



EXPLORER EXPRESS

Antelope Hills Elementary
36105 Murrieta Oaks Ave, Murrieta, CA 92562
(951) 445-4110

Character COUNTS

I'm reading a great book right now and I just can't seem to put it down. I eagerly look forward to the next chapter every night. Each June brings the close of another school year for kids and for many of them, a new chapter in their lives will soon be starting up. Tk/kindergarteners will begin, 5th graders and 8th graders will promote, and seniors will graduate. Some students will move away, others will transfer schools, and for the kids that aren't going anywhere, their journey continues. These times are filled with uncertainty and anxiety and for some, maybe even a little fear.

As parents, we try to prepare our kids for the new chapters that they will face in the years to come. We reflect on our own past experiences and hope our kid's experiences are either similar or completely opposite from what we went through. While we can't be with them every step of the way, we hope that the character tools we have helped them develop will stick. Trustworthiness, respect, responsibility, fairness, caring, and citizenship make up the six pillars of character that all great people possess. We hope these "tools" show up in our kid's imaginary toolbox and they know how to use them when tough choices come their way.

So when we say "welcome" to our Tk/kindergarteners, "good luck" to our 5th and 8th graders, and "so long" to our seniors, we hope they face their next chapter with confidence, determination, and a positive attitude. While they may not be eagerly looking forward to the next chapter in their life, if they enter it as a person of good character, they will find the story a whole lot easier to read.

Have a great summer, take care and remember.....no matter where or when.....character counts!

yearbook

AVAILABLE FOR
PURCHASE ONLINE
ONLY

[Click Here](#)

Coffee & CONVERSATION

5/2/25 After Friday
Flag Salute
Middle School
Transition



Counseling Connection

Antelope Hills Elementary School

Ms. Richardson, Counselor

lrichardson@murrieta.k12.ca.us

951-445-4110 EXT 3382

SUPPORT & LINKS

[Community Resources](#)

[Care Solace](#)
[Mental Health](#)
[Concierge](#)

May is...

Mental Health Awareness Month

During May, there is a national movement to bring awareness to mental health. Together, we can fight the stigma, provide support to advocate for better mental health. Click on links below for additional resources:

[Mental Health Awareness Library](#)

[Mental Health Resources](#)



VIRTUAL LIBRARIES

[AAPI Virtual Library](#)

[AAPI Heritage Month Daily Library](#)

May is Asian Pacific American Heritage Month—a time to recognize and honor the histories, cultures, and contributions of individuals and families from Asia and the Pacific Islands, including Hawaii, Samoa, the Philippines, China, Japan, Korea, Vietnam, and many others.

This month was originally chosen to commemorate the arrival of the first Japanese immigrants to the United States in May 1843, as well as the completion of the transcontinental railroad in May 1869, which was made possible in large part by Chinese immigrant labor.

Families can learn more about this important month and explore the diverse stories of Asian Pacific Americans by using the virtual library links.

MEMORIAL DAY

Memorial Day is a solemn day of remembrance, honoring all the men and women who have died in service to the United States armed forces. The holiday traces its roots back to May 30, 1868, when it was first observed as Decoration Day, following the Civil War, as a time to pay tribute to fallen soldiers. In 1971, Memorial Day was officially declared a federal holiday, now observed annually on the last Monday in May. This year, Memorial Day will be observed on Monday, May 26, 2025.

The day is also recognized by many as Poppy Day, a tradition observed in several countries around the world. In the United States, The American Legion introduced National Poppy Day®, encouraging Americans to wear a red poppy on the Friday before Memorial Day. The red poppy serves as a powerful symbol—honoring those who gave their lives and showing support for veterans and active-duty service members.

Link To Make a Poppy:

CLICK HERE

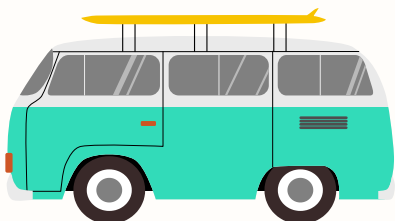


Murrieta Public Library

Murrieta Community

Recreation

FUN Things to do



CalKIDS

**Get Free Money
for College!** Click
the image above
to see if your child
has an account to
claim

*Click
Here*

**FINANCIAL
LITERACY
Initiative** 
RIVERSIDE COUNTY OFFICE OF EDUCATION

It is never too early to teach the value of being a good steward of money. Teaching children from a young age financial language and the importance of managing money wisely, increases their financial stability and success in the future.

Check out the links below.

U.S. Mint Coin Classroom



May 2025 Important Dates

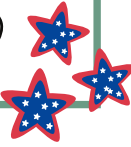
Hello May

MAY 1

MAY 2

Flag Salute
8:00am

Coffee & Conversation
After Friday
Flag in MPR



MAY 5

MAY 6

MAY 7

MAY 8

MAY 9

Early Release
Day @ 1:20pm.
Grades 1-5



Flag Salute
8:00am

Teacher/Staff Appreciation Week

MAY 12

MAY 13

MAY 14

MAY 15

MAY 16

Early Release
Day @ 1:20pm.
Grades 1-5

Flag Salute
8:00am



Bingo De Mayo
5:00-8:00pm

MAY 19

MAY 20

MAY 21

MAY 21

MAY 22

Early Release
Day @ 1:20pm.
Grades 1-5



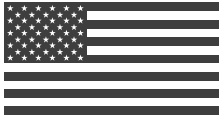
Flag Salute
8:00am

For more information <https://www.murrieta.k12.ca.us/ANTELOPE>



May & June 2025 Important Dates

MAY 26



Memorial Day
*** HONORING ALL WHO SERVED ***

MAY 27

MAY 28

Early Release
Day @ 1:20pm.
Grades 1-5

MAY 29

MAY 30



Flag Salute
8:00am

JUN 2

JUN 3

JUN 4

NO EARLY
RELEASE

JUN 5

5th Grade
PROMOTION
8:30am

JUN 6

KINDERGARTEN
PROMOTION
10:00am
Early Release
Day @ 1:20pm.
Grades 1-5

LAST
DAY!

BACK TO SCHOOL

2025-2026

SCHOOL YEAR

Starts on

Monday, August 11, 2025

For more information

<https://www.murrieta.k12.ca.us/ANTELOPE>

MAY

ELEMENTARY LUNCH MENU

1- FREE LUNCH PER STUDENT PER DAY.

Salad Bar Entrée

Includes choice of Protein & Grain

*Hard Boiled Eggs w/crackers

*Hummus Cup w/pita chips

*String Cheese w/crackers

Monday

Lunch Includes

Unlimited Daily Salad Bar

String Cheese

Goldfish Crackers

100% Fruit Juice &

1% White Milk or

Non-Fat Chocolate Milk

5 **Chicken
Tamale**

*Shortbread Cookie

Tuesday

Offered Daily

*PB&J Snack Pack

*Turkey & Cheese

Sub Sandwich

*Turkey Sub Sandwich

6 **Cheesy
Garlic Toast**

Wednesday

7 **Chicken
Drumsticks
w/ Texas Toast**

Thursday

1 **Meatballs
w/ marinara
& Texas Toast**

Friday

2 **Hamburger**

9 **Beefy
Nachos**

*Cookie Day

12 **Cheesy Bread
Bites
w/ Marinara**

13 **Cheeseburger
Sliders
w/ Potato Smiles**

14 **Chicken
Nuggets**

15 **Rotini
w/ meat sauce
& Texas Toast**

16

**Chefs
Choice**



19 **Mac
&
Cheese**

20 **Cheesy
Chicken Burrito**

21 **French Toast
Sticks
w/ chicken
sausage patty**

22 **Orange
Chicken
w/ brown rice**

23

**Chefs
Choice**



*Cookie Day

26 ***MEMORIAL DAY***
NO SCHOOL

27 **Corn Dog**

28 **Chicken
Nuggets**

29 **Meatballs
w/ marinara
& Texas Toast**

30

**Chefs
Choice**



This Institution is an equal opportunity provider.

Menu subject to change without notice.



treering



IT'S NOT TOO LATE TO PURCHASE THE ANTELOPE HILLS ELEMENTARY SCHOOL YEARBOOK!

Customize Your 2 Free Pages

Add photos from your computer, Facebook, Instagram, Google Drive & more.

Answer fun Memory Questions to help remember the year.

The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$1.99.

To Purchase & Customize Your Yearbook, Use The QR Code Below, or:

Must be a parent or student 13 years or older.

- 1 Go to: www.treering.com/validate
- 2 Enter your school's passcode:
10173698298113

Regular price: **\$24.30**

*Does not include sales tax, if applicable

