

Vol. 8 Issue 9 March 2015

Child Development Center

MARCH 2015



HOME—SCHOOL—CONNECTION



CONTACT INFO:

FAMILY SERVICES

24300 Las Brisas Rd.
Murrieta, CA 92562
(951) 304-1623

Child Development Center

(951) 304-1623

Room 10: ext. 2176

Room 11: ext. 2168

Room 12: ext. 2167

Room 207: ext. 2128

UPCOMING EVENTS

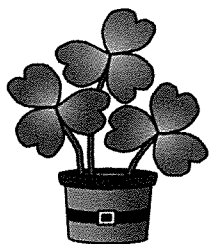
March 17
St. Patrick's Day

April 3
No School—
Closed



Parents Information & Communication

For more information about Family Services, our Newsletters, and Programs—please visit our website at



Taking Care of Young Children's Teeth—Part 1

(One Year through Five Years)

Primary “baby” teeth are very important. By age 3, your child should have 20 of them. They help your child chew, talk, have a nice smile, and maintain space for permanent teeth.

Early loss of primary teeth can severely affect the outcome of permanent teeth.

- It is recommended that children be weaned from the bottle between ages of 12 to 15 months. Offer liquids from a cup.
- Develop a daily routine of brushing your child's teeth, especially before bedtime.
- If your child is not happy about tooth brushing, try using a musical toothbrush or one with a cartoon character.
- Begin using a PEA-SIZE amount of fluoridated toothpaste once a child understands how to rinse and spit.
- Supervise and assist with brushing until good motor skills develop (6 to 8 years of age)

Resources: www.noodlesoup.com

PARENTS

The Child Development Center will be open during Spring Break

March 30, 2015

to

April 10, 2015

(except April 3rd.)

Please tell your child's teacher if he/she will not be attending and remember to sign your child's attendance sheet.



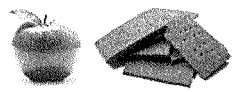
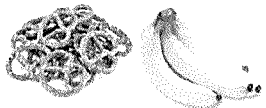
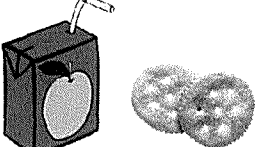
Ms. Michelle

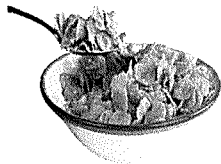
Hi, my name is Michelle Endris. I have been working for the M.V.U.S.D. for five years. I work as a Child Development Teacher at Monte Vista School Readiness program and in the S.E.E.D. program with the Kindergarteners in room 207. I have a Bachelor of Science degree in Education and currently applying for my Child Development Master Teacher permit. I am married, have two children and two boxers. I like to scrapbook, watch my son play baseball and love to bake!



MURRIETA VALLEY UNIFIED SCHOOL DISTRICT

MARCH 2015 SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<u>A.M. SNACK</u> 03/02 Cereal ½ Banana Milk <u>P.M. SNACK</u> Goldfish Crackers Juice	<u>A.M. SNACK</u> 03/03 Honey Graham Crackers Milk <u>P.M. SNACK</u> Pretzels Apple Slices Milk	<u>A.M. SNACK</u> 03/04 Cereal Milk <u>P.M. SNACK</u> PB & Jelly Sandwich Peaches Milk	<u>A.M. SNACK</u> 03/05 Ritz Crackers Oranges Milk <u>P.M. SNACK</u> Cinnamon Teddy Graham Juice	03/06 TEACHER'S CHOICE 
<u>A.M. SNACK</u> 03/09 Animal Crackers Milk <u>P.M. SNACK</u> Trail Mix Pineapple Chunk Milk	<u>A.M. SNACK</u> 03/10 Cereal Orange Slices Milk <u>P.M. SNACK</u> Grilled Cheese Sandwich Milk	03/11 TEACHER'S CHOICE 	<u>A.M. SNACK</u> 03/12 Cereal ½ Banana Milk <u>P.M. SNACK</u> Wheat Thins Crackers Milk	<u>A.M. SNACK</u> 03/13 Pancakes w/Syrup Milk <u>P.M. SNACK</u> Nilla Wafers Baby Carrots w/ Ranch Milk
03/16 TEACHER'S CHOICE 	<u>A.M. SNACK</u> 03/17 Cheez-It Crackers Milk <u>P.M. SNACK</u> Chocolate Teddy Bear Apple Sauce Milk	<u>A.M. SNACK</u> 03/18 Cereal ½ Banana Milk <u>P.M. SNACK</u> Honey Graham Crackers Juice	<u>A.M. SNACK</u> 03/19 Cheese Quesadillas Milk <u>P.M. SNACK</u> PB & Jelly Sandwich Apple Slices Milk	<u>A.M. SNACK</u> 03/20 Cereal Milk <u>P.M. SNACK</u> Ritz Crackers Pineapple Chunks Juice
<u>A.M. SNACK</u> 03/23 Cinnamon Teddy Graham Orange Slices Milk <u>P.M. SNACK</u> Wheat Thins Crackers Juice	<u>A.M. SNACK</u> 03/24 Cereal ½ Banana Milk <u>P.M. SNACK</u> Trail Mix Juice	<u>A.M. SNACK</u> 03/25 Animals Crackers Milk <u>P.M. SNACK</u> Grilled Cheese Sandwich Pears Milk	<u>A.M. SNACK</u> 03/26 Cereal Milk <u>P.M. SNACK</u> Cheez-It Crackers Peaches Milk	<u>A.M. SNACK</u> 03/27 Milk <u>P.M. SNACK</u> PB & Jelly Sandwich Apple Sauce Juice
<u>A.M. SNACK</u> 03/30 Cereal Milk <u>P.M. SNACK</u> Nilla Wafers Fruit Cocktail Juice	3/31 TEACHER'S CHOICE 			



SNACKS ARE SUBJECT TO CHANGE WITHOUT NOTICE

