



MURRIETA
Valley

MV GUIDE

2018-2019 STUDENT HANDBOOK

MURRIETA VALLEY UNIFIED SCHOOL DISTRICT

Murrieta Valley High School
42200 Nighthawk Way
Murrieta, CA 92562

Phone: (951) 696-1408

Fax: (951) 304-1803

Website: <http://www.murrieta.k12.ca.us>

MURRIETA VALLEY HIGH SCHOOL

42200 Nighthawk Way

Murrieta, CA 92562

Phone: (951) 696-1408

Fax: (951) 304-1803

Website: <http://www.murrieta.k12.ca.u>

Principal

Dr. Mark Pettengill Ext. 5299

Assistant Principals

Stephen Diephouse (A-K) Ext. 5293

Bob McGonigal (L-Z) Ext. 5410

Ryan Tukua (Student Support) Ext. 5279

FAX (951) 304-1806

Student Resource Officer

Officer Sanchez Ext. 5267

Counselors

Julie Thornburg	9th Grade A-M, I.B.	jthornburg@murrieta.k12.ca.us
Dinora Mendoza	9th Grade N-Z, AVID	dmendoza@murrieta.k12.ca.us
Nicole Castro	10th Grade, ELD	ncastro@murrieta.k12.ca.us
Jim Vandenburg	11th Grade, NCAA	jhvandenburg@murrieta.k12.ca.us
Rick Lockwood	12th Grade, SDC	rlockwood@murrieta.k12.ca.us

AVID Coordinator

Amanda Debert Ext. 5626

Activities

Geniel Moon Ext. 5259

Athletics

Darin Mott Ext. 5256

Fax: (951) 304-1803

IB Coordinator

Alanna Fields Ext. 5278/5671

STUDENT LEADERSHIP

ASB President.....	Garrett Otteson
ASB Vice President.....	Grant Castendeda
ASB Secretary.....	Jenna Vitamanti
Secretary of Senate.....	Jaclyn Weidlaw
Link Crew Co-Captains	Jordyn Patterson
	Katie Reed
Commissioner of Clubs & Funds	Madison Carver
Commissioner of Publicity	Ashton Phillips
Commissioner of Cultural Awareness	Olivia Shen
	Melody Velez
SR President.....	Olivia Landis
SR Vice President.....	Brian Burns
SR Secretary/Treasurer.....	Joey McAllister
JR President.....	Jillian Horn
JR Vice President.....	Trevor Reese
JR Class Secretary/Treasurer	Sam Bradley
Soph President.....	Christina Batte
Soph Vice President.....	Mekenna Clugston
Soph Secretary/Treasurer	Iris Del Valle

Murrieta Valley High School does not discriminate on the basis of race, creed, color, national origin, gender or disability

PRINCIPAL'S LETTER

Welcome to Murrieta Valley High School, home of the Nighthawks. As the Principal, I feel honored to serve at such a highly regarded school with such a great tradition. We offer rigorous academic programs along with an engaging culture for all students. Along with our teachers and staff I would like to welcome you to the 2018-2019 school year. We are committed to partnering with students and their families to provide a high quality education that prepares each student as a 21st century learner.

I encourage you to get involved on our campus through our stellar academic programs, our many clubs and activities and our athletic program and make the most of your high school years. Remember, Murrieta Valley High School is your school. Take the challenge to be a leader on our campus. You can make a difference. I look forward to connecting with each of you. Do it the R.I.T.E. (Respect, Integrity, Team work & Excellence) way, the Nighthawk way!

Sincerely,

Dr. Mark Pettengill,
Principal
Murrieta Valley High School

A Message from the MVHS Counseling Staff

We welcome all of our students to the 2018-2019 school year. Our counseling mission is to support academic achievement, inspire personal growth, and provide a foundation for developing future educational and career goals. We look forward to meeting with you!

*“You are the best...our hope for the future;
remember that!”
Believe in yourself...we believe in you
and entrust you with our future!*

TABLE OF CONTENTS

INTRODUCTION

ADMINISTRATION AND STUDENT LEADERSHIP..... 2
PRINCIPAL'S LETTER..... 3

CALENDAR/SCHEDULES

SCHOOL CALENDAR..... 4
A/B CALENDAR 5
IMPORTANT DATES 6
BELL SCHEDULES 7
FALL FINAL EXAM SCHEDULE 8
SPRING FINAL EXAM SCHEDULE 9

GENERAL INFORMATION

OFFICE HOURS 10
MVHS MISSION STATEMENT..... 11
GENERAL INFORMATION 11

CODE OF CONDUCT

SCHOOL-WIDE RULES..... 12
PARKING 12
TARDY POLICY..... 13
SEXUAL HARASSMENT..... 13
DRESS CODE..... 13
ATTENDANCE POLICIES 14

SCHOLASTIC INFORMATION

CLASS CHANGE POLICY/
GRADES/FINALS & HOMEWORK..... 15
LIBRARY INFORMATION..... 16
HEALTH OFFICE INFORMATION 16

STUDENT ACTIVITIES

ACTIVITIES AND CLUBS 17

PE • ATHLETICS

PHYSICAL EDUCATION INFORMATION..... 19
ATHLETIC PROGRAM 19

HIGH SCHOOL GRADUATION REQUIREMENTS

MVHS GRADUATION REQUIREMENTS..... 20
UC/MVHS APPROVED CLASS..... 21
INTERNATIONAL BACCALAUREATE..... 21
COMMUNITY SERVICE..... 21

POST-HIGH SCHOOL PLANNING

COLLEGE PLANNING/WEBSITES..... 22
CALIFORNIA STATE UNIVERSITIES
UNIVERSITY OF CALIFORNIA
COMMUNITY COLLEGES
PRIVATE COLLEGES
COLLEGE TESTS..... 24
FINANCIAL AID/SCHOLARSHIPS..... 25

CAMPUS MAP

CAMPUS MAP 27

MURRIETA VALLEY UNIFIED SCHOOL DISTRICT
2018-19 STUDENT A/B CALENDAR
180 Student Attendance Days (numbered 1-180)

H - Holiday - No School	P - Preparation Day	HM - High School Min Day
S - Saturday or Sunday	PD - Professional Development Day	AM - Alternative Ed Min Day
EO - Middle School Early Out	LS - High School Late Start	MC - Middle School Conferences
		EC - Elementary Conferences

JULY 2018																															
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				H	SS	SS	B	A	B	A	B	SS	SS	A	B	A	B	A	SS	SS	B	A	B	A	B	SS	SS	A	B	

(Easter - 4/21/2019)

MAY																														
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JUNE																														
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SS	SS	A	B	F	F	F	SS	SS	P					SS	SS						SS	SS								

IMPORTANT DATES

August 6-9	Hawks Landing (registration)	January 15	Back to School
August 15	Back to School	January 21	Martin Luther King Jr.—no school
August 15-16	C Days	January 28	Late Start
August 20	Late Start	January 29	Appetizers with Dr. P 5:30pm
August 21	Appetizers with Dr. P 5:30pm	January 31-Feb 1	Office Hours
August 23-24	Office Hours	February 4	Late Start
August 27	Late Start	February 6-7	Office Hours
August 27	Back to School Night	February 6	School Site Council 3pm
August 30-31	Office Hours	February 9	SMART Saturday
September 3	Labor Day—no school	February 11	Late Start
September 5	Coffee with Dr. P 9:30am	February 15-18	Presidents Day—no school
September 10	Late Start	February 21-22	Office Hours
September 12	School Site Council 3pm	February 22	Last day of 6 week grading period
September 13-14	Office Hours	February 25	Late Start
September 15	SMART Saturday	February 29-Mar 1	Office Hours
September 17	Late Start	March 4	Late Start
September 20-21	Office Hours	March 5	Coffee with Dr. P 9:30am
September 21	Last day of 6 week grading period	March 7-8	Office Hours
September 24	Late Start	March 9	SMART Saturday
September 27-28	Office Hours	March 11	Late Start
October 1	Late Start	March 11	Showcase
October 8	No Late Start	March 13	School Site Council 3pm
October 10	College Kickoff—minimum day	March 14-15	Office Hours
October 11-12	Office Hours	March 18	Late Start
October 13	SMART Saturday	March 21-22	Office Hours
October 15	Late Start	March 25	Late Start
October 17	School Site Council 3pm	April 1-5	Spring Break—no school
October 18-19	Office Hours	April 8	Late Start
October 19	Appetizers with Dr. P 5:30pm	April 9	Appetizers with Dr. P 5:30pm
October 22	Late Start	April 11-12	Office Hours
October 25-26	Office Hours	April 12	Last day of 12 week grading period
October 29	Late Start	April 15	Late Start
November 1	Last day of 12 week grading period	April 17	School Site Council 3pm
November 3	SMART Saturday	April 20	SMART Saturday
November 5	Late Start	April 15-26	CAASPP Testing
November 8-9	Office Hours	April 22	Late Start
November 12	Veterans Day—no school	April 25-26	Office Hours (<i>tentative</i>)
November 13	Coffee with Dr. P 9:30am	April 29	Late Start
November 14	School Site Council 3pm	May 2-3	Office Hours
November 15-16	Office Hours	May 6	Late Start
November 19-23	Thanksgiving—no school	May 9-10	Office Hours
November 26	Late Start	May 13	Late Start
November 29-30	Office Hours	May 14	Coffee with Dr. P 9:30am
December 3	Late Start	May 16-17	Office Hours
December 6-7	Office Hours	May 18	SMART Saturday
December 8	SMART Saturday	May 20	Late Start
December 10	Late Start	May 27	Memorial Day—no school
December 13-14	Office Hours	May 30-31	Office Hours
December 17	No Late Start	June 3	No Late Start
December 18	C Day Schedule	June 5	Graduation
December 19-21	Finals—minimum days	June 5-7	Finals—minimum days
December 21	Last day of semester grading period	June 7	Last day!
December 24-Jan 11	Winter Break—no school	August 14, 2019	Back to school

Please look to the monthly newsletter for any updates or changes to these dates



Introducing Office Hours

“Office Hours” is coming to our 2018-2019 school year! Office Hours is an intervention program which will be a block of time on most Thursdays and Fridays. It is designed for the purpose of re-teaching, tutoring, study groups, make-ups, and enrichment. This is an opportunity for all of our students to receive additional help and support from their teachers during the school day. There will be additional programming for our Honor Hawks (students with 3.0+ GPA). Look in the monthly newsletter and website for more information about Office Hours as the year begins.

Office Hours 1st Sem

August 23/24
August 30/31
September 13/14
September 20/21
September 27/28
October 11/12
October 18/19
October 25/26
November 8/9
November 15/16
November 19/30
December 6/7
December 13/14

Office Hours 2nd Sem

January 31/Feb 1
February 7/8
February 21/22
February 28/March 1
March 7/8
March 14/15
March 21/22
April 11/12
April 25/26 (*tentative*)
May 2/3
May 9/10
May 16/17
May 30/31

Office Hours:
Thursdays &
Fridays
10:01-10:31am

Do it the R.I.T.E. Way, the Nighthawk Way with Respect, Integrity, Teamwork and Excellence

MVHS MISSION STATEMENT

The Mission of Murrieta Valley High School is to inspire and empower all students to grow academically, emotionally, and socially, in order to become productive citizens who serve others and meet the challenges of the 21st Century.

GENERAL INFORMATION AND POLICIES

CLOSED CAMPUS

MVHS is a closed campus. During the break/lunch periods, students are to remain in the Quad area. In the event of severe weather, students are permitted to remain in school hallways during the lunch or break period. Students are not permitted off campus at any time unless a parent/guardian checks the student out after contacting the attendance or health office. Any student leaving campus must sign out at the attendance office and must be met by a parent/guardian upon leaving the attendance office. Students are considered truant if they leave campus without following this protocol. For additional information, please contact the attendance office, (951) 696-1408 ext. 5239 or 5260.

DELIVERIES

We do not accept items for delivery to students.

Bouquets of flowers, balloons or gifts should be delivered to the home. They will not be accepted at the security gate or the front office for classroom delivery or to hold for student to pick-up. While we join with you in the celebration of special occasions, these items are disruptive to the learning environment and will not be delivered or held at the front desk. We appreciate your understanding. Students need to be responsible for remembering their own books, lunches, assignments, sports equipment, cellphones, homework, projects, clothing, permission slips, and other necessities. We do not accept drop-offs of these items. Please encourage them to accept the consequences if they neglect these responsibilities.

PARENT REQUESTS TO DELIVER MESSAGES TO STUDENTS

Please make travel and other arrangements with your student before he/she arrives at school. Office staff is not responsible for delivering messages to students. It is disruptive to the learning environment to call into the classroom or deliver messages, so we reserve this for emergencies only. Messages from other students will not be delivered. Please contact the front office for further assistance or details, (951) 696-1408.

PARENT/VISITOR/EVENT PARKING

Parent/Event parking is located on the North side of campus, off Nighthawk Way in front of the Performing Arts Center. Additional parking is located in the lower parking lots. During school hours, visitors must check in at the security station located at the front gate entrance to the campus. A visitor-parking permit will be issued and needs to be placed in the car, on the dashboard in full view. A visitor label will also be provided and must be worn in a fully visible area while visiting on campus. If you have campus security concerns or questions, please call (951) 696-1408 ext. 5134 or visit the campus security webpage at <http://www.murrieta.k12.ca.us/domain/1428>

BOOKKEEPER

Bookkeeping is open 30 minutes before school starts, break, lunch and 15 minutes after school is dismissed. Parents/community members is 30 minutes before school starts until 15 minutes after school is dismissed. **Students MUST have their current school ID card with them to make purchases.**

Cash or credit cards only—NO CHECKS. Credit cards will incur a 3% convenience fee. No payments will be accepted over the phone.

Web store: https://webstores.activenetwork.com/school-software/murrieta_valley.h7xd/

SCHOOL VISITATIONS

Parents, guardians, and community members are welcome to visit the school. If possible, please make an appointment 24 hours in advance to insure someone will be able to meet with you when you arrive on campus. All visitors must check in at the Campus Security Station under the red archway at the front of the school entrance. You will then receive a parking pass and visitor guest pass. We guard our learning time intensely, therefore it is important not to disturb teachers during class time. In order to maintain a safe and orderly learning environment, students' friends or visitors without approval are not allowed on campus at any time during school hours. **Non-MVHS students are not permitted on campus at any time during school hours UNLESS they are enrolling and accompanied by an adult/guardian to the enrollment/counseling office.**

TRAFFIC FLOW

Information on the traffic flow and a map are available. To read detailed directions on the five locations you can drop-off and/or pick-up your students, visit the traffic flow webpage:

<http://www.murrieta.k12.ca.us/Page/18126>

NUTRITION SERVICES

Nutritious meals are available for purchase for breakfast and lunch in addition to ala carte items during lunch and breaks. Menus are sent home monthly and posted on-line. You can pre-pay for meals (www.myschoolbucks.com) and pre-payment discounts are offered. Applications for free or reduced price lunches are available from Nutrition Services, Counseling or the front office. Please go to www.MurrietaSchoolNutrition.com for more information.

DISTRICT SUPPORT

To read the school board and district policy information, visit the district website at: <http://www.murrieta.k12.ca.us>

PARENT RESOURCES

Visit the Parent Resources website at www.murrieta.k12.ca.us/domain/60. For further information, contact the MVUSD office at 951-696-1600 and ask for information on the Parent Center.

SPECIAL EDUCATION

Visit the Murrieta Valley Unified District's Special Education website: www.murrieta.k12.ca.us/domain/64

SPECIAL EDUCATION CONTACT INFORMATION

Special Education Department Staff
41870 McAlby Court
Murrieta, CA 92562
951-696-1600 Ext. 1020
951-304-1528 Fax

MONTHLY SCHOOL NEWSLETTER

Please refer to the Nighthawk News, which is a monthly newsletter written for MVHS parents and students. It is emailed to parents at the email listed on Aeries, and also available on our website.

SCHOOL-WIDE RULES

The goal of MVHS is to provide a safe and comfortable learning environment. MVHS rules are based on a few simple considerations: good taste, courtesy and safety. Students are held responsible for knowing the rules. Students who repeatedly defy the rules may be suspended from school. Students are to exhibit acceptable standards of behavior at all times on campus and at school activities.

CELL PHONES / ELECTRONIC DEVICES

Students may come to the front office to request that a staff member contact their parent/guardian if circumstances deem this immediately necessary. Students are encouraged to bring electronic devices for instructional purposes. These devices may be used in the student parking lot before/after school or during breaks and lunch times outside in the student quad area and during class for instructional purposes only with teacher permission.

Headphones/earbuds are allowed on campus for instructional purposes only—students should not wear them during instructional time or while walking around campus.

Students who bring any electronic device to school do so at their own risk. The school is not responsible for lost, stolen, or damaged cell phones or other electronic devices and does not have the staffing to investigate or be responsible for loss or theft of any electronic device. Loss or theft of any item should be reported to the Murrieta Police Department.

Electronic devices are to be used in class with teacher permission for instructional purposes only. When electronic devices are found to be disruptive to the learning environment, they may be confiscated and student will be sent with a referral to the Dean of Students. If a student must make a phone call, office phones are available.

EARLY RELEASE / LATE START

Seniors and Juniors may have an early release or late start period on their class schedule. Students are not to be on campus after their last class.

FOOD / DRINK

Food and drinks are not permitted in the classroom, library, offices, or hallways at any time, except on designated “rainy days”.

GAMBLING

Gambling is not permitted on campus and may result in suspension.

HALL PASSES

Students must have a hall pass while out of their assigned room during class time. Passes are issued for emergency purposes only. T.A.'s must wear their T.A. badge while delivering items.

I.D. Cards

Upon enrollment/registration, all students are issued a MVHS I.D. card. **Students must carry their MVHS Student I.D. card at all times during the school day and while attending school activities.**

Discipline consequences will apply if they are not carrying their I.D. Lost I.D. cards must be replaced at the student's expense (\$10). This card is also required at the attendance window, the library and bookkeeper (dance tickets etc.). For additional information, contact the Veronica Ruiz in Student Support, vruiz@murrieta.k12.ca.us or x. 5295.

PUBLICATIONS/POSTERS

Publications, posters, and announcements may only be distributed with prior ASB and administrative approval and displayed only in designated ASB posting areas.

SKATEBOARDS

Skateboards, rollerblades, scooters, hoverboards, and bicycles are not to be ridden on campus at any time (day or night) or they will be confiscated and may fall under school disruption/defiance (see discipline matrix). These items must be stored/locked up in the bike rack or skateboard rack located on the east side of the administration building.

SMOKING / TOBACCO

Smoking is not permitted on campus and may result in suspension. State law prohibits students from possessing tobacco and tobacco paraphernalia (i.e. cigarette lighters) on campus at any time. This includes e-cigarettes and vape pens.

STUDENT PARKING

Students are expected to practice safe driving and speed limits at all times. If a student is found to be speeding or driving unsafe the students parking permit may be revoked without refund and possible involvement of Murrieta Police department.

PRIVATE PROPERTY

Murrieta Valley High School is private property owned by the Murrieta Valley Unified School District. All vehicles on the premises are subject to inspection and search in accordance with district policy.

City of Murrieta does not allow parking on Nighthawk Way or Fullerton during school hours.

STUDENT PARKING

All students are required to purchase and display a parking permit while parked on school property during school hours.

PARKING PERMIT NOT VISIBLE

Every vehicle parked in any MVHS parking lot will be required to have a valid MVHS parking permit which is purchased through the Bookkeepers office. Permits must be visible, including permit number. Parking without a permit is in accordance with violation 0100 and could result in receiving a ticket with a \$25.00 fine.

PAYMENT OF CITATIONS

The appropriate information is provided at the bottom of the citation with an 800 number and instructions.

NOTE: Failure to pay the citation in a timely manner may result in additional fees and may affect your registration.

Payments for citations are mailed to:

Murrieta Valley High School
c/o Citation Processing Center
P.O. Box 10479
Newport Beach, CA 92658-0479

TARDY POLICY

Periods 1:

- 7:24 First bell
7:30 Bell – Students are in class; warm-up activities begin. Tardy students line up at the attendance window and receive a tardy slip. Students are released to class.
5th tardy: Students meet their counselor/administrator for intervention or discipline.
6th tardy: Students are assigned detention.

Periods 2 -7

Students need a pass from attendance if they are going to be late to class. We conduct tardy sweeps; late students will be assigned detention.

Tardy Consequences:

- ⇒ After six tardies students are assigned a detention
- ⇒ Students who are not in class when the bell rings must check in at the attendance window and will be assigned a detention.

HARASSMENT

Harassment of a student by another student is prohibited and subject to disciplinary action. Harassment includes sexual and/or unwelcome advances, including cell phone “sexting”, verbal, visual or physical conduct of a sexual nature, intimidation by another student or threatening to cause bodily injury.

WHAT IS SEXUAL HARASSMENT?

Any unwelcome sexual advances, requests for sexual favors or other verbal or physical conduct of a sexual nature.

“Sexting” or other electronic harassment. Uninvited behavior that makes you uncomfortable or is offensive, negative, unfriendly and/or intimidating and leads to a hostile environment that makes learning difficult. “This for That/Something for Something Else” is another form of harassment.

Examples: The Manager at the place in which you work says that you will be fired if you do not have sex with him/her, someone blocking the door and refusing to let you through unless you agree to certain behaviors.

FLIRTING VS. SEXUAL HARASSMENT

	<u>Flirting</u>	<u>Sexual Harassment</u>
Sexual harassment often goes unreported. Reporting is the only way to get help.	Welcomed behavior; leaves you feeling positive. Respectful; Fun; Wanted; Flattering; Enjoyable	Unwelcomed Behavior; leaves you feeling negative. Disrespectful; Not fun; Unwanted; Unpleasant; Illegal

WHAT CAN BE DONE? TAKE ACTION!

ASSERT YOURSELF: Tell the harasser to stop the behavior. Tell him/her aloud or in writing what behaviors you find offensive.

CALL FOR HELP: Ask for the help of someone you trust; your friends, parents, or a person in authority. Tell them of your problem. Enlist friends as witnesses.

TAKE NOTES: Keep a detailed, written record of what was said and done to share with the person who investigates your complaint.

INFORM AUTHORITIES: Report the offensive behaviors to a teacher, counselor, or principal. Give details and provide witnesses. This action may stop the behavior. **OPEN A CASE;** file a complaint against the person who is harassing you.

NEVER GIVE IN

If you are not satisfied with the results of your complaint, continue to take action and get help.

Sexual Harassment is based upon the impact on the victim, not the intentions of the perpetrator. If a student has been proven to have caused sexual harassment, the student will be suspended from school and possibly recommended for expulsion.

DRESS CODE

The Governing Board believes that the responsibility for the dress and grooming of a student rests primarily with the student and his/her parents or guardians, and that appropriate dress and grooming contribute to a positive learning environment. Therefore, the Board expects students to give proper attention to personal cleanliness and to wear clothes that are suitable for the school activities in which they participate.

School directed changes to a student’s attire or grooming should be the least restrictive and disruptive to the student’s school day. Any school dress code enforcement actions should minimize the potential loss of educational time. Administration and enforcement of the dress code shall be gender neutral and consistent. This policy applies to all individual schools. Schools may not enact more restrictive or less restrictive dress and grooming codes.

Minimum Safe Attire:

Student attire and grooming must permit the student to participate in learning without posing a risk to the health or safety of any student or school district personnel.

- A. Students must wear clothing including both a shirt with pants or a skirt, or the equivalent (for example, dresses, leggings, or shorts) and shoes.
- B. When the body is standing straight, clothing must cover the chest, back, torso, stomach, and lower extremities from armpit to armpit and mid-thigh.
- C. Clothing must cover all undergarments. No underwear or undergarments may be visible at any time. Clothing may not be see-through.
- D. Clothing must be suitable for all scheduled classroom activities including physical education, science labs, shop classes, field trips and other activities where unique hazards or specialized attire or safety gear is required. Bare feet are not permitted at any time.

Attire and/or grooming depicting or advocating violence, weapons, criminal activity, gang-related activity (including clothes, accessories or colors identified by Murrieta Police Department as gang-affiliated), use of tobacco, alcohol or drugs, pornography, foul language, hate speech, or clothing that could be considered to be dangerous or that could be used as a weapon are prohibited.

Dress Code Enforcement

No list of dress or appearance guidelines for students can be written that will anticipate all potential dress and grooming extremes. In the case of questionable dress or grooming that is not specifically covered in this list above, the administration will make the final decision. Appropriate action will be taken at that time, and when necessary, contact will be made seeking parental cooperation and assistance. The administration retains the sole discretion to make the final determination whether clothing, jewelry, accessories and/or appearance meet acceptable standards. All school certificated and classified personnel shall be responsible for reporting violations of this dress code. When a dress code violation occurs, the students will be required to change into proper attire. Continued violations of the dress code will be considered defiance, and will be referred to administration for disciplinary action.

ATTENDANCE POLICIES:

RE-ADMITTANCE PROCEDURES

MVHS recognizes the importance of communications when dealing with attendance policies. Parents, if your student is absent, please contact the attendance office on the day of the absence. The number is listed under **"To Report an Absence."** California Ed Code states that teachers do not have to give make-up work for unexcused absences. For an absence to be marked excused, parents must clear absences within three days. Students should report to the attendance windows upon their return with a written note.

ATTENDANCE CONSEQUENCES

Truancy is defined as:

- Students who are off campus or out of class without permission
- Unexcused absence
- Students with a pass out of class who stay past permitted time
- Greater than 30 minutes late to the first period of the day
- Greater than 10 minutes late to subsequent classes throughout the day

CONSEQUENCES FOR TRUANCIES

Parent notification and Saturday School or OCI. The student is responsible for bringing school work to do while attending Saturday School. All school policies apply to Saturday School.

REPEATED OFFENSES

Continued offenses will result in suspension. Any student with excessive truancies will be referred to the School Resource Officer (SRO) and a truancy ticket will be issued.

UNVERIFIED ABSENCES

The Murrieta Valley Unified School District Board of Education desires to emphasize the importance of school attendance. Therefore, students in grades nine through twelve, **with excessive unverified absences (20) per semester** shall receive a failing grade and shall not receive credit for the class(es). Board Policy 5121.

Tardy Policy:

6th tardy: Students are assigned detention.

We conduct tardy sweeps; late students will be assigned detention.

TARDY CONSEQUENCES

Students who arrive late to school for any reason for the first period of the day report to the attendance office before they can be admitted to class. **Note: Students miss points for bell ringer activities and instruction when tardy! Missing these points will affect their grade.** After five tardies, students are referred to their Counselor for an intervention.

- After six tardies students are assigned a detention.
- Students who are not in class when the bell rings must check in at the attendance window and will be assigned a detention.
- Period 2-7, the school conducts tardy sweeps.

Getting to class on time and being prepared to learn is extremely important.

TO REPORT AN ABSENCE

Please call the attendance 24-hour voice mail at (951) 696-1408; Press "1" for attendance and then press "1" to report an absence. Please contact us on or before the day of your student's absence and leave the following information: a) the student's name (spell last name), b) date of absence, c) reason for absence, d) your name and relationship to the student and e) a contact phone number. Absences not reported and not cleared within three school days will result in un-cleared truancies with consequences, i.e. detention or Saturday School.

TO CALL IN AN OFF-CAMPUS PASS FOR A STUDENT DRIVER

To assure your student's safety and to eliminate forged notes, please call (951) 696-1408, press "1" for the attendance line. It is a message-line only. Please call **at least one hour prior** to the time the student is required to leave. You may also call the attendance 24-hour voice mail any day before your student is to leave with the departure information (student name, time leaving, student driver/parent pickup, reason for leaving and whether returning/not returning to campus). If you send a note with your student, you will be contacted by the attendance office to verify the note. If we are unable to contact you, your student will not be allowed to leave campus.

TO CALL IN AN OFF-CAMPUS PASS FOR PARENT PICK-UP

Parents/Guardians are required to come to the attendance office, present picture identification, and sign an off campus pass in order to pick up a student. Students will not be released to any individual unless prior arrangements are made with the attendance office, by the parent. Any individual picking up a student is required to show picture identification. If your student is riding with another student, please leave that information with us. Please understand that if you wish to pick up a student after 2:00p.m., it may take longer due to dismissal procedures. If a student leaves without a pass, it will be considered a truancy and you will not be able to clear the absence. Parents with a disability please contact attendance to arrange for pick up.

ARRIVING LATE TO SCHOOL

Please provide a written note or call the attendance office **prior** to your student's arrival if your student is late for school. Please indicate the reason for the late arrival i.e. (illness, doctor's appointment or personal). Instruct your student that he/she needs to report to the attendance office when arriving at school in order for the absence/tardy to be cleared. Be aware that the teacher's tardy policy is still in effect even if a parent clears the tardy. Your student is considered truant until the absence is cleared. The school can only clear absences with a verified written note or telephone call from a parent/legal guardian. Please include the date(s) of the absence, reason for the absence, and sign the note. Students cannot write and sign notes for parents. This is considered a forgery and students will receive a student behavior referral to administration. Please keep in mind that teachers require absences to be cleared by the next class meeting. Email messages cannot be accepted.

SHORT-TERM INDEPENDENT STUDY (STIS)

Short-Term Independent Study may be an option for students who have unavoidable absences and will be absent for 5-15 consecutive days. Eligible students may have their parent apply for an STIS contract with their counselor at least 5 days PRIOR to when the absence begins (it can not be implemented after the absence begins). This program is not available for the last week of the semester. To be eligible for STIS, students must have satisfactory academic progress, attendance and discipline as determined by Administration. Contract must be reviewed and approved by Administration. All assignments are due within 2 days of the student returning—students submit their assignments to their Counselor. Teachers will determine if the work has been completed, and contact Attendance within 5 days to clear the absence. Only full days will be credited. See Counseling for more information.

We strongly recommend personal business/family trips be scheduled during breaks

POLICY FOR CLASS CHANGES AND GRADES

At Murrieta Valley High School, registration is based on a year long schedule. Students are enrolled in a full seven period day. Some Juniors or Seniors who are in good standing with academics, discipline, and graduation requirements may request early release. Schedule changes can only be considered for the following four criteria:

1. An incomplete schedule/scheduling conflict.
2. Course already completed.
3. Prerequisite not met.
4. Missing graduation requirement

During the first 10 days of each semester, parents and students may request a schedule change by completing the following: A request in writing to the appropriate counselor stating the cause and justification for a possible class change. After the request has been submitted, a Counselor will evaluate the class change request. No requests will be granted after the 10th day of the semester. NOTE: class changes are limited based on class enrollment. Students must follow their original schedule until they have received a hard copy of the revised schedule, if a schedule change is granted.

REQUEST FOR TEACHER CHANGE

At MVHS we believe it is in the best interest of the student to work through any difficulties that may arise in the teacher/student relationship. We realize that the rigor of high school coursework places additional demands upon our students and that at times they may become frustrated with their classroom performance. **When these situations present themselves, we encourage students and parents to schedule a meeting with the teacher, meet with the appropriate Assistant Principal and put your concerns in writing.**

WITHDRAWAL FROM CLASS

A student who drops a course during the first six weeks of the semester may do so without any entry on his/her permanent record. The student must continue to be enrolled in required courses for graduation and the required number of instructional minutes per day. A student who drops a course after the first six weeks of the semester shall receive a W/F grade on his/her permanent record, unless otherwise decided by the principal or designee because of extenuating circumstances.

GRADING SYSTEM

Most courses at MVHS are taught on a semester basis and worth five credits per class per semester. Grades are computed on a four point scale:

A = 4 pts. B=3pts. C=2 pts. D=1 pt. F=0 pt.

IB courses and Advanced Placement classes use a five point grading scale:

A= 5 pts. B= 4pts. C=3pts. D=1 pt. F=0 pts.

All progress report grades and final semester grades are available for viewing on ABI at the end of each grading period. Parents will receive an email and phone call as to when the grades are viewable on ABI. Weekly and daily progress report forms are available for students in the counseling and administration offices as well as the MVHS website.

JROTC, physical education, and teacher assistant courses are not academic and are not included when completing the GPA for GPA verification forms. Teacher assistant courses earn a PASS or FAIL only.

Uniform Grading Policy

A+	97-100
A	93-96
A-	90-92
B+	87-89
B	83-86
B-	80-82
C+	77-79
C	73-76
C-	70-72
D+	67-69
D	63-66
D-	60-62
F	0-59

A	90-100
B	80-89
C	70-79
D	60-69
F	0-59

Grade Rounding Policy

Grades which are determined by percentages involving decimals should rounded up to the next whole number when equal to .5 or greater. This policy applies to final course grades where the final course grade is determined using percentages with decimals.

HOMEWORK & FINALS POLICIES

HOMEWORK

Homework philosophy is relevant and directly related to course objectives. The purpose of homework is one of the five examples listed below:

Introductory Homework: Introduce a new concept of information to be used later in class.

Learning Homework: An assignment that adds to a student's knowledge base that can be done independently.

Reinforcing Homework: An assignment that strengthens a student's knowledge base.

Assessment Homework: An assignment to be graded that then helps guide instruction.

Performance Homework: An assignment designed to allow the student an opportunity to demonstrate their understanding/learning.

Although the Murrieta Valley Unified School District recognizes that quality is more important than quantity, the following guideline is suggested in our Board Policy: Grades 9-12 may have 75-120 minutes of homework up to four days per week. It should be noted that in grades 7-12, the homework time may vary according to type and number of subjects a student is taking. AP/IB Courses also may require homework/reading beyond the four days per week. Many times AP/IB exams are given in the time period immediately following spring break, which would require students to study and prepare over spring vacation.

Make-up Homework Policy: **When a student is absent from school, it is his/her responsibility to contact teachers upon returning to school regarding make-up work.** The teacher may also be contacted via email or telephone. The time allotted for making up missed work will vary depending on the circumstances surrounding the absence, the actual time out of school, and the teacher's classroom policy. Each student will make arrangements with his/her teachers for turning in this work. If a student is absent for three (3) days or more, the parent should call and request the work. Teachers will be given a 24 hour notice to provide make up work.

The make-up policy for missing assignments when a student is not absent is at the discretion of the individual teacher. Please read individual teacher guidelines for their specific homework policy. Assignments may be corrected/resubmitted at the discretion of the teacher. Students are encouraged to correct/resubmit assignments when the opportunity arises.

FINALS POLICY

Each semester ends with a final exam or culminating activity in each subject area. These exams are usually scheduled for the last 2 – 3 days of the semester. Final exam grades do not become semester grades, but are usually an important component of that semester grade. Make up exams are permitted **for excused absences only** by making arrangements with an assistant principal. Final exams are to be taken on the day scheduled (see the current school calendar for scheduled dates). The expectation is that all students take their final exams on the dates scheduled by district/school administration.

LIBRARY INFORMATION

HOURS

The library at MVHS is open from 7:30 a.m. to 3:30 p.m. on Monday, and 7:00 a.m. to 3:30 p.m. Tuesday through Friday. Closing for meetings or exams are posted on the library doors and announced school-wide. Students may come in before and/or after school and during break—library is not available during lunch. If a student comes to the library during class time, students must present a pass to visit the library from their teacher. If the student does not have a pass they will not be permitted to stay and will be sent back to class.

TUTORING

Tutoring is offered after school, Wednesdays and Thursdays from 2:30 to 3:20 and on Monday mornings from 7:30 to 8:24. Students must sign in when they check in for tutoring. Tutors are current NHS/CSF students.

LIBRARY GENERAL INFORMATION

(951) 696-1408 ext. 5265

A **current Murrieta Valley High School ID card** is required to check out library books and textbooks. Students may use the computers for school work. The log-in is their 9-digit Student ID and personal password they create at Registration. **Printing from library computers is 10 cents per page.**

Library books are checked out for 3-week period. **No fines are charged for overdue books.** Students are sent reminders via auto-dialer or e-mail. Failure to heed reminders results in restriction from book check-out and computer use in the library.

Textbooks are also checked out through the library. Students keep their textbooks at home. Class sets are available in the classrooms. There are copies of every textbook in the reference section for students to use in the library. **All library and textbooks are returned or paid for at the end of the school year.** With the exception of textbooks for AP or IB classes, books cannot be kept over the summer. Leisure reading and lifelong learning are encouraged at MVHS. Check the displays or ask for book recommendations.

LIBRARY WEBSITE

Our “traditional” library houses a collection of over 30,000 books, multimedia materials, and magazines. Our “virtual” library is accessible via the library web page: <http://www.murrieta.k12.ca.us/mvhs>. Click “Library” under School Directory. The Library web page has links for help with research projects, online databases and more.

Online Databases

These databases are linked from the Library web page, so click on the icons and enter password information. If the student is logging in from a school computer, there is no need for log-in info. All English teachers have the log-in and password info either in their room, or posted on Haiku.

Ebsco Reference books, magazines, newspapers, state and country reports.

Brittanica School Specialized encyclopedias & reference books in many subject areas

Fact Cite The Lincoln Library online

Digital Literacy—Rosen Interactive content on digital research skills. Tools for the digital age.

Teen Health & Wellness—Rosen Real life—real answers. A variety of great topics to explore regarding physical and mental health.

Destiny-Follett Destiny Quest is our online catalogue library system. Students can search for titles we have in our library. They can reserve as well as review titles. Log-in is their 9 digit Student ID, along with their Office 365 password.

HEALTH OFFICE PROCEDURE

- ⇒ Students may go to the health office with a pass or may go during break or lunch.
- ⇒ Health office personnel will assist students in contacting their parents when they arrive. ***Students are NOT allowed to text parent from class and then wait to be called out by the health office.*** To reduce class interruption, student will inform teacher of need to go to the health office.
- ⇒ Students who do not drive must have a parent walk into the health office and sign them out.
- ⇒ Students who have an oral temperature of 100.0 F or greater, or are vomiting, **MUST** go home.

EMERGENCY HEALTH FORM

During summer online registration parents are requested to input pertinent medical condition(s) and provide current contact information. Accurate contact information is critical to ensure prompt notification in the event of an illness or an emergency. ***Please provide at least two phone numbers as designated contacts in addition to your own.*** Once the school year begins, please contact the health office to make changes or revise contact and/or medical information. Students are not dismissed from school unless a parent, guardian, or designated contact is available to authorize a release to drive, or be picked up.

HEALTH PROBLEMS

If a student has any health problems the school needs to be aware of, such as arthritis, scoliosis, hearing loss, heart problems, diabetes, allergies, etc. Please notify the school nurse so that the school can work together with parents to make necessary accommodations to ensure each student’s success at MVHS. We encourage parents to contact the Health office for any concerns or questions.

HEALTHY STUDENTS LEARN BETTER

Cris Gorria, Health Technician ext. 5257
Barbara Shuman R.N. ext. 5292

Health Alert-Food Allergies/Sensitivities

We have many students in our school that have food allergies, food sensitivities or dietary restrictions. Food allergies can trigger reactions that range from very mild to life threatening (anaphylaxis). Generally, an individual must ingest a food allergen to have a reaction, but for some, even being exposed to it, touching/breathing a very small amount, can cause a life threatening reaction.

As a result, there are several procedures that will help to prevent exposure and reduce the risk of anaphylaxis and help keep all of our students safe:

- ⇒ Students are encouraged to wash their hands upon arrival to the classroom and again before and after lunch. This not only is good for food allergies, but helps reduce disease transmission.
- ⇒ The classrooms aims to be peanut/tree nut/food allergy *aware*. Classroom projects or assignments should NOT include the use of peanut butter/nuts or other food items. Any exception to this rule would require pre-approval and prior notification to parents.
- ⇒ Any food or snack that may be provided/shared must have pre-approval and prior notification must be provided to all parents prior so sensitive students can make alternate choices if necessary.
- ⇒ Additionally, all food items provided should ideally be pre-packaged and food ingredients must be known or labeled. Suggestions for class sharing (birthday parties, etc.) may be providing or donating a book for the classroom or other non-food items.

If your student has a food allergy, please make sure you contact/inform the Health Office. You may want to speak to the School Nurse if the allergy requires medication or other interventions. Students with food allergies may be entitled to accommodations or plans to address their needs.

We look forward to working collaboratively with you to provide all of our students with a safe learning environment. We appreciate your care and support of our students and school.

Medications normally are best administered at home, but there are times when medication must be administered at school. In order to assist your student, we must follow Ed. Code 49423 which states that “any pupil who is required to take medication, during the regular school day, may be assisted by the school nurse or other designated school personnel if the school receives (1) a written statement (Authorization) from such physician detailing the method, amount and the time scheduled by which such medication is to be taken and (2) a written statement from the parent/guardian of the pupil indicating the desire that the school district assist the pupil in the matters set forth in the physician’s statement.” (insert link to Authorization Form)

These Authorizations must be renewed annually (or at the beginning of each school year) and should also include the condition for which it is to be given, when it should be discontinued and possible side effects.

A medication may include not only a substance dispensed in the United States by prescription, but also a substance that does not require a prescription, such as over the counter (OTC) remedies, nutritional substances and herbal remedies (5 CCR 601). All medications must be brought to school by a parent or adult (student may not carry/bring in) in the original pharmacy or store labeled container. The label must detail the name (or ingredients) and have clear instructions as to how to administer. This includes topical medications. Medications must be stored in a locked cabinet in the Health Office, unless allowed to be carried on the student per law. (Exceptions may include emergency medications such as asthma inhalers, epinephrine auto injectors, or diabetic needs).

These procedures are required so that your student will receive their medication exactly as your physician prescribed. If there is a concern regarding these procedures, a parent or parent designee may come in and administer/apply the medication to their student (and no authorization would be required). If you have any questions regarding these procedures, you may contact your school and request to speak the School Nurse.

ACTIVITIES / CLUBS

WELCOME from ASB DIRECTOR, MS. MOON

Welcome to Murrieta Valley High School! We hope you will join a team, club or organization as part of your educational experience at MVHS. Our student activity program has received national recognition and we hope you take part in many of the dances, assemblies, community service projects, recognition programs or cultural events that are sponsored during the school year. The Activities Office is located in the Hawk Rock Café and you are always welcome to stop by our offices to find out about upcoming events, get class ring order packets, pick-up permission slips or find out information about clubs or organizations. We want to work with you to create programs that will make your high school a memorable one. We also have a student store in the Hawk Rock Café. We offer Nighthawk spirit items such as sweatshirts, t-shirts or hats, school supplies and snack items. Join us as we continue to develop Nighthawk Pride.

NIGHTHAWK DANCES

Several school dances are held during the school year. Some dances follow athletic events while others are for an entire evening such as semi-formal/formal dances open to all MVHS students. Students must have I.D. cards to attend any school dance. Students must attend school on the day they attend a dance. The cost of dances varies with the length of the dance and a savings is enjoyed by ASB card holders. If you are bringing someone outside of MVHS, you must obtain a guest pass from the Hawk Rock, and obtain a signature of approval from Ryan Tukua, Assistant Principal of Student Support, and an administrator from the guest’s school. **REMINDER:** All Murrieta Valley High School students are responsible for the action and behavior of their guests. All guests must be under the age of 21. A student who leaves the dance may not return. All students who attend **Homecoming, Winter Formal and Prom** must have no un-served discipline on their school record. To prevent inappropriate dancing and ensure the safety of all students, dance rules listed on the ticket are enforced.

ACADEMIC ELIGIBILITY

All students involved in co-curricular activities must pass AT LEAST 5 classes and earn AT LEAST a 2.0 G.P.A. (C average). A student who falls below the 2.0 level will be ineligible for participation until the next grading period. If the student achieves a 2.0 or above, he/she will become eligible again. Eligibility is determined every 6 weeks. 9th grade eligibility is determined by the 8th grade second semester grades. Please note that this includes athletes, band members, actors, field trip participants and any other school sponsored activities.

CSF MEMBERSHIP REQUIREMENTS

The California Scholarship Federation is an elite organization which recognizes academic excellence. Membership is based on grades earned each semester. Students can apply for membership during the first four weeks of a semester, based on the previous semester’s grades. Students must earn a total of 10 CSF points to qualify. An “A” counts as 3 points; “B” counts as one point. One additional point shall be granted for a grade of A or B in an AP, IB or Honors course, up to a maximum of two such points each semester. Membership is not possible with any “D” or “F” grade. CSF is open to students after the first semester of tenth grade. Students in 9th grade are eligible for associate membership with qualifying grades. If students qualify for 4 semesters (one in the senior year), they will graduate as a CSF life member. If students qualify all 6 semesters, they will graduate as a 100% member. Membership is not automatic, mandatory or retroactive. Student must apply each semester to qualify, and must complete additional community service and tutoring requirements.

NATIONAL HONOR SOCIETY

The National Honor Society (NHS) is the nation’s premiere organization established to recognize outstanding high school level students. NHS serves to honor those students who have demonstrated excellence in the areas of scholarship, leadership, service and character. Chapter membership not only recognizes students for their accomplishments, but also challenges them to develop further through active involvement in school activities and community service.

NATIONAL HONOR SOCIETY (con't)

Students interested in applying for membership must meet rigorous character, leadership, and academic criteria. Once a member of the MVHS chapter, a student must maintain a 4.00 cumulative grade point average, be enrolled in an advanced course, and remain active in school sponsored community service or the student membership will be subject to review.

PERFORMANCE GROUPS

MARCHING BAND	PERFORMANCE CORPS	DRAMA
CHAMBER CHOIR	CONCERT CHOIR	JAZZ BAND
DANCE TEAM		

NOTE: All Performance Group students must maintain a 2.0 GPA for performance eligibility.

CLUBS/ORGANIZATIONS

Murrieta Valley High School offers a variety of clubs on campus. Below is a list of groups currently chartered by ASB. Club Rush Day is held two times each year in the quad, in order to meet members, get information about the club and sign up if you are interested. New clubs may be formed if they meet school and District guidelines. Contact the Activities Director or a member of the ASB cabinet if you wish to start a new club. Clubs meet during lunch. Watch the daily bulletin for meeting date/time/place. A sampling of clubs available:

Academic Decathlon	Marine Biology Club
Aerobic Fitness	Medic Club
American Sign Language	Mock Trial
Anime Club	Mountain Bike Club
Art Club	Multi Cultural Club
AVID	NHS-National Honor Society
Badminton Club	National Science Bowl
Bake My Day	NEST
Ballet Folklorico	Nighthawk Cancer Club
Black Student Union	Nighthawk Dance Team
Book Club	Nighthawk Flight Crew
Books Beyond Borders	Nighthawk Productions
CSF-California Scholastic Federation	Nighthawk Robotics Club
Campus Rev	Origami Club
Chinese Culture Club	Parkour Club
Choir/Vocal Club	Photography Club
Chop Shop	PLUS
Climbing Club	QueChevere
Coastal Cleanup	Rollerblading Club
Club Dust	Running for a Cause
Crimson Cadets	Rugby Club
Dance/Dance Production	SADD
Deutch Klub	Safe Space
Drama Club	S.A.G.E.
Earth Club	Science Olympiad
Ecology Exploration	Si Se Puede
Equestrian Team	Sole Hope
Fashion Club	Speech & Debate Club
Fellowship of Christian Athletes	Sports Medicine
FHA Hero	Student Venture
Game Club	Surf Club
Gardening Club	Teen Life Club
Girl Up	Virtual Enterprise
HOSA	World Language Club
IB Club	Yearbook
#ICanHelp	
Interact Club	
JROTC	
Link Crew	
Lion Club	

ASB CARDS

ASB Cards fund all campus activities, recognition programs and athletic events. The ASB Card is an identification card and provides a variety of discounts for Murrieta Valley High School students:

- A class t-shirt
- Free admission to home athletic events (CIF Playoffs and tournaments are excluded)
- A discount at social events, dances and cultural events.
- A discount on student yearbook and video yearbook
- Discounts at local businesses throughout the community.

The ASB Card is priced at \$45.00. We hope all students will purchase an ASB Card and save money while they attend MVHS. **There is a \$10 replacement charge for lost or damaged I.D. cards. Please see Mrs. Ruiz/Room 814 for replacement cards.**

ACADEMIC LETTERS & RECOGNITION PROGRAMS

MVHS sponsors a number of academic recognition programs during the school year. During the fall semester of each year, academic letters are awarded to eligible juniors and seniors based on their cumulative grade point average. In order to be eligible for an academic letter, a junior or senior must have a 3.5 cumulative grade point average and purchase the letter in the Hawk Rock.

GENERAL POLICY FOR SCHOOL SPONSORED EVENTS

1. Administrators and faculty members have full authority to admit, refuse admission to, or dismiss any student/guest from any event.
2. Any MVHS student bringing a guest to a MVHS event is responsible for their guest's conduct.
3. Participants at events are to be courteous, friendly, and polite. School regulations apply to students and visitors at all times during the event.
4. All events will be scheduled at the discretion of the Principal, Activities Director, and Student Government.
5. **At all events**, all students will be asked to present a Student ID card at the ticket office and at the entrance door.
6. Guests at formal school dances will be required to obtain a guest pass before the dance and present **a student ID at the entrance door.**
7. Students are not to loiter on or near campus after school events. At events at other sites, the same rule applies.
8. **Students or guest who do not display appropriate behavior at a school event will be required to leave. Parents will be contacted and required to pick up their son/daughter immediately. Until such time as they arrive, the student or guest will remain with the administrator in charge.**
9. **Any student placed on home or in-school suspension by an administrator or who is on expulsion status may not attend or participate in school events for the duration of the suspension or expulsion.**
10. If you are asked to leave an event for inappropriate behavior, you will not be allowed to attend the next similar school event ex. you are asked to leave a football game you cannot attend the next game.

PHYSICAL EDUCATION:

UNIFORMS

All students are expected to dress in their physical education uniform for physical education class. The uniform consists of a grey MVHS T-shirt, black PE shorts, and shoe laced rubber soled tennis/athletic shoes. Socks must also be worn. In addition to the uniform, students may wish to wear sweats for cold weather days. Black MVHS sweatshirts, sweatpants, and hooded sweatshirts are also available for purchase. Pants, jeans, jackets and flannels are not permitted. Sweats may be red, black, grey, white or navy blue. Sweats may not be cutoffs, and may not have any lettering or designs other than Murrieta Valley High School designs and logos. The Physical Education Department will not accept half shirts, torn or altered shirts, or clothing with in appropriate writing displayed. Student's **name must be written clearly on the front and back of** his/her physical education shirt. Name must be written on the front of the shorts and written on any other physical education attire to prevent loss or theft. Borrowing or sharing uniforms between students is prohibited. Clean physical education uniforms are available for loan to students who have an emergency or economic need. The student's I.D. Card is required in order to borrow a uniform for class.

LOCKS/LOCKERS

All physical education students will be assigned locks with their assigned small locker. All students enrolled in a physical education class will be assigned by their teacher a specific small locker to store their physical education uniform, socks, athletic shoes and sweats. The corresponding large locker will be available during that student's physical education class only to store his/her street clothes and personal belongings. Students are responsible for transferring and securing their own belongings. **CAUTION: Do not share locks or lockers. Students are not to give their combination to other students.**

If a student forgets his/her combination he/she must present his/her I.D. Card in order to be given his/her combination by a physical education teacher. Assigned locks and lockers remain the property of MVHS and are on loan to students. Each student will be financially responsible for the care of his/her assigned lock and locker.

MVHS reserves the right to remove by key or by cutting all unauthorized locks (locks placed on a locker not assigned to that specific student or locks left on large lockers by students who do not have physical education that period). The school accepts no liability for lost or stolen clothes or locks.

Students are required to clean out their lockers at the end of the semester. Anything remaining in or on the lockers will be removed, discarded or donated, where possible.

DANCE, AEROBICS and AQUATICS

Teacher will make suggestions for attire and footwear on the first day of class.

CHEERLEADING

Tryouts for the 2018-2019 school year will be held in Spring of 2018. Please contact the Athletic Office for more information.

FALL
(AUG-NOV)

3 levels Cheerleading

WINTER
(NOV - FEB)

3 levels Cheerleading

ATHLETIC PROGRAM

ELIGIBILITY REQUIREMENTS

To participate in athletics at Murrieta Valley High School a student must:

1. Have earned a minimum 2.0 or "C" grade point average on a 4.0 scale on a minimum of 20 units (See Board Policy 6145 A & B). Students first entering high school from the eighth grade and not meeting initial eligibility requirements due to a grade point average below 2.0 will be allowed one probationary period to remain eligible to participate in interscholastic athletics. The probationary period shall not exceed the Fall progress report period or be allowed for any other time other than the period from the start of the school year to the first 30-day progress report
2. Following actions completed and turned in to Athletics:
 - a. Physical completed and signed by a doctor.
 - b. Registration & account with CIF (www.athleticclearance.com)
 - c. physical and signature sheet from CIF website turned in to athletics.

SOUTHWESTERN LEAGUE TEAMS AND TRAVEL DIRECTIONS

Chaparral Pumas: 27215 Nicolas Road, Temecula. 15 S exit Winchester Road, E. to Nicolas Rd., Left to School.

Great Oak Wolfpack: 22555 Deer Hollow Way, Temecula. 15 S to Hwy 79 Sto Indio exit. S to Pechanga Parkway. R to Pechanga Rd. L to school.

Murrieta Mesa Rams: 24801 Monroe Ave, Murrieta East on California Oaks to Monroe, right on Monroe to school.

Temecula Valley Bears: 31555 Rancho Vista Rd., Temecula. 15 S to Rancho California Rd., Left on Rancho California, R on Ynez. Left on Rancho Vista.

Vista Murrieta Broncos: 28251 Clinton Keith Road, Murrieta. East on California Oaks to Clinton Keith. Right on Clinton Keith Road to School.

ATHLETIC PROGRAMS

<u>FALL</u> (AUG-NOV)	<u>WINTER</u> (NOV - FEB)	<u>SPRING</u> (FEB - MAY)
3 levels Football	3 levels Boys	3 levels Softball
3 levels Girls	Basketball	3 levels Baseball
Volleyball	3 levels Girls	Co-ed Track:
Co-ed Cross	Basketball	2 Levels Boys
Country;	2 levels Girls	2 Levels Girls
2 levels Boys;	Water Polo	2 levels Boys Tennis
2 levels Girls	3 levels Boys Soccer	Boys Golf
1 level Girls Golf	3 levels Girls Soccer	Swimming:
2 levels Girls Tennis	3 levels Wrestling	2 Levels Boys
2 levels Boys		2 Levels Girls
Water Polo		2 levels Boys
		Volleyball
		2 levels each
		Boys and Girls
		Lacrosse

SPORTS PHYSICALS
Any student planning to participate in a sport (including spirit groups) must have a sports physical. The Athletic Department will notify students/parents when physicals will be scheduled at school.

MINIMUM GRADUATION REQUIREMENTS

To earn a high school diploma from Murrieta Valley High School, a student must:

1. Successfully complete a minimum of 230 semester credits.
2. Successfully complete the specific requirements as indicated below:

a. ENGLISH	4 years	40 Semester credits
b. MATHEMATICS	3 years	30 Semester credits
Algebra 1 required		
c. SCIENCE	3 years	
<i>Physical Science</i>		
<i>Life Science</i>		
Additional Science		
d. SOCIAL SCIENCE	3 years	
<i>Modern World History – 10th</i>		
<i>U.S. History- 11th</i>		
<i>U.S. Government/Economics -12th</i>		
e. VISUAL AND PERFORMING ARTS 1 year		10 Semester credits
*UC/CSU requires one year of the same Visual/Performing art.		
f. WORLD LANGUAGE	1 year	10 Semester credits
g. PHYSICAL EDUCATION	2 years	20 Semester credits
h. HEALTH	1 semester	5 Credits
ICT Career Literacy		
h. HEALTH	1 semester	5 Credits
i. GENERAL ELECTIVES		50 Semester credits
3. Community Service: Each student must participate in 40 hours of volunteer work in an approved non-profit community service project/ program. (Must be a non-profit organization).
4. **Complete Senior Culminating Project and Junior Reflective essay.**

Prepare yourself to be College – Ready!

MINIMUM MVHS Graduation Requirements	California State University Minimum Eligibility Requirements for Freshman University Admissions	University of California Minimum Eligibility Requirements for Fresh- man University Admissions
English 4 years 40 credits	4 years	4 years
PE 2 years 20 credits		
World History 1 year 10 credits		
US History 1 years 10 credits	2 years of US History / World History / Government	2 years of US History / World History / Government
Government/Econ 1 year 10 credits		
Math 3 years 30 credits	3 years - Math 1, Math 2, Math 3	3 years required 4 years recommended
Science 3 years 30 credits	2 years of lab science required	2 years required, 3 years recommended. Biology, Chemistry, Physics.
Health/Careers 1 semester each 5 credits per semester		
Visual/Performing Arts 1 year 10 credits	1 year Visual Performing Art Art-Music-Drama-Dance	1 year Visual Performing Art Art-Music-Drama-Dance
Foreign Language 1 year 10 credits	2 years of the same Foreign Language	2 years required 3 years recommended
Electives 50 credits	Academics Electives: Adv. Math, Foreign Language, Lab Science, etc.	1 year required from History, English, For. Language, Adv. Math, etc.
TOTAL CREDITS: 230		

UC/MVHS APPROVED PREPARATORY CLASSES

Each year, lists of high school courses meeting University of California preparatory standards are submitted to the UC Review Board. Once approved, these are the only courses that may be used to fulfill subject requirements for admission to University of California campuses. The following courses meet admissions requirements for entrance to the UC/CSU system. Please refer to the UC website for further information: <https://doorways.ucop.edu>

(a) HISTORY

Modern World History
AP European History
US History
AP US History
US Government (semester)
AP Government/Politics
AP Human Geography
IB History of the Americas HL 1
IB History of the Americas HL 2

(b) ENGLISH

English I
Advanced English I
English I Intensive
English II
Advanced English II
AP English Language and Composition
AP English Literature and Composition
Expository Reading & Writing 11
CSU Expository Reading & Writing 12
College English 92
IB English HL 1
IB English HL 2

(c) MATHEMATICS (*May be used only for the 'c' req.)

Math 90
Math 96
Math I
Advanced Math I
Math II
Advanced Math II
Math III
Advanced Math III
Advanced Algebra with Financial Applications
Pre-Calculus
Math Analysis (semester)
Advanced Trigonometry (semester)
Probability and Statistics
Calculus
AP Statistics
AP Calculus AB
AP Calculus BC
IB Mathematical Studies SL
IB Mathematics SL

(d) LABORATORY SCIENCE

Anatomy and Physiology
Life Science
CP Biology
Chemistry
Physics
AP Biology
AP Chemistry

AP Physics I
IB Biology SL
IB Biology HL1
IB Biology HL2
IB Environmental Systems and Societies SL

(e) WORLD LANGUAGE OTHER THAN ENGLISH

American Sign Language I
American Sign Language II
American Sign Language III
American Sign Language IV
French I
French II
French III
Advanced French III
IB French SL
IB French HL 1
IB French HL 2
German I
German II
German III
IB German SL
Spanish for Spanish Speakers I
Spanish for Spanish Speakers II
Spanish I
Spanish II
Spanish III
AP Spanish Literature
AP Spanish Language
IB Spanish SL
IB Spanish HL
IB Spanish HL 2

(f) VISUAL AND PERFORMING ARTS

(must complete 1 full year of the same visual/performing art)
Advanced Dance Choreography/Production
Advanced Chamber Choir
Advanced Chorale
Advanced Jazz Band
Advanced Marching/Concert Band
Art I (Art and Design)
Art II (Advanced Drawing and Painting)
Ceramics I
Ceramics II
Dance I
Dance II
Drama I
Drama II
Drama III
Drama IV
Graphic Design I
Graphic Design II

Intro to Design I
Intro to Design II
IB Music SL
Men's Ensemble
Multimedia Design I
Photography I
Photography II
Photography III
TV/Digital Video Production
Wind Ensemble
Women's Ensemble

(g) ELECTIVE COURSES (Advanced courses listed on a school's "a-g" course list in the "a-f" areas that are above and beyond the minimal requirements for that subject area (e.g., Pre-Calculus, Spanish III, Wind Ensemble), may also be used by a student to fulfill the elective requirement)

AVID Senior Seminar
Earth Science
Economics (semester)
Marine Biology
Psychology
AP Psychology
IB Business & Management SL
IB Psychology SL
IB Psychology HL1
IB Psychology HL2
IB Theory of Knowledge
Business Principles and Management
Public Speaking (semester)
Robotics Technology
Computer Integrated Manufacturing
Virtual Enterprise
Yearbook
Leadership
Student Senate

INTERNATIONAL BACCALAUREATE

Students seeking a rigorous, world-class, college-prep program should strongly consider the International Baccalaureate (I.B.) program at MVHS. The I.B. program, which is taken in the 11th and 12th grades, focuses on educating well-rounded students who want to make a difference in the world and who are willing to challenge themselves to prepare for college. The I.B. curriculum consists of coursework in 6 subject areas including English, History, Spanish or French, math, science and one other core area such as art, music or psychology. This outstanding program results in an internationally recognized diploma that may increase acceptance and success in college. Participation in I.B. is by application in the sophomore year. To prepare for I.B., freshmen and sophomores should take the most rigorous classes for which they are eligible including Spanish or French. For more detailed information about which classes to take, students should consult their counselor. For specific information about I.B., students and parents may also contact Mrs. Alanna Fields, I.B. Coordinator.

COMMUNITY SERVICE

A component of the high school graduation requirements adopted by the Murrieta Valley Unified School District is **that every graduate complete forty hours of community service**. Community service must be for nonprofit organizations. Students may **not** work for a family member for money or for credit. It can be for more than one organization. Colleges often look for students that have been involved in consistent long-term service with one organization. An adult overseeing the service must sign off the community service form. Check with your counselor if you are not sure if the job is appropriate for community service. Remember, it must be a non-profit organization. Check the bulletin boards in the counseling office for "one-time" community service opportunities. Suggested organizations and community service opportunities can be obtained in the guidance office.

COLLEGE PLANNING GUIDE AND CALENDAR

Success in the college exploration, decision making, and admission process requires that certain tasks be performed at specific times during the high school years. You can reduce the anxiety associated with these responsibilities and exercise personal control over the entire process by working according to a calendar. Consult with your school counselor and consider fully the milestones presented below:

FRESHMAN YEAR

- Build strong academic, language, mathematics, and critical thinking skills by taking challenging courses.
- Take required courses to meet UC/CSU admission standards.
- Get involved in extra-curricular activities
- Pass all classes with C or higher

SOPHOMORE YEAR

Fall:

- Concentrate on academic preparation and continue to develop basic skills.
- Register for PSAT.

Spring:

- Make appointment with counselor to discuss next year's classes and future goals.

JUNIOR YEAR

Fall:

- Register for PSAT (held in October).
- Register for ASVAB.
- Attend College Nights and college representative presentations.
- Use Shmoop, a free on-line test prep program.
- Register on-line for SAT/ACT test.

Spring:

- Do a good job on your state testing, participate in CSU's Early Assessment Program (EAP) exam which is part of the state testing.
- Apply for summer programs at community, public, and private colleges.
- Write to your Representatives in Congress for applications to military academies.
- Take the SAT/ACT

Summer:

- Visit college campuses during your vacation.

SENIOR YEAR

Fall:

- **Complete FAFSA.**
- Register on-line for SAT/ACT tests as needed.
- Investigate scholarship opportunities.
- Apply on-line for University of California and California State Universities

Priority Application Period:

Nov. 1-30th UC
Oct. 1-Nov. 30th CSU

- Apply for independent colleges/universities (Deadlines vary....check websites).

COLLEGE PLANNING

HELPFUL WEBSITES

These websites are a valuable source of information. They range from searching for a college, virtual tours of campuses, the application process, financial aid, SAT, ACT testing information, career and job opportunities, and answers to the most frequently asked questions. There is a great deal of help available for the college and career bound, but as in any media, please be aware of information you provide and no payment should be required for the information.

COLLEGE EXPLORATION

1. www.csumentor.edu – (CalState)
2. www.ucop.edu/pathways - (UC)
3. www.aiccu.edu – (Private)
4. www.caiforniacolleges.edu

TESTING

1. www.collegeboard.com
2. www.act.org
3. www.shmoop.com (prep)

FINANCIAL AID

1. www.fastweb.com
2. www.salliemae.com
3. www.fafsa.ed.gov
4. www.studentaid.ed.gov

CAREER EXPLORATION

www.myfuture.com;
Site directed at teens researching careers and college
www.jobshadow.org

ATHLETICS

www.ncaa.org

MVHS - School Code

052073

Preparing for the CSU's and UC's

The California State University (CSU) and University of California (UC) systems require that students complete a specific pattern of courses to be considered for admission. This pattern of courses is known as the "A-G" Subject Requirements. MVHS students are advised and strongly encouraged to complete the "A-G" courses. The MVHS courses which are currently approved for the A-G Subject Requirements are listed in this publication. To read about all of the admissions requirements for the CSU and UC schools, please visit their websites: www.csumentor.edu and www.ucop.edu/pathways.

Preparing for the Independent/Private Universities

There are hundreds of independent or private colleges and universities around the country with a wide range of characteristics that make them attractive to students. In general, if a student is meeting the "A-G" requirements, he/she is most likely meeting the course requirements for most private schools. To know for sure, one should visit the specific school's website. Another valuable website to learn about the private colleges in California is californiacolleges.edu. Another good website is aiccu.edu.

Considering Community College

The community college may be a good choice if you wish to find quality education at low cost. There are three main goals one can accomplish at the community college:

1. Complete 60 transferrable-level credits in an approved pattern of courses and then transfer to the 4-year university as a junior in order to earn a Bachelor's degree.
2. Earn a two-year Associate's degree.
3. Learn job skills and receive training necessary to enter the job market.

One may attend community college by meeting any one of the following requirements: a) earn a high school diploma; b) be 18 years of age; c) successfully complete the California High School Proficiency Examination; or d) complete the General Educational Development Examination with an overall average of 55 and no score below 50.

MVHS works closely with MSJC to make the transition from high school to community college a smooth one for our students.

Community Colleges in the areas:

Moreno Valley College
16130 Lasselle Street
Moreno Valley, CA 92551
(951) 571-6100

Mt. San Jacinto College
1499 North State Street
San Jacinto, CA 92583
(951) 487-6752

Riverside Community College
4800 Magnolia Avenue
Riverside, CA 92506
(909) 684-3240

Palomar Community College
1140 West Mission Road
San Marcos, CA 92069
(619) 727-7529

Concurrent Enrollment at the Community College for MVHS Students

Concurrent enrollment programs provide an enrichment opportunity for eligible high school students to enroll in courses at the community college and earn college credit. Generally, students must have completed their sophomore year with a minimum overall grade point average of 2.0. Students applying for the program must complete a special concurrent enrollment application; enrollment is subject to approval by the high school counselor, the high school principal, and the college admissions officer.

College Entrance Examinations

4-Year colleges and universities require entrance examinations. The recommended times for taking these tests are in May or June of the junior year and then again in September or October of the senior year to improve one's score. All testing should be completed by December of the senior year.

It is recommended that students start their testing by taking the PSAT/NMSQT (Preliminary Scholastic Aptitude Test) in their junior year. (Sophomores may also take it, if desired.) The PSAT will be given in October at MVHS. This test provides excellent practice for the SAT Reasoning Exam.

SAT Reasoning Exam: This test is used by most colleges as an entrance requirement and as a predictor of college success. There is a fee for this exam. Sign up at www.sat.org/register. *Take spring of 11th grade.*

ACT: This test may be taken in addition to the SAT (or in place of it). Students should take the ACT Plus Writing if planning on attending the UC. Otherwise, the ACT No Writing is fine for the CSU's. Sign up at www.actstudent.org/start.

Other Tests

In addition to the college entrance examinations, students may wish to challenge themselves by participating in the AP (Advanced Placement) program. MVHS offers AP courses in a variety of subjects and the AP exams are given in May. College credit (at the discretion of the college) and extra grade points may be awarded for acceptable performance in AP classes and on the exams. Ms. Nicole Castro is the AP Coordinator. Her contact information is (951)696-1408 ext. 5772 and/or by email ncastro@murrietak12.ca.us.

MVHS also offers the International Baccalaureate Diploma program. Students may undertake the full diploma or take individual IB courses, if desired. IB offers students a chance to earn college credit (at the discretion of the college) and extra grade points may be awarded for acceptable performance in IB classes and on the exams. IB exams are also given in May although a variety of other assessments occur throughout the year. Mrs. Alanna Fields is the IB Coordinator. Her contact information is (951)696-1408 ext. 5671 and/or by email afields@murrieta.k12.ca.us

“The direction in which education starts a man will determine his future life.” Your most important job right now is to get a good education at MVHS! Start building your future now!

Financial Aid/Scholarships for College

Most colleges expect you and your family to contribute financially to your college education. However, financial aid can help narrow the gap between your financial resources and the cost of college. The following list shows the types of financial aid that are available.

- Every student encouraged to complete FAFSA.
- Grants – A grant is money that does not have to be repaid. Grants are typically based on financial need. Check into California Cal Grants at www.calgrants.org. To learn about the federal Pell Grant, visit www.studentaid.ed.gov.
- Scholarships – Scholarships are also free money. They come from a variety of sources such as companies, organizations, clubs, philanthropic groups and the universities and colleges where students attend. Many people have the romantic notion that scholarships will pay for all of their college costs. This is rarely the case. Scholarships are often based on merit (grades, tests scores, athletic ability, talent, leadership or community service) and sometimes on need as well. Start researching at www.fastweb.com, www.zinch.com, and the Scholarship page on the MVHS website. **The Murrieta Dollars for Scholars organization** is a great possible source of scholarships for seniors with a cumulative GPA of 3.5 or higher. Remember that competition is tough for all scholarship money.
- Beware of scholarship scams! Do not be taken in by anyone guaranteeing you a scholarship or by anyone charging you to help you fill out scholarship applications.
- Work Study – These are federal and college programs that allow you to earn money for college through a part-time job, usually on campus.
- Loans – There are different types of loans. Federal loans consist of borrowed money which must be paid back, usually with interest. Only borrow what you need to fill the gap between grants and scholarships and the cost to attend school. Learn more at www.studentloans.gov and www.studentaid.gov. Private loans may also be an option for people who have exhausted all options for grants and scholarships. These loans often carry higher interest rates and fees. Be sure to compare lenders to make the best choice for you.



Financial Aid Timeline and Checklist

Fall of Senior Year

- You and your parent must complete and submit the Free Application for Federal Student Aid (FAFSA) as soon after October 1st as possible. If parent or student hasn't yet completed a federal tax return, use estimates and make corrections later. The FAFSA can be found at www.fafsa.gov.
- Explore and refine your college options.
- Apply to colleges. Many college applications allow you to apply for scholarships during the application process.
- Continue to focus on your grades and doing well.
- Continue to search and apply for scholarships. It's a big job!
- Regularly check the MVHS Scholarship page and pay attention to the NDN for announcements about scholarships we've received.
- Attend Financial Aid Night at MVHS, if offered.
- In December, seniors with a 3.5 or higher GPA should apply for the Murrieta Dollars for Scholars scholarship. Every year, many seniors are rewarded for their outstanding academic performance and other attributes by the Murrieta Dollars for Scholars organization.
- Retake SAT/ACT if necessary.

Spring of Senior Year

- Review Student Aid Report (SAR) which you will receive after you submit the FAFSA. Respond to any requests for information or make corrections in a timely manner.
- MVHS will submit your verified Cal Grant GPA electronically for you in February.
- Track your Cal Grant by visiting www.webgrants4students.org and setting up your own account. You will be able to review your California Aid Report (CAR), make any corrections or updates.
- The CSS/Financial Aid Profile is required by some *independent* colleges and universities to determine whether or not you will be eligible to receive financial aid from the school. For students applying for Regular Decision, February 1st is the deadline but check with your school(s) to know for sure.
- As you receive college acceptance letters and financial aid offers, compare them carefully.
- For assistance, use the "Compare Your Aid Awards" tool at www.bigfuture.collegeboard.org.

