### BENEFITS OVERVIEW FOR 2024



### **BENEFITS IN 2024**

- Expecting Medical Increase for 2024/2025
  - Increased Inflation and "Cost of Doing Business"
- Statewide Increases: Not Unique to MVUSD
  - CalPERS Kaiser +14%
     Riverside County
- Expected Rate Pass for Dental and Vision



### BENEFITS COMMITTEE: BEHIND THE SCENES

2022/2023

- Employee Survey
- Evaluated Plan Utilization and Cost Analysis
  - Discontinued Anthem PPO Essentials Plan
- Reviewed Reduced Premium options

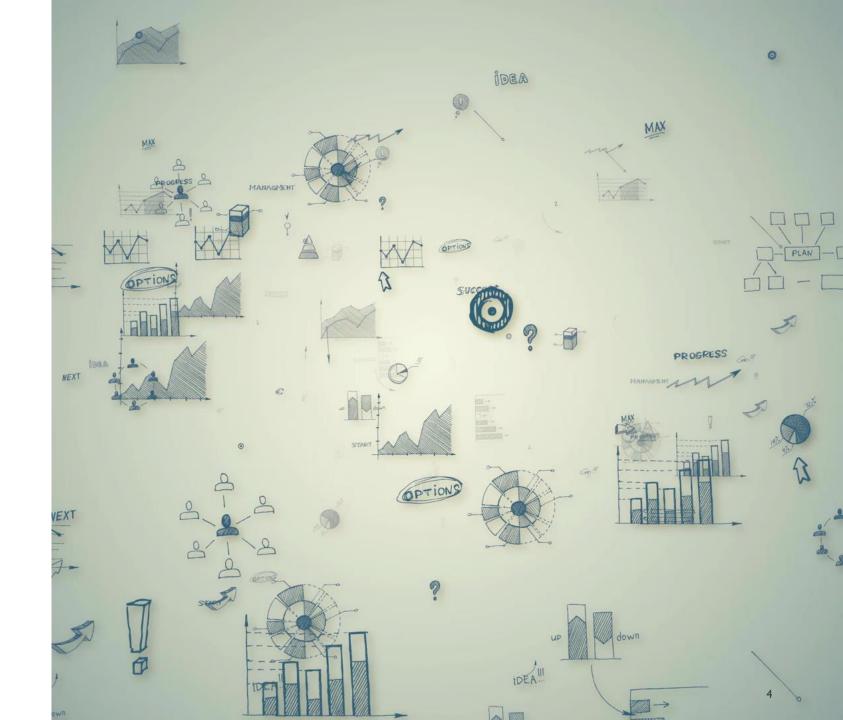
2023/2024

- Added Kaiser Virtual Care 2500
- Enhanced Vision Plan
  - "2nd Pair Option" (Frames/Contacts)
  - Added Benefit for Progressive Lenses

2024/2025

- Solicited bids from other JPAs
  - Assessed Detailed Plan Comparison and Impact Analysis
  - Network and Prescription Changes
- UPCOMING: Possible Vision/Dental Enhancements

### FINDING THE RIGHT OPTION FOR YOU AND YOUR FAMILY



### COST CONSIDERATIONS

**Cost of Insurance** — Monthly cost vs at the time of service

**Deductible** — The amount of out-of-pocket costs that you pay for health services <u>before</u> the plan pays

**Preventative Care covered 100%** 

Deductible ONLY applies to diagnostic services

**Co-Insurance** — After the deductible is met, you pay a percentage of your expenses (10% or 20% in-network)

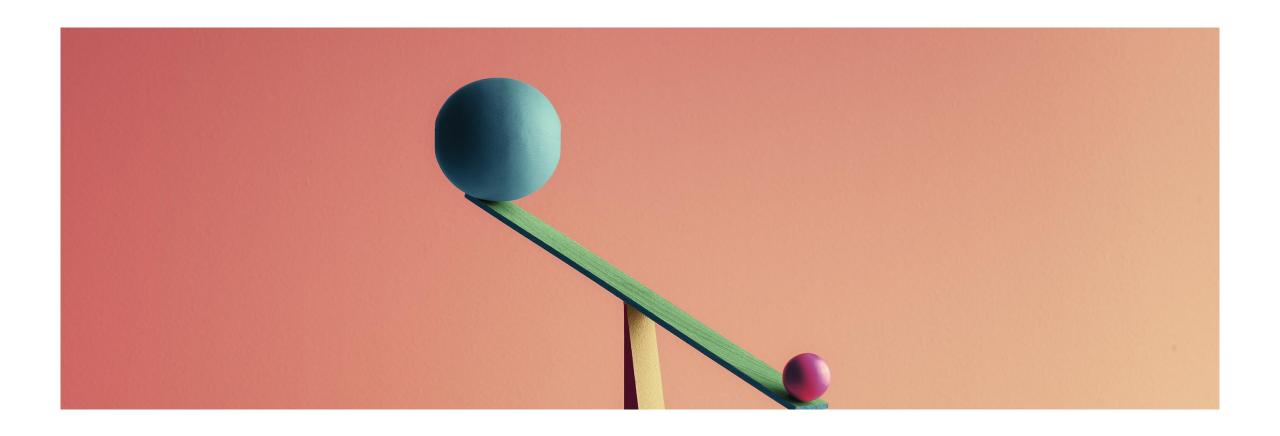
Out-of-Pocket Maximum — This maximum is the total amount you will pay in a calendar year including deductible, co-insurance and copayments



	Current	Current	Current
Effective Date	7/1/2023	7/1/2023	7/1/2023
Carrier	Kaiser Permanente Insurance Company	Kaiser Permanente Insurance Company	Kaiser Permanente Insurance Compar
Plan Name	HMO 25 w/Chiro	DHMO 500 w/Chiro	DHMO HSA w/Chiro
Benefit Summary	All Employees	Eligible Employees	Eligible Employees
General Plan Information			
Annual Deductible/Individual	\$0	\$500	\$1,500 medical/prescription combined
Annual Deductible/Family			
	\$0	\$1,000	\$3,000 (two or more members) medical/prescription combined
Coinsurance	100%	80%	90%
Office Visit/Exam			
	\$25 copay	\$20 copay	90% after deductible
Outpatient Specialist Visit	\$25 copay	\$20 copay	90% after deductible
Annual Out-of-Pocket Limit/Individual	\$1,500	\$3,000	\$3,000
Annual Out-of-Pocket Limit/Family			
	\$3,000	\$6,000	\$6,000
Lifetime Plan Maximum	Unlimited	Unlimited	Unlimited
		iums below are based on an 8 hour / 100%	
Medical Premium* Delta Dental PPO	\$1,506.33 \$111.79	\$1,264.28 \$111.79	\$1,180.23 \$111.79
Vision	\$111.79	\$111.79	\$111.79
Group Life	\$7.00	\$7.00	\$7.00
District Cap	-\$916.67	-\$916.67	-\$916.67
Monthly Employee Cost	\$725.14	\$483.09	\$399.04



#### FINDING THE BALANCE: MONTHLY PREMIUMS VS DEDUCTIBLE



	Current	Current	
Effective Date	7/1/2023	7/1/2023	
Carrier	Kaiser Permanente Insurance Company	Kaiser Permanente Insurance Company	
Plan Name	HMO 25 w/Chiro	DHMO 500 w/Chiro	
Benefit Summary	All Employees	Eligible Employees	
General Plan Information			
Annual Deductible/Individual	\$0	\$500	
Annual Deductible/Family	**	,,,,,,	
•	\$0	\$1.000	
	Ψ0	\$1,000	
Coinsurance	100%	80%	
Office Visit/Exam	200/0	3070	
onios visio Exam			
	\$25 copay	\$20 copay	
Outpatient Specialist Visit	\$25 copay	\$20 copay	
Annual Out-of-Pocket Limit/Individual	\$1,500	\$3,000	
Annual Out-of-Pocket Limit/Family			
•	\$3.000	\$6.000	
	\$5,000	\$0,000	
Lifetime Plan Maximum	Unlimited	Unlimited	
Medical Premium*	\$1,506.33	\$1,264.28	
Delta Dental PPO	\$111.79	\$111.79	
Vision	\$16.69	\$16.69	
Group Life	\$7.00	\$7.00	
District Cap	-\$916.67	-\$916.67	
Monthly Employee Cost	\$725.14	\$483.09	

Change from Kaiser HMO25 to DHMO500-Employee Only

- Monthly decrease \$242.05 (Annual Savings \$2,904.60)
  - \$500 Deductible/\$3000 Annual Out-of-Pocket
  - Prescriptions-\$100 per member/calendar year
- Put monthly funds into a Savings Account
- Catastrophic Event: Owes \$95.40 (after utilizing savings)

**REVIEW KAISER PLAN COMPARISON ON BENEFITS PAGE** 

	Current	Current
Effective Date	7/1/2023	7/1/2023
Carrier	Kaiser Permanente Insurance Company	Kaiser Permanente Insurance Company
Plan Name	HMO 25 w/Chiro	DHMO 500 w/Chiro
Benefit Summary	All Employees	Eligible Employees
General Plan Information		
Annual Deductible/Individual	\$0	\$500
Annual Deductible/Family		
	\$0	\$1,000
	<b>4</b> 5	ψ1,000
Coinsurance	100%	80%
Office Visit/Exam	20070	30,0
	\$25 copay	\$20 copay
Outpatient Specialist Visit	\$25 copay	\$20 copay
Annual Out-of-Pocket Limit/Individual	\$1,500	\$3,000
Annual Out-of-Pocket Limit/Family		
	\$3,000	\$6,000
Lifetime Plan Maximum	Unlimited	Unlimited
Medical Premium*	\$1,506.33	\$1,264.28
Delta Dental PPO	\$111.79	\$111.79
Vision	\$16.69	\$16.69
Group Life	\$7.00	\$7.00
District Cap	-\$916.67	-\$916.67
Monthly Employee Cost	\$725.14	\$483.09

Change from Kaiser HMO25 to DHMO500-Family of 4

- Monthly decrease \$242.05 (Annual Savings \$2,904.60)
  - \$1000 Deductible/\$6000 Annual Outof-Pocket
  - Prescriptions- \$100 per member/calendar year
- Family vacation!

Catastrophic Event: Owes \$6000 for out-of-pocket maximum

 With Savings Option? Would have only owed \$3,095.40

**REVIEW KAISER PLAN COMPARISON ON BENEFITS PAGE** 

#### KAISER DUAL COVERAGE ILLUSTRATION

Medical Plan: Kaiser HMO25

Dental Plan: Delta Dental PPO

Contract Worked: 100%

Medical Premium: \$1,506.33

Dental Premium: \$111.79

Vision Premium: \$16.69

**\$50K Life/AD&D Premium:** \$7.00

Monthly District Contribution: (\$916.67)

Monthly Employee Premium: \$725.14

Medical Plan: Kaiser MVP EE & Spouse

Dental Plan: Delta Dental PPO

Contract Worked: 100%

Medical Premium: \$1,034.41

Dental Premium: \$111.79

Vision Premium: \$16.69

\$50K Life/AD&D Premium: \$7.00

Monthly District Contribution: (\$916.67)

Monthly Employee Premium: \$253.22

Monthly Household Cost: \$506.44

Medical Plan: Kaiser Virtual Care 2500

Dental Plan: Delta Dental PPO

Contract Worked: 100%

Medical Premium: \$1,136.79

Dental Premium: \$111.79

Vision Premium: \$16.69

**\$50K Life/AD&D Premium:** \$7.00

**Monthly District Contribution: (\$916.67)** 

Monthly Employee Premium: \$355.60

Monthly Household Cost: \$711.20

## LEVERAGING THE MVP TIERED RATE

Susan has worked for MVUSD for 15 years and works 8 hours per day. She currently covers her husband and daughter under the Anthem HMO30 but is considering a change next year.

- Spouse is eligible for Medicare > Catastrophic event in June
- Daughter ages off plan in May
- Chronic condition which requires monthly prescriptions

#### **Anthem HMO30**

- > Premiums:
  - > \$960.37 ×12 =\$11,524.44
  - ➤ Includes Dental, Vision and Life
- > Services:
  - Prescriptions \$15/\$40/\$80
- - Annual out of pocket maximum \$500 (Rx not included)

<b>Total Out of Pocket Cost:</b>	
Premiums	\$11,524.44
Services	\$500.00
Total	\$12,024.44

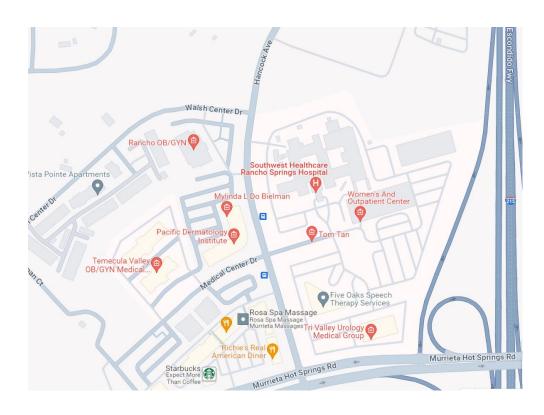
#### **Anthem MVP**

- > Premiums:
  - > \$0.00 ×12 =\$0.00 Includes Dental, Vision and Life
- > Services:
  - Prescriptions \$19/\$50/\$75
- > Catastrophic event
  - > Annual out of pocket maximum \$6,100.00 (Rx not included)

<b>Total Out of Pocket Cost:</b>	
Premiums	\$0.00
Services	\$6,100.00
Total	\$6,100.00

# COMING EARLY 2024: REEP MEDICAL CLINIC THROUGH EVERSIDE HEALTH

	are	Labs
Acute illness visits & treatment* Basic vision screening (color & near vision) Biometric screening Blood pressure and vitals screening Chronic condition management* Comprehensive personal evaluation including routine checkups* Coordination with other providers (e.g., specialists, hospitals)*	Fitness & nutrition coaching* Health risk assessment* Hearing screening (audiometry) Lifestyle & risk-reduction coaching* Pediatric Visits* Pre-op evaluations & clearance Routine adult physicals Sports physicals Men's and Women's health	Basic metabolic panel Blood draws & sample collection Cholesterol Hemoglobin A1c Pregnancy test Soreening for diabetes Strep throat test Urinalysis
Procedures		Mental health
Asthma/pulmonary treatments     Basic ENT procedures     Basic wound care	Skin biopsy (lab not included)     Skin cyst removal     Skin tag & wart removal (cryo)	Anxiety assessment     & treatment*      Depression assessment
Dermatological procedures including mole removal     Ingrown toenail removal	Stitches     Suture/Staple removal	& treatment*  • Integrated primary care and mental health
Dermatological procedures including mole removal	Stitches     Suture/Staple removal	& treatment*  • Integrated primary care and



### KAISER MVP TIERED RATE COMPARISON

Don has worked for MVUSD for Kaiser HMO 25 17 years and works 8 hours per day. He currently covers himself and his wife and they are in their early 50s.

- Kids have aged off the plan
- and screenings but are relatively healthy

- > Premiums:
  - > \$725.14  $\times$ 12 =\$8,701.68
  - ➤ Includes Dental, Vision and Life
- > Services:
  - Prescriptions \$15/\$35
- Both get their annual physicals > Catastrophic event for Spouse Only
  - ➤ Annual out of pocket maximum \$1,500.00

Total Out of Pocket Cost:	
Premiums	\$8,701.68
Services	\$1,500.00
Total	\$10,201.68

#### **Kaiser MVP**

- > Premiums:
  - $\rightarrow$  \$253.22 ×12 =\$3,037.44 Includes Dental, Vision and Life
- > Services:
  - Prescriptions \$15/\$35 after \$250 per member Rx deductible
- Catastrophic event for Spouse Only
  - ➤ Annual out of pocket maximum \$6,000

<b>Total Out of Pocket Cost:</b>		
Premiums	\$3,037.44	
Services	\$6,000.00	
Total	\$9,037.44	

### **COMPLETE CARE**

- Incentivizes employees and their dependents to use other qualified group medical plans
- Offers reimbursement for out-of-pocket copays, deductibles or coinsurance payments (\$9,100/single & \$18,200/family per year)
- Premium reimbursement if cost exceeds comparable MVUSD plan (\$100/single, \$200/two-party & \$300/family per month) (RARE)
- To qualify; must be enrolled in MVUSD MEDICAL plan for at least 12 months
  - Restrictions: Cannot be used with Medicare, Tricare or an individual policy (CoveredCA, IEHP) or other REEP district



To Enroll:

Switch to coverage through a spouse's or parent's employer <u>OR</u>

Enroll Spouse and/or children in other qualified medical coverage

### COMPLETE CARE

### Keep MVUSD Coverage:

- Enroll eligible dependents into Complete Care
- Employee then transitions to a tiered rate plan at MVUSD
- Spouse and/or children eligible for reimbursement for out-of-pocket costs

### Decline MVUSD Coverage:

- Transition medical coverage to other group coverage
- Reimbursement for employee and eligible dependents for out-of-pocket costs
- Classified PT employees: unable to maintain ancillary benefits; would opt out of all MVUSD coverage

#### TENTATIVE OPEN ENROLLMENT SCHEDULE

### H&W Open Enrollment

- April 29<sup>th</sup> through May 17<sup>th</sup>
- Open Enrollment Meetings:
  - May I<sup>st</sup> and I6<sup>th</sup> (Virtual)
  - Benefits Fair May 8<sup>th</sup> at Shivela MPR from Ipm to 6pm
  - May I4<sup>th</sup> (at DSC?)
- Benefits will be holding webinars for targeted populations with plan options
  - WATCH YOUR EMAIL FOR DETAILS

### Benefits Fair! May 8th Shivela MPR

- Meet with carriers, ask questions about your benefits, and make your Open Enrollment elections
- Kaiser Mobile Health Vehicle
- Food Truck Onsite

### American Fidelity March 2024

- Re-election of FSA EVERY year
- Voluntary Benefits Will Rollover into New School Year
- Disability elections do not increase automatically with salary adjustments

### **QUESTIONS?**

Email us!

Benefits@murrieta.k12.ca.us

Call us!

951-696-1600 ext 1015 or 1134

#### Link to Presentation



