Historian, Author, & Journalist) in 1926 during the second week of February. His initiative was expanded to Black History Month in 1976.

This year's theme is "Black Health & Wellness" which celebrates the legacy and health and wellness contributions of Black Scholars. We honor Dr. Daniel Hale Williams, the first African American cardiologist who performed the first successful open-heart surgery. Currently, Dr. Nadine Burke Harris is serving as California's first Surgeon General and is an award-winning physician, researcher, and advocate in the areas of childhood trauma as a major risk factor to overall health and well-being. We celebrate and are grateful for the tremendous pathways African Americans have made and continue to make.





Rail Ranch Library

California Young Reader Medal

This Month we will be reading books nominated for the California Young Reader Medal award. Grades Pre-k -3 will hear a selection of five books and grades 4 & 5 will hear a selection of three. When we are finished, every student will vote on their favorite book.

The votes are submitted to the committee by April 1st and your students will be notified of the winners once they are announced.



fundraiser in support of **RAIL RANCH ELEMENTARY PTA**

Date: 02/23/2022

Time: 2:00 PM - 8:00 PM

Location: 40436 Murrieta Hot Springs Road
Murrieta, CA

Contact-Free, Worry-Free Pick Up & Delivery



Order online at rubios.com or through our mobile app, and enter promo code "Donate" at checkout or present this flyer for orders placed in the restaurant.



Scan QR code
at register

We will donate 30% of the proceeds from your meal to this cause (alcohol & gift cards excluded). 24 hours notice requested for Catering orders. Third party delivery orders or orders placed at a different time/location than your scheduled event will not count towards your fundraiser.





February PTA Newsletter

Thank you to all of our students and staff
for all of the Valentines for Veterans

February 7-11 is National school counseling
week. Let's celebrate the tremendous
impact our school counselor Ms. Vergara
has had in helping our students achieve
success. You can do this by paying her a
compliment, writing her a note, drawing a
picture or simply saying thank you.

We are looking to fill our PTA board for the
2022/2023 school year. Please see attached
flyer or email us at
RailRanchPTA@gmail.com