



# Daniel N. Buchanan Elementary BLAZER POST

3/1/2024

## Principal's Message

Dear Buchanan Families,

Welcome to March! We have so many exciting things coming up this month for our amazing Blazer community.

Our 5th grade Trailblazers are beginning their Supply Drive for the Children's Hospital LA. We are looking for new activity books, markers, colored pencils, coloring books, and stickers. Our Trailblazers are hoping to bring some happiness to the lives of the children navigating some difficult situations. Please consider helping!

On March 15th, our PTA is hosting the Spring Movie and Picnic Night at 4:30. We will be showing the Super Mario Bros. Movie. Please join us for a night of fun on the blacktop!

Our Title 1 and Intervention team is hosting our annual Math and Literacy Night on March 27th from 5-7:30. Our theme this year is Under the Sea! We'll have a traveling tide pool, games, activities, and of course learning for all ages. Please join us!

We hope you have a wonderful weekend!

Sincerely,

Mr. Norton and Ms. Moeller

## Important Links

- [2023-2024 School Year Calendar](#)
- [PLEASE READ - Arrival and Dismissal Information](#)

## Upcoming Events/Dates

- 3/4 - ELOP TK-2 Track and Field
- 3/4 - ELOP Coding
- 3/5 - ELOP Elite Gaming
- 3/5 - ELOP Beginning Chess
- 3/6 - EARLY OUT DAY
- 3/7 - ELOP Elite Gaming
- 3/7 - ELOP Beginning Chess
- 3/7 - ELOP 3-5 Track and Field
- 3/7 - ELOP Spanish Club
- 3/7 - SPRING PICTURE DAY
- 3/8 - ELOP Coding

# March

## Breakfast

- Breakfast is free for all students every day.
- MPR doors open each morning at 7:30 AM, breakfast is served at 7:45 AM. Students are supervised and families are welcome.

## PTA Corner



- Be sure to [Follow PTA on Facebook](#).

CHILDRENS HOSPITAL L.A.

# Supply Drive

ORGANIZED BY THE TRAILBLAZERS

## NEEDED ITEMS:

All items must  
be brand new

Activity Books

Thin Markers

Colored

pencils

Coloring Books

Stickers



**MARCH 11-15**

Items can be dropped off at the front gate or bike  
gate before school



# *Spring Movie & Picnic Night*



NOW SHOWING



**THE SUPER  
MARIO BROS.  
MOVIE**

**FRIDAY MARCH 15TH**

GATES OPEN AT 4:30PM

**YOU'RE WELCOME TO BRING A PICNIC DINNER FOR YOUR FAMILY**

DON'T FORGET CHAIRS AND BLANKETS



FREE POPCORN &  
COTTON CANDY





GET READY TO DIVE INTO LEARNING!

JOIN OUR "SCHOOL"  
UNDER THE SEA!

# Family Math & Literacy Night

WEDNESDAY, MARCH 27

5:00-7:30PM IN MPR

GAMES &  
ACTIVITIES!

RAFFLE  
PRIZES!



FREE  
BOOKS!

MAKE IT &  
TAKE IT!

GUEST  
READERS!

TRAVELING  
TIDEPOLS

WEAR YOUR FAVORITE OCEAN-THEMED T-SHIRT!





**MURRIETA VALLEY**  
UNIFIED SCHOOL DISTRICT

# Join our Team!

## Seeking Volunteers for MVUSD's Elementary Mathematics Instructional Materials Team

### We Value Your Participaton!



Murrieta Valley USD is inviting parent volunteers and/or community members living within attendance boundaries to participate in the **mathematics** textbook adoption process for grades **K-5**. As part of a team, participants will help review materials and provide input, leading to a recommendation to the Board of Education for use in the 2024/2025 school year.

**SIGN UP**

Interested? Complete  
the interest form at  
[bit.ly/elem-math](https://bit.ly/elem-math)



Please complete the  
interest form by  
**March 29, 2024.**



# Virtual Parent Workshop Series

## A Step Ahead

*Learn strategies for addressing behavior in a purposeful, proactive manner*

Workshops are offered free of charge and are open to any MVUSD parent. Please register so we can plan accordingly. If you are unable to attend at the times indicated but would like access to the video recordings, please indicate such on the registration form. Participants should plan to attend all workshops in order for maximum benefit.



### Making Connections

**MARCH 13**

9:30-10:30am elementary  
11:00am-12pm middle-high

### Examining Behavior

**MARCH 20**

9:30-10:30am elementary  
11:00am-12pm middle-high

### Reinforcing Behavior

**MARCH 27**

9:30-10:30am elementary  
11:00am-12pm middle-high

### Determining Reasons

**APRIL 10**

9:30-10:30am elementary  
11:00am-12pm middle-high

### Teaching Skills

**APRIL 17**

9:30-10:30am elementary  
11:00am-12pm middle-high

FOR QUESTIONS OR ASSISTANCE, PLEASE EMAIL [TLOCKHART@MURRIETA.K12.CA.US](mailto:TLOCKHART@MURRIETA.K12.CA.US)



# Counseling Corner

Buchanan Elementary School  
Mrs. Moran, School Counselor  
[Kmoran@murrieta.k12.ca.us](mailto:Kmoran@murrieta.k12.ca.us)

## SUPPORT & LINKS

Mental Health  
Concierge  
[Click Here](#)

Community  
Resources  
[Click Here](#)



## Celebrating Inclusion!

March is a special month as we come together to celebrate National Disability Awareness. It's a time to foster understanding, kindness, and inclusivity within our school community. Through engaging activities and thoughtful discussions, we aim to raise awareness about the unique strengths and abilities of individuals with diverse needs. By celebrating our differences, we not only promote empathy but also cultivate an environment where everyone feels valued and accepted. Let's take this opportunity to educate our young minds, fostering a culture of compassion that lasts a lifetime. Together, we can build a community that appreciates and embraces the rich tapestry of abilities that make each of us wonderfully unique.

## Second Step: Empathy and Kindness

During the months of January–March students learn how to recognize kindness and act kindly toward others, and how to develop empathy by learning strategies to take others' perspectives. For more information and how to further encourage learning at home please click your child's grade level below!



KINDER: [CLICK HERE](#)

FIRST: [CLICK HERE](#)

SECOND: [CLICK HERE](#)

THIRD: [CLICK HERE](#)

FOURTH: [CLICK HERE](#)

FIFTH : [CLICK HERE](#)



Division of Leadership, Wellness, and Student Services  
Pupil and Administrative Services  
Foster Youth Services Coordinating Program

LaFetra College of Education  
Center for Neurodiversity,  
Learning, and Wellness  
University of La Verne



# Social-Emotional Learning Program for Parents

The Riverside County Office of Education Foster Youth Services Coordinating Program invite you to Social-Emotional Learning Program for Parents, an 8-week program to help parents intentionally and effectively cultivate more connection, peace, and healing in their home.

Virtual session topics include love, safety, belonging, gratitude, protection, and compassion. Participants are encouraged to attend all 8 sessions.

## Parents will explore:

- Mindful breathing techniques to help reduce parenting stress
- Daily mindfulness practices to increase self-awareness and positive communication
- Self-care techniques to find regulation in the midst of high stress and burnout
- Positive behavior techniques to support children with special needs
- Strategies for building heart-centered connections between parent and child
- Weekly sessions led by a trained mindful parenting facilitator
- Community support for healing and growth
- Referrals for additional support services if needed

**Intended Audience:** This training is for foster youth parents, caregivers, and parents with children that are in foster care and attend school in Riverside County.

**LCAP Bucket/Priority:** Parent Involvement

**MTSS Priority:** Whole Child

**Dimensions of Wellness:** Social & Emotional

## Program Dates:

Thursdays,  
March 7, 14, 21, 2024  
April 11, 18, 25, 2024  
May 2, 9, 2024

## Time:

5:30 p.m.-6:45 p.m.

## Location:

Virtual  
*Zoom information will be emailed prior to the session.*

## Cost:

No cost

## To register visit:

[events.bizzabo.com/564975](https://events.bizzabo.com/564975)



For questions, please contact the Riverside County Office of Education Foster Youth Services Coordinating Program at (951) 826-4700 or [FYSCP@rcoe.us](mailto:FYSCP@rcoe.us).



# MARCH

## ELEMENTARY LUNCH MENU

1- FREE LUNCH PER STUDENT PER DAY.


### Salad Bar Entrée

Includes choice of Protein & Grain

\*Hard Boiled Eggs w/crackers

\*Hummus Cup w/pita chips

\*String Cheese w/crackers

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch Includes</b> Unlimited Daily Salad Bar 100% Fruit Juice & 1% White Milk or Non-Fat Chocolate Milk	<b>Offered Daily</b> *PB&J Snack Pack *Turkey & Cheese Sub Sandwich			1 <b>Cheesy Garlic Toast</b> *Cookie Day
4 <b>Holiday Chicken Nuggets w/ crackers</b>	5 <b>Cheeseburger Sliders</b>	6 <b>Cheesy Bread Bites w/ marinara</b>	7 <b>Rotini w/ meat sauce &amp; Texas Toast</b>	8 <b>Cheese Quesadilla</b>
11 <b>Mac &amp; Cheese</b>	12 <b>Beef &amp; Cheese Taco Stick</b>	13 <b>French Toast Sticks w/ chicken sausage patty</b>	14 <b>Orange Chicken w/ brown rice</b>	15 <b>Galaxy Cheese Pizza</b> *Rosati Ice
18 <b>Hamburger</b>	19 <b>Corn Dog</b>	20 <b>Chicken Nuggets w/ crackers</b>	21 <b>Meatballs w/ marinara &amp; Texas Toast</b>	22 <b>Mozzarella Cheese Sticks</b>
25 <b>Bean &amp; Cheese Burrito</b>	26 <b>Cheesy Garlic Toast</b>	27 <b>Chicken Drumstick &amp; Texas Toast</b>	28  <b>Double Dogs</b>	29 <b>Turkey Pepperoni Calzone</b> *Cookie Day *Rosati Ice

This Institution is an equal opportunity provider.

Menu subject to change without notice.

# MARCH

## ELEMENTARY BREAKFAST MENU




1- FREE BREAKFAST PER STUDENT PER DAY.

### Breakfast Includes

Assorted Fresh Fruit

Fruit Juice

1% White Milk or Non-Fat Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Offered Daily</u> Cereal w/ yogurt Breakfast Bar				1 <b>Mini Maple Pancakes</b>
<b><u>National School Breakfast Week!!!</u></b>				
4  <b>Lemon Muffin</b>	5 <b>Strawberry Boli</b> <i>*Sour Raison Treat</i>	6 <b>Strawberry Pancake Bowl</b>	7 <b>Bagel w/cream cheese</b> <i>*Sour Raison Treat</i>	8 <b>Pan Dulce</b> 
11 <b>Blueberry Muffin</b>	12 <b>Cinnamon Roll</b>	13 <b>Breakfast Sausage Pizza</b>	14 <b>Breakfast Big Bite</b> (Turkey Sausage, Egg, & Cheese)	15 <b>Mini Maple Pancakes</b>
18 <b>Chocolate Muffin</b>	19 <b>Strawberry Boli</b> 	20 <b>French Toast Sticks</b>	21 <b>Biscuit &amp; Chicken Sausage Patty</b>	22 <b>Bagel w/cream cheese</b>
25 <b>National Waffle Day!</b> <b>Cinnamon Snack'n Waffle</b>	26 <b>Cinnamon Roll</b>	27 <b>Breakfast Sausage Pizza</b>	28 <b>Mini Maple Pancakes</b>	29 <b>Breakfast Big Bite</b> (Turkey Sausage, Egg, & Cheese)

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