Wrestling Parent Signature Required

Dear Parent,

The Vista Murrieta Wrestling program has several requirements, rules, procedures, and administrative guideline forms that are posted on the Bronco Wrestling webpage at http://www.murrieta.k12.ca.us//Domain/1974 . Discussed within the forms listed below are the administrative guidelines that will be used throughout the 2016-17 season.

Please read and become familiar with the forms listed below. Discuss the information with your son/daughter. As the Bronco Wrestling staff looks to provide the best possible athletic and educational experience and training for your son/daughter, it is vitally important that both you and your son/daughter know the expectations and requirements for the Bronco Wrestling program. Wrestling is a sport that will require constant conditioning, hard work, and training on a daily basis in order to be successful. This form signed by both parent and wrestler is a requirement to participate in the Vista Murrieta Wrestling Program.

After you have read and discussed the forms listed below with your son/daughter, please sign and return this signature page to Coach Jarrett.

- Athletic Participation Handbook and Physical Forms 2016-17
- Varsity/JV or Frosh Practice Schedule
- Tournament Schedule
- Practice Attendance Policy
- Healthy Diet Plan
- Making Weight Strategy
- MRSA Killing and Prevention Info
- MRSA Tips for Parents and Wrestlers
- Skin Infection Prevention Tips for wrestlers
- Parent Wrestler Coach Contact Protocol
- Varsity Letter Requirements

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I have read, understand, and agree to abide by the rules, regulations, and administrative guidelines contained in the aforementioned forms posted on the Vista Murrieta Wrestling webpage at http://www.murrieta.k12.ca.us//Domain/1974 I am aware that there will be high paced wrestling (a contact sport that involves body contact with opponents), physically and mentally demanding training, and a risk of bodily injury during practice and at competitions (including paralysis and possible death), and a risk of contracting skin fungal, bacterial, or viral infections.

_____	_____	_____
Parent Signature	Date	Print name
_____	_____	_____
Student Athlete Signature	Date	Print Name