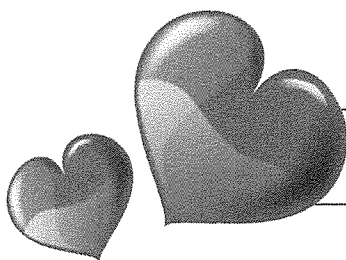


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Child Development Center Newsletter



FEBRUARY 2015



HOME — SCHOOL — CONNECTION

CONTACT INFO:

FAMILY SERVICES

24300 Las Brisas Rd. N
Murrieta, CA 92562
(951) 304-1623

Child Development Center

(951) 304-1623

Room 4: ext. 2112

Room 5: ext. 2113

Room 6: ext. 2114

Room 7: ext. 2177

Room 8: ext. 2115

Room 10: ext. 2176

Room 11: ext. 2168

Room 12: ext. 2167

UPCOMING EVENTS

February 13 & 16

No School—Holidays



Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at www.murrieta.k12.ca.us under Family Services

The Importance of Washing Your Hands (Part 2)



Wash your hands correctly

- Wet your hands with warm water and apply soap. The water does not need to be hot.
- Rub your hands together with good energy, and scrub all parts of your hands and fingers.
- Continue to rub as long as it takes you to sing "Happy Birthday," about 10-15 seconds.
- Rinse well.
- Dry your hands using a fresh paper towel or a clean cloth.
- Use the towel to shut off the water and open the door, especially when you are in public places. Door handles are germ places.

Final Tips

- Never put cooked meat back in the unwashed container it was stored in.
- Don't cut fruits and vegetables on the same board as the meat.
- In families and day care centers, germs can easily be spread from changing the diaper or a baby with diarrhea to another child or to themselves. Wash hands often!
- Children are especially sensitive to germs. Teach them to wash their hands often or help them do it several times a day.

One study proved that children who washed their hands 4 times a day missed 51% less school as other children (due to an upset stomach) and 24% less school (due to colds).

Resource: www.noodlesoup.com

My Parents

By: Brittany S. Wright

You are both special in every way,
Encouraging me more & more
each passing day.

You both are the reason why I'm so
strong,
With you two a the helm not a thing
could go wrong.

You've both helped me through many
trials & tribulations,
You've made things better in
every situation.

Thank you both for always
being there,
And showing me that you
truly care.



Words could never
explain how
I feel about you,
But I hope you know that
I truly love you two!



Ms. Anna

Hello, my name is Anna Leos. I am currently working in room 7 in the afternoon and at Tovashal preschool in the morning while attending college. My goal is to achieve my degree and a higher permit in Early Childhood Education. I have been working with M.V.U.S. D. for twenty years in varies age group from preschool to school age. I enjoyed being with the children and the staff I work with. I am happily married to my husband Abelardo. I have a beautiful bright 14 years old daughter named Jeweliana and an amazing cheerful 6 years old son named Lalito. When I am not working, I do my homework and spending time with my family. I enjoy cooking, watching movies, and do outdoor activities with my family.

