



Monte Vista Elementary
MONTE MEMO
Learners Today, are Leaders Tomorrow

Pamela Picchiotino, Principal
Michael Benecchi, Assistant Principal



October 2024

Hello Mountain Lion Families,

October is here, bringing a busy month full of activities. With events ranging from parent-teacher conferences to Monte Fest, we have a lot in store. Here are some important dates to remember:

October 2nd

- Early dismissal day
- National Custodian Day

October 4th

- Final day to buy pre-sale Monte Fest tickets
- Lions Den

October 9th

- Makeup picture day
- Early dismissal day

October 14th - October 18th

- Minimum day schedule
- Parent-teacher conferences/ progress reports
- No after-school programs during this week

October 16th

- Unity Day-Wear Orange.

October 18th

- Monte Fest

October 21st - 25th

- Red Ribbon Week

October 22nd

- Coffee Truck

October 25th

- Early dismissal day

October 31st

- Submissions for the Wall of Honor are due.
- Happy Halloween

November 1st

- **NO SCHOOL**



CONGRATULATIONS MONTE VISTA!

We are extremely excited to announce Monte Vista's California PBIS Gold Award in recognition for a successful PBIS Implementation. This recognition is a testament to our staff, students, and family's commitment to implementing PBIS with fidelity and creating the conditions to maximize academic and social-emotional-behavioral outcomes for ALL students. Our focus and efforts are to ensure a positive school culture that is safe, respectful, responsible, and kind. Congratulations Mountain Lions on this outstanding recognition!



IMPORTANT LINKS

[School Website](#)

[Menus](#)

[Counselor's Corner](#)

OCTOBER 2024



MON	TUE	WED	THU	FRI
<p>*All dates and times subject to change*</p>	<p>1 Meet and Eat 7:15 TK-2ND BASKETBALL 2:45-5 E-GAMES 2:45p-3:30p</p>	<p>2 Meet and Eat 7:15 Spanish 1:50p-2:35p CUSTODIANS DAY EARLY OUT DAY</p>	<p>3 Meet and Eat 7:15 3RD-5TH BASKETBALL 2:45-5 E-GAMES 2:45p-3:30p</p>	<p>4 Meet and Eat 7:15 Adventures in Bookland 2:45p-3:30p Lion's Den</p>
<p>7 Meet and Eat 7:15 Spanish 2:45p-3:30p Minecraft AM 7:45a-8:25a Minecraft PM 2:45p-3:30p STEAM 3rd-5th 2:45p-3:30p</p>	<p>8 Meet and Eat 7:15 TK-2ND BASKETBALL 2:45-5 E-GAMES 2:45P-3:30P</p>	<p>9 Meet and Eat 7:15 Spanish 1:50p-2:35p Make Up Picture Day EARLY OUT DAY</p> 	<p>10 Meet and Eat 7:15 BASKETBALL 3rd-5th 2:45-5 STEAM K-2nd 2:45p-3:30p E-GAMES 2:45P-3:30P</p>	<p>11 Meet and Eat 7:15 Adventures in Bookland 2:45p-3:30p</p>
<p>14 Meet and Eat 7:15</p>  <p>PARENT Conferences</p>	<p>15 Meet and Eat 7:15</p>	<p>16 Meet and Eat 7:15 Unity day -wear orange</p>	<p>17 Meet and Eat 7:15</p>	<p>18 Meet and Eat 7:15 Monte Fest 5p-9p</p> 
<p>21</p> 	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p> 
RED RIBBON WEEK				
<p>Wear your favorite Disney gear! Meet and Eat 7:15 Spanish 1:50p-2:35p Minecraft AM 7:45a-8:25a Minecraft PM 2:45p-3:30p</p>	<p>Wear favorite sports gear! Meet and Eat 7:15 TK-2ND BASKETBALL 2:45p-5p E-GAMES 2:45p-3:30p</p>	<p>Wear 50'S outfit! Meet and Eat 7:15 Spanish 1:50p-2:35p EARLY OUT DAY</p>	<p>Wear vacation outfit or PJ's! Meet and Eat 7:15 3RD-5TH BASKETBALL 2:45-5 E-GAMES 2:45p-3:30p</p>	<p>Wear Monte Vista Blue! Meet and Eat 7:15 Adventures in Bookland 2:45p-3:30p</p>
<p>28 Meet and Eat 7:15 Spanish 1:50p-2:35p Minecraft AM 7:45a-8:25a Minecraft PM 2:45p-3:30p</p>	<p>29 Meet and Eat 7:15 BASKETBALL TK-2ND 2:45-5 E-GAMES 2:45p-3:30p</p>	<p>30 Meet and Eat 7:15 Spanish 1:50p-2:35p EARLY OUT DAY</p>	<p>31 Meet and Eat 7:15 3RD-5TH BASKETBALL 2:45-5 E-GAMES 2:45p-3:30p HALLOWEEN</p>	<p>NO SCHOOL FRIDAY NOVEMBER 1ST</p>  <p>Teacher WORKDAY</p>

MINIMUM DAYS - PARENT TEACHER CONFERENCE WEEK
NO AFTER SCHOOL CLUBS THIS WEEK

I missed a little bit of school, it's not a big deal.

Does Attendance Really Matter?

IT'S A VERY BIG DEAL!



1 or 2 days a week doesn't seem like much but ...



If your child misses. . .	That equals. . .	Which is . . .	And over 13 years of schooling that's . . .
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years of school
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How about 10 minutes late a day? Surely that won't affect my child?

If your child misses. . .	That equals. . .	Which is . . .	And over 13 years of schooling that's . . .
10 mins per day	50 mins per week	Nearly 1 ½ weeks per year	Nearly ½ year
20 mins per day	1 hr. 40 mins per week	Over 2 ½ weeks per year	Nearly 1 year
30 mins per day	Half a day per week	4 weeks per year	Nearly 1 ½ years
1 hour per day	1 day per week	8 weeks per year	Over 2 1./2 years

EVERY DAY COUNTS

If you want your child to be successful at school then, YES, attendance does matter!

PARENTS REMINDER: Please send students with extra set of clothing, in their backpack, if you think they may need it for any reason, the health office doesn't provide clothing.

Please remember your student needs to be picked up from the Health Office with 15-30 minutes from phone call if going home for any reason. You may update your emergency pick up list with the front office if you need to add someone to the list.

Thank You! 😊

Michele K. Hanley
Health Tech
951-894-5085 x2993



DID SOMEONE SAY COFFEE?!

THE RUSH

Coffee Truck will be at Monte Vista every 4th Tuesday of each month.

FROM 7:45-9:00AM

10% of proceeds go back to Monte Vista PTA

Thank you
PTA for
the great
coffee!



Thank you!

THANK YOU TO THE GARCIA FAMILY FOR DONATING GENTLY USED BOOKS TO THE LIBRARY!

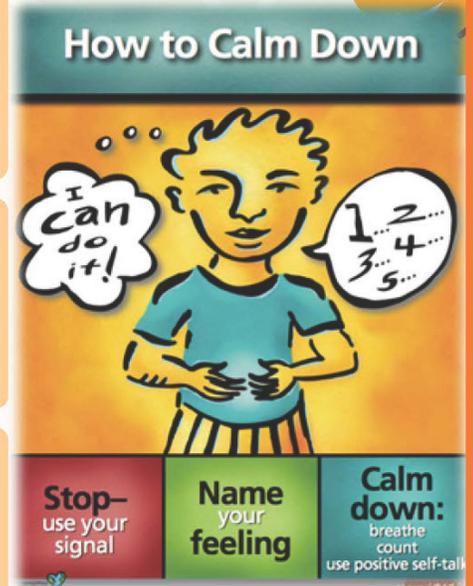
Calm Down Steps and Tips

1st step: Use a stop signal. Using a stop signal sends a message to your brain to stop and tells it it's time to redirect one's thoughts.

Some stop words that a child can use are: Stop, chill out, hold on, let's take a minute, and relax.

2nd Step: Name your feeling. Your child should out loud or using their "self-talk" state the specific feeling they're feeling. Such feeling like sad, mad, frustrated, jealous, frustrated, and/or lonely.

3rd Step: Use Coping strategies such as long deep breaths, counting to 10, or positive self-talk. Children can self-motivate by telling themselves "I got this" or "I can do it." This could also be a good time to seek help from a trusted adult or just take a break.



Second Step Classroom Social Emotional Learning

Students will begin a new unit in their classroom this month. The new unit teaches emotion management. Students learn foundational skills about how their brain works and process emotions. Throughout the next 5 weeks, they will learn the purpose of emotions, identify differences between three gradations of the same emotion, recall emotions have a purpose—emotions provide important information about what they may need, name an emotion-management strategy, including: taking a break, slow breathing, and slow counting.



RED RIBBON WEEK - OCTOBER 21ST-25TH

Life is a movie...
film with healthy choices!



Disney Magical Monday

"You are braver than you believe, stronger than you seem and smarter than you think" (Winnie the Pooh)

Wear favorite your favorite Disney movie/character gear

Team up Tuesday

Be Active!

Wear favorite sports team gear!

50's Day on Wednesday

50 Healthy Days of School

Wear 50s Attire

Thriving Thursday

Rest to Re-Charge!

Wear your best vacation outfit or favorite PJs!

Pawsitive Friday

Thinking Pawsitive Thoughts!



Wear Monte Vista Blue

MONTE'S MINDBENDER



OCTOBER 2024

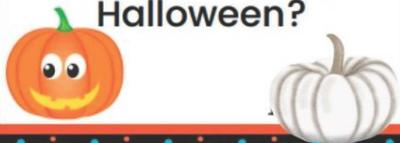
How do you fix a cracked pumpkin?



How do witches keep their hair up?



What do birds say on Halloween?



SUBMIT YOUR ANSWERS TO THE OFFICE

What's a ghost's favorite fruit?



LAST MONTHS
"WUZZLE"
PUZZLES ANSWER
WAS:
"HOLE-Y COW"

COW

NATIONAL DAYS:

OCT. 1ST

National Homemade Cookies Day

OCT. 2ND

National Custodian Day

OCT. 5TH

National Do Something Nice Day

OCT. 10TH

National Walk to a Park Day

OCT. 16TH

National Sports Day

OCT. 26TH

National Pumpkin Day

OCT. 28TH

National First Responders Day

OCT. 28TH

National Chocolate Day

DID YOU KNOW?

BATS ARE THE ONLY MAMMALS THAT CAN FLY!



OCTOBER

ELEMENTARY BREAKFAST MENU
1- FREE BREAKFAST PER STUDENT PER DAY.

Breakfast Includes

Assorted Fresh Fruit
Trix Yoplait Yogurt
100% Fruit Juice
1% White Milk or Non-Fat Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cinnamon Roll	2 Breakfast Sausage Pizza	3 Strawberry Pancake Bowl	4 Biscuit & Sausage Patty
7 Chocolate Muffin	8 Cinnamon Snack'n Waffle	9 French Toast Sticks	10 Bagel w/cream cheese	11 Pancake Sausage Sandwich
14 Blueberry Muffin	15 Cinnamon Roll	16 Breakfast Sausage Pizza	17 Strawberry Pancake Bowl	18 Biscuit & Sausage Patty
21 Chocolate Muffin	22 Cinnamon Snack'n Waffle	23 French Toast Sticks	24 Bagel w/cream cheese	25 Pancake Sausage Sandwich
28 Blueberry Muffin	29 Cinnamon Roll	30 Breakfast Sausage Pizza	31 Pumpkin Bread 	<u>Offered Daily</u> *Cereal *Breakfast Bar

This Institution is an equal opportunity provider.

Menu subject to change without notice.

OCTOBER

ELEMENTARY LUNCH MENU
1- FREE LUNCH PER STUDENT PER DAY.

Salad Bar Entrée

Includes choice of Protein & Grain

*Hard Boiled Eggs w/crackers
*Hummus Cup w/pita chips
*String Cheese w/crackers

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Offered Daily</u> *PB&J Uncrustable *Turkey & Cheese Sub Sandwich *Turkey Sub Sandwich	1 Beef & Cheese Taco Stick	2 French Toast Sticks w/chicken sausage patty	3 Orange Chicken w/brown rice	4 Galaxy Cheese Pizza *Cookie Day 
7 Mozzarella Cheese Sticks	8 Corn Dog	9 Chicken Nuggets	10 Meatballs w/marinara & Texas Toast	11 Hamburger
14 Pizza Crunchers *Sour Raisins	15 Cheesy Garlic Toast *Banana Cherry Sidekicks	16 Beef & Cheese Taco Stick *Sour Raisins	17 Corn Dog *Strawberry Grahamz	18 Galaxy Cheese Pizza *Cookie Day *Sour Raisins
21 Cheesy Bread Bites w/marinara	22 Cheeseburger Sliders	23 Chicken Nuggets	24 Rotini w/meat sauce & Texas Toast	25 Chicken Burger
28 Mac & Cheese	29 Beef & Cheese Taco Stick	30 French Toast Sticks w/chicken sausage patty	31 Holiday Chicken Nuggets *Rosati ICEE 	<u>Lunch Includes</u> Unlimited Daily Salad Bar, String Cheese Goldfish Crackers, 100% Fruit Juice & 1% White Milk or Non-Fat Chocolate Milk

National School Lunch Week!

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MONTE VISTA PTA PRESENTS

Monte Fest

JOIN US FOR A FAMILY NIGHT OF FOOD, GAMES, COSTUMES, & SO MUCH MORE!

**OCTOBER 18TH
5:00-9:00 PM**

CARNIVAL GAMES, SLIDES, & INFLATABLE OBSTACLE COURSE

HAUNTED LIBRARY

**-LIVE DJ
-FOOD VENDORS
-SHOP VENDORS
-RAFFLE PRIZES!**

PRE-ORDER & SAVE ON WRISTBANDS & RAFFLE TICKETS

AT THE DOOR PRICING:

WRISTBANDS - \$20 EACH
RAFFLE TICKET - \$1 EACH

*PURCHASE OF A WRISTBAND INCLUDES UNLIMITED GAMES & HAUNTED LIBRARY TOURS

WRISTBAND & WAIVER REQUIRED FOR SLIDES & INFLATABLE OBSTACLE COURSE

NATIONAL PTA REFLECTIONS

2024-2025
CALL FOR ENTRIES!

Accepting Imperfection

Explore the arts and express yourself!

DANCE CHOREOGRAPHY | FILM PRODUCTION | LITERATURE | MUSIC COMPOSITION | PHOTOGRAPHY | VISUAL ARTS

Get involved! PTA.org/Reflections

Deadline for Entries: 10/21/2024

For Details: montevistaspta@gmail.com

PTA INFO

PARENT VOLUNTEERS NEEDED

WE NEED ADULT VOLUNTEERS TO SUPERVISE OUR HIGHSCHOOL VOLUNTEERS DURING MONTE FEST.

VOLUNTEER FOR 1 HOUR SHIFT GET 10 FREE RAFFLE TICKETS

FOR MORE INFORMATION CONTACT US AT MVESPTAPRESIDENT03@GMAIL.COM

Monte Vista PTA Presents
MONTE FEST

WE ♥ SCHOOLS!

Oriental Trading & Monte Vista Elementary

ENJOY THIS **SPECIAL OFFER** MADE JUST FOR **MONTE VISTA ELEMENTARY**

10% GIVEBACK FOR YOUR SCHOOL'S PTA (PLUS FREE SHIPPING FOR YOU!)

Earn your PTA a giveback in merchandising credit by using your school's promo code **MVESFUN** plus free shipping for you during this special savings event.

SHOP → CHECK OUT WITH CODE → 10% GIVEBACK

Shop at orientaltrading.com from Sept. 16 thru Oct. 25

Use code: **MVESFUN** at check out

10% of your TOTAL purchase will be given back to your school's PTA in the form of merchandise credits!