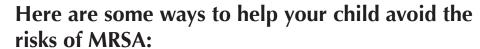
Special Focus: Preventing MRSA



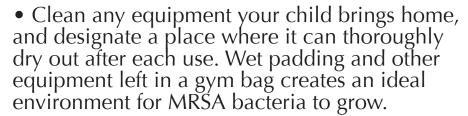


Tips for Parents

As the parent of a student-athlete, you'd do anything to keep your child safe. When it comes to preventing MRSA, a potentially serious bacterial infection, a few common-sense preventative measures can make a big difference.









- Tell your child to shower immediately after practice or competition, especially if he or she participates in a contact sport.
- Any time your child has a skin wound, clean and treat it with an antiseptic. Make sure it remains covered until it is fully healed since MRSA usually enters the body through an unprotected break in the skin.
- Make sure your child reports all skin wounds, no matter how minor, to a coach, athletic trainer, school nurse, or someone else who can decide whether medical attention is warranted. If it's infected with MRSA, early detection is critical.









