



Ramblings

Murrieta Mesa High School

August 2022

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A Message from

Mr. Richards—MMHS Principal



Dear Ram Parents and Students,

We are extremely excited for the start of the 2022-2023 school year here at Murrieta Mesa High School! We will start our year with activities that will reinforce the great culture of Mesa and show our new students what Mesa P.R.I.D.E. is all about! Our first three days of school will be a little different from our normal schedule. Although each day will have our new start and end time of 8:30am to 3:30pm, all students will be going through our learning rotations, participate in a rally and our Music Video Lib Dub, and enjoy other Mesa Culture Activities. On Friday, August 5th, students will see all seven of their classes to get them prepared for our first "A" day regular block schedule on Monday, August 15th.

We had an incredible 2021-2022 at Mesa. Here are just a few highlights...

- The return to in-person schooling!
- Boys Swim- CIF Division 2 Champions and State Finalists
- Softball, Girls Lacrosse, and Boys Swim- Southwestern League Champions
- Mesa was revalidated as an AVID National Demonstration School
- ASL 4, along with Anatomy and Physiology, is now an articulated course through MSJC
- Our new CTE Logistics program is growing, and we are now offering a second year
- Unified Sports is now a CIF sanctioned sport
- Our NJROTC was recognized as a Distinguished Unit with Honors and has been recognized as a distinguished unit for the last 3 years in a row
- MMHS received the Outstanding Activities Award from California Association of Student Leaders multiple years in a row

It is so important to have our students involved. Study after study will show how involved students do better academically as well as social-emotionally. We have over 65 different academic, athletic, and social clubs to be involved in. Watch for future information about Club Rush coming in the beginning of the school year. Please encourage your students to intentionally seek out a way to connect to Mesa.

It is going to be an incredible year and we are looking forward to partnering with you to ensure a safe and successful school year for all students!

We are... Mesa! Go Rams!

Scott Richards Jr

Principal

Ram Expo 2022-2023

To ensure a smooth orientation process, please come on your assigned grade level DATE and TIME.

Monday, August 1st

Grade 22/23	Last Name Begins	Date	Come to Orientation
Senior	A – B	Monday, August 1 st	11:30a – 11:55a
Senior	C – E	Monday, August 1 st	11:55a – 12:20p
Senior	F – H	Monday, August 1 st	12:20p – 12:45p
Senior	I – L	Monday, August 1 st	12:45p – 1:10p
Senior	M – O	Monday, August 1 st	1:10p – 1:40p
Senior	P – Se	Monday, August 1 st	1:40p – 2:05p
Senior	Sh - Z	Monday, August 1 st	2:05p – 2:30p

Tuesday, August 2nd

Grade 22/23	Last Name Begins	Date	Come to Orientation
Junior	A – B	Tuesday, August 2 nd	8:00a – 8:45a
Junior	C – E	Tuesday, August 2 nd	8:45a – 9:30a
Junior	F – H	Tuesday, August 2 nd	9:30a – 10:15a
Junior	I – L	Tuesday, August 2 nd	10:15a – 10:45a
Junior	M – O	Tuesday, August 2 nd	10:45a – 11:30a
Junior	P – Se	Tuesday, August 2 nd	11:30a – 12:15p
Junior	Sh - Z	Tuesday, August 2 nd	12:15p – 1:00p

Wednesday, August 3rd

Grade 22/23	Last Name Begins	Date	Come to Orientation
Sophomore	A – B	Wednesday, August 3 rd	8:00a – 8:45a
Sophomore	C – E	Wednesday, August 3 rd	8:45a – 9:30a
Sophomore	F – H	Wednesday, August 3 rd	9:30a – 10:15a
Sophomore	I – L	Wednesday, August 3 rd	10:15a – 10:45a
Sophomore	M – O	Wednesday, August 3 rd	10:45a – 11:30a
Sophomore	P – Se	Wednesday, August 3 rd	11:30a – 12:15p
Sophomore	Sh - Z	Wednesday, August 3 rd	12:15p – 1:00p

Thursday, August 4th

Grade 22/23	Last Name Begins	Date	Come to Orientation
Freshman	A – B	Thursday, August 4 th	8:00a – 8:45a
Freshman	C – E	Thursday, August 4 th	8:45a – 9:30a
Freshman	F – H	Thursday, August 4 th	9:30a – 10:15a
Freshman	I – L	Thursday, August 4 th	10:15a – 10:45a
Freshman	M – O	Thursday, August 4 th	10:45a – 11:30a
Freshman	P – Se	Thursday, August 4 th	11:30a – 12:15p
Freshman	Sh - Z	Thursday, August 4 th	12:15p – 1:00p

Doors close promptly at 3:30p on Monday and 1:30p on Tuesday-Thursday. Please arrive promptly.

Students must register on the grade level assigned dates and times or LATER. If you are registering more than one student, come on the LATEST date to register all your students at once. If you can't register by August 4th, have all forms completed and submitted or ready to turn in on the first day of school, August 10th. Your student will receive their classes at that time. Thank you for your cooperation.



Murrieta Mesa High School
2022-2023 Bell Schedule

Monday, Tuesday, Thursday, Friday & Wednesdays without late Start	
Period 1/2	8:30 - 10:10
Period 3	10:15 - 11:15
Break	11:15 - 11:25
Period 4/5	11:30 - 1:15
Lunch	1:15 - 1:45
Period 6/7	1:50 - 3:30

Late Start Wednesday	
Period 1/2	9:30 - 10:50
Pride Period	10:55 - 11:55
Break	11:55 - 12:05
Period 4/5	12:10 - 1:35
Lunch	1:35 - 2:05
Period 6/7	2:10 - 3:30



Activities

Bookkeeper News!

- We have two areas payments can be made this year! The Bookkeeper window and the Ram Shack (Activities office).
- No FEES, prices are same online or at the window, cash or card.
- Register for our new online store by clicking this link. SchoolCashOnline.com: Welcome

Bookkeeper will only be open next week during Registration times. Regular Bookkeeper hours will resume on the first day of school.

22/23 Yearbooks
Get yours NOW!

You need a
yearbook!
(just sayin'...)

\$99

**During registration bundle with
USB card (\$50) for a total of
\$143.**

**Please follow Yearbook on
Instagram**

@officialmesayearbook

WHY BUY A USB CARD?

Students will get in FREE to all home regular season athletic events.

- 5 home football games = \$25 savings
- 5 home basketball games = \$25 savings
- 3 home wrestling games = \$15 savings
- 7 home volleyball games = \$35 savings

*This list is an **example** of sporting events and prices. Cost of student entrance fee is subject to change for those that do not have a USB card. Discount does not apply to CIF playoff competitions.*

Discounts on school dances

Discounts on all drama and dance performances.

Seniors save up to \$45 on Senior events

- Prom
- Knott's Scary Farm
- Grad night

USB card includes community savings card on popular restaurants and services.

BOGO on many items and discounts to our students favorite places. Including Rival coffee, Carls Jr., Jersey's Mike and much, much more!

**USB Card is the ONLY school wide fundraiser that helps
fund ALL activities and student recognition**



Activities

Murrieta Mesa Link Crew invites the Class of 2026 to our annual Link Crew

Freshmen Orientation!

August 5th, 2022
8:00 am – 11:30 am
Impact Center (Gym)

Junior and Senior Link Crew leaders will be serving as year long mentors to our Mesa freshmen class! Large and small freshmen group activities are designed for a positive social interaction with peers as students get to know one another, meet their Link Crew leader and become familiar with our campus.

Wear comfortable clothes. You will be sitting on the floor at times. No large bags as we will be moving around campus. Just bring yourself 😊

This is a student only function so we encourage you to let your student attend on her or his own.

We look forward to meeting the Class of 2026!!!

If you have any questions, please email Link Crew Coordinator, Natalee Boggs at nboggs@murrieta.k12.ca.us



MMHS Link Crew

Freshmen Ice Cream Social

Tickets \$5

Friday, August 12th

Rams Den

3:30pm - 4:30pm

Purchase tickets from bookkeeper or a Link Crew leader

REGISTRATION EXPO

- Have any library books, text books, computers, or calculators to turn in? You will need to turn them in or pay for your missing items to proceed with Registration.
- Can't come on your Registration day? You can come any of the following days after your designated days. If you can not make it, you can pick up your schedule and books on the first day of school. Make-up pictures will be announced once school starts.
- Support your graduating class by purchasing a new "Class of" shirt. All proceeds help pay for your Prom and Senior Activities. Underclassmen are \$20, and Seniors shirts are \$25
- USB Card \$50.00
- USB Card Bundled with Yearbook - \$143.00
- Back to School Dance - \$10.00 (Presale Price)
- Parking Permits - \$25.00

Join PTSA!

Click here to join now!

Your membership helps PTSA create an amazing experience for your students at Mesa as well as supports staff throughout the year.

Seniors - Class of 2023

Stop by the Jostens booth at registration on August 1st

to order your

Cap & Gown, Class Ring, & Graduation Announcements!



Save the Date for

Fall Senior Meeting

- Parents: Sept. 19th at 6PM in the GPAC
- Students: Sept. 21st during 3rd period in GPAC

SCHOOL MEALS

Meals are free to all students for the 2022-2023 School Year. One breakfast and one lunch per day is available at no cost.

MEAL APPLICATIONS

Even though meals are free to students in California families are encouraged to complete a Meal Program Application each year. This qualification extends to other district, community and state assistance programs families may benefit from. Because of your application submission, we can ensure that our students receive their fair share of resources.

Applications can be completed any time during the school year. Only one application per family is needed. Be certain to list all children enrolled in the district. Paper applications are available in the school office, cafeteria, and District Support Center.

Please visit the Nutrition Services website at www.murrietaschoolnutrition.com for:

- School Menus & Nutritional Information
- Meal Program Eligibility Guideline
- Online Meal Program Applications
- Additional Benefit Opportunities
- Payment Options for a la carte purchases



MORE THAN A MEAL

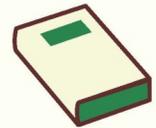


EVERY YEAR FAMILIES must submit a new meal application, even though meals are free in California. This is an eligibility of services requirement.



Household Size	Household Annual Income
2	\$33,874
3	\$42,606
4	\$51,338
5	\$60,070
6	\$68,802

Because of your application submission, we can ensure that our students receive their fair share of resources they deserve such as technology and school needs.



If your household income is less than or equal to the federal guidelines you may also qualify for free or reduced:



- COLLEGE APPLICATION FEES
- SAT, ACT, AP TESTING FEES
- TRANSPORTATION DISCOUNTS
- DISCOUNTS ON UTILITIES OR INTERNET
- P-EBT BENEFIT



Meal Applications directly impact the amount of funding our district receives under the Local Control Funding Formula.

SUBMIT AN APPLICATION TO QUALIFY FOR BENEFITS



APPLICATIONS CAN BE FOUND ONLINE AT:

WWW.MURRIETA.K12.CA.US OR

WWW.MURRIETASCHOOLNUTRITION.COM

CLICK "MEAL APPLICATIONS"

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

DANCE THE NIGHT AWAY AT THE:

BACK 2

SCHOOL DANCE

19TH AUGUST AT **7-9** PM

REREGISTRATION	08/5-18	8/19
\$10	\$15	\$20



Athletics

WELCOME TO MESA ATHLETICS! WE ARE SO EXCITED TO START THE 2022/23 SCHOOL YEAR, AND HOPE TO SEE AT OUR ATHLETIC EVENTS CHEERING ON OUR STUDENT ATHLETES! PLEASE TAKE THE TIME TO CHECK OUT OUR ATHLETIC WEBSITE.

HERE YOU WILL SEE ALL THINGS SPORTS RELATED!

CLEARANCE: [HTTPS://WWW.MURRIETAMESAATHLETICS.COM/CLEARANCE](https://www.murrietamesaathletics.com/clearance)

ATHLETIC INFO: [HTTPS://WWW.MURRIETAMESAATHLETICS.COM/HOME](https://www.murrietamesaathletics.com/home)

Cheer:

Murrieta Mesa sideline cheer is working hard to provide spirit and ram culture to our school. We're excited to get this year started! We will be hosting a stunt clinic open to all ages 5 and up on August 13th. Check out our Instagram page or website for more information about signing up.

Stunt:

Murrieta Mesa Stunt is a spring sport and will have tryouts in December. Follow us on Instagram or check out our website closer to the date for more information.

Track:

Track and Field will start off season training starting on Aug. 22 from 3:45 – 6pm every Mon., Wed. and Fri.. Students must be athletically cleared to participate. See you on the track! Coach Sandra Moya – sanmoya@yahoo.com

Girls Basketball:

Any player or parents interested in information about Murrieta Mesa Girls Basketball please contact Coach Gary Blate by text (559) 760-3641 or email: gtb@sti.net.

For Tennis:

We are very excited about the resurfacing of our Mesa Tennis courts!! They look amazing and are ready for some great play and work to be done be our Rams athletes!! If interested in Girls Tennis Fall 2022 please come on out! Must be athletically cleared to play.

Football:

Freshman there is still time to come out and join the Freshman Football Team! Contact Kenny Armstrong at karmstrong@murrieta.k12.ca.us or Erin Moran at emoran@murrieta.k12.ca.us for more info! * Must be athletically cleared.

Who's Ready for some

Football?????!!!!

Join us on **August 12th** for our 4-way scrimmage against Shadow Hills, Redlands East Valley, and Eisenhower. All 3 levels are HOME in RAM STADIUM. There is NO admission fee and the snack bar will be open, so come on out and support your Rams as they KICKOFF their championship season!



Freshmen: 4:30 pm

Junior Varsity: 5:30 pm

Varsity: 6:30 pm



First Varsity home game is on Friday, August 26th against the VMHS Broncos. Kickoff is at 7:00 pm and this is sure to be a packed house so make sure to get to the stadium early!!!!

*See the MMHS athletic website for more detailed information - all tickets must be purchased through GoFan.

Counselor News

Advanced Placement NEWS!

Welcome Back, AP Students and Families! Please be aware of the to-do items for this fall! Details for how to complete these tasks and their deadlines will be coming soon! Watch your email and this newsletter!

- 1. Add your current AP class(es) to your College Board account using the Join Code(s) that you will get from your teacher(s). Each period has a unique Join Code.**
- 2. Plan ahead to pay for your exams! Each exam is \$101; AP Capstone Exams (for AP Seminar and AP Research) are \$151. Payments will be due this fall by early November. All payments will be handled through Total Registration again this year.**
 - a. If you are eligible for the National School Lunch Program, please make sure to complete a new application as soon as possible. If you qualify, you will be able to use a Fee Waiver to pay \$5 per exam; using a Fee Waiver requires that you take the exam or you will be charged the cancellation fee, which was \$40 last year.**

Please remember to watch your email account, this newsletter, and the announcements for important details coming soon. If you have questions, please contact Mrs. Amstutz (lamstutz@murrieta.k12.ca.us) or Ms. Kim (ckim@murrieta.k12.ca.us).

Community Service will be required once again. Please check out the community services board in student services and watch for opportunities to start earning your hours that will be required for graduation in the current and future classes.

College Presentations

will start soon!

Make sure to watch for announcements of which Universities and Colleges will be visiting and presenting to our students. The schedule will be coming soon. You can always check in Student Services for more information.

CSU Channel Islands will be hosting a "Get Ready for College" event for your students. Students will receive information on the application process and admission requirements, meet with an admissions counselor, and so much more! Let your students know about this great opportunity and have them RSVP at go.csuci.edu/AdmissionEvents.



Sponsored by Booster Club

8TH ANNUAL

MURRIETA MESA H.S. MUSIC AND COLOR GUARD MATTRESS FUNDRAISER



BIG SAVINGS
FINANCING AVAILABLE

EVERY PURCHASE
BENEFITS MUSIC AND
COLOR GUARD



Twin From \$199 | Full From \$279 | Queen From \$299 | King From \$499

Beautyrest.



Adjustable Base



Luxury Pillows



Mattress Protector

- ✓ All sizes available
- ✓ 25+ styles on display
- ✓ Brand new with full factory warranties
- ✓ Delivery available
- ✓ All forms of payment accepted
- ✓ **Financing Available**

SAT. AUG 20

10AM-5PM

@MURRIETA MESA HIGH SCHOOL

BENEFITS MUSIC AND COLOR GUARD



frank.garrity@cfsbeds.com

For more info: Call or Text Frank at 858-663-5372

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THANKS FOR YOUR SUPPORT!

YOU HAVE BEEN PERSONALLY REFERRED BY: _____

BENEFITS MURRIETA MESA HIGH SCHOOL BAND AND COLOR GUARD

PUENTE

MSJC
Mt. San Jacinto College

WHAT IS PUENTE?

The Puente project is an academic, counseling and mentoring program to support our students in fulfilling skills necessary for success in both their academic and career goals while in college. Students enrolled in the Puente program work closely with their Puente counselor, English instructor, and mentor to prepare for transfer all while building community with their cohort.

WHO CAN JOIN PUENTE?

- ❖ Anyone that is eligible for English 101 and CSCR 100
- ❖ Students that are motivated to Transfer
- ❖ All interested in Latinx Literature, cultural identity & experiences of Latinx in the U.S.
- ❖ Ready to participate in Puente sponsored university visits, off campus class field trips and Puente activities

BENEFITS OF JOINING PUENTE

- ❖ Develop reading & writing skills
- ❖ Meet professionals in the community
- ❖ Learn strategies for college success & life skills
- ❖ Make university contacts & visit universities
- ❖ Create a successful transfer plan
- ❖ Participate in culturally enriching activities

PUENTE PROJECT REQUIRED COURSES

Fall 2022 Course Information:

San Jacinto Campus (SJC)

English 101 - Section 1158 Monday 10:00am - 11:50am
with Dr. Palacios
CSCR 100-Section 1687 Monday 12:00pm-1:30pm
with Cynthia Vargas

Meniffee Valley Campus (MVC)

English 101 - Section 3145 Monday 10:00am-11:50am
with Dr. Maroudas
CSCR 100 - Section 3188 Monday 12:00pm-1:30pm
with Cynthia Garcia

**Join our Puente
Familia!
2022-2023**

CONTACT US:

Cynthia Garcia
MVC Puente Counselor
/Co-coordinator
/CSCR Instructor
cgarcia@msjc.edu

Cynthia Vargas
SJC Puente Counselor
/Co-coordinator
/CSCR Instructor
cvargas@msjc.edu

**INTERESTED IN JOINING
PUENTE? CLICK HERE TO FILL
OUT THE INTEREST FORM!**

OR

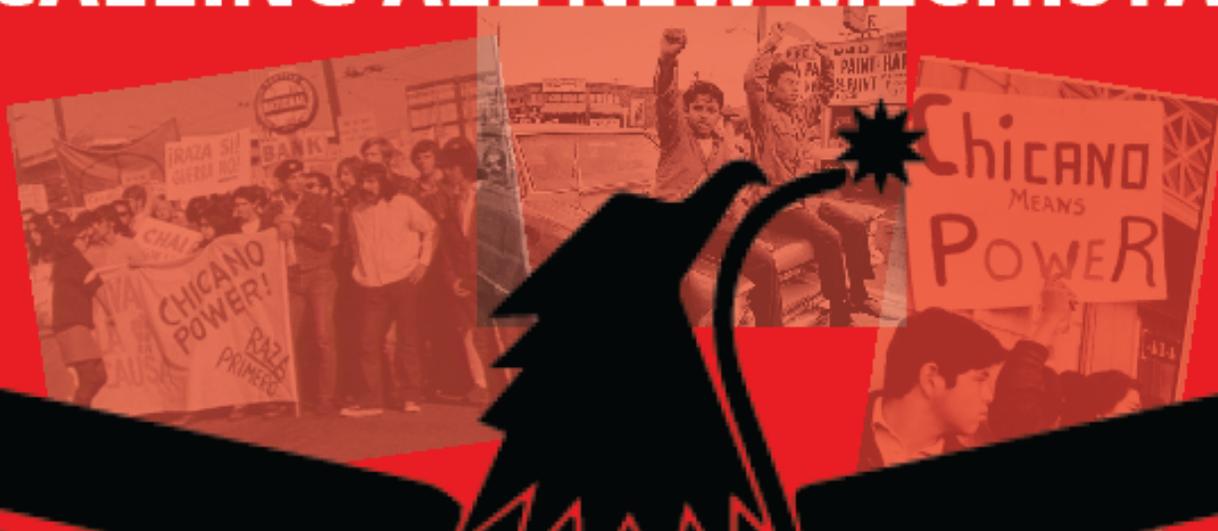


WEBSITE:

<https://www.msjc.edu/puente/>



CALLING ALL NEW MECHISTAS!



SCAN ME

M.E.Ch.A.

MOVIMIENTO ESTUDIANTIL CHICANA/O DE AZTLÁN

MSJC

Mt. San Jacinto College

Movimiento Estudiantil Chicana/o de Aztlán (MEChA) is a student organization that promotes higher education, cultura, and historia, by creating coalitions among Latinx and multi-racial students on campus and in our communities. MSJC M.E.Ch.A. focuses on honoring our traditions and supporting cultural festivities to share and explore.

Are you interested in M.E.Ch.A.?

If so, scan the QR code to sign up to the e-mail group and you can start receiving meeting info starting this upcoming year!

Remind App Info: Text @mechamsj to 81010 OR you can sign up with this link:
<https://www.remind.com/join/k342d9>



@mechamsjc

For more information contact: **Cynthia Garcia @ cgarcia@msjc.edu**