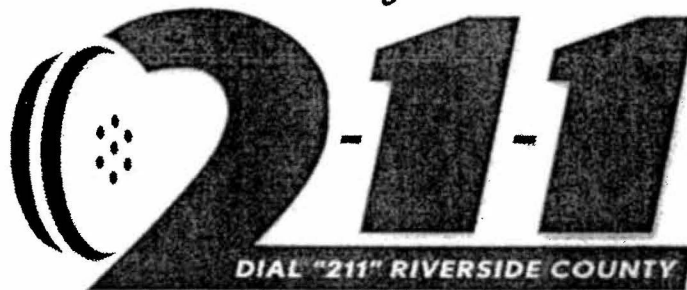




*A program of the*

*Volunteer Center of Riverside County*



*Help Starts Here!*

**Providing information and referrals to:**

Food Assistance  
Shelter and Housing Services  
Employment Opportunities  
Health and Dental Care  
Legal Assistance  
Advocacy  
Counseling  
Volunteer Opportunities  
Child Care and Parenting Resources  
Support Groups  
Youth and Senior Services  
Disability Services

*Search our online database for resources at:*

**[www.211riversidecounty.com](http://www.211riversidecounty.com)**

*Dial*  
*2-1-1*

or 1-800-464-1123

An operator is available:  
24 hours a day  
7 days a week

All calls are confidential



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