

**Murrieta Valley Unified School District  
High School Course Outline  
January 2005**

**Department:** Elective  
**Course Title:** Peer Leaders Uniting Students (PLUS) Program  
**Course Number:** 5543  
**Grade Level:** 10-12  
**Length of Course:** Year  
**Prerequisite:** Application Process/Teacher Recommendations

UC/CSU (A-G) REQUIREMENT: None

**I. Goals**

*The Student Will:*

- A. Recognize bias and the harm it inflicts on individuals and society
- B. Explore the value of diversity and improve inter-group relations in the school district and community
- C. Combat racism, anti-Semitism, and all forms of prejudice and bigotry
- D. Lead Unity forums to discuss the areas above (A-C) with elementary, middle-school, and high school students
- E. Facilitate conflict resolution and peer mediation
- F. Actively participate as a member of a support group on campus
- G. Learn and use appropriate facilitative responses for forums

**II. Outline of Content of Major Areas of Study**

*Semester I:*

- A. The Need for PLUS Team Members/Roles
  - 1. Family Tree Assignments/Presentations
  - 2. Confidentiality
  - 3. Lessons in Group Dynamics

- B. Preparing for the Forums
  - 1. Follow PLUS guidelines
  - 2. Assign Roles/Role Play
  - 3. Practice Makes Perfect
- C. Leading Forums
  - 1. Groups of four students initiate forums for elementary school students (two-three a week)
  - 2. Groups of four students initiate forums for middle school students (one-two a month)
  - 3. Initiate forums for high school (one a month)
- D. Mix-It-Up Organization
  - 1. Plan and implement Mix-It-Up ([www.tolerance.org](http://www.tolerance.org) for more info) to promote unity on campus
  - 2. Get other student groups on campus involved
- E. Follow Anti-Defamation League Handbook *World of Difference* Curriculum throughout the semester

*Semester II:*

- A. Implement Character Education at elementary school campuses
- B. Implement middle school forums (one-two a week)
- C. Plan Unity Day for community (April)
- D. Staff Forums (Staff Development Day)

**III. Accountability Determinants**

- A. Family Tree Project
- B. Evaluation for Forums
- C. Miscellaneous assignments (ADL A World Of Difference)

**IV. Required Texts**

- A. None

**V. Supplemental Materials**

A. A World Of Difference Curriculum (Anti-Defamation League)