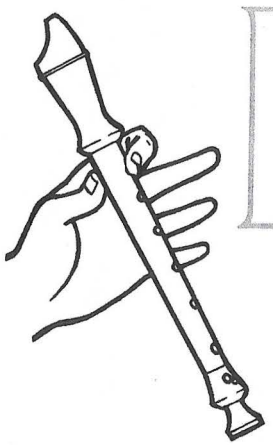
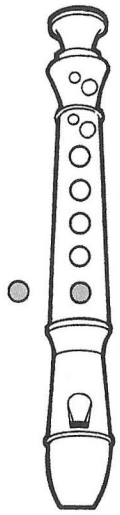
# your first note...B



B



- With your left thumb, cover the thumb hole on the recorder.
- With your first finger, cover the top hole on the front side of the recorder.
- Now, to play B, softly whisper the "too" sound into the recorder and hold it.
- Play B over and over, holding it each time you play it.

Now tap your foot as you play the note B. Each tap is called a beat.

**1** 1 beat (tap) for each note.

**2** 2 beats (taps) for each note.

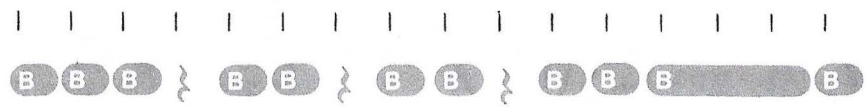
**3** 3 beats (taps) for each note.

**4** 4 beats (taps) for each note.

# silent beats are called rests

This is called a one beat rest. (It is also called a quarter rest). It means that on that beat, you tap your foot but do not play.

**1**




**2**