

# NOTES FROM THE NURSE

*"Healthy Children Learn Better"  
"School Nurses Make It Happen!"*

Welcome to the Murrieta Valley School District! To help better care for your student during the year, the following information may be useful to keep handy for reference.

**HEALTH OFFICE:** A Health Technician is staffed in the health office during school hours to care for your student. Our Health Technicians are trained, unlicensed personnel who have CPR and First Aid training. The Credentialed School Nurse (Registered Nurse with a bachelor's degrees and post graduate credential in school nursing) covers many assignments, but may be contacted at any time if needed.

**MEDICATION ADMINISTRATION:** If it is necessary for your student to receive medication at school, it is important that we follow certain procedures to ensure the proper administration of that medication. All medication must come to school in it's original, labeled container (no baggies, etc.) California state law (E.C. 49423) requires that any child who takes medication at school must have **written permission** from both the **parent and the physician** (this includes over the counter medications). You can obtain a form from the Health Office or click on the Medication link on our website. These procedures are required so that your student receives their medication exactly as your physician prescribed.. **\*\*Important reminder\*\***A parent or another adult must bring the medication to school. Students are not allowed to bring medication to school. This is for your student's protection. Thank you for your cooperation in this!

**EMERGENCY CARDS:** In order to care for your student, California Education Code 49403 requires that all parents submit an emergency card with information as to home phone, work phone, emergency contacts, etc. **IT IS IMPERATIVE THAT WE RECEIVE THIS INFORMATION AT THE START OF EACH SCHOOL YEAR.** Without an emergency card on file, if your student is injured or ill, we may have to call 911 for treatment at the parent's expense.. Please include at least 2-3 local numbers of persons who could care for your student if you are not available. Thank you for your cooperation on this!

**HEALTH CONCERNS:** In order to ensure your student's health and safety, it is important that we are aware of any health condition that they may have. Please note **ANY** health problem on the appropriate space on the emergency card. This information is necessary in order to meet any health or safety concerns for your student and also for any emergency personnel that may care for your student. This information is confidential and will only be shared with those staff who have a need to know. Please contact the school if you have any questions regarding this.

**IMMUNIZATIONS REQUIREMENTS:** In order for your student to enroll in school, they must have received all of their necessary immunizations or have a personal beliefs or medical waiver on file. This is extremely important to safeguard your child from diseases. If your student is in need of immunizations, there are free clinics available. Please feel free to contact the school if you need information on those locations.

**ACCIDENT INSURANCE:** As a reminder, injuries frequently occur with student and your medical insurance may not cover all the costs. A low cost accident insurance policy is available for parents to purchase to help offset those costs. Please review what your medical coverage is and consider accident insurance if your family has a need. This information is sent home at the beginning of the school year and is also available in the school office.

Thank you for your cooperation! Please feel free to contact the school at any time if you have a question regarding your student's health or safety.

And remember "Healthy children *Do* learn better!"