

#### FAMILY SERVICES

24300 Las Brisas Rd. N Murrieta, CA 92562 (951) 304-1623

## Child Development Center

(95	1):	304-	623
Room	4:	ext.	2112
Room	5:	ext.	2113
Room	6:	ext.	2114
Room	7:	ext.	2177
Room	8:	ext.	2115
Room	10:	ext.	2176
Room	11:	ext.	2168
Room	12:	ext.	2167

## UPCOMING EVENTS

February 14 & 17 -

## Holidays-No School



# Parents Information & Communication

For more information about Family Services, our Newsleters, and Programs—please visit our website at <u>www.murrieta.k12.ca.us</u> under Family Services

# Child

## Child Development Center

Newsletter

## FEBRUARY 2014



## HOME-SCHOOL-CONNECTION

## **Toilet Mastery**

## Age 2 is a good time to start

#### Watch for readiness signs:

- Child stays dry for as long as 2-3 hours.
- Child seems to understand the general idea and is able to let you know when he/she has the urge to urinate or have a BM.
- · Child is interested in learning.
- Child can manage clothing and potty chair.

## How to teach:

- Get a potty chair and explain its use.
- · Use words you want your child to use.
- Dress your child in easy to manage clothes.
- Allow your child to practice.
- Praise any success—NEVER PUNISH.

## Once started:

- Don't expect instant success.
- Use training pants during the day and diapers at night.
- Give child responsibility, not constant reminders.
- Wash your hands each time and teach your children to do the same.
- Expect some accidents-reassure your child.
- Praise any success-NEVER PUNISH.

## The 2 R's of toilet mastery: Readiness and Responsibility

## Resource: www.noodlesoup.com



My name is Alicia Johnson. I have 11 years of experience working in the child development field. I have been working for M.V.U.S.D. Child Development Center since 2008. I grew up in Riverside and I am married to my high school sweetheart and we have 4 beautiful children. I have a 12 year old daughter and 3 sons ages 4, 5, & 6 and our dog Clifford. We spend most of our free time going to track practice and football games! If we are not out at games,

we love to stay home and watch movies, have popcorn and brownies. I love working with the children are families. It brings me joy to support them in any way I can.





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You are both special in every way, Encouraging me more & more each passing day.

You both are the reason why I'm so strong, With you two a the helm not a thing could go wrong.

You've both helped me through many trials & tribulations.

You've made things better in every situation.

Thank you both for always being there, And showing me that you truly care.

Words could never explain how I feel about you, But I hope you know that I truly love you two!



## Parents:

Please update your Child's emergency form if there is any changes.

Thank you for your cooperation.