



Monte Vista Elementary
MONTE MEMO
Learners Today, are Leaders Tomorrow

Pamela Picchiotino, Principal
Michael Benecchi, Assistant Principal



NOVEMBER 2024

Hello Mountain Lion Families

- **NOVEMBER 1ST** - NO SCHOOL
- **NOVEMBER 3rd** - DAYLIGHT SAVINGS SET YOUR CLOCKS BACK
- **NOVEMBER 4-20TH**-DROP OFF YOUR NON-PERISHABLE ITEMS IN THE MPR FOR "SHARE THE HARVEST"
- **NOVEMBER 5TH** - **VOTE**
- **NOVEMBER 6TH** - EARLY OUT
- **NOVEMBER 8TH** - FRIDAY FLAG WALL OF HONOR VETERAN'S CELEBRATION
- **NOVEMBER 11TH** - NO SCHOOL
- **NOVEMBER 13TH** - EARLY OUT
- **NOVEMBER 15TH** - **movie night**
- **NOVEMBER 20TH** - EARLY OUT
- **NOVEMBER 25-NOVEMBER 29TH** THANKSGIVING BREAK NO SCHOOL

Happy Thanksgiving to you and your family

Monte Vista Families,
We are thankful for so many things this time of year and one of the biggest is our Monte Vista Community! We have enjoyed many activities over the past month due to our community of parents, students, and staff.

It was great to see all our parents and families during parent/teacher conferences! Thank you for working collaboratively with our teachers to create a supportive learning environment for our students! If you were not able to attend, please reach out to your child's teacher for a meeting date.

Our annual PTA sponsored Monte Fest was great fun! We had a huge turnout! Between the activities, food, games, Haunted Library, vendor fair and music, a fun time was had by all!! Thanks for helping to make Monte Vista the great school that it is!

Mrs. Picchiotino & Mr. Benecchi



IMPORTANT LINKS

[School Website](#)

[Menus](#)

[Counselor's Corner](#)

STUDENT PICK UP

We sincerely value your support! We understand that appointments and emergencies can occur later in the day. However, our staff and administration feel it's essential for both the safety of our students and the learning atmosphere that they are not released after 2:25 PM. At that time, teachers are concluding their day and providing important guidance to the students. Thank you for your understanding and your continued support!



Sunday, Nov 3rd

I sincerely hope that everyone found Kathryn Otoshi's presentations enjoyable. A massive THANK YOU goes out to our PTA for sponsoring this author visit to our school. It was a fantastic assembly for both the students and the staff!



Attendance Goals!

Dear Families,

Please help us reach our 100% attendance goals!!! We understand that sometimes absences are unavoidable. However, to ensure our students receive the best education possible, we kindly ask that you limit student absences.

Please let us know the reason for your child's absence. You can email ahamm@murrieta.k12.ca.us or call our 24-hour attendance line by dialing 951-894-5085, Ext 1 for attendance.

All absences must be verified, or the absence becomes an unexcused absence or truancy. Please report absences as soon as possible. Once an Attendance Month is completed, no additional changes will be made to the dates. All unverified dates will be considered unexcused.

Thank you for your cooperation and understanding!
Your Admin Team!

MVES PTA PRESENTS

Family

Movie

Night

**DJ
MR. P**

**Nov
15**

**Free
Popcorn**



FEATURING DESPICABLE ME 4



MONTE VISTA ELEMENTARY

GATES OPEN @ 4:30PM
SHOW STARTS @ 5PM

5TH GRADE WILL BE SELLING HOT DOGS, NACHOS, CANDY
& DRINKS!

Counseling Connection

Monte Vista Elementary School
Mrs. Green, School Counselor
tlgreen@Murrieta.k12.ca.us
951-894-5085 ext. 2966

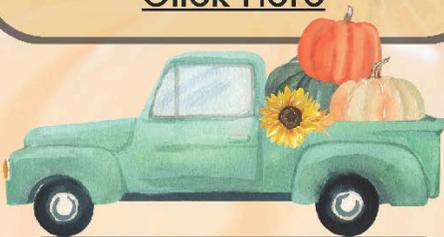


Support Links

Native American Library
[Click Here](#)

Free Mental Health
Concierge
[Click Here](#)

30 Days of Gratitude
[Click Here](#)



A SPECIAL THANK YOU
TO OUR VETERANS. YOU
ARE HONORED AND
APPRECIATED!



CULTURAL Spotlight



November marks National Native American Heritage Month, a time to honor the rich histories, diverse cultures, and significant contributions of Native peoples across the United States. This month offers an opportunity to learn about the traditions, achievements, and contemporary experiences of Native American communities, while also reflecting on their important role in shaping our nation's past and present.

Throughout November, we encourage everyone to take part in activities that deepen their understanding of Native American heritage.

Whether through reading books by Native authors, exploring cultural events, or engaging in meaningful conversations, there are many ways to celebrate and support Native voices and perspectives.

Let's take this time to recognize the resilience and vitality of Native cultures and histories, while fostering respect and awareness for these vibrant communities.

"The point is not to pay back kindness, but to pass it on."

Julia Alvarez, poet, novelist

Practice GRATITUDE

Gratitude is a powerful tool for building happiness, resilience, and positive relationships. Teaching our children to appreciate the people, experiences, and things around them can help them develop a positive outlook on life. In our fast-paced world, it's easy for kids (and adults!) to focus on what they don't have, but fostering a habit of gratitude can shift that mindset toward contentment and joy.

Why Gratitude Matters

Gratitude helps children:

- **Build stronger relationships:** When children express appreciation, they are more likely to develop meaningful connections with peers, teachers, and family members.
- **Improve mental health:** Studies show that practicing gratitude can reduce stress, increase happiness, and boost emotional resilience.
- **Strengthen empathy:** Gratitude helps children recognize the efforts of others, leading to more understanding and compassion.

Simple Ways to Encourage Gratitude at Home

1. **Gratitude Journals:** Encourage your child to write down one or two things they're thankful for each day. This practice helps them reflect on the positives and can be a calming way to end the day.
2. **Grateful Conversations:** Create a daily ritual, such as at dinner or bedtime, where each family member shares something they appreciated that day. This simple routine helps children learn to recognize the good in everyday moments.
3. **Model Gratitude:** Children learn by watching us. Take time to express your own gratitude in front of them. Whether it's thanking the cashier at the store or sharing what made your day special, your actions will set a positive example.

The Long-Term Benefits of Gratitude

By incorporating small, intentional practices of gratitude in our daily lives, we can help our children grow into more resilient, kind, and optimistic individuals. Not only will they feel more positive and secure, but they'll also be better equipped to navigate challenges with a sense of appreciation and empathy for others.

HELP US FEED THOSE IN NEED!

SHARE THE HARVEST FOOD DRIVE



DONATIONS NEEDED:

- Turkeys
- Canned Corn
- Canned Green Beans
- Stuffing
- Mashed Potatoes
- Sweet Potatoes
- Cranberry Sauce
- Gravy
- Pie
- Drinks
- Dinner Rolls

We would like to invite our families to contribute to this season of giving by supporting Murrieta Mesa's Share the Harvest Food Drive. Families can support by bringing the following items listed above to Monte Vista. Non-perishable items only please.

Please bring items to the MPR and place in boxes on the stage by Wednesday, November 20th. Our families' donations will support Murrieta Mesa's Share the Harvest Thanksgiving Dinner and Fall Festival on November 23rd.

Thanks so much!

NOVEMBER 2024



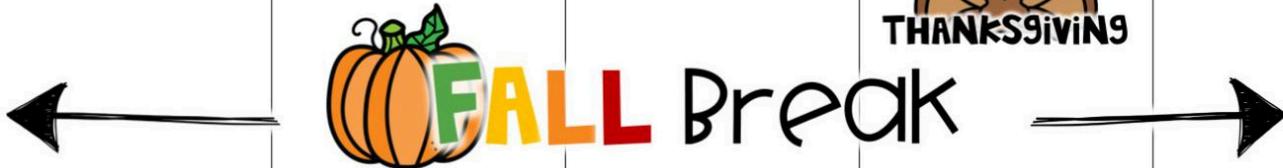
MON TUE WED THU FRI

all dates and times are subject to change

NO SCHOOL



<p>4 Meet and Eat 7:15a Spanish 2:45p-3:30p Minecraft AM 7:45a-8:25a Minecraft PM 2:45p-3:30p</p>	<p>5 Meet and Eat 7:15a EGAMES 2:50P-3:30P ELECTION Day</p>	<p>6 Meet and Eat 7:15a EARLY OUT Spanish 1:50p-2:35p</p>	<p>7 Meet and Eat 7:15a Military, College and Career Wear EGAMES 2:50P-3:30P</p>	<p>8 Meet and Eat 7:15a FRIDAY FLAG- VETERANS DAY AND WALL OF HONOR UNVEILING.</p>
<p>11 NO SCHOOL ★ ★ ★ ★ ★ VETERANS Day</p>	<p>12 Meet and Eat 7:15a EGAMES 2:50P-3:30P FLAG FOOTBALL TK-2ND 2:45-5p</p>	<p>13 Meet and Eat 7:15a EARLY OUT Spanish 1:50p-2:35p</p>	<p>14 Meet and Eat 7:15a Military, College and Career Wear EGAMES 2:50P-3:30P FLAG FOOTBALL 3RD-5TH 2:45-5p</p>	<p>15 Meet and Eat 7:15a PTA MOVIE NIGHT movie night</p>
<p>18 Meet and Eat 7:15a Spanish 2:45p-3:30p</p>	<p>19 Meet and Eat 7:15a EGAMES 2:50P-3:30P FLAG FOOTBALL TK-2ND 2:45-5p</p>	<p>20 Meet and Eat 7:15a EARLY OUT Spanish 1:50p-2:35p</p>	<p>21 Meet and Eat 7:15a Military, College and Career Wear EGAMES 2:50P-3:30P FLAG FOOTBALL 3RD-5TH 2:45-5p</p>	<p>22 Meet and Eat 7:15a</p>
<p>25</p>	<p>26</p>	<p>27</p>	<p>28  THANKSGIVING</p>	<p>29</p>



NOVEMBER

ELEMENTARY BREAKFAST MENU
1- FREE BREAKFAST PER STUDENT PER DAY.

Breakfast Includes

Assorted Fresh Fruit
Trix Yoplait Yogurt
100% Fruit Juice

1% White Milk or Non-Fat Chocolate Milk

Monday	Tuesday	Wednesday	Thursday	Friday
	Offered Daily *Cereal *Breakfast Bar			1 NON-STUDENT DAY
4 Chocolate Muffin	5 Cinnamon Snack'n Waffle	6 French Toast Sticks	7 Bagel w/cream cheese	8 Pancake Sausage Sandwich
11 <i>Veterans Day</i> 	12 Cinnamon Roll	13 Breakfast Sausage Pizza	14 Strawberry Pancake Bowl	15 Biscuit & Sausage Patty
18 Chocolate Muffin	19 Cinnamon Snack'n Waffle	20 French Toast Sticks	21 Bagel w/cream cheese	22 Pancake Sausage Sandwich
25 Fall Break No School	26	27	28 <i>Happy Thanksgiving</i>	29

This Institution is an equal opportunity provider.

Menu subject to change without notice.

NOVEMBER

ELEMENTARY LUNCH MENU
1- FREE LUNCH PER STUDENT PER DAY.

Salad Bar Entrée

Includes choice of Protein & Grain

*Hard Boiled Eggs w/crackers
*Hummus Cup w/pita chips
*String Cheese w/crackers

Monday	Tuesday	Wednesday	Thursday	Friday
Offered Daily *PB&J Uncrustable *Turkey & Cheese Sub Sandwich *Turkey Sub Sandwich	Lunch Includes Unlimited Daily Salad Bar, String Cheese Goldfish Crackers, 100% Fruit Juice & 1% White Milk or Non-Fat Chocolate Milk			1 Non-Student Day
4 Mozzarella Cheese Sticks	5 Corn Dog	6 Chicken Nuggets	7 Meatballs w/marinara & Texas Toast	8 Bean & Cheese Pupusa
11 <i>Veterans Day</i> 	12 Cheesy Garlic Toast	13 Breaded Chicken Drumstick w/ Texas Toast	14 Teriyaki Chicken Bowl	15 Beefy Nachos *Cookie Day
18 Cheesy Bread Bites w/marinara	19 Cheeseburger Sliders	20 Holiday Chicken Nuggets *Rosati Icee	21 Turkey & Gravy w/Mashed Potatoes Dinner Roll	22 Chicken Burger
25 Fall Break No School	26	27	28 <i>Happy Thanksgiving</i>	29

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