



November 2019

# Panther Press

Shivela Middle School

## Principal's Message

Dear Panther Parents and Students,

We are now well into the heavy academic portion of the first semester. 12 week progress reports will be available at the end of next week. Please continue to communicate with your child about their classwork and upcoming assignments. November and December are "crunch time" with many important assessments and projects.

All of our students will take a first semester final in each class on December 18 and 19. I will send more on this in December. We feel strongly that having final assessments at the end of each semester really helps our kids show their growth and prepare them for the rigor of high school.

As we enter November, we always take the opportunity to reflect on what we are thankful for. I am thankful for the staff at Shivela, who love our school and go above and beyond to build relationships with our students, connect them to school and maximize their growth. Our staff truly loves their school and I'm so proud to be part of it.

I'm also thankful for our amazing students and families. Every student comes through our gates with their own story and experiences. We strive to meet every individual need for every student. It is an ongoing journey which we embrace. Thank you to families for partnering with us in your kids' middle school years.

Thank you, as always, for your support of our school!

Living the Panther LIFE (Learning, Integrity, Friendship, Excellence)

Mike Marble

Principal

### November

11/1 No School  
11/4 Early Out  
11/5 Chipotle Band Fundraiser : Cal Oaks Chipotle.  
11/7 Fall Band Concert  
11/8 Veterans Breakfast in the Library 8:15am to 9:15am  
11/11 NO SCHOOL Veteran's Day  
11/13 Field of Honor Field Trip  
11/13 SPED Parent Night MPR 5-8pm  
11/15 AVID Field Day  
11/15 Harvest Dance  
11/18 Suicide Prevention Awareness MPR 4-8pm  
11/20 Panther of the Month  
11/21 Kindness Day  
11/22 Turkey Trot  
11/25 NO SCHOOL  
11/26 NO SCHOOL  
11/27 NO SCHOOL  
11/28 NO SCHOOL  
11/29 NO SCHOOL

### December

12/2 Early Out/Avid Site Conference  
12/3 Avid Site Conference  
12/5 Spelling Bee MPR 9:30am  
12/6 Holiday Band Parade Prep/Holiday Parade 7pm Downtown Temecula.  
12/10-12/11 8th grade hearing and vision testing  
12/12 7th Grade UCSD Field Trip  
12/13 7th Grade Assembly  
12/14 PASS  
12/16 No Early Out/B Day  
12/16 Choir /Strings Concert Rehearsal  
12/17 Choir /Strings Concert 6pm-8pm  
12/17 A Day  
12/18 Early Out B-Day Finals  
12/19 Early Out A- Day Finals  
12/20 Early Out  
12/23-1/13 -Winter Break.

### January

1/1-1/13 WINTER BREAK!!!!  
1/14 1st day second semester  
1/16- Social Media Day  
1/20 Martin Luther King Day



### Principal:

Mike Marble  
mmarble@murrieta.k12.ca.us  
(951) 696-1406 x4099

### Assistant Principals:

Amanda Debert  
adebert@murrieta.k12.ca.us  
(951) 696-1406 x 4091  
Dr. Darlene Painter, Ed.D.  
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### Counselors:

Patty Gomez ~ 6th grade  
pgomez@murrieta.k12.ca.us  
(951) 696-1406 x 4082  
Sharon Tucker~7th grade  
stucker@murrieta.k12.ca.us  
(951) 696-1406 x 4080  
Luke English~8th grade  
lenglish@murrieta.k12.ca.us

### Site Secretary:

Rudy Rivera  
rrivera@murrieta.k12.ca.us  
(951) 696-1406 x 4097

### Website:

www.murrieta.k12.ca.us/shivela

AVID will be selling Grateful Grams Nov. 12-21 for \$1. Let someone know you appreciate them!!!



### PASS (Panther Academic

Support Saturday) is an enrichment program to help students with academic success. There will be NO PASS held during the month of November.

Have a good Break!!!!



### SMS Choir Important Dates :

- **Nov 13-** Field of Honor 9am-11:30AM Choir will be on a rehearsal Field Trip To the Park in the Morning.

**5:30-7pm** Choir will be singing at Field of Honor Candlelight Ceremony -to honor Veteran's and 1st responder.

Follow us on Twitter @ShivelaLife

### Table of Contents:

**Page 2-3**—Counseling Corner

**Page 4**—Panther Tech News

**Page 5**—Peachjar.com Flyers; Box

# Counseling Corner

**"To inspire every student to think, to learn, to achieve, to care."**



What are you thankful for? Is it your family, food, children, shelter, friends and/or health? Entering the month of November instantly brings to mind Thanksgiving, family and food. In a movie "Pay it Forward", a student was asked to come up with an idea that could positively change the world. He came up with a concept of doing something good for someone else that they cannot do for themselves. These acts of kindness were done without the expectation of receiving something in return. What if this season, each person did something for someone else without the expectation of something in return, could our world, city, community, family, improve?

We each have something to give, whether it is our time, talents or treasures. Our community offers several opportunities to help and serve others that will make a difference in our own backyards. Here are some but there are many more:

## Animal Rescue Kompany (A.R.K.)

The Animal Rescue Kompany, also known as A.R.K., needs volunteers at their pet adoption events every Saturday and Sunday at the Murrieta Petsmart. Pick up an A.R.K. information flyer in the counseling office if you are interested or call Megan Juric, the volunteer coordinator, at 951/240- 8758 or email [meganofark@gmail.com](mailto:meganofark@gmail.com). Website link - Animal Rescue Kompany (ARK)

## Baby Bottle Boomerang Program

Distributing and collecting plastic baby bottle "banks" around and collecting donations for Birth Choice. The number of community service hours given is dependent upon the number of bottles collected. Birth Choice of Temecula, Jennifer Cartell, 27488 Enterprise Circle West #4, Temecula CA 92590. Pick up bottles from this center anytime between 10a-4pm, M-Thur. Who to Contact:

Jennifer Cartell at 951-699-9808 or 951-551-5428 or [orjennycartell@aol.com](mailto:orjennycartell@aol.com).

## Inland Valley Classical Ballet Theatre Costume Department

Volunteers are needed to sew, or who would like to learn how to sew. This is a great way to obtain high school community service hours. Interested students need register as a volunteer to attend the required orientation. **LIMITED POSITIONS AVAILABLE** Email [missie@ivcbt.org](mailto:missie@ivcbt.org) to sign up. A Registered 501(c) 3 Arts & Education Not-for-Profit Corporation. 41760 Rider Way, Temecula CA 92592 [www.ivcbt.org](http://www.ivcbt.org)

## Meadowbrook Animal Sanctuary Haven (MASH)

This Animal Rescue facility is in need of volunteers to help maintain the facility and care for the animals. Donations and volunteers are both needed. The facility is located at 20773 Riverside Street, Meadowbrook. (Hwy 74/Central off-ramp the 15 fwy). They need help on April 16 & 17, 2011 and May 14 & 15, 2011. Email [cookies.morgan@yahoo.com](mailto:cookies.morgan@yahoo.com) if you would like to volunteer for these dates. Flyers are also available

## Special Olympics Southern California, Temecula Valley Area

Sports program volunteer coaches and assistant coaches. Volunteers will need to complete the volunteer registration and screening process. Volunteers must be 14yrs of age. If the volunteer has already completed this process it is good for 3 years before renewal is required.



# Counseling Corner

**"To inspire every student to think, to learn, to achieve, to care."**

Practice sessions are held once a week for 1-2 hours depending on the sport. Practice sessions are held at various locations in the evening or on weekends. Asst coaches/sport volunteers do not need to be "experts" in a particular sport but willing to follow directions of the Head Coach to assist with skill development and practice. Contact Stacy Fish, Regional Sports Manager, Special Olympics Southern California, Inland Empire Region, PO Box 359, Sun City, CA 92586, 951-296-3624 Office, 951-693-0016 Fax, [www.sosc.org](http://www.sosc.org)

Shivela counselors will be doing the College and Career Guidance lessons in the 6th and 7th grade classrooms this month. 8th grade students will receive these lessons during spring semester. Please feel free to discuss these lessons with them and explore the website, [californiacolleges.edu](http://californiacolleges.edu).

We would also like to congratulate Emily Stuck and Madison Boehm for being selected to represent Shivela at the Rotary Pride camp.

**HAPPY THANKSGIVING**  
From Your Thankful Counselors!

Mr. English  
Counselor  
7th Grade

Mrs. Gomez  
Counselor  
6th Grade

Mrs. Tucker  
Counselor  
8th Grade



## **SPIRIT NIGHT**

Monday, Nov 4th/19.5pm-8pm

Join us for food and fun. Come support Shivela Middle School Interactive Club. The spinning wheel will be out spinning. Drive Thru & catering orders count too!!





# *Panther Tech News*

The Wallit App is a chore and banking system that connects children to the concept of money. Eliminate the nagging and activate self-sufficiency for your teens. Wallit helps automate everyday money needs like setting allowances, establishing savings goals, and tracking spending. Give your teens the tools they need to succeed and give yourself a break from the constant money requests.

How it works:

1. Add your bank accounts- Sign up and Wallit will integrate directly with your existing bank or credit union account.
2. Add your family- Add your family members, including teens! Everyone will be connected through Wallit.
3. Assign and Approve Tasks- From preset chores and tasks to self-created ones, assign a value and task to each child, when completed it adds that amount to their account or they can transfer their balance to a gift card of their choice. Here is a link to step by step with more explanation on how the app works.

Pros: This app really shows kids that they earn money with they work hard. It helps to build a sense of finance. We love to use it for our child who drives and wants gas money or wants to go out with friends because they have learned the fun comes at a cost and requires work. They are also able to set goals for see how long it takes to achieve that goal. Each child is required to set a goal of something they always want to buy and have always have a goal. If they achieve one goal, they have to set another. One child my want to buy their letterman's jacket that costs over \$500 while the other may want an Apple watch at \$250. They can choose to put all or just some of their money they earn towards that goal. We also require them to save 10% of what they have monthly into a savings account.

Cons: It does require multiple checking accounts. We had to open a checking account for each child. Banks have really worked with children to allow these kinds of accounts. Also, it does require linking of you own personal account. When I opened the accounts for our children, I also opened another one just linked to those accounts for that purpose. That also meant that I limited myself and the children on how much monthly they can earn.

Overall as a family we have seen the work ethic and financial understanding of our children increase using the app and system. This app goes on my must haves for parents of teens and pre-teens.

Next month I'll be looking at the newest

*Dr. Darlene Painter*

Dr. Darlene Painter

Assistant Principal



# *What We Wish You Knew*

## **BREAKING THE SILENCE**

This session will provide students (ages 12+), staff and families with information about depression and suicide. Learn how to recognize the signs and how and where to get help. Discussion topics include identifying risk factors/warning signs, starting conversations, safe messaging, self-care and resources. This event will feature a variety of booths from community-based agencies, a panel discussion about "lived experiences" and opportunities for Q & A.

**Date: November 18, 2019**

**Time: 5:00 pm-8:00 pm**

**Location: Shivela Middle School 24515 Lincoln Ave. Murrieta, CA 92562**



Dinner will be provided  
Childcare will be available



**PLEASE RSVP BY 11/13/19**

[murrieta-valley-usd.ticketleap.com/what-we-wish-you-knew-2019/](http://murrieta-valley-usd.ticketleap.com/what-we-wish-you-knew-2019/)

Murrieta Valley USD, Project 99-Play for Life, Inc. & Riverside University Health System- Public Health



**RSVP**





# *Lo Que Deseamos Que Supieran*

## **ROMPIENDO EL SILENCIO**

Esta sesión proporcionará a los estudiantes (mayores de 12 años), al personal y a las familias información sobre la depresión y el suicidio. Aprenda a reconocer los signos y cómo y dónde obtener ayuda. Los temas de discusión incluyen la identificación de factores de riesgo / señales de advertencia, conversaciones de inicio, mensajes seguros, autocuidado y recursos. Este evento contará con una variedad de puestos de agencias comunitarias, una mesa redonda sobre "experiencias vividas" y oportunidades para preguntas y respuestas.

**Fecha: 18 de Noviembre 2019**

**Horario: 5:00 pm - 8:00 pm**

**Ubicación: Shivela Middle School**

**24515 Lincoln Ave. Murrieta, CA 92562**

**Se proporcionará la cena**

**Cuidado de niños estará disponible**



**Por favor confirme su asistencia 13 de Noviembre 2019**  
**[murrieta-valley-usd.ticketleap.com/what-we-wish-you-knew-2019/](http://murrieta-valley-usd.ticketleap.com/what-we-wish-you-knew-2019/)**

Murrieta Valley USD, -Project 99-Play for Life, Inc. & Riverside University Health System- Public Health



**RSVP**





All the flyers that have been district approved are posted on Peachjar.com. [Click here](#) to view the flyers. If you would like to type in the link directly, go to:



## BOXTOPS FOR EDUCATION



We earn 10 cents  
for each boxtop

Earn \$\$\$ to buy  
**SCIENCE** supplies



Bring boxtops to room 306 or the front office



### IMPORTANT NOTICE!

Students **MUST** have proof of a **Tdap vaccine** before starting school their 7th grade year. If you need more info, please contact the school health office, or for **FREE** vaccines, contact Riverside County Health Dept, 2499 Lakeshore Drive, Lake Elsinore (951) 471-4200.