

**Murrieta Valley Unified School District**  
**High School Course Outline**  
**April 2003**

**Department:** Visual and Performing Arts

**Course Title** Dance II

**Course Number:** 7230

**Grade Level:** 10-12

**Length of Course:** Year

**Prerequisite:** Successful Completion of Dance I or Instructor Approval

**UC/CSU (A-F) Requirement:** F

**Course Description:** This course may be repeated multiple times for credit.

**I. Goals**

The student will:

- A. Improve and master technical skills
- B. Create performances that project clear artistic expression and style
- C. Analyze choreography theory taught through the use of theme and variation, unity and rhythmic organization
- D. Analyze skills and performance levels in written form (Student and professional works)
- E. Choreograph personal performances (Personal choice and thematic)
- F. Analyze the historical and cultural evolution of dance forms
- G. Perform ballet, jazz, lyrical, musical theater, modern and ethnic forms of dance
- H. Develop a working knowledge of the skills, vocabulary and language specific to ballet, jazz, lyrical, musical theater modern and ethnic forms of dance
- I. Develop flexibility, muscle strength, dance technique and cardiovascular endurance

- J. Develop fundamental artistic and aesthetic understanding by written critique of live, video, profession and self performances
- K. Develop choreography for various dance performances throughout the year including a complete dance concert

These goals are aligned with the California State Framework for Visual and Performing Arts and the California State Content Standards for Dance 9-12 Advanced.

## **II. Outline of content for Major Areas of Study**

### **Semester I**

- A. Proper warm-up for ballet, jazz and modern dance
  - 1. Benefits
  - 2. Correct warm-up technique
- B. Across the floor and center work using correct technique in ballet, jazz and modern dance
- C. Dance vocabulary and terminology
  - 1. Review
  - 2. Expand
- D. Ethnic Dance
  - 1. History
  - 2. Israel
  - 3. Africa
  - 4. Russia
  - 5. United States
- E. Ballet
  - 1. History
  - 2. Specific technique
  - 3. Complete dance combination
- F. Jazz
  - 1. History
  - 2. Specific technique
  - 3. Complete dance combination
- G. Modern
  - 1. History
  - 2. Specific technique
  - 3. Complete dance combination

- H. Lyrical
  - 1. History
  - 2. Specific technique
  - 3. Complete dance combination
  
- I. Musical Theater
  - 1. History
  - 2. Specific technique
  - 3. Complete dance combination
  
- J. Choreography
  - 1. Theory
  - 2. Problem solving: set parameters in rhythmic organization, unity and space
  - 3. Choreograph a solo or group piece
    - a. Music choice

## **Semester II**

- A. Aesthetic valuing
  - 1. Discussion
  - 2. Rubric
  - 3. Written critique
  
- B. Choreography
  - 1. Group or solo piece
  
- C. Dance
  - 1. Audition of student choreography
  - 2. Dancer auditions
  - 3. Rehearsals
  - 4. Costume & make-up
  - 5. Staging
  
- D. Performance
  - 1. All students will participate in at least one performance outside of class

## **III. Accountability Determinants**

- A. Teacher observation of daily classroom participation, effort, improvement, achievement and behavior
  
- B. Written and oral analysis of student dance performance by the teacher, based on correct technique and choreographic principles
  
- C. Oral, written and performance technique test of terminology and history

- D. Student evaluation of professional works
- E. Written and oral critiques by peers using class rubric
- F. Public Performance
- G. Final project: Present a paper on an aspect of dance history (choice of topic)
  - 1. World culture
  - 2. Historical period
  - 3. Important contributor to the dance world
  - 4. Evolution of dance in the 20<sup>th</sup> century
  - 5. Relationship of dance to other arts
  - 6. Impact of multi-media on dance – past 50 years to present
- H. Final assessment includes cumulative evaluation from all of the above

#### **IV. Required Text**

None

#### **V. Supplementary Materials**

- A. Sound system
  - 1. Adjustable pitch CD/cassette
  - 2. Remote microphone and headset
- B. Variety of music on CD and cassette tape
- C. Professional dance videos
  - 1. Alvin Ailey, George Balanchine, Martha Graham and various other professional dancers, group and performances
- D. Digital video camera and tripod
- E. LCD projector, VCR and TV monitor
- F. Lap top computer
- G. Reference texts and dance periodicals