



EXPLORER EXPRESS

Antelope Hills Elementary
36105 Murrieta Oaks Ave, Murrieta, CA 92562
(951) 445-4110

Character COUNTS

The other day, I stopped at a yard sale. I always see those bright orange, green and pink signs posted up every weekend and this time, I decided to follow one and see what they had. It was advertised as "giant," with lots of stuff. Who could pass that up?

As I got out of my truck and began looking at all the stuff, I wondered how these things ended up there at that moment in time. Someone had purchased these things, used them, and then decided that they no longer served a purpose for whatever reason. They were good enough to sell to someone else, but no longer valuable to the original owner. Yet, as I looked, I saw that many of these things still had unique character.

Good character may not always stand out, but it does catch the eye of someone, just like that old 8-track tape player or wooden tennis racket does at a yard sale. There is still a great need for good character today and it's something that everyone should strive to have, especially our kids. Many adults applaud good deeds done by kids when in reality, good deeds should be something that we expect from them daily. Kids should do things because it's the right thing to do. By building good basic character foundations with our kids every day, we are filling their emotional toolbox with all the right tools.

So, the next time you drive by one of those neon-colored signs, advertising a yard sale, smile, and remember that no matter where or when...character counts!

Coffee & CONVERSATION

**12/6/24 After Friday
Flag Salute**

**Parenting with
Purpose: Raising
Resilient Kids**



PAJAMA DAY



December 20th

COUNSELOR CONNECTION

DECEMBER 2024

Antelope Hills Elementary School
Ms. Richardson, School Counselor
richardson@murrieta.k12.ca.us

Support & Links

Community Resources
[Click Here](#)

Care Solace: Mental
Health Concierge
[Click here](#)



Happy holidays! Wishing
all of our students and
families a fun and relaxing
break.

We look forward to seeing
you in the new year!

*Sweater
weather*

As we approach the end of the year, we want to celebrate the
diverse holidays that our school community observes. Here are
some of the special holidays during this season:

Kwanzaa - December 26 - January 1

Kwanzaa is a celebration of African-American culture and
heritage. It lasts for seven days, each dedicated to one of the
seven principles. Families light a kinara (candle holder) and enjoy
music, dance, and storytelling.

Hanukkah - December 25

Hanukkah, also known as the Festival of Lights, is an eight-day
Jewish holiday. It commemorates the rededication of the Second
Temple in Jerusalem. Families light a menorah, play games like
dreidel, and enjoy foods like latkes (potato pancakes).

Christmas - December 25

Christmas is celebrated by Christians around the world to honor
the birth of Jesus Christ. Traditions include decorating Christmas
trees, exchanging gifts, and sharing meals with loved ones.

Las Posadas December 16 - 24

Las Posadas is a nine-day celebration observed in Mexico and
some Latin American countries. It reenacts Mary and Joseph's
search for shelter before the birth of Jesus. Each night, families
participate in processions, sing carols, and enjoy festive foods.

SEL Focus: Peer Relations

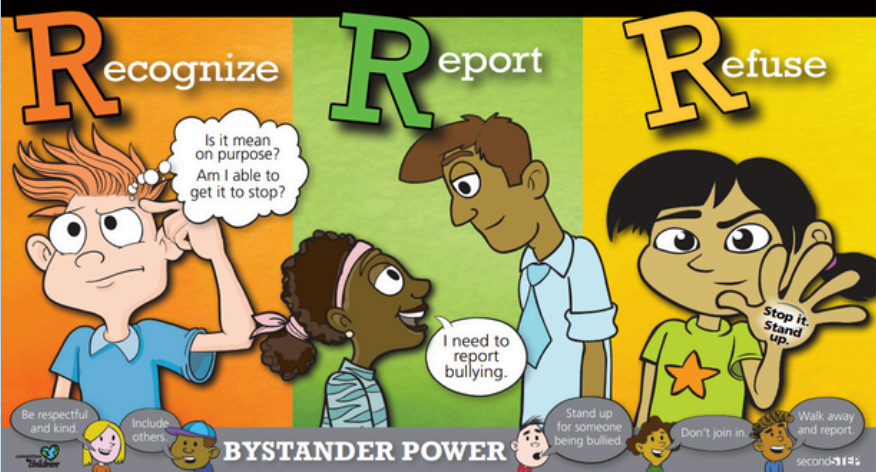
School Counseling Lessons will focus on peer relations. Lessons will discuss sharing, trading, and taking turns to promote fairness and mutual enjoyment. Students will learn how to apply problem-solving skills to scenarios that involve playground or peer conflict. Upper grades will learn how to recognize and report bullying and the power of being positive bystanders for peers.

Solve Problems with STEP

Say the problem
Think of solutions
Explore the outcomes
Pick a solution



HELP STOP BULLYING



winter break BINGO

HOW MANY ITEMS CAN YOU COMPLETE THIS WINTER BREAK?



winter break

I SPY WINTER





December 2024 Important Dates

Dec 2

Dec 3

Dec 4

Dec 5

Dec 6

Early Release
Day @
1:20pm.
Grades 1-5



Flag Salute
8:00am



Coffee & Conversation
After Friday
Flag in MPR



Dec 9

Dec 10

Dec 11

Dec 12

Dec 13

Early Release
Day @
1:20pm.
Grades 1-5

Flag Salute
8:00am



Dec 16

Dec 17

Dec 18

Dec 19

Dec 20

NO EARLY
RELEASE

Kindergarten
winter
Program
4:15pm & 6:00pm



PAJAMA
DAY

Early Release
Day @ 1:20pm.
Grades 1-5

Dec 23

Dec 24

Dec 25

Dec 26

Dec 27



Winter Break

For more information

<https://www.murrieta.k12.ca.us/ANTELOPE>



Dec-Jan 2025 Important Dates

Dec 30

Dec 31

Jan 1

Jan 2

Jan 3

Winter Break



Jan 6

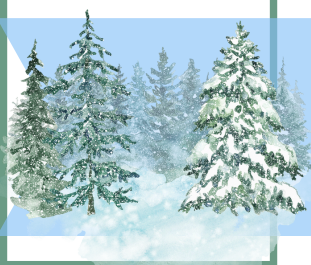
Jan 7

Jan 8

Jan 9

Jan 10

Winter Break



Jan 13

Jan 14

Jan 15

NO!
SCHOOL

*Welcome
Back?*

**NO EARLY
RELEASE**



REDISTRICTING WORKSHOP CONCEPT MAPS REVIEW

Opportunity for Community Feedback & Q/A

PUBLIC REVIEW DATES

Wednesday - December 10, 2024

Vista Murrieta High School

6:00 p.m. to 8:00 p.m.

MPR

Thursday - December 11, 2024

Thompson Middle School

6:00 p.m. to 8:00 p.m.

MPR

Woolpert, the consultant leading the attendance boundaries redistricting committee, invites the community to review conceptual maps outlining proposed changes to school boundaries. These changes could impact the school assignments for various neighborhoods. This public unveiling of the map options is a community engagement opportunity before the final maps are presented to the Board of Education for approval in February.



www.murrieta.k12.ca.us/redistricting



DECEMBER

ELEMENTARY LUNCH MENU

1- FREE LUNCH PER STUDENT PER DAY.

Salad Bar Entrée

Includes choice of Protein & Grain

*Hard Boiled Eggs w/crackers

*Hummus Cup w/pita chips

*String Cheese w/crackers

Monday

2 Cheesy
Bread Bites
w/marinara

Tuesday

3 Beef & Cheese
Taco Stick

Wednesday

4 French Toast
Sticks
w/chicken sausage
patty

Thursday

5 Orange Chicken
w/ Brown Rice

Friday

6 Galaxy
Cheese Pizza
*Cookie Day

9 Mozzarella
Cheese Sticks

10 Corn Dog

11 Chicken
Nuggets

12 Meatballs
w/marinara
& Texas Toast

13 Hamburger

16 Cheese Pizza
Crunchers

17 Cheesy
Garlic Toast

18 Holiday Chicken
Nuggets
*Rosati Icee

19 Chicken
Tamales

20 Beefy
Nachos
*Cookie Day

23 Winter Break
No School

24

25 Merry
Christmas

26

27

30

31

Menu subject to
change
without notice.

Offered Daily
*PB&J Uncrustable
*Turkey & Cheese
Sub Sandwich
*Turkey Sub Sandwich

Lunch Includes
Unlimited Daily Salad Bar,
String Cheese
Goldfish Crackers, 100% Fruit
Juice &
1% White Milk or
Non-Fat Chocolate Milk

This Institution is an equal opportunity provider.