# Get on a roll with your health

Our mobile health vehicle is coming to you



Here's a new spin on good health: Take care of yourself without taking time off.

Where: 24515 Lincoln Avenue, Murrieta, CA, 92562

May 7, 2025 When:

1:00 PM - 5:40 PM

Preventive screenings for KP members and limited screenings for What:

all participants

## KP members will receive preventive screenings which MAY include:

• Immunizations • Test and Questionnaires • Labs (if part of identified preventative care)

#### All participants will receive the following services:

 Blood Pressure Glucose
Height, weight, and BMI calculation

## Follow these steps to sign up for a wellness event at your worksite:

#### **Step One: Create an Account**

- Go to kp.org/wellnessevent or scan the QR code
- Use the sign-up code "MURRIETAUSD"
- · For Returning Users: Enter your email address and password under "Returning users" and click "Submit"

#### **Step Two: Schedule an Appointment**

- Select an event by clicking "Choose Event"
- · Choose the location, date, and time that works best for you and click "Schedule"
- You'll land at the "Manage My Event" page where you can view your appointment details, add the event to your electronic calendar, make changes to your appointment, and access wellness resources

