Hello Mesa Community,

Thank you for taking the time to read the October Ramblings Newsletter.

What a great Homecoming Week! Great turnout for the game on Friday, a big win, and then an incredible dance on Saturday. We sold 1328 tickets this year, which is a new high for Mesa.

This month I want to address a few items now that we are six weeks into the school year.

1) Please check your ABI account to see your child’s 6-week grades. If there are concerns, ask your student to explain their grades. I would also suggest sending an email to your child’s teacher asking what can be done at home to help your student be successful in class.

2) Did you know Mesa is the only high school in the district that allows parents to drop off items at the front desk? The intention was for our students to have less stress on those rare occasions a student forgets an assignment, or a project, perhaps a piece of athletic equipment, or maybe their band instrument. Unfortunately, it seems that parents are using this policy to drop off lunch on a regular basis. I am asking that parents no longer do this. Your students have plenty of options here for their lunch. Also, cash will no longer be accepted unless it is in a clearly marked, sealed envelope.

3) Please do not park/stop at the end of the rows in the parking lot. I know that you will move when Security comes out to ask, but quickly move right back when Security leaves. There are plenty of parking spots in which you can wait. Parking on the end of the row causes more traffic delays and creates blind spots for other drivers, making things more dangerous for our kids walking in the lot.

I apologize for the “instructions” in this edition of Ramblings, but these are items that needed to be addressed. Thank you for your continued support of Mesa.

Regards,

Steve Ellis
Principal, MMHS

Go Rams!
Saturday PRIDE Tutorial
October 13th  8am-12:15pm
• Make-up assignments
• Receive tutoring in subjects they are struggling in
• Make up tests and quizzes
• Make-up absences
Parents can sign up their child online. For more information go to Murrieta Mesa’s website and click on the Parents tab.

Juniors
Are you interested in being a National Merit Scholarship Finalist? Sign up to take the PSAT with the bookkeeper. Cost of the test is $25. The exam will prepare you for the SAT taken the second semester of your junior year. Test date is Wednesday, October 10th at 8 am. Sign up now before exams run out because there is limited space available.

COLLEGE PRESENTATIONS
Simmons University—Oct. 1st at 9am
NYU, CBU, UCR, UC San Diego—Oct. 2nd at 8:30, 9:40, 11am & 1:30pm, respectively
Grand Canyon University—Oct. 3rd at 11:30am
UC Merced, Colorado State—Pueblo, & Vanguard—Oct. 4th at 8:30, 9:40, & 11am, respectively
FIDM & US Marines—October 5th at 8:30 & 11am, respectively
Southeastern, UC Davis, & Whitworth—Oct. 9th at 8:30, 11am, & 1:20pm, respectively
TCU, Soka, Menlo, & Oklahoma State—Oct. 11th at 8:30, 9:40, 11am, & 1:30pm, respectively
High Point & APU—Oct. 12th at 8:30 & 11am, respectively
Embry-Riddle Aeronautical—Oct. 15th at 9am
Boise State, Chaminade of Honolulu, & Johnson & Wales—Oct. 16th at 8:30, 9:40, & 11am, respectively
University of the Pacific & Cal Lutheran—Oct. 17th at 8:15 & 11am, respectively
University of Utah—Oct. 19th at 8:30am
University of San Francisco & USC—Oct. 22nd at 9 & 10:15am, respectively
Northern Arizona & ASU—Oct. 23rd at 8:30am & 1:30pm, respectively
UC Irvine—Oct. 30th at 11:30am

Sign up with Mrs. Fuentes in Student Services TODAY!

Juniors and Seniors
Interested in Attending Cal State San Marcos?
CSU San Marcos Field Trip—Oct. 18
If you are interested in attending Cal State San Marcos and have a 3.0 GPA or above, see Mrs. Fuentes in Student Services to sign up by October 5th.

SATURDAY SCHOOL DATES
October 13th, November 3rd, December 8th, January 26th, February 9th, March 23rd, April 20th, May 18th, and June 1st
These are to clear discipline and “no go” status.
(Sign up with Mrs. Blancato or Mrs. Rivera in Student Services)
College Kickoff 2018

College and Career Kickoff is Wednesday, October 10.

This will be a modified day with dismissal at 12:05. Riverside County Office of Education is elevating the topic of college and career readiness! Murrieta Mesa will be participating in this Kickoff event with all students participating in college and career readiness activities. On Wednesday, October 10th there will be a special schedule including no late start or early release for students. We are excited to be a part of this fun and informative event!

- 9th grade workshops
  Freshman Success
  Options
  College 101/majors/careers
  Q & A Panel w/seniors
- 10th grade will be taking the PSAT (classrooms)
- 11th grade workshops
  ASVAB (sign up)
  Interview, job skills
  Job Corps
  Guest speakers
  ASVAB (small gym), workshops
- 12th grade workshops
  Financial Aid Presentation/FAFSA
  CSU/UC/Common App
  Community College
  Military
- Guest speakers
  Senior Panoramic (final workshop in Ram Stadium)

12th grade students will be given a wristband during their 1st workshop of the day. They MUST show their wristband to be part of the Senior panoramic at the final workshop.
<table>
<thead>
<tr>
<th>CLUB</th>
<th>PURPOSE</th>
<th>MEETING DAY</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cal HOSA</td>
<td>Increase knowledge of health careers</td>
<td>Thursday @ lunch</td>
<td>RM 115</td>
</tr>
<tr>
<td>Dr. Who &amp; Other Fandoms</td>
<td>Place where people can talk about their favorite things without judgement</td>
<td>Thursday @ lunch</td>
<td>RM 254</td>
</tr>
<tr>
<td>Debate Club</td>
<td>To meet &amp; perfect skills in Socratic Seminars</td>
<td>Wednesday @ lunch</td>
<td>RM 254</td>
</tr>
<tr>
<td>Dungeons &amp; Dragons</td>
<td>Play Dungeons &amp; Dragons</td>
<td>Tuesday after school</td>
<td>RM 263</td>
</tr>
<tr>
<td>Film Club</td>
<td>Foster creative thinking &amp; film making</td>
<td>Thursday @ lunch</td>
<td>RM 109</td>
</tr>
<tr>
<td>Hiking Club</td>
<td>Hiking/backpacking trips &amp; outdoormanship skills</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Ignite-A-Life</td>
<td>Communication skills, self awareness, self confidence, &amp; pursuit of passion</td>
<td>Friday after school</td>
<td>N/A</td>
</tr>
<tr>
<td>Key Club</td>
<td>Serve &amp; participate in community betterment</td>
<td>Tuesday @ lunch</td>
<td>N/A</td>
</tr>
<tr>
<td>Legacy Dance Crew</td>
<td>Fun/trendy entertainment for students</td>
<td>Lunch or after school</td>
<td>Rams Den</td>
</tr>
<tr>
<td>Literary Science</td>
<td>Analyze &amp; discuss Literary genius</td>
<td>Thursday @ lunch</td>
<td>RM 201</td>
</tr>
<tr>
<td>Model United Nations</td>
<td>Global interactions &amp; politics by mimicking the UN</td>
<td>Weekly</td>
<td>N/A</td>
</tr>
<tr>
<td>S-Class</td>
<td>Perform &amp; entertain through dance</td>
<td>Daily after school</td>
<td>GYM</td>
</tr>
<tr>
<td>Students for Charge</td>
<td>Create charities, donate back to community, raise awareness</td>
<td>Friday @ lunch</td>
<td>RM 201</td>
</tr>
<tr>
<td>Waters for Scholars</td>
<td>Raise money for Mesa’s Dollar for Scholars</td>
<td>N/A</td>
<td>RM 356</td>
</tr>
<tr>
<td>Video Game Club</td>
<td>Promote social interactions among gamers</td>
<td>Monday, Wednesday, Friday after school</td>
<td>RM 107</td>
</tr>
<tr>
<td>Waves</td>
<td>Learn &amp; study about the beach environment</td>
<td>Thursday @ lunch</td>
<td>RM 154</td>
</tr>
</tbody>
</table>

FOR MORE INFORMATION AND NEW CLUB LISTINGS, PLEASE CHECK THE SCHOOL WEBSITE
ATHLETIC TRYOUTS AND MEETINGS

ATTENTION ALL NEW AND RETURNING BOYS LACROSSE PLAYERS!
MANDATORY MEETING
October 2nd at 7pm in the Library.
See Mrs. Stone in H255 or Mrs. Byun in H262 if you have questions.
*Must be athletically clear*

SOFTBALL TRYOUTS
ALL RETURNING, TRANSFER, AND INTERESTED PLAYERS
WEDNESDAY, OCTOBER 10TH
3PM
VARSITY FIELD
BRING GLOVE & CLEATS
*Must be athletically cleared*

GIRLS SOCCER
Juniors—October 2nd at 7pm
Seniors—October 4th at 7pm

ATTENTION ATHLETES and PROSPECTIVE ATHLETES

YOU MUST HAVE COMPLETE THE ONLINE CLEARANCE & PLAYERS PHYSICAL PRIOR TO TRYOUTS!

1) Go online to our Mesa Athletics page
2) Click the Sports Medicine Tab
3) Then click Athletic Clearance and then follow the online process to be cleared, in addition you will also find the Physical Forms to download

*PLAYERS CANNOT PARTICIPATE UNTIL BOTH ONLINE CLEARANCE AND PHYSICALS ARE DONE AND CLEARED BY JULIE MAESTES IN ATHLETICS*

HOME GAME ENTRY PRICES

<table>
<thead>
<tr>
<th></th>
<th>JV/Freshman Football &amp; Volleyball</th>
<th>Varsity Football</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Admission</td>
<td>$5</td>
<td>$10</td>
</tr>
<tr>
<td>Senior Citizen (55+)</td>
<td>$3</td>
<td>$5</td>
</tr>
<tr>
<td>Participating Student w ID Card</td>
<td>$3</td>
<td>$5</td>
</tr>
<tr>
<td>USB</td>
<td>Free</td>
<td>Free</td>
</tr>
<tr>
<td>Children under 12 w adult</td>
<td>$3</td>
<td>$5</td>
</tr>
</tbody>
</table>

STADIUM REMINDER!
NO BACKPACKS, SKATE-BOARDS, OUTSIDE FOOD OR DRINKS ALLOWED IN THE FOOTBALL GAMES.
Community Service Hours!!

Please remember that part of the graduation requirements include 40 hours of community service. Opportunities will be listed in the Rampage, Ram’s Daily News and on the bulletin board in the Career Center.

Senior Culminating Project
DUE NOV 2ND
CHECK YOUR MICROSOFT EMAIL FOR INFO

Senior Yearbook Pictures!
You need to have your photo taken by Studio 94 in order to be in the Yearbook. Deadline is October 31st! Appointments fill up quickly.
Call 951-696-2002 today.

Important Dates
October 1st—FAFSA Workshop, FAFSA Opens
October 9th—Band Concert
October 11th—BEAST Night Rally
October 12th—Academic Rally
  Staff/Athlete Tennis Tournament
  Varsity Football Senior Night
October 17—College App Workshop
October 26th—Universal Studios Horror Nights
November 1st—Dancing With the Rams
November 2nd—Senior Culminating Project

Class of 2019

Custom Diploma Frame!

Each frame is customized for your diploma, MMHS official logo and colors. Don’t just throw your diploma in a drawer or in a cheap photo frame. Be proud of your accomplishment and display it with this lasting frame. How about the price? Just $45! Submit completed order form & $45.00 cash or credit payment to the bookkeeper’s office. Pick up order form in the RAM shack or online!

CAP & GOWN
Jostens will be on Campus this month, watch the Rampage and RDN for more information. The deadline to order cap/gown for Early Bird Distribution is December 7th. You may also rent a cap/gown by December 7th. Please call 1-800-JOSTENS for more information or with any questions.

Halloween Horror Nights—Senior Trip
Seniors if you put your name on the Universal Studios Horror Night Wait List, take your permission slip and payment to the Bookkeeper ASAP. We will open the remaining tickets to all students on Thursday, October 4th. An email was sent to your parents on September 25th. If you have not paid by Thursday, you could lose your spot.

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Meal Applications

The Murrieta Valley Unified School District takes part in the National School Lunch and Breakfast Programs. Nutritious meals are served every school day. Free and reduced priced meals are available to families who qualify. If you feel your family may meet the Income Eligibility Guidelines please complete a meal application. Applications are sent home with each student during the first week of school at the elementary sites and are available during registration at the secondary schools. Applications can also be picked up in the school office or District Support Center. Please complete only one application per household and return the completed application to the Cafeteria. Applicants will receive notice by mail indicating their students’ eligibility once the application has been processed. Until you receive notification of eligibility, please continue to send lunch or money to purchase meals with your child.

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Complete your meal application online today at: https://fma.murrieta.k12.ca.us/

Factors considered in the application process are household size and total household income. HOUSEHOLD SIZE is considered all persons, related or unrelated: Including parents, children, grandparents who live in your home and share living expenses. The TOTAL HOUSEHOLD INCOME is the income each household member received last month before taxes - this includes wages, social security, pension, unemployment, welfare, child support, alimony, and any other cash income.

<table>
<thead>
<tr>
<th>BREAKFAST COMBOS</th>
<th>MURRIETA MESA RAMS DEN</th>
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<tbody>
<tr>
<td>BREAKFAST BAGEL SANDWICH (T &amp; Th)</td>
<td>EXCLUDES</td>
</tr>
<tr>
<td>EGG &amp; CHEESE CROISSANT (M, W &amp; F)</td>
<td>INCLUDES</td>
</tr>
<tr>
<td>PANCAKE ON A STICK</td>
<td>MUST TAKE AT LEAST 1 SERVING OF FRUIT OR JUICE</td>
</tr>
<tr>
<td>BREAKFAST BURRITO</td>
<td></td>
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<tr>
<td>BREAKFAST TORNADO</td>
<td></td>
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<tr>
<td>BAGEL W/ CREAM CHEESE, GLAZED CINNAMON ROLL</td>
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<tr>
<td>MUFFIN OR PUMPKIN BREAD</td>
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<tr>
<td>VARIETY WHOLE GRAIN CEREAL</td>
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</tbody>
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<table>
<thead>
<tr>
<th>BREAKFAST A LA CARTE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>BREAKFAST BAGEL SANDWICH (T-F)</td>
<td>$2.25</td>
</tr>
<tr>
<td>BREAKFAST TORNADO</td>
<td>$1.75</td>
</tr>
<tr>
<td>SMALL YOGURT</td>
<td>$0.95</td>
</tr>
<tr>
<td>YOGURT PARFAIT W/ GRANOLA</td>
<td>$2.00</td>
</tr>
<tr>
<td>FRESH CUT FRUIT BOWL</td>
<td>$2.00</td>
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<table>
<thead>
<tr>
<th>A LA CARTE</th>
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<tbody>
<tr>
<td>PAPA JOHN'S PIZZA</td>
</tr>
<tr>
<td>REGULAR OR SPICY CHICKEN BURGER</td>
</tr>
<tr>
<td>BEAN &amp; CHEESE BURRITO</td>
</tr>
<tr>
<td>HAMBURGER OR CHEESEBURGER</td>
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<tr>
<td>CORN DOG</td>
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</table>

Add fresh fruit, carrots, salad and milk for $3.25 total!

<table>
<thead>
<tr>
<th>DAILY SPECIALS</th>
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<tbody>
<tr>
<td>MON</td>
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<tr>
<td>Tousles Monday Special or ORANGE CHICKEN &amp; BROWN RICE</td>
</tr>
</tbody>
</table>

Includes: fresh fruit, applesauce, salad, carrots w/ ranch or hummus, potato wedges (Fridays), white milk or chocolate milk

Must take at least 1 serving of fruit or vegetable.

Optional additional charge: $3.25

Specials: fresh made wraps, chicken Caesar salad, Asian edamame salad, southwest salad, hummus plate, p80 snack pack, fresh fruit plate, guacamole, fresh fruit and grilled chicken sandwich

Be part of our nutrition revolution!

Visit our website to set up a MySchoolBucks account, access nutrition information and sign up to have menus e-mailed. www.MurrietaSchoolNutrition.com

Follow us @MurrietaSchoolNutrition

This institution is an equal opportunity employer. Menu subject to change without notice.
UPCOMING EVENTS

THINK PINK...BLEED GREEN
PINK OUT WEEK - OCTOBER 1-5
FRIDAY, OCTOBER 5TH is the PINK OUT RALLY at lunch, then the PINK OUT VARSITY HOME GAME at 7PM in RAMS STADIUM

PARENT NIGHT
OCT 8th
GRADES 9TH - 11TH
6:30 PM
in the GPAC

INSTRUMENTAL FALL CONCERT
TUESDAY, OCTOBER 9TH
7PM IN THE GPAC

STUDENT OF THE MONTH LUNCHEONS
BY INVITATION ONLY - OCTOBER 9TH & 24TH AT 12:20PM

BEAST NIGHT RALLY—OCTOBER 11th
OCTOBER 12TH
ACADEMIC ASSEMBLY
PRESIDENT’S CIRCLE @ LUNCH
SENIOR NIGHT—VARITY HOME GAME
GREAT SHAKEOUT

SAFE WEEK - OCTOBER 15 - 19TH
(SELF ABUSE FINALLY ENDS)
MONDAY - COMPLIMENT MIRRORS
TUESDAY - TEEN TRUTH ASSEMBLY
WEDNESDAY - FAMILY MAGIC SHOW 6PM
THURSDAY - SUICIDE PREVENTION AWARENESS
FRIDAY - PROJECT 99 ASSEMBLY

RED RIBBON WEEK
OCTOBER 22- 26

ASL SILENT SOCIAL—HALLOWEEN EVENT
OCTOBER 24TH AT 3PM IN THE QUAD
Sponsored by: MMHS Link Crew

Saturday, October 6th, 2018
Murrieta Mesa High School
24801 Monroe Ave, Murrieta, CA
Rain or Shine- Rain location will be moved to small gym

10am-2pm

www.stussyoutlet.com
Come out and support Murrieta Mesa Girls Tennis
Saturday October 13th
from 8-10 AM
For a Flapjack Breakfast

Tickets are $10 and they will also be sold at the door.

Flapjack breakfast includes pancakes, potatoes, syrup, butter, scrambled eggs, sausage, juice and coffee

24872 Madison Ave, Murrieta, CA 92562
Murrieta Mesa Drama Company proudly presents...

The Fall of the House of Usher

A Tale by Edgar Allan Poe
Adapted by Tim Kelly  Directed by Christopher J. Ryan

Thursday, October 25th 7:00 p.m.
Friday, October 26th 7:00 p.m.
Saturday, October 27th 2:00 & 7:00 p.m.
Monday, October 29th 7:00 p.m.
Tuesday, October 30th 7:00 p.m.

(PRICES GO UP ON SEPTEMBER 10th)

Murrieta Mesa Performing Arts Building
24801 Monroe Avenue, Murrieta, CA 92562

Tickets: $8.00 Adults, $5.00 Students, Senior Citizens and Military
Senior Citizen Day show Saturday, October 27 only $2 for anyone 55 and older
Murrieta Mesa Dance Presents

dancing with the Rams

November 1st
6:30 GPAC
Doors Open 6:00

Adults $7
Students K-12, Seniors, Military $5

TICKETS AVAILABLE AT THE DOOR!
Attention: Highschool Students

We are looking for volunteers to help with Murrieta Elementary School Carnival

What: We need help running various carnival game booths

When: Monday, October 29th
     From 2:30p to 7:00p

Where: Murrieta Elementary School
     24725 Adams Ave. 92562

RSVP: 619-277-8376

If you are willing and able to help, please contact PTC member, Rachael Heida, as soon as possible. We request that you send a text to confirm your availability. We will then contact you back to communicate about volunteering.

Thank you so much for being a big part of 60th Anniversary Carnival.
HIGH SCHOOL VOLUNTEERS NEEDED

FRIDAY, OCT 26TH
3:30 PM TO 9:00 PM

for:
Barnett Elementary School
Harvest Festival 2018

Help needed with set-up, concessions, running booths & clean-up

REQUIREMENTS:
Must volunteer the ENTIRE TIME – 3:30 – 9:00 PM
NO walk-ins accepted,
Must email before 10/22/18 to sign up

If available or for more info, please email Jovy Salanga at BESVolunteer@gmail.com
Do you know when to submit the FAFSA® form?

- The FAFSA form launches every Oct. 1.
- The FAFSA must be submitted for every year you attend school.
- Each state and college has its own FAFSA deadline. So find out the earliest deadline and apply before that date.

Here are details on when to fill out the FAFSA and which year's tax information is required:

<table>
<thead>
<tr>
<th>If you plan to attend college from</th>
<th>You will submit this FAFSA</th>
<th>You can submit the FAFSA from</th>
<th>Using income and tax information from</th>
</tr>
</thead>
</table>

FederalStudentAid

StudentAid.gov/fafsa
CURRENT CLASSES:

- Adult Basic Education
- GED
- Diploma
- ESL Level 1-4
- Citizenship
- Phlebotomy
- A2A Online Classes

WHERE
Murrieta Valley Adult School
24150 Hayes Ave. Murrieta, Ca 92562

WHEN
Registration begins August 13, 2018
Classes starting August 27, 2018
Not too late...After above dates!

REGISTER NOW AT
WWW.MURRIETA.K12.CA.US/ADULTED

College and Career counseling available.
GED Testing available on campus.