

## Junior Reflective Task

Reflection is a major contributor to personal growth. Recognizing who you are and who you want to become is essential to self-awareness and growth. This is an opportunity for that reflection and discovery to occur.

Choose two of the prompts below and write a multi-paragraph response for each. Each prompt should stand alone. Choose two prompts you would find most useful to your plans after high school. Identify each response with the number of the prompt you are responding to within your title. Use the skills you have learned throughout your high school career in order to showcase your knowledge and value as a prospective student or employee.

1. Write about an experience where you have positively influenced others, helped to settle differences, or contributed to an effort that impacted others. What was the result of your influence?
2. What is a strength, ability, or quality you possess? How have you demonstrated your strength, ability, or quality to show who you are or how you have grown?
3. Describe a challenge you have faced and how you attempted to overcome it. What steps did you take in order to make the result favorable? How has your experience helped you to understand how to face further challenges?
4. How have you been an “agent of change” in your school or community? What was the impact or result?
5. What creative traits do you possess? How are you able to use your creativity to express yourself? How could this creativity benefit or impact those around you?